

# **GCYAA - Hands-On Tball - Rules & Guidelines 2026**

## **1. Equipment**

- a. All players will need a glove and regular gym shoes
- b. Players supply their own pants or shorts
- c. Hats and T-shirts are provided by the league to wear at each game.
- d. Team helmets are provided by the league or you may use your own
- e. Baseball tees, wiffle ball bats and balls are provided to each team

## **2. Field**

- a. The base paths will be approximately 15 paces in length
- b. The pitcher's mound will be centered amongst the bases
- c. Both teams are responsible for setting up the field
- d. Team equipment can be picked up at the concession area before games and **MUST** be returned after each game. Either team can pick up the equipment and set up the field.

## **3. Length of Game**

- a. Games will last for 3 innings and/or 45 minutes – 1 hour in length

## **4. Offensive Rules**

- a. **Every player on the team will bat each inning.** The players need to form a line near home plate and wait for their turn to bat.
- b. **There are unlimited outs. If a player is "out", they can continue to run the bases.**
- c. When each player bats, **a parent will place the ball on the tee (not the player).** The parent yells "**Play Ball!**" and the batter swings. The batter is allowed to swing until the ball is hit into play. **There are NO strikeouts.**
- d. Parents should assist at running the bases as needed to facilitate the game (i.e. Helping players know where to run next)
- e. Sliding and lead offs are not allowed.

## **5. Defensive Rules**

- a. Parents should assist in the field as needed to facilitate the game. (i.e. helping the player know where to throw the ball – 1<sup>st</sup> Base)
- b. The positions to be played are: 1<sup>st</sup> base, 2<sup>nd</sup> base, Shortstop, 3<sup>rd</sup> base, pitcher, right field, center field and left field. **No Catcher.** Fill all of the infield positions first if you are short on players for a game. **Parents should change player positions for each inning.** Players should not play the same position twice during a game.
- c. **Encourage players to throw the ball to the base instead of running the ball to the base for an out.**

## **6. General Guidelines**

- a. Do **NOT** allow older siblings to play with the GCYAA bats and balls because this will cause breakage to the equipment. Older siblings are allowed to help a player during the game with running the bases or being in the field. They should be at least 13 years old.
- b. Spectators may bring lawn chairs or sit in the stands while watching the games.
- c. There are **NO PRACTICES** in this league, just games. Just come and have fun!
- d. Please email [gcyaajacquie@gmail.com](mailto:gcyaajacquie@gmail.com) with questions you have

Remember to Keep It Short & Simple.

Each parent at this stage should be more concerned with the *players learning how to play the game* rather than who wins or loses. There are **NO** losers.

Always use lots of ENCOURAGEMENT and ENTHUSIASM!

THANKS for helping ALL of our children GROW!