



## 2019 High School Skills & Scrimmage Program

All high school volleyball players in 9<sup>th</sup>-12<sup>th</sup> grade who are not participating in a Club program for the 2018- 2019 season are invited to join our program, HS Skills and Scrimmage. This program is designed as a bridge to the high school season and to provide an opportunity for high school athletes to prepare during the off season.

**Cost:** \$200

**Where:** Pelham Middle and High School Gymnasium

**When:** Wednesday Nights/ 8:30 – 10:00pm

**Dates/8 Sessions:**

Pelham Middle School	April 3 <sup>rd</sup> & 24 <sup>th</sup> May 1 <sup>st</sup> , 15 <sup>th</sup> & 22 <sup>nd</sup>
Pelham High School	April 10 <sup>th</sup> May 29 <sup>th</sup> June 5 <sup>th</sup>

If you are interested in participating, contact Sloane Dill at [info@lhvavolleyball.com](mailto:info@lhvavolleyball.com) with parent/guardian's full name, contact # and email, and player's full name, grade and school. The enrollment capacity for this program is limited. We can only accept the first 20 players who respond. Please download and complete the LHVA HS Skills and Scrimmage Insurance and Release Form found on the home page of the LHVA Website and bring it along with payment to the first session on 4/3.

[www.LHVAVolleyball.com](http://www.LHVAVolleyball.com)