



**WELCOME TO THE 2020 SPRING FLING INVITATIONAL**  
**Go Head-to-Head with some of the Midwest's Best!**  
**Saturday-Sunday, MARCH 7-8<sup>TH</sup>**

Join us at Wisconsin's premier racing destination for the 17<sup>th</sup> annual SPRING FLING Invitational at Mt. La Crosse. Get the chance to meet and compete with racers representing other ski areas and race clubs from our Tri-State region. This is a festive, end-of-season atmosphere that mixes challenging courses with an upbeat spin and plenty of awards in all categories and divisions.

Get ready to enjoy a good time and a great racing experience. Sign up and bring your friends!  
**Training lanes will be made available by the race organizers!**

**REGISTRATION INFORMATION:**

Online Registration Deadline: MIDNIGHT of Thursday, February 27th  
[www.mtlacrosseskiteam.com](http://www.mtlacrosseskiteam.com)

Payment & Waivers due Tuesday, March 3rd

*Allow at least 3 business days from postmarking!*

**NOTE: Advance Registration & Payment required. NO registration & payment on-site.**

**Race Fees:**

- \$60 for full race (two days).
- \$35 for single day racers (one day).
- **Lift Tickets:** racer discount - \$40 one day & \$70 two day. Available for purchase at Mt. La Crosse. Lift tickets can be purchased on Friday.

**Race Registration:**

- Go to [www.mtlacrosseskiteam.com](http://www.mtlacrosseskiteam.com) Go to Spring Fling link.
- Complete and submit online registration form.
- Print and sign BOTH liability waiver forms.
- Send TWO liability waivers and race fee payment in full to address below.
- Print out your downloadable fact sheet to bring to the race.

**Mail check (*payable to MLST*), hard copy of registration & liability waivers to:**  
**Spring Fling Registration, c/o Anne Seehafer**  
W5279 Horseshoe Place  
La Crosse, WI 54601

**HELP! Volunteers (*gate judges, result board, course workers*) will be needed.**

Please indicate your willingness to assist by registering on our SignUpGenius link or if you have further questions, contact Anne Seehafer at [anneseehafer@gmail.com](mailto:anneseehafer@gmail.com)

A **SignUpGenius** link will be sent to your e-mail address closer to date.

### **Race & Worker Lift Tickets:**

- Complimentary lift tickets will be provided for coaches and race volunteers
- **Volunteer lift tickets:** Provided to those that are required to ride the lift.
- Sign up with the race organizers in the Sitzplatz for the coach and worker lift tickets.

### **Family Member Lift Tickets:**

- Family member lift tickets at discounted rate. They must be purchased at the Mt. LX main desk.
- Discounted lift ticket rate: Adult: \$53 per day (\$5 discount)  
Junior: \$50 per day (\$5 discount)

### **Age Classifications:** The event is open to all racers ages U25 and under.

- Age classes: **U25** (ages 19-25), **U19** (ages 16-18), **U16** (ages 14-15), **U14** (ages 12-13), **U12** (ages 10-11), **U10** (ages 8-9), and **U8** (7 & under).
- The “U” designation denotes your racer’s age as of this *past* December, **12/31/2019**.

### **Race Venues:** This race will take place on two venues:

- THUNDERATION (LONG COURSE): Age Classes U14-16-19-25
  - Opt-up option: Experienced U12 racers may opt to register and compete as U14’s on the longer course. You may not change the opt-up decision after the close of online registration.
- SPOTLIGHT/WHITE HOUSE (SHORT COURSE): Age Classes U8-10-12.

### **Race Format:** Slalom on Saturday; GS on Sunday:

- A combined-time morning race each day, followed by one single-run afternoon race.
- In the combined event, DQ and DNF racers in the first run may take their second run, but they will not receive an overall score in the combined race.

### **Friday Night Events:**

- 6-8 p.m. Early Bib Distribution, Sitzplatz.
- 8 p.m. Coaches/Race Officials Meeting, Sitzplatz Room at Mt. La Crosse.

### **Saturday Morning:**

- 7:30 a.m. Bib Distribution. Sitzplatz.
- 7:30-8:30 a.m. Race Workers Sign-In, Sitzplatz Race Office
- 8:30 a.m. Gate Judges Meetings, Ullr Room.

### **Race Schedule:** Detailed race schedule available closer to date

- 8:30 a.m. Course Inspection
- 9:00 a.m. Race start time

### **An Awards Ceremony will be held at the end of each day.**

- Medals awarded to the **top five finishers** in U8- U19 for each gender and age group.

### **Souvenir T-shirts and beanies** will be available for purchase: First-come—first-served basis.

### **Questions?** Contact either:

- Steve Mikkelson, Chief of Race, [steve.mikkelson08@gmail.com](mailto:steve.mikkelson08@gmail.com)
- Anne Seehafer, Western Conference Race Administrator, [anneseehafer@gmail.com](mailto:anneseehafer@gmail.com)