



## COVID-19 Return to Play Safety & Risk Guidelines\*

- PYHA will follow all mandates and guidelines issued by the local and state government for youth hockey and the facilities that they are happening in.
- If you are sick, STAY HOME.
- Everyone entering the Deep Freeze is required to wear a mask.
  - Players must wear a mask until they put their helmet on for game play.
  - Coaches should wear a mask entering the building and in the locker room, but may remove it once they are ready to take the ice.
  - Penalty Box volunteers must wear a mask.
- Social Distancing must be adhered to during all events. The outer rink walls and stands within the rink have been marked with orange dots for social distancing
- Players are to enter the facility no more than 15 minutes prior to their event and are to leave the facility immediately after. No congregating before or after ice events inside the building.
- No Locker Room usage for practices (while the weather is mild); please have your player dress before arriving. They can put their skates on when they enter the rink. PYHA will notify it's members when they can begin using locker rooms for practices.
- Locker Room usage for Games/Scrimmages: At the Deep Freeze there is room for 10 players per locker room, with orange dots designating socially distanced spots for each player to sit. If you add a chair or two to the middle of the locker room, you could add an additional 1-2 players. We may need to line chairs up outside locker rooms for additional players.
- Parents will be permitted at practices and games, however, social distancing and mask rules must be followed. On game day, we ask at this time that only 2 people per player attends.
- NO sharing of water bottles. Please bring your own filled water bottle to all events and please have player names on these bottles.
- Players and coaches will not shake hands with the opposing teams. They will line up on the blue line and give a stick tap for sportsmanship.
- There will be no sharing of equipment. Please double check your hockey bags, as we will not be lending out equipment this season.
- PYHA teams must take attendance at each event, and make sure all players have completed a health evaluation using the TeamSnap Health Check
- Opposing teams coming to Deep Freeze to play a PYHA team must complete a COVID-19 Health Check Questionnaire for their team and return it to the appropriate PYHA Team Manager prior to game play (must not be completed more than 24 hours in advance).
- All players or people in the player's household that test positive for COVID-19 need to report that diagnosis to the President of the PYHA and that player will need to perform the proper quarantine protocols. All reports will stay confidential due to privacy laws. If a player or coach tests positive for COVID-19, the entire team will need to quarantine for 14 days.

*\*This policy may change at any time, due to new guidelines and recommendations and will be shared via our website and via email.*