

Covid 19 Safety Precautions for Fall Leagues:

Please note the following safety precautions we will be taking throughout the league in order to keep our players/coaches/staff/fans/and refs as safe as possible while still enjoying the game of Lacrosse...

Health and safety are our #1 concerns as we prepare to get our players back on the field. We have been studying the CDC guidelines, keeping close tabs on the governmental mandates, watching the results in other areas of the country and getting input from all of our local and related organizations and industries. We want to get back on the field but we want to do it safely and on a comfort level that is satisfactory to our families as well as our staff and coaches. **New Wave Lacrosse has full authority to remove participants who are not willing to follow the following rules.**

- **Players must check in no earlier than 15 minutes before the start of their game:** Starting now, players/spectators will not be allowed to check in/walk to their field until 15 minutes before the start of their game. If you arrive more than 15 minutes early, you must remain in your car until 15 minutes before the start of your game. No one will be allowed to loiter around the fields while waiting for their game time (no exceptions). Many people arrived early yesterday which is typically very appreciated. However, given the circumstances with Covid 19, we want to avoid people arriving too early to their field.
- **Temperature checks upon arrival:** Staff will check the temperature of each player/coach/ref/staff as they check in each day with a no-touch thermometer. If temperature reads above 100 degrees (f), they will be required to return back to their car until all other player temperatures are recorded. At that time, the player's temperature will be checked again. If it reads above 100 degrees for a second time, they will be sent home. Players/Spectators will not be allowed near the field until 15 minutes before the start of their game. This is being done to minimize standing around, congregating, and to enforce social distancing.
- **Wearing Masks:** All players, coaches, staff, refs must wear a mask from the moment they exit their car and arrive at their field. Players must keep their masks on up until the moment they put their gear on to head out onto the field. Players and Refs “do not” have to wear a mask during their game. After a game has ended, Players/Coaches/Refs must wear their mask when walking from their field to their cars.
- **Social Distancing for players:** Each player will receive a personal Designated Safety Area on their sideline to use for pre and post game.. Designated by cones, these areas will be ‘home base’ for each player to keep his/her water, bags, masks and needed individual supplies. (This will be set in place for our next day of games.) These cones will be set up an appropriate distance apart and players will not be permitted to enter another players designated area. We will also have no “handshake line” at the end of each game. Instead, we will have teams line up 10 yards apart and “salute” or say “good game” to one another at the conclusion of each game. Coach/player huddles will be limited and Coaches will be asked to keep their players distanced from one another during these huddles. All players must leave the field right after their game ends to avoid congregating and to support social distancing.
- **Spectators and Fans:** All spectators and fans are asked to sit 6-8 feet apart from one another when viewing the games. Families can sit together, but must remain 6-8 feet apart from other families. Parents, we need your help with this. Please space yourself out appropriately when watching the game on the sidelines to help set a good example for our players when it comes to social distancing.
- **Sanitizing:** All equipment (balls, cones, goals) will be sprayed down with sanitizing spray throughout the day.. There will also be hand sanitizer on site at each field for any players/coaches/refs to use at any time.
- **Self monitoring/precautions:** Anyone with flu-like symptoms, a temperature, or feeling ‘not’ 100% are asked to stay at home. Players will need to bring their own water bottles each day. No water will be available on site and no players should be sharing their water with one another.