

Varsity Season Plan

The ultimate goal this year is to build a very strong core of players based on a couple simple philosophies. The first being a complete unit. Stressing the importance of every single position whether you are a first line goal scorer or a 4th line role player. Really drilling into them that this is a team game and that there is nothing more important than that team.

Another philosophy will be hardworking and dedication combined. Most of these players understand that they are the 2nd team and that there are and will be teams better than them. We will need to preach that we can outwork anyone and we need to be dedicated to our systems and most of all each other.

The final will be team concepts and I believe this will be what can set us apart from the rest of the state. Over the next couple of months we will be implementing a lot of new things for these kids. Center drive with an emphasis on the far side wing driving the net but staying a couple steps behind the center as to not allow the opposing D to cover 2 players at once. We also want the puck carrier to work on escaping toward the all and feeding the open D who is entering the zone on the rush. We also want to really put a strong focus on scissor plays down low and getting it to the point for a quick shot while the forwards crash the net. Really focus on scoring dirty goals off of tips and rebounds.

D zone will need lots of work and we want to start working on the wing breakout and looking for the far side wing to cut to the middle. This will either pull the D out of the zone, allow us to chip behind the D, causing an odd man rush or spring him for a breakaway. This will only work if we can retrieve the puck cleanly and that will take shape with developing lots of communication between the goalies and the D pairings.

In conclusion we have a high mountain to climb but this team along with the coaching staff has a lot of pride and dedication to the game. They want to win and prove that they are the best team in the state. We are very excited to get games going and truly see what we are all made of. Season slogan this year is "Why not us?"

Thanks