

County Co-op Swimming & Diving 2020 Schedule

Date	Day	Opponent/Event	Squad	Location	Time
March 9	Mon.	King of the Pool	*Intersquad	Castle Rock Rec.	3:30pm
March 13	Fri.	Heritage HS	Varsity/JV	Heritage HS	4:30pm
March 14	Sat.	Denver East Angel Invite	Dive	Manual HS	7:00am
March 14	Sat.	Denver East Angel Invite	Swim	Manual HS	10:00am
March 20	Fri.	Coaches Invite	Dive	VMAC (Thornton)	5:00pm
March 21	Sat.	Coaches Invite	Varsity	VMAC (Thornton)	All Day (P/F)
March 30	Mon.	Highlands Ranch HS	Dive	Littleton HS	4:00pm
March 31	Tues.	Highlands Ranch HS	Swim	NorthRidge Rec.	4:00pm
April 2	Thurs.	Columbine HS	Varsity/JV	Castle Rock Rec.	4:00pm
April 4	Sat.	Arapahoe Invite	Varsity/JV	Arapahoe HS	8:00am
April 11	Sat.	Smoky Hill Invite – Prelims	Varsity	Smoky Hill HS	8:30am
April 11	Sat.	Smoky Hill Invite – Prelims	Dive	Smoky Hill HS	12:00pm
April 11	Sat.	Smoky Hill Invite – Finals	Varsity	Smoky Hill HS	5:00pm
April 16	Thurs.	Ponderosa HS	Varsity/JV	Castle Rock Rec.	4:00pm
April 23	Thurs.	Regis Jesuit HS	Varsity/JV	RJHS	4:00pm
May 1	Fri.	Cherry Creek Invite – Prelims	Varsity/JV	Cherry Creek HS	5:00pm
May 2	Sat.	Cherry Creek Invite – Prelims	Dive	Cherry Creek HS	8:00am
May 2	Sat.	Cherry Creek Invite – Finals	Varsity/JV	Cherry Creek HS	3:00pm
May 9	Sat.	B League Swim Meet	Varsity/JV	Regis Jesuit HS	10:00am
May 15	Fri.	A League Swim – Prelims	Varsity	Heritage HS	4:00pm
May 16	Sat.	A League Diving	Dive	Littleton HS	8:00am
May 16	Sat.	A League Meet – Finals	Varsity	Heritage HS	2:00pm
May 22	Fri.	5A State Dive Prelims	Dive	VMAC (Thornton)	10:00am
May 22	Fri.	5A State Swim Prelims	Varsity	VMAC (Thornton)	4:30pm
May 23	Sat.	5A State Meet Finals	Varsity	VMAC (Thornton)	4:30pm

2020 Qualifying Times/Scores

Event	5A State	Coaches Inv.	A League
1 200 Medley Relay	2:00.00	1:59.00	---
2 200 Freestyle	1:51.00	2:02.50	2:03.50
3 200 IM	2:06.00	2:17.50	2:24.00
4 50 Freestyle	23.00	25.00	25.50
5 Diving – 6 Dives	210pts (10.6)	160 pts	150 pts
Diving – 11 Dives	335pts (12.6)	270 pts	250 pts
6 100 Butterfly	55.50	1:02.50	1:05.00
7 100 Freestyle	50.50	54.50	55.00
8 500 Freestyle	5:10.00	5:39.00	5:55.00
9 200 Freestyle Relay	1:44.00	1:44.00	---
10 100 Backstroke	57.00	1:04.50	1:04.50
11 100 Breaststroke	1:04.00	1:10.50	1:14.00
12 400 Freestyle Relay	3:40.00	3:55.00	---