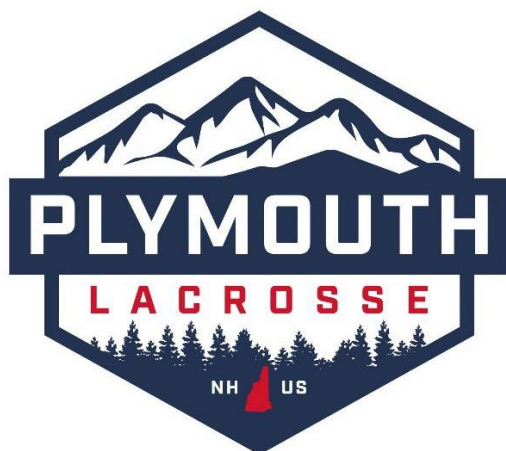




PLYMOUTH YOUTH LACROSSE SPRING 2026 INFORMATION

BOYS and GIRLS in GRADES 1-8

from SAU 48 and Ashland plus SAU 4, SAU 68 and others without a town-based lacrosse program in the New Hampshire Youth Lacrosse Association ("NHILA")

- **Registration is OPEN! Register before January 25th at:**

<https://plymouthyouthlacrosse.sportngin.com/register/form/076580759>

- All players are required to become members of USA Lacrosse in 2026.
- Join for \$35 at: <https://www.usalacrosse.com/membership>
- USA Lacrosse will also require player age verification for the 2026 Season
- **COED Learn to Play program for Kindergarteners.**
 - Registration starts in April 2026. All LTP sessions will take place in May 2026
- **Plymouth Youth Lacrosse is a Member of NHILA.**
- **All coaches are USA Lacrosse trained and certified.**

Check out our website:

<https://www.plymouthyouthlacrosse.org/>

Questions? Please contact us at: plymouthyouthlacrosse@gmail.com

2026 SEASON

DETAILS:

- 2026 Cost is \$195 per player. Uniform not included (cost is \$78 for new players and larger size pieces may be purchased as needed for returning players).
- Equipment not included.
- Payment plans available. Ask about financial assistance if necessary.
- Participation in preseason tournament
- Practices twice weekly starting end of March at 5:30 or later in Plymouth area based on available space.
- 8 Games on Sundays (Easter Weekend on Saturday), usually 4 HOME/ 4 AWAY predominantly in southern NH) April 4th - May 31st including April vacation week, (Memorial Day Weekend is off).
- Season-end NHILA Festival in Amherst June 6th and 7th
- Competitive Teams:
 - 7th & 8th Girls/Boys
 - 5th & 6th Girls/Boys
 - 3rd & 4th Girls/Boys
 - 1st & 2nd Girls/Boys