



Phase 5 Return to Play Rules & Guidelines Released

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PHASE 5 TO START JANUARY 14

Minnesota Hockey today announced its guidance for Phase 5, which will go into effect on Thursday, January 14 when games may resume. Key highlights of Phase 5 include:

- One spectator per player may be allowed at practices but should still be limited as much as possible.
- A maximum of two spectators per player will be allowed for games, with exceptions for parents or guardians who must bring in young children.
- Three coaches will be allowed on the bench during games
- No resurfacing during games (between periods).
- Tournaments may occur.
- Inter-state travel must be approved by the appropriate District Director and is strongly discouraged, with the exception of border towns.

The complete Phase 5 Return to Play Rules & Guidelines document is available [here](#). The latest youth sports guidance from the Minnesota Department of Health is available [here](#).