



## Bronze Certification

Starting in 2025 coaches are required to complete the minimum level of certification, Bronze.

1. Go to <https://account.usalacrosse.com/login/>
2. Log in with your USAL Username and password.
3. Select your personal account
4. Ensure that you have an active “Coach” membership type.
  - a. Coach must be listed on the right side of your photo
  - b. Your membership should display an expiration date that covers the duration of the season you will be coaching for.
    - i. Information on renewing your membership can be found [here](#).
5. On the right hand side of your ID card you will see the following red buttons.
6. Select the “Background Check” button to initiate the process.



**MARISA  
SERGIO**



Coach  
Official  
Program Leader



VIEW/EDIT PROFILE

AFFILIATIONS

AGE VERIFICATION

BACKGROUND CHECK

ABUSE PREVENTION

TRANSCRIPT

- a. Make sure the correct DOB is displayed on your card, if not contact your [Regional Manager/Coordinator](#).
- b. Background checks take 3-5 business days to clear.
- c. This must be renewed every two years and can be renewed 60 days prior to the expiration date.

7. Select the “Abuse Prevention” button to launch the training.
  - a. You must watch all the videos completely through before advancing onto the questions.
  - b. Once the questions are complete and you have passed you will be able to print the certificate, along with it appearing on your ID card.
  - c. This training takes up to 1.5 hours and will need to be renewed every two years.



**USA**  
**LACROSSE**

8. Select the “Transcript” button to launch the Bronze course requirements and optional courses.

9. Select the “Cultural Competency” Course

- It will take you to the E-Learning platform and you may be prompted to login again.
- This course will take you approximately 45 minutes to complete all four parts.
- Your E-Learning Platform will display completed in the portal, along with it showing the date on your transcript.

10. Select “All Coaches- Concussion Awareness” course.

- It will take you to the E-Learning platform and you may be prompted to login again.
- This course will take you approximately 30 minutes to complete.
- Your E-Learning Platform will display completed in the portal, along with it showing the date on your transcript.

11. Select the “All Coaches- Sudden Cardiac Arrest” course.

- It will take you to the E-Learning platform and you may be prompted to login again.
- This course will take you approximately 15 minutes to complete all three parts.
- Your E-Learning Platform will display completed in the portal, along with it showing the date on your transcript.

12. Select either “Boys Coaches Rules” or “Girls Coaches Rules Exam” depending on which one you are being certified for.

- \*\*note that all courses transfer over, to be certified in both games you must complete the game specific rules exam\*\***
  - It will take you to the E-Learning platform and you may be prompted to login again.
  - This course will take you approximately 15 minutes to complete.
  - Your E-Learning Platform will display completed in the portal, along with it showing the date on your transcript.

13. When you have completed all the training for Bronze, your transcript will display “completed” and your ID card will reflect so as well.

BOYS COACHES - BRONZE CERTIFICATION (2024) (CCHBRZB)		Incomplete
<b>WATCH THIS OPTIONAL VIDEO TO LEARN ABOUT OUR NEW E-LEARNING PLATFORM</b>		
<a href="#">E-Learning Users Guide</a> (Comp-9087)	✓	Completed: 10/25/2024
<a href="#">Abuse Prevention Training</a> (Comp-2394)	✓	Completed: 10/03/2024
<a href="#">Cultural Competency</a> (Comp-2236)	✓	Completed: 10/03/2024
<a href="#">All Coaches - Concussion Awareness</a> (Comp-9036)	✓	Completed: 10/03/2024
<a href="#">All Coaches - Sudden Cardiac Arrest</a> (Comp-9037)	✓	Completed: 10/03/2024
<a href="#">Boys Coaches - 2024 Rules Exam</a> (Comp-9075)	—	Incomplete
<b>OPTIONAL COURSES</b>		
<a href="#">All Coaches - Your Role as a Coach</a> (Comp-9055)	✓	Completed: 10/03/2024
<a href="#">All Coaches - Elevating Your Coaching IQ</a> (Comp-9043)	✓	Completed: 10/03/2024
<a href="#">All Coaches - Effectively Coaching Gen Z</a> (Comp-9056)	✓	Completed: 10/03/2024