

# COVID-19 Guidelines for ERPR Indoor Soccer

The ERPR/ Camp Jordan Arena Complex will follow all updated guidelines and recommendations from the State of TN, Hamilton Co Health Department and CDC. Please help us follow all the guidelines so we can all safely enjoy the sports we all love and have missed playing.

- Players, coaches, and officials must conduct daily symptom assessments before each practice or game. Anyone experiencing symptoms must stay home.
- No congregating before or after practices or games by players, coaches, athletic trainers or officials is permitted.
- Spectators must conduct daily symptom assessments. Anyone experiencing symptoms must stay home. Family members must sit together, socially distanced from other individuals/family
- Players, coaches, and officials are not to physically contact each other before or after practice, pregame and competitive play (i.e. greetings, team huddles, high-fives, congregating, etc.).
- All athletes are required to sign a new waiver before participating in the Indoor league.
- Athletes are to arrive no more than 15 minutes before the start of a scheduled game.
- Athletes will follow instructions for entering and exiting the fields once they arrive.
- The ERPR will stagger the start time for games and allow at least 10 minutes between each game to sanitize.
- Face masks are required while in the facility with the following exceptions: you are on the field playing.
- If athletes or guests have a family member with a medical history that places them in a high-risk category for COVID-19, we recommend that they do not play or enter the facility.
- If athletes bring in a water bottle, they need to boldly label with their name and do not share.
- Athletes must wash hands or use hand sanitizer before taking the field. Hand sanitizer stations are available throughout the facility and on the sidelines. They should avoid touching your eyes, nose and mouth.
- Athletes must come dressed to play so they can get on the field.
- Spitting on the field or elsewhere in the facility is prohibited and will result in ejection from the facility and a two-game suspension. Play will stop, but not the clock, so that the affected area of the field can be sanitized.
- Pinnies will not be provided by the facility. (We will cover these things with coaches)
- Athletes are to avoid physical contact with others including handshakes, high fives, huddles or other close contact before, during or after games.
- Game balls will be sanitized through out the day.
- The Lg Court bleacher will be open for viewing, but please maintain social distancing.
- The ERPR will limit the number of spectators for the SMALL court. The bleachers for the small court are already very tight, so we ask that you only have 1 to 2 parents with each player for that court.
- ERPR staff will wear masks and will routinely sanitize high touch points throughout each shift.