



PYFA Cheerleading Rules & Regulations

Our mission is to teach and develop cheerleading skills to the youth in our community and teach them the spirit of teamwork and good sportsmanship. We will encourage healthy competition by providing a fun, safe, learning-oriented environment.

- Age Requirements:
 - PYFA Cheerleading will have 7 age groups as set forth by the Gwinnett Football League: 1st/2nd Grades, 3rd Grade, 4th Grade, 5th Grade, 6th Grade, 7th Grade and 8th Grade. Age divisions will be determined by the child's school grade of the season to be played. No exceptions can be made by PYFA Cheerleading. Mascots may participate if they are in Kindergarten and 5 years of age and may be placed with any age group during the season.
- Registration:
 - There will be no registrations after the cut-off date due to inability to acquire uniforms by the opening season date.
 - As mandated by Gwinnett County Park and Recreation Department, an additional \$90 will be assessed for families that live outside Gwinnett County
 - All registration fees, uniform fees and spirit fees must be paid in full before May 18th. Uniform orders will not be placed until all balances are paid in full.
 - Insurance is included in the registration fee is a supplemental insurance policy provided through GFL and MPAA. Please note that this insurance is supplemental - your insurance is the primary insurance for any injury. The supplemental insurance may help with some cost that your primary coverage may not address. MPAA offers no guarantees of coverage, as the actual carrier makes those decisions.
 - GFL requires physicals for all cheerleaders including mascots. There is a specific form to be used that is located on the MPAA website.
 - Per GFL rules, to verify a cheerleader's age, we are required to have a copy of the cheerleader's birth certificate or valid passport before they are able to participate.
 - Registration does not include the cost of mandatory uniform items. These items will be ordered separately on the day of uniform fittings.
- Practices and Game Day:
 - Athletic tennis shoes must be worn at all times. No fashionable platform or backless tennis shoes.
 - Hair should be worn away from face during practice and at games. Hair beads are not allowed.
 - No gum or food allowed at practice or during games.
 - Every cheerleader should have a water bottle at practice and games. No soda, sports drinks or sugar drinks are allowed on the field.
 - No jewelry is allowed while cheering. If jewelry is worn to practice or games, your coach will ask the cheerleader to take it off or sit out. This rule is for the safety of the cheerleaders. Do not go get your ears pierced during the season or 12 weeks before the start of the season.
 - Uphold safety rules at all times. No stunting or tumbling without a coach present. You must have permission and the proper training for stunting and tumbling. Cheerleaders will be taught stunts according to grade levels (first thru eighth) set forth by GFL. Cheerleaders can be easily hurt from building the simplest of stunts incorrectly.
 - Please wear proper attire: t-shirts and cheerleading shorts. Wear sizes that allow you to move comfortably and freely, but no baggy clothing should be worn for stunting. Shorts should be an acceptable length.
 - No nail polish or acrylics are allowed. Nails should also be kept short in length. This is for the safety of all the cheerleaders.
 - Cheerleaders must arrive to games, practices or scheduled events at the time set by the coach

By signing below I agree that I have read and understand the PYFA Cheerleading Rules and Regulations and agree to the terms and conditions
