

EVAA Flag Football (1st- 6th Grade):

Teams will be limited in size (based on number of players registered) to the following:

- 1st/2nd Grade Group: 8-10 players
- 3rd/4th Grade Group: 8-10 players
- 5th/6th Grade Group: 8-10 players

If any player on team tests positive for COVID-19, that team will shut down for 14 days.

First two practices will be max time of 60 minutes and jerseys only

Third and Fourth practices will be max time of 90 minutes and jerseys only

Fifth and Sixth practices, max time 120 minutes flags and footballs (depending on date), could start contact/flag use

Players will be dropped off in the parking lot 10-15 minutes prior to practice starting and will be meet by a coach. No parents allowed on field during practice. Parents are allowed to view practice from parking lot.

Coaches to keep daily record of all players that attend practice.

Parents not allowed to bring drinks or snacks for team to practices or games.

Parents to send players to practice and games with their own water bottles that are marked with player's name on them. All individually packaged water bottles or sports drink bottles must be labeled with player's name as well.

Parents are responsible for checking player's temperature prior to each practice/game, and if over 100 degrees, keep player out of practice and notify coach.

Parents responsible to have player COVID-19 tested if player shows signs or symptoms and notify coach of testing and results.

Parents responsible to ensure players have washed and/or sanitized hands 15 minutes prior arriving practice/game.

Parents to ensure players jerseys, pants, equipment are sanitized prior to each practice/game.

- If unable to wash or sanitize, Parents are required to ensure players have alternative jersey, pants, or equipment to rotate between practices/games.

Players/Coaches recommended to wear face masks during practice/game.

Players/Coaches recommended to wear gloves during practice/game.

Practice:

Phase I:

1st and 2nd Practices – 60 minutes max time, jerseys only

Players separated into pods of 10 players (always kept together).

Social distancing of 6 ft. kept at all times.

No sharing or equipment (flags or footballs).

Focus on team building, conditioning, sprint run times, learning routes, defensive schemes, and body mechanics

Phase II:

3rd and 4th Practices – 90 minutes max time, jerseys and footballs

Players separated into pods of max. 10 players (always kept together).

Social distancing of 6 ft. kept at all times.

Footballs used – sanitized prior to use by next individual, footballs rotated

- Coaches (wearing gloves) will clean/wipe down

Coaches will be throwing footballs to players (players not throwing passes to each other).

Phase III:

5th and 6th Practices – 120 minutes max time, jerseys, flags, and footballs

No pods, team together to start learning how to line up on Offense and Defense

Incorporate Flag use into practice and drills

When not participating, will maintain social distancing of 6 ft.

Footballs used – sanitized prior to use by next individual, footballs rotated

- Coaches (wearing gloves) will clean/wipe down

Flags used – sanitized for ball carrier after play

- Coaches (wearing gloves) will clean/wipe down

Phase IV - beginning Aug 3rd:

120 minutes max time, jerseys, flags, and footballs

No pods, team together to start learning how to line up on Offense and Defense.

Full scrimmage allowed

When not participating, will maintain social distancing of 6 ft.

Footballs used – sanitized prior to use by next individual, footballs rotated

- Coaches (wearing gloves) will clean/wipe down

Flags used – sanitized for ball carrier after play

- Coaches (wearing gloves) will clean/wipe down

Games:

Parents and spectators are recommended to wear masks while attending games.

Parents and spectators will be required to social distance at least 6 ft. apart on the sidelines between each other and players (members of families maybe closer together).

Parents and spectators are not permitted to interact with players/coaches/officials during games to ensure social distance requirements maintained.

Parents and spectators will maintain proper “Sportsmanship” and will not yell/scream at players/coaches/officials during their attendance at the game.

- If Parents/Spectators violate this, they will be asked to leave the immediately game field.

Players on the sidelines and in the game will be spaced 6 ft. apart to maintain social distancing.

One Coach/Team Manager will be on the sidelines to monitor player spacing amongst each other and spectators.

Footballs will not be shared between teams but each team will have their own football to be used.

- Footballs will be sanitized by Coach/Team Manager after each possession.

Flags will not be shared between teams but each team will have their own flags to be used.

- Flag of ball carrier to be sanitized by Coach/Team Manager after each possession.

No pre/post game handshakes or high-fives or fist bumps with other team.