

UNIVERSITY OF REGINA



SOCCER

APRIL 27

# COMMUNITY SOCCER DAY

## Kick off UR Spring Soccer Season with the Cougs!

UR Cougar Women's Soccer coaches and players are holding a great soccer skills event for Regina's community soccer players and coaches.

### Players:

You will have loads of fun learning cool moves to beat an opponent and showing your skills in small sided games.



### Coaches:

Our coaching staff look forward to providing you with appropriate activities and games geared to the age of child you will be coaching. We also look forward to answering any questions you might have so that your coaching experience is rewarding and enjoyable.



### THANK YOU FOR YOUR SUPPORT

All proceeds from this event go to support our Cougar Women's Soccer scholarship and team enhancement program.

Join UR Cougs @  
U of R Cougar/RAMS Turf  
Parking in Lot 7

Ages 5-16 years

Enjoyable, age appropriate  
skills & games.

### Player Sessions:

U6 & U8 – 9:30-10:45 am

U10 – 11:00 am-12:30 pm

U12 - 1:15-3:00 pm

U14 & U16 - 3:15-5:00 pm

### Coach Sessions

U6, U8 - 9:30-10:40 am

U10 – 11:10am-12:20 pm

U12 - 1:25-2:40 pm

U14 & U16 – 3:25-4:40 pm

### REGISTRATION FEES

#### Player:

U6/U8 - \$10

U10/U12/U14/U16 - \$15

Coaches: \$15.

### Register:

By Phone: 306-585-4371

#### Online:

#### Player

U6/U8 – [CLICK HERE](#)

U10 – [CLICK HERE](#)

U12 – [CLICK HERE](#)

U14/U16 – [CLICK HERE](#)

#### Coach

U6-U16 - [CLICK HERE](#)

### MORE INFO?

Email Coach Maltman:  
[Robert.maltman@uregina.ca](mailto:Robert.maltman@uregina.ca)