2025 Elite Song/Pom Camp Schedule

NFHS KEY: C-Crowd Leader B-Ambassador R- Spirit Raiser S-Safety A-Athlete E-Entertainer L-Leadership

DAY 1

9:00am	Camp registration begins
	LUNCH IS NOT PROVIDED
12:00pm	Camp registration ends
12:30pm	Routine A Preview for Coaches & Captains Arrive to main meeting area
1:00pm	Opening Rally & Warms-ups T
1:30pm	Coaches Welcome **Meet your Staff TeamMate!** NFHS Credentialing Road Map
2:00pm	Team Routine (A)
3:30pm	Pom Quarter Break Routine (R)
4:30pm	**DINNER** Routine B Preview for Coaches & Captains
6:30pm	Optional Fight Song Evaluation/ Home Routine Showcase T
7:30pm	Coaches Goal Setting Performance Routine A1 (A)
8:00pm	Unity Games T
8:30 pm	Unity Routine (E) T
9:00 pm	Spirit Awards & All Camp Meeting T

DAY 2

7:00 am	**BREAKFAST**
8:00 am	All-American (B)
8:30 am	Coaches Check-In/ Warm-ups & Unity Routine T
9:00 am	***Together Time* with Staff TeamMate:** Team Routine Coaching
10:00 am	Hip Hop Quarter Break Routine #1 (R)
10:30 am	Game Day Class (C) & Evaluation Demonstration T
11:00 am	**LUNCH**
1:00 pm	Coaches Camp Assessment Choose Your Challenge (A)
2:00 pm	Performance Routine A2
3:00 pm	Performance Routine B1
3:45 pm	Hip Hop Quarter Break Routine #2 (R)
4:15 pm	Pin It Forward & Spirit Awards T
4:30 pm	**DINNER**
6:30 pm	Free Time/Optional Open Practice

DAY 3

7:00 am	**BREAKFAST**
8:00 am	All-American (B)
8:30 am	Coaches Check-In/ Warm-ups & Unity Routine T
9:00 am	Team Technique (S)
9:30 am	Performance Routine B2
10:30 am	Group A – ***Together* Time w/ Staff TeamMate:** Game Day Coaching T Group B – Team Up for St. Jude (B)
11:00 am	Group A – Team Up for St. Jude (B) Group B – ***Together* Time w/ Staff TeamMate:** Game Day Coaching T
11:30 am	**LUNCH**
1:00 pm	Performance Routine A & B Review & Evaluations
2:00 pm	***Together* Time w/ Staff TeamMate:** Game Day Coaching T
2:30 pm	Game Day Evaluation T
3:30 pm	All-American/Dance Star Prelims (E)
4:30 pm	**DINNER**
6:30 pm	Class Yell (R) & *We Go Together* Rally T
7:00 pm	Spirit Awards & USA Dance Party T
7:30 pm	Free Time

DAY 4

7:00 am	**BREAKFAST**
8:30 am	Coaches Wrap Up Warm-ups & Unity Routine T
9:00 am	***Together* Time w/ Staff TeamMate:** Team Routine Coaching (L)
9:30 am	Team Routine Evaluation (E)
10:30 am	Dance Star Prep
10:45 am	Dance Star Finals (E)
11:30 am	NFHS Certificate Ceremony & TeamMaker T
12:00 pm	Pin It Forward & Senior Spotlight T
12:30 pm	Closing Rally & Final Awards T
	LUNCH IS NOT PROVIDED

T Combo Classes

Friends and family are invited to camp on Day 4 beginning at 9:15 am

Day 4 will end at approximately 12:30 pm depending on the camp size

Class times and offerings may vary by camp location

***The number of meals included may vary by location. (Breakfast, Lunch and Dinner) Please refer to online camp listings for more information.**