

2021 4U LEAGUE RULES

General Rules

1. We do not keep score in this league.
2. You will use an 8 inch "Softie" ball. Use a decent ball from one of the team's bags.
3. Equipment – You will be provided with a bag full of balls and bats, and they can be found in your locker in the equipment room by the diamond #1. You may keep it in your possession during the season or keep it in your locker. This must be returned at the end of the year. Helmet bags, tees, etc. are located in the equipment room by each diamond. Please put all equipment away when you're done using it, or after the last game of the night. Helmets with facemasks are mandatory.
4. Uniforms – Each player is required to wear their t-shirt, rubber cleats or tennis shoes. (no sandals and no jewelry) Batters, runners, and catchers are required to wear helmets.
5. Time rule – Games will be 3 innings or 30 minutes in length. Coaches, please use good judgment as it pertains to time limit, agree when it will be the last inning to try and complete game within the 30 minutes. Both teams should bat an equal number of times and each team will bat their entire lineup each inning.
6. Please keep the games going. Most of the time is wasted between innings, so have someone coordinate your defense ahead of time.

After each REGULAR season game, each player may get either a slushy, or 2 Freeze sticks.

Offensive rules

1. This league will use a Tee only for hitting.
2. Mechanics to work on: (we understand this may be difficult or impossible for most at this age)
 - a. Basics of where to stand in batter's box and on defense
 - b. Swing without spinning around
 - c. Running to next base
 - d. Teach them not to throw their bat
3. Teams will bat their entire roster in each inning.
4. Runners can only advance 1 base per play. Note – the last batter of each inning and any base runner that's on base during the last batter's at bat, may run as many bases as possible.

Defensive rules

1. There is no minimum or maximum number of infielders or outfielders at this level.
2. Adult coaches will be allowed on the field in order to instruct
3. The defensive pitcher must stand in the pitcher's circle until ball is hit.
4. Emphasize learning positions and throwing ball to first base after fielding.
5. When in the field that team should supply a catcher.