



September 8, 2024.

BK Swimmers & Parents,

Again, very nice job yesterday at our first dual meet. It was a great start to the season and we will now set our sights on our next meet, scheduled for Saturday, September 21.

We have just a few quick calendar updates this...

### Team Mass:

Reminder that we have team mass tomorrow morning. Swimmers are expected to attend Team Mass every Monday morning at 7:45am. Please arrive no later than 7:40am. Mass dress is NOT required for our team mass days—please dress for a regular day of school.

### Volunteers:

Our volunteer sign-up sheet remains open and there are some available spots. We rely on our parents throughout the season, especially during events. It is a great way to get closer to the action and we greatly appreciate everyone helping out. The Sign-up form can be found here: <https://www.signupgenius.com/go/10C094AA5AD23A31-50858418-bishop/171395865#/>

### Calendar Reminders:

September 9	@ 7:40am -	Team Mass at BK
September 16	@ 7:40am -	Team Mass at BK
September 21	@ 5:30pm -	Dual Meet – Nampa & Kuna (arrive at 4:00)
September 23	@ 7:40am -	Team Mass at BK
September 27	@ 3:00pm -	Brave-Knights Invite (Prelims)
September 28	@ 11:00am -	Brave-Knights Invite (Finals)

### Team Gear:

I have not been successful at getting a vendor set up for our team store. Instead, I'll set up a sign-up link to purchase a team sweatshirt or team jersey and we'll place a second order for those in a couple weeks. I'll work on getting that link out sometime this week. In addition, you can always visit the BK Spirit Store.

As always, if you have any questions, please reach out anytime!

Go Knights!  
Coach Ryan

### Coaches:

Ryan Stratton  
rstratton@bk.org  
(208) 409-2293

Chelsea Johnston  
chelsea@icacenter.com  
(208) 869-4861



## 2024 TEAM COVENANT

- **WE ARE** strategically sophisticated in our success both swimmingly and scholarly.
- **WE WILL** be hard working and strive to achieve inspiring actions filled with integrity in an environment full of spirit.
- **WE ARE** a supportive community that leads by example through every aspect of our lives.
- **WE WILL** put in maximum effort in everything we do.
- **WE ARE** respectful and supportive of all teammates and opponents.
- **WE WILL** bring extraordinary energy and dedication to every practice and create a friendly and cohesive environment for all athletes.
- **WE WILL** motivate, inspire, and be respectful to all surrounding athletes, coaches, and officials.

## TEAM GOALS

### Women's Team

- (1) Win 6A State Championship
- (2) Academic State Champions
- (3) Be a Team, In and Out of the pool

### Men's Team

- (1) Top 3 Finish at 6A State
- (2) Relay Finalists at State
- (3) Academic State Champions

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