

# FEB 2021



SUN

MON

TUE

WED

THU

FRI

SAT

01

**PSYCHOSOCIAL**  
GU12-13 (5-6)  
GU14-16 (6-7)  
**PHYSICAL**  
BU12-21 (6-7)  
**CULTURAL**  
GU7/8 (5-6)  
RICK / CYP  
BU7 (5-6)  
ALEX / DREW  
GU9/GU10 (6-7)  
RICK / CYP  
BU8 (6-7)  
ALEX / DREW  
GU10 / BU10 (7-8)  
RICK / CYP  
BU10 (7-8)  
ALEX / DREW

02

**CULTURAL**  
BU9 (5-6)  
RICK / CYP  
BU9 (5-6)  
ALEX / DREW  
GU11 White (6-7)  
GU12 White (6-7)  
RICK / CYP  
BU11 (6-7)  
ALEX/DREW/SHAYNE  
GU11 Blue (7-8)  
GU12 Blue (7-8)  
RICK / CYP  
BU12 (7-8)  
DREW / SHAYNE

03

**PHYSICAL**  
GU12-16 (5-6)  
**PSYCHOSOCIAL**  
BU12-14 (5-6)  
BU15-21 (6-7)  
**TECHNICAL/PHYSICAL**  
GU7/8 (5-6)  
RICK / CYP  
BU7 (5-6)  
ALEX / DREW  
GU9/GU10 (6-7)  
RICK / CYP  
BU8 (6-7)  
ALEX / DREW  
GU10 / BU10 (7-8)  
RICK / CYP  
BU10 (7-8)  
ALEX / DREW

04

**TECHNICAL/PHYSICAL**  
BU9 (5-6)  
RICK / CYP  
BU9 (5-6)  
ALEX / DREW  
GU11 White (6-7)  
GU12 White (6-7)  
RICK / CYP  
BU11 (6-7)  
ALEX/DREW/SHAYNE  
GU11 Blue (7-8)  
GU12 Blue (7-8)  
RICK / CYP  
BU12 (7-8)  
DREW / SHAYNE

**LIFESTYLE**  
(ENTIRE CLUB)  
5-6

05

**SportsLab360/MP**  
**FC Audit**  
**BU10 – 10AM**  
**GU10 – 10AM**  
**BU11 – 11AM**  
**GU12 – 11AM**  
**BU12 – NOON**  
**GU11 – NOON**  
  
**CULTURAL (as scheduled by Head Coach)**  
BU13, BU14, BU16,  
GU13, GU14, GU15,  
BU15, BU17, BU21,  
GU16

06

07

**PSYCHOSOCIAL**  
GU12-13 (5-6)  
GU14-16 (6-7)  
**PHYSICAL**  
BU12-21 (6-7)  
**CULTURAL**  
GU7/8 (5-6)  
RICK / CYP  
BU7 (5-6)  
ALEX / DREW  
GU9/GU10 (6-7)  
RICK / CYP  
BU8 (6-7)  
ALEX / DREW  
GU10 / BU10 (7-8)  
RICK / CYP  
BU10 (7-8)  
ALEX / DREW

08

**CULTURAL**  
BU9 (5-6)  
RICK / CYP  
BU9 (5-6)  
ALEX / DREW  
GU11 White (6-7)  
GU12 White (6-7)  
RICK / CYP  
BU11 (6-7)  
ALEX/DREW/SHAYNE  
GU11 Blue (7-8)  
GU12 Blue (7-8)  
RICK / CYP  
BU12 (7-8)  
DREW / SHAYNE

09

**PHYSICAL**  
GU12-16 (5-6)  
**PSYCHOSOCIAL**  
BU12-14 (5-6)  
BU15-21 (6-7)  
**TECHNICAL/PHYSICAL**  
GU7/8 (5-6)  
RICK / CYP  
BU7 (5-6)  
ALEX / DREW  
GU9/GU10 (6-7)  
RICK / CYP  
BU8 (6-7)  
ALEX / DREW  
GU10 / BU10 (7-8)  
RICK / CYP  
BU10 (7-8)  
ALEX / DREW

10

**TECHNICAL/PHYSICAL**  
BU9 (5-6)  
RICK / CYP  
BU9 (5-6)  
ALEX / DREW  
GU11 White (6-7)  
GU12 White (6-7)  
RICK / CYP  
BU11 (6-7)  
ALEX/DREW/SHAYNE  
GU11 Blue (7-8)  
GU12 Blue (7-8)  
RICK / CYP  
BU12 (7-8)  
DREW / SHAYNE

**LIFESTYLE**  
(ENTIRE CLUB)  
5-6

12

**SportsLab360/MP**  
**FC Audit**  
**BU10 – 10AM**  
**GU10 – 10AM**  
**BU11 – 11AM**  
**GU12 – 11AM**  
**BU12 – NOON**  
**GU11 – NOON**  
  
**CULTURAL (as scheduled by Head Coach)**  
BU13, BU14, BU16,  
GU13, GU14, GU15,  
BU15, BU17, BU21,  
GU16

13

14

**PSYCHOSOCIAL**  
GU12-13 (5-6)  
GU14-16 (6-7)  
**PHYSICAL**  
BU12-21 (6-7)  
**CULTURAL**  
GU7/8 (5-6)  
RICK / CYP  
BU7 (5-6)  
ALEX / DREW  
GU9/GU10 (6-7)  
RICK / CYP  
BU8 (6-7)  
ALEX / DREW  
GU10 / BU10 (7-8)  
RICK / CYP  
BU10 (7-8)  
ALEX / DREW

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**CULTURAL**  
BU9 (5-6)  
RICK / CYP  
BU9 (5-6)  
ALEX / DREW  
GU11 White (6-7)  
GU12 White (6-7)  
RICK / CYP  
BU11 (6-7)  
ALEX/DREW/SHAYNE  
GU11 Blue (7-8)  
GU12 Blue (7-8)  
RICK / CYP  
BU12 (7-8)  
DREW / SHAYNE

16

**PHYSICAL**  
GU12-16 (5-6)  
**PSYCHOSOCIAL**  
BU12-14 (5-6)  
BU15-21 (6-7)  
**TECHNICAL/PHYSICAL**  
GU7/8 (5-6)  
RICK / CYP  
BU7 (5-6)  
ALEX / DREW  
GU9/GU10 (6-7)  
RICK / CYP  
BU8 (6-7)  
ALEX / DREW  
GU10 / BU10 (7-8)  
RICK / CYP  
BU10 (7-8)  
ALEX / DREW

17

**TECHNICAL/PHYSICAL**  
BU9 (5-6)  
RICK / CYP  
BU9 (5-6)  
ALEX / DREW  
GU11 White (6-7)  
GU12 White (6-7)  
RICK / CYP  
BU11 (6-7)  
ALEX/DREW/SHAYNE  
GU11 Blue (7-8)  
GU12 Blue (7-8)  
RICK / CYP  
BU12 (7-8)  
DREW / SHAYNE

**LIFESTYLE**  
(ENTIRE CLUB)  
5-6

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**SportsLab360/MP**  
**FC Audit**  
**BU10 – 10AM**  
**GU10 – 10AM**  
**BU11 – 11AM**  
**GU12 – 11AM**  
**BU12 – NOON**  
**GU11 – NOON**  
  
**CULTURAL (as scheduled by Head Coach)**  
BU13, BU14, BU16,  
GU13, GU14, GU15,  
BU15, BU17, BU21,  
GU16

20

SUN

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21

**PSYCHOSOCIAL**  
 GU12-13 (5-6)  
 GU14-16 (6-7)  
**PHYSICAL**  
 BU12-21 (6-7)  
**CULTURAL**  
 GU7/8 (5-6)  
 RICK / CYP  
 BU7 (5-6)  
 ALEX / DREW  
 GU9/GU10 (6-7)  
 RICK / CYP  
 BU8 (6-7)  
 ALEX / DREW  
 GU10 / BU10 (7-8)  
 RICK / CYP  
 BU10 (7-8)  
 ALEX / DREW

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**CULTURAL**  
 BU9 (5-6)  
 RICK / CYP  
 BU9 (5-6)  
 ALEX / DREW  
 GU11 White (6-7)  
 GU12 White (6-7)  
 RICK / CYP  
 BU11 (6-7)  
 ALEX/DREW/SHAYNE  
 GU11 Blue (7-8)  
 GU12 Blue (7-8)  
 RICK / CYP  
 BU12 (7-8)  
 DREW / SHAYNE

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**PHYSICAL**  
 GU12-16 (5-6)  
**PSYCHOSOCIAL**  
 BU12-14 (5-6)  
 BU15-21 (6-7)  
**TECHNICAL/PHYSICAL**  
 GU7/8 (5-6)  
 RICK / CYP  
 BU7 (5-6)  
 ALEX / DREW  
 GU9/GU10 (6-7)  
 RICK / CYP  
 BU8 (6-7)  
 ALEX / DREW  
 GU10 / BU10 (7-8)  
 RICK / CYP  
 BU10 (7-8)  
 ALEX / DREW

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**TECHNICAL/PHYSICAL**  
 BU9 (5-6)  
 RICK / CYP  
 BU9 (5-6)  
 ALEX / DREW  
 GU11 White (6-7)  
 GU12 White (6-7)  
 RICK / CYP  
 BU11 (6-7)  
 ALEX/DREW/SHAYNE  
 GU11 Blue (7-8)  
 GU12 Blue (7-8)  
 RICK / CYP  
 BU12 (7-8)  
 DREW / SHAYNE

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**LIFESTYLE**  
 (ENTIRE CLUB)  
 5-6

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**SportsLab360/MP**  
**FC Audit**  
**BU10 – 10AM**  
**GU10 – 10AM**  
**BU11 – 11AM**  
**GU12 – 11AM**  
**BU12 – NOON**  
**GU11 – NOON**  
  
**CULTURAL (as**  
**scheduled by Head**  
**Coach)**  
 BU13, BU14, BU16,  
 GU13, GU14, GU15,  
 BU15, BU17, BU21,  
 GU16

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