



Recommendations for Parents

Also follow General Hygiene Protocol.

It is recommended that all players utilize the “Self-Check” on [Ontario COVID-19 Self-Assessment page](#).

1. HEALTH CHECK: All players must report prior to 4 pm of each training session – use this hyperlink to [ONLINE](#) tool.
2. Avoid congregating at facility entry points.
3. Remind players to arrive to training dressed and ready, as change rooms will not be available.
4. Only one parent/guardian attending soccer activities.
5. Parents/guardians to keep a reasonable distance from the field.
6. No more than 1 person per 4m².
7. Ensure to check-in with coach for completion of attendance at the soccer activity.
8. At home, ensure all the player’s equipment is washed separately from the other household items.
9. Ensure child is healthy and has no sign of COVID-19 symptoms.
10. Drop and pickup player while maintaining desired rules and regulations around pick-up/drop-off and being a spectator if allowed.
11. Snacks should be discouraged, however if allowed, ensure they are consumed and/or disposed of on site and not taken home.