

Sudbury Swim & Tennis is offering **FREE diving instruction to club members from 5-17 years old.
Please complete the following release
before taking lessons this summer. Thank you!**

Diver's Name _____

Parent's Name _____

Birthdate _____ Age _____

Address _____

Phone (cell) _____ (home) _____

Email (s) _____

Experienced (could be previous diving lessons, gymnastics, dance, etc.) or Beginner?
(Beginners at 9am and some experience at 10am)

In consideration of my acceptance of this application, I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damage I may have against Sudbury Swim & Tennis Inc. (SS&T) or its instructors, as well as their agents, representatives, successors and assignees, for any and all damages suffered by me in or during SS&T diving lessons.

I have been medically cleared by my doctor to participate in such activities.

I have notified the instructor of any physical restrictions or past injuries.

Signature of Parent _____ Date _____

Signature of Diver _____ Date _____

Interested dates (for instructor planning purposes):

| | | | |
|---------------|-----------------------|-----------------------|-----------------------|
| Please circle | June 26 th | July 3 rd | July 10 th |
| | July 17 th | July 24 th | July 31 st |
| | | | Aug 7 th |

Please return to Paula Moyer (badowskys@gmail.com) before you send your child to a practice; otherwise they will be turned away!