

## C-I Unlimited Quadrangular - 5/17/2016

## Cambridge-Isanti High School

## Results

## Event 1 Girls 4x800 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Cambridge-Isanti	A	10:14.87 10
2 Sauk Rapids-Rice	A	10:43.25 8
3 St. Cloud Christian	A	11:23.90 6

## Event 2 Boys 4x800 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Hastings	A	8:12.22 10
2 Cambridge-Isanti	A	8:21.58 8
3 Cambridge-Isanti	B	x8:46.56
4 Sauk Rapids-Rice	A	8:47.58 6

## Event 3 Girls 100 Meter Hurdles

Name	School	Finals
<b>Finals</b>		
1 138 Nelson, Victoria	Cambridge-Is	16.94 10
2 540 Nolan, Julie	Hastings	16.97 8
3 224 Engebretson, Rachel	Centennial	17.07 6
4 227 Farris, Angela	Centennial	17.49 5
5 310 Hasbrouck, Anna	Sauk Rapids-	17.65 4
6 149 Schultz, Isabelle	Cambridge-Is	17.74 3
7 112 DeVries, Hallie	Cambridge-Is	18.00 2
8 339 Zaska, Mikayla	Sauk Rapids-	18.05 1
9 501 Bamlet, Breana	Hastings	18.12
10 163 Nelson, Anna Grace	Cambridge-Is	x18.35
11 249 Madland, Chloe	Centennial	18.61
12 212 Cina, Lauren	Centennial	x19.68
13 220 Dietrich, Kayla	Centennial	x19.74
14 276 Smude, Meghan	Centennial	x19.88
15 205 Baker, Marcie	Centennial	x19.97
16 311 Helget, Brooke	Sauk Rapids-	20.62
17 314 Krepp, Olivia	Sauk Rapids-	x20.89
18 230 Flynn, Catherine	Centennial	x21.27
19 413 Palomino, Taina	St. Cloud Ch	21.57
20 321 Molesky, Isabella	Sauk Rapids-	x22.11

## Event 4 Boys 110 Meter Hurdles

Name	School	Finals
<b>Finals</b>		
1 160 Mickelson, Thomas	Cambridge-Is	15.19 10
2 520 Johnson, Clayton	Hastings	15.33 8
3 115 Conrad, Joe	Cambridge-Is	15.90 6
4 126 Frikken, Drake	Cambridge-Is	16.83 5
5 137 Hinks, Jonah	Cambridge-Is	x17.18
6 254 Peterson, Joel	Centennial	17.19 4
7 409 Knutson, Jacob	St. Cloud Ch	17.22 3
8 185 Terwilliger, Michael	Cambridge-Is	x17.23
9 244 Matson, Philip	Centennial	18.04 2
10 247 Namyst, Adam	Centennial	18.17 1
11 169 Pauly, Andrew	Cambridge-Is	x18.80
12 347 Weber, Spencer	Sauk Rapids-	19.30
13 340 Syvertson, Tyler	Sauk Rapids-	20.13

14	230 Graczyk, Bauer	Centennial	x20.82
15	141 Humbert, Kyle	Cambridge-Is	x21.52
16	201 Anbro, Matthew	Centennial	x22.91
17	214 Carlson, Jonah	Centennial	x22.94

## Event 5 Girls 100 Meter Dash

Name	School	Finals
<b>Finals</b>		
1 110 Crocker, Brook	Cambridge-Is	13.04 10
2 234 Gessner, Andrea	Centennial	13.10 8
3 142 Orr, Shelby	Cambridge-Is	13.27 6
4 155 Urness, Morgan	Cambridge-Is	13.29 5
5 221 Dorn, Madison	Centennial	13.64 4
6 324 Petron, Kristen	Sauk Rapids-	13.65 3
7 526 Klimek, Haley	Hastings	13.70 2
8 135 Morke, Charlene	Cambridge-Is	x13.76
9 517 Hartinger, Michaela	Hastings	13.82 1
10 246 Loch, Gabrielle	Centennial	13.85
11 282 Trettel, Tessa	Centennial	x13.86
12 312 Henkemeyer, Bergen	Sauk Rapids-	13.90
13 138 Nelson, Victoria	Cambridge-Is	x13.90
14 325 Roscoe, Bailey	Sauk Rapids-	13.97
15 130 Knighton-Johnson, Kayli	Cambridge-Is	x14.24
16 548 Shoen, Megan	Hastings	14.32
17 126 Huisenga, Jamie	Cambridge-Is	x14.33
18 151 Shelton, Sadie	Cambridge-Is	x14.33
19 280 Stone, Mackenzie	Centennial	x14.35
20 309 Haeny, Kjerstin	Sauk Rapids-	x14.41
21 254 Mendenhall, Kelsy	Centennial	x14.55
22 271 Sandberg, Anna	Centennial	x14.57
23 244 Johnson, McKenna	Centennial	x14.60
24 307 Fernholz, Tessa	Sauk Rapids-	x14.60
24 229 Fest-Wilson, Emma	Centennial	x14.60
26 401 Cady, Chloe	St. Cloud Ch	14.60
27 103 Ball, Crystal	Cambridge-Is	x14.68
28 162 Muehlhauser, Elyse	Cambridge-Is	x14.69
29 137 Nelson, Natalie	Cambridge-Is	x14.71
30 284 Wehmas, Jennifer	Centennial	x14.73
31 224 Engebretson, Rachel	Centennial	x14.77
32 238 Holmstrom, Annika	Centennial	x14.84
32 227 Farris, Angela	Centennial	x14.84
34 208 Bui, Angel	Centennial	x15.06
35 266 Phommady, Julia	Centennial	x15.08
36 240 Huehns, Allison	Centennial	x15.26
37 154 Springob, Brette	Cambridge-Is	x15.28
38 241 Hviding, Emily	Centennial	x15.36
39 273 Sellner, Allyson	Centennial	x15.42
40 100 Aljets, Alexis	Cambridge-Is	x15.46
41 251 McClellan, Savannah	Centennial	x15.49
42 228 Ferguson, Mataya	Centennial	x15.72
43 158 White, Brooke	Cambridge-Is	x15.75
44 113 Dobbs, Courtney	Cambridge-Is	x15.95
45 218 Dehler, Emily	Centennial	x15.99
46 332 Tapio, Ashley	Sauk Rapids-	x16.00
47 281 Swanson, Brooke	Centennial	x16.02
48 404 Ebert, Reagan	St. Cloud Ch	16.08

## C-I Unlimited Quadrangular - 5/17/2016

## Cambridge-Isanti High School

## Results

**Finals ... (Event 5 Girls 100 Meter Dash)**

Name	School	Finals
49 305 Erickson, Katherine	Sauk Rapids-	x16.75
50 303 Eigen, Grace	Sauk Rapids-	x17.03
51 302 Davis, Zayah	Sauk Rapids-	x17.41
52 406 Hafstad, Gretel	St. Cloud Ch	17.87

**Event 6 Boys 100 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 258 Story, Keshaun	Centennial	11.54 10
2 218 DeBlicek, Trevor	Centennial	11.58 8
3 181 Stallings, Dimitry	Cambridge-Is	11.59 6
4 129 Grandgenett, Harrison	Cambridge-Is	11.81 5
5 531 McKinney, Sam	Hastings	11.83 4
6 535 Miser, Josh	Hastings	11.87 3
7 524 King, Alex	Hastings	11.89 2
8 217 Dahn, Sachem	Centennial	11.97 1
9 329 Peterson, Mitchel	Sauk Rapids-	12.02
10 142 Jones, Dylan	Cambridge-Is	12.03
11 228 Gallagher, Bradley	Centennial	x12.05
12 257 Shortridge, Patrick	Centennial	x12.18
13 208 Bentrup, Jesse	Centennial	x12.20
14 251 Obert, Benjamin	Centennial	x12.24
15 164 Nowling, Dylan	Cambridge-Is	x12.31
16 265 Willenbring, Alexander	Centennial	x12.31
17 255 Reiter, Lucas	Centennial	x12.32
18 412 Riedeman, Jackson	St. Cloud Ch	12.33
19 238 Kallman, Blaise	Centennial	x12.38
20 244 Matson, Philip	Centennial	x12.49
21 324 Moliga, Granite	Sauk Rapids-	12.50
22 152 LeTourneau, Matthew	Cambridge-Is	x12.54
23 131 Hagford, Dylan	Cambridge-Is	x12.56
24 200 Adegoke, Josiah	Centennial	x12.61
25 103 Anfinson, Lane	Cambridge-Is	x12.66
26 247 Namyst, Adam	Centennial	x12.69
27 245 Miller, Aubry	Centennial	x12.76
28 331 Ritten, Cole	Sauk Rapids-	12.83
29 215 Chuol, Yaach	Centennial	x12.88
29 325 Newbanks, Jaden	Sauk Rapids-	x12.88
31 219 Duong, Andy	Centennial	x12.94
32 315 Jackson, De Andre	Sauk Rapids-	x13.03
33 328 Olson, Austin	Sauk Rapids-	x13.03
34 162 Modina, Diether	Cambridge-Is	x13.12
35 172 Quingco, Roberto	Cambridge-Is	x13.22
36 121 Fischer, Nicholas	Cambridge-Is	x13.49
37 184 Swanson, Trinity	Cambridge-Is	x13.53
38 332 Roach, Cole	Sauk Rapids-	x13.58
39 171 Peterson, Caleb	Cambridge-Is	x13.90
40 318 Keller, Dylan	Sauk Rapids-	x13.93
41 153 Lineker, Chase	Cambridge-Is	x14.63
42 341 Taylor, Jarred	Sauk Rapids-	x14.64
43 109 Brown, Nathaniel	Cambridge-Is	x14.94
44 401 Gardner, Jack	St. Cloud Ch	15.35
45 196 Zortman, Arthur	Cambridge-Is	x15.69
46 311 Hanson, Roman	Sauk Rapids-	x15.72

47 338 Stangl, Noah	Sauk Rapids-	x15.86
48 405 Golden, Aaron	St. Cloud Ch	16.06
49 191 Vankirk, Jesiah	Cambridge-Is	x16.13
50 130 Griep, Andrew	Cambridge-Is	x16.19

**Event 7 Girls 4x200 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Hastings	A	1:47.65 10
2 Cambridge-Isanti	A	1:50.02 8
3 Centennial	A	1:54.31 6
4 Sauk Rapids-Rice	A	1:55.57 5
5 St. Cloud Christian	A	2:09.00 4

**Event 8 Boys 4x200 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Cambridge-Isanti	A	1:33.14 10
2 Hastings	A	1:33.87 8
3 Centennial	A	1:37.48 6
4 Cambridge-Isanti	B	x1:39.13
5 Sauk Rapids-Rice	A	1:40.42 5
6 Cambridge-Isanti	C	x1:41.36

**Event 9 Girls 1600 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 115 Erickson, Bree	Cambridge-Is	5:35.69 10
2 216 Danzl, Emily	Centennial	5:36.65 8
3 236 Green, Becky	Centennial	5:41.28 6
4 320 Martins, Kayleen	Sauk Rapids-	6:01.35 5
5 538 Myers, Quinn	Hastings	6:11.83 4
6 156 Waldron, Katlin	Cambridge-Is	6:23.43 3
7 233 Gentilini, Lia	Centennial	6:33.88 2
8 209 Carlson, Kaiya	Centennial	x6:35.97
9 206 Brandt, Kellen	Centennial	x6:37.27
10 415 Steffen, Franzi	St. Cloud Ch	6:40.34 1
11 263 Peck, Megan	Centennial	x6:46.26
12 518 Henderson, Savannah	Hastings	6:50.77
13 288 Zola, Jessica	Centennial	x6:53.62
14 225 Erlandson, Shae	Centennial	x7:02.41
15 201 Anderson, Makayla	Centennial	x7:11.41
16 408 Johnson, Elena	St. Cloud Ch	7:44.31

**Event 10 Boys 1600 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 310 Galligan, Ian	Sauk Rapids-	4:41.60 10
2 541 Nogle, David	Hastings	4:44.37 8
3 529 Long, Dane	Hastings	4:49.43 6
4 118 Droubie, Ryan	Cambridge-Is	4:51.72 5
5 551 Shepherd, Sam	Hastings	4:56.05 4
6 521 Johnson, Nick	Hastings	x4:57.31
7 411 Overfors, Sam	St. Cloud Ch	4:58.73 3
8 268 Zurn, Noah	Centennial	5:00.78 2
9 560 Williams, Daniel	Hastings	x5:01.76

**C-I Unlimited Quadrangular - 5/17/2016**

**Cambridge-Isanti High School**

**Results**

**Finals ... (Event 10 Boys 1600 Meter Run)**

Name	School	Finals	
10 316 Johnson, Dakota	Sauk Rapids-	5:01.79	1
11 403 Gauerke, Jack	St. Cloud Ch	5:04.34	
12 106 Barnes, Brayden	Cambridge-Is	5:08.00	
13 124 Forslund, Daniel	Cambridge-Is	5:11.84	
14 107 Beckman, Jayden	Cambridge-Is	x5:13.22	
15 413 Schulze, Brandon	St. Cloud Ch	5:13.30	
16 414 Schulze, Justin	St. Cloud Ch	x5:14.26	
17 222 Elsenpeter, Henry	Centennial	5:14.61	
18 213 Brown, Parker	Centennial	5:16.25	
19 189 Troff, Andrew	Cambridge-Is	x5:17.94	
20 227 Fredrick, Owen	Centennial	x5:27.63	
21 319 Lam, Dillan	Sauk Rapids-	5:31.70	
22 242 Liebgott, Michael	Centennial	x5:40.67	
23 400 Aleckson, Ethan	St. Cloud Ch	x5:43.67	
24 402 Gauerke, Cole	St. Cloud Ch	x6:08.41	

**Event 11 Girls 4x100 Meter Relay**

Team	Relay	Finals	
<b>Finals</b>			
1 Cambridge-Isanti	A	52.34	10
2 Hastings	A	52.67	8
3 Sauk Rapids-Rice	A	54.52	6
4 Centennial	A	54.76	5
5 St. Cloud Christian	A	1:00.08	4

**Event 12 Boys 4x100 Meter Relay**

Team	Relay	Finals	
<b>Finals</b>			
1 Cambridge-Isanti	A	43.87	10
2 Hastings	B	44.41	8
3 Hastings	A	x45.58	
4 Sauk Rapids-Rice	A	46.34	6
5 Cambridge-Isanti	B	x46.34	
--- Centennial	A	DQ	

**Event 13 Girls 400 Meter Dash**

Name	School	Finals	
<b>Finals</b>			
1 289 289, 289	Centennial	1:02.54	10
2 264 Peschong, Essyonna	Centennial	1:03.39	8
3 200 Agyeman-Mensah, Durov	Centennial	1:04.97	6
4 131 Kortan, Rebekah	Cambridge-Is	1:07.69	5
5 414 Sohre, Lydia	St. Cloud Ch	1:08.02	4
6 275 Smestad, Breianna	Centennial	x1:09.81	
7 409 Johnson, Natalia	St. Cloud Ch	1:10.08	3
8 122 Guimont, Brynna	Cambridge-Is	1:10.68	2
9 126 Huisenga, Jamie	Cambridge-Is	1:12.00	1
10 137 Nelson, Natalie	Cambridge-Is	x1:12.02	
11 254 Mendenhall, Kelsy	Centennial	x1:12.77	
12 237 Holmes, Deja	Centennial	x1:12.95	
13 329 Spoden, Carly	Sauk Rapids-	1:13.40	
14 260 Nhean, Molly	Centennial	x1:13.55	
15 146 Rito, Nessie	Cambridge-Is	x1:15.26	
16 277 Solberg, Julia	Centennial	x1:16.20	

17 268 Rome, Vivia	Centennial	x1:17.91	
18 157 White, Brittany	Cambridge-Is	x1:18.17	
19 248 Lund, Samantha	Centennial	x1:20.68	
20 315 Leeb, Marissa	Sauk Rapids-	1:21.06	
21 256 Monroe, Christina	Centennial	x1:23.83	
22 231 Foreman, Caroline	Centennial	x1:25.73	

**Event 14 Boys 400 Meter Dash**

Name	School	Finals	
<b>Finals</b>			
1 236 Johnson, Dylan	Centennial	52.60	10
2 264 Wiege, Matt	Centennial	53.31	8
3 180 Smith, Stephen	Cambridge-Is	53.41	6
4 518 Gudmunson, Kyle	Hastings	54.17	5
5 534 Minnick, Mason	Hastings	54.23	4
6 239 Kuentling, Matthew	Centennial	54.74	3
7 408 Jones, Brendon	St. Cloud Ch	55.62	2
8 252 Pattie, Mark	Centennial	x58.32	
9 219 Duong, Andy	Centennial	x59.08	
10 328 Olson, Austin	Sauk Rapids-	59.87	1
11 324 Moliga, Granite	Sauk Rapids-	59.94	
12 189 Troff, Andrew	Cambridge-Is	59.97	

**Event 15 Girls 300 Meter Hurdles**

Name	School	Finals	
<b>Finals</b>			
1 111 Crocker, Sydney	Cambridge-Is	47.40	10
2 246 Loch, Gabrielle	Centennial	50.10	8
3 127 Illg, Jessica	Cambridge-Is	51.96	6
4 501 Bamlet, Breana	Hastings	51.97	5
5 212 Cina, Lauren	Centennial	52.00	4
6 224 Engebretson, Rachel	Centennial	52.03	3
7 540 Nolan, Julie	Hastings	52.61	2
8 310 Hasbrouck, Anna	Sauk Rapids-	52.71	1
9 339 Zaske, Mikayla	Sauk Rapids-	53.44	
10 107 Carlson, Jovannah	Cambridge-Is	53.61	
11 153 Smith, Allissa	Cambridge-Is	x54.03	
12 249 Madland, Chloe	Centennial	x55.06	
13 276 Smude, Meghan	Centennial	x55.12	
14 163 Nelson, Anna Grace	Cambridge-Is	x55.30	
15 523 Johnson, Reilly	Hastings	55.85	
16 227 Farris, Angela	Centennial	x55.93	
17 230 Flynn, Catherine	Centennial	x57.14	
18 402 Cole, Aleah	St. Cloud Ch	58.82	
19 204 Baker, Madison	Centennial	x59.22	
20 413 Palomino, Taina	St. Cloud Ch	59.28	
21 220 Dietrich, Kayla	Centennial	x1:00.39	
22 314 Krepp, Olivia	Sauk Rapids-	1:01.35	
23 205 Baker, Marcie	Centennial	x1:03.07	
24 311 Helget, Brooke	Sauk Rapids-	x1:04.59	
25 321 Molesky, Isabella	Sauk Rapids-	x1:05.14	
26 323 Olson, Bailey	Sauk Rapids-	x1:05.21	
27 112 DeVries, Hallie	Cambridge-Is	x1:14.15	

**C-I Unlimited Quadrangular - 5/17/2016**

**Cambridge-Isanti High School**

**Results**

**Event 16 Boys 300 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 520 Johnson, Clayton	Hastings	40.16 10
2 160 Mickelson, Thomas	Cambridge-Is	40.64 8
3 409 Knutson, Jacob	St. Cloud Ch	44.08 6
4 126 Frikken, Drake	Cambridge-Is	44.54 5
5 254 Peterson, Joel	Centennial	44.56 4
6 137 Hinks, Jonah	Cambridge-Is	45.57 3
7 185 Terwilliger, Michael	Cambridge-Is	x46.14
8 148 Larson, Cole	Cambridge-Is	x46.15
9 247 Namyst, Adam	Centennial	46.47 2
10 244 Matson, Philip	Centennial	46.80 1
11 136 Hennen, Jack	Cambridge-Is	x47.22
12 170 Pechuman, Karter	Cambridge-Is	x48.33
13 347 Weber, Spencer	Sauk Rapids-	49.24
14 340 Syvertson, Tyler	Sauk Rapids-	52.79
15 141 Humbert, Kyle	Cambridge-Is	x54.27
16 230 Graczyk, Bauer	Centennial	x54.79
17 214 Carlson, Jonah	Centennial	x57.75
18 201 Anbro, Matthew	Centennial	x57.81

**Event 17 Girls 800 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 255 Moen, Sara	Centennial	2:25.06 10
2 328 Severson, Julia	Sauk Rapids-	2:32.53 8
3 211 Chapman, Tara	Centennial	2:35.06 6
4 269 Ruble, Ella	Centennial	2:35.39 5
5 335 Thorson, Jocelyn	Sauk Rapids-	2:35.51 4
6 547 Rohwedder, Hanna	Hastings	2:37.13 3
7 152 Smith, Abberly	Cambridge-Is	2:40.22 2
8 245 Larson, Alexandra	Centennial	x2:44.68
9 116 Fromm, Chloe	Cambridge-Is	2:45.41 1
10 318 Mader, Emma	Sauk Rapids-	2:46.90
11 513 Ficker, Sara	Hastings	2:49.16
12 414 Sohre, Lydia	St. Cloud Ch	2:50.69
13 411 Kozak, Paige	St. Cloud Ch	2:51.68
14 123 Guimont, Kylie	Cambridge-Is	2:52.88
15 538 Myers, Quinn	Hastings	2:55.24
16 243 Jack, Hanna	Centennial	x2:57.03
17 415 Steffen, Franzi	St. Cloud Ch	3:04.54
18 250 Marrah, Amy	Centennial	x3:09.69
19 210 Carstens, Bethany	Centennial	x3:18.97
20 102 Bailey, Michelle	Cambridge-Is	x3:26.83

**Event 18 Boys 800 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 240 Kurak, Reed	Centennial	2:00.21 10
2 237 Johnson, Jake	Centennial	2:00.87 8
3 250 Nordquist, Andrew	Centennial	2:01.11 6
4 248 Namyst, Jacob	Centennial	x2:01.83
5 206 Benson, Benjamin	Centennial	x2:08.80
6 149 Larson, Dylan	Cambridge-Is	2:09.22 5

7 320 Leavey, Logan	Sauk Rapids-	2:09.57 4
8 260 Sylvester, Charles	Centennial	x2:09.94
9 232 Gulbrandosn, Reece	Centennial	x2:10.36
10 344 Torvik, Alex	Sauk Rapids-	2:11.79 3
11 560 Williams, Daniel	Hastings	2:12.70 2
12 301 Balo, Chainagubo	Sauk Rapids-	2:13.23 1
13 551 Shepherd, Sam	Hastings	2:14.11
14 529 Long, Dane	Hastings	2:14.69
15 541 Nogle, David	Hastings	x2:14.93
16 403 Gauerke, Jack	St. Cloud Ch	2:18.44
17 521 Johnson, Nick	Hastings	x2:18.84
18 327 Och, Tyler	Sauk Rapids-	x2:20.36
19 235 Johnson, Benjamin	Centennial	x2:22.24
20 316 Johnson, Dakotah	Sauk Rapids-	x2:27.23
21 315 Jackson, De Andre	Sauk Rapids-	x2:27.75
22 302 Baron, Jordan	Sauk Rapids-	x2:29.25
23 319 Lam, Dillan	Sauk Rapids-	x2:29.78
24 267 Wood, Samuel	Centennial	x2:31.34
25 121 Fischer, Nicholas	Cambridge-Is	2:34.10
26 234 Jarpey, Joshua	Centennial	x2:37.33
27 400 Aleckson, Ethan	St. Cloud Ch	2:38.32
28 416 Wilke, Phillip	St. Cloud Ch	3:01.84

**Event 19 Girls 200 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 223 Ebeling, Ashley	Centennial	27.68 10
2 527 Klimek, Rachel	Hastings	27.69 8
3 301 Conarro, Matraca	Sauk Rapids-	28.33 6
4 160 Witzmann, Bridget	Cambridge-Is	28.77 5
5 212 Cina, Lauren	Centennial	29.03 4
6 282 Trettel, Tessa	Centennial	29.31 3
7 501 Bamlet, Breana	Hastings	29.66 2
8 260 Nhean, Molly	Centennial	x29.67
9 307 Fernholz, Tessa	Sauk Rapids-	30.24 1
10 130 Knighton-Johnson, Kayli	Cambridge-Is	30.27
11 270 Ruble, Livie	Centennial	x30.27
12 310 Hasbrouck, Anna	Sauk Rapids-	30.32
13 309 Haeny, Kjerstin	Sauk Rapids-	x30.59
14 276 Smude, Meghan	Centennial	x30.60
14 238 Holmstrom, Annika	Centennial	x30.60
16 284 Wehmas, Jennifer	Centennial	x31.04
17 314 Krepp, Olivia	Sauk Rapids-	x31.10
18 214 Crowl, Allison	Centennial	x31.44
19 103 Ball, Crystal	Cambridge-Is	31.58
20 413 Palomino, Taina	St. Cloud Ch	31.76
21 120 Goodmanson, Kate	Cambridge-Is	x31.81
22 241 Hviding, Emily	Centennial	x32.03
23 266 Phommady, Julia	Centennial	x32.09
24 329 Spoden, Carly	Sauk Rapids-	x32.29
25 273 Sellner, Allyson	Centennial	x32.38
26 154 Springob, Brette	Cambridge-Is	x32.71
27 100 Aljets, Alexis	Cambridge-Is	x32.99
28 204 Baker, Madison	Centennial	x33.29
29 251 McClellan, Savannah	Centennial	x33.30
30 332 Tapio, Ashley	Sauk Rapids-	x33.84

## C-I Unlimited Quadrangular - 5/17/2016

## Cambridge-Isanti High School

## Results

**Finals ... (Event 19 Girls 200 Meter Dash)**

Name	School	Finals
31 139 Olness, Riley	Cambridge-Is	x34.35
32 257 Moore, Kaitlynn	Centennial	x35.13
33 125 Hirdler, Morgan	Cambridge-Is	x35.62
34 410 Kendrick, Katelyn	St. Cloud Ch	35.72
35 321 Molesky, Isabella	Sauk Rapids-	x35.93
36 303 Eigen, Grace	Sauk Rapids-	x35.98
37 305 Erickson, Katherine	Sauk Rapids-	x36.66
38 302 Davis, Zayah	Sauk Rapids-	x36.78
39 406 Hafstad, Gretel	St. Cloud Ch	38.25

**Event 20 Boys 200 Meter Dash**

Name	School	Finals
1 181 Stallings, Dimitry	Cambridge-Is	23.46 10
2 513 Embu, Ovie	Hastings	24.01 8
3 548 Sanders, Treshon	Hastings	24.13 6
4 129 Grandgenett, Harrison	Cambridge-Is	24.16 5
5 175 Schuster, Joshua	Cambridge-Is	24.44 4
6 142 Jones, Dylan	Cambridge-Is	x24.69
7 216 Dahl, Elijah	Centennial	24.83 3
8 322 Marlin, Michael	Sauk Rapids-	24.99 2
9 238 Kallman, Blaise	Centennial	25.13 1
10 208 Bentrup, Jesse	Centennial	25.17
11 251 Obert, Benjamin	Centennial	x25.24
12 179 Slepica, Kaden	Cambridge-Is	x25.26
13 164 Nowling, Dylan	Cambridge-Is	x25.28
14 408 Jones, Brendon	St. Cloud Ch	25.30
15 131 Hagford, Dylan	Cambridge-Is	x25.35
16 152 LeTourneau, Matthew	Cambridge-Is	x25.38
17 265 Willenbring, Alexander	Centennial	x25.52
18 254 Peterson, Joel	Centennial	x25.63
19 200 Adegoke, Josiah	Centennial	x25.71
20 317 Keller, Daunte	Sauk Rapids-	25.85
21 173 Rud, Daniel	Cambridge-Is	x25.97
22 103 Anfinson, Lane	Cambridge-Is	x25.99
23 209 Bettendorf, Derek	Centennial	x26.06
24 412 Riedeman, Jackson	St. Cloud Ch	26.06
25 324 Moliga, Granite	Sauk Rapids-	26.21
26 215 Chuol, Yaach	Centennial	x26.22
27 233 Hartford, Jacob	Centennial	x26.26
28 245 Miller, Aubry	Centennial	x26.47
29 204 Averbeck, Spencer	Centennial	x26.47
30 325 Newbanks, Jaden	Sauk Rapids-	x26.49
31 313 Holmes, Dalton	Sauk Rapids-	x26.69
32 331 Ritten, Cole	Sauk Rapids-	x26.74
33 347 Weber, Spencer	Sauk Rapids-	x26.81
34 328 Olson, Austin	Sauk Rapids-	x27.18
35 172 Quingco, Roberto	Cambridge-Is	x27.33
36 111 Chromy, Nathan	Cambridge-Is	x27.60
37 339 Syvertson, Andrew	Sauk Rapids-	x27.61
38 195 Zacharias, Jared	Cambridge-Is	x28.56
39 332 Roach, Cole	Sauk Rapids-	x28.73
40 318 Keller, Dylan	Sauk Rapids-	x29.06
41 153 Lineker, Chase	Cambridge-Is	x30.40

42 341 Taylor, Jarred	Sauk Rapids-	x30.45
43 214 Carlson, Jonah	Centennial	x30.73
44 196 Zortman, Arthur	Cambridge-Is	x31.22
45 401 Gardner, Jack	St. Cloud Ch	31.81
46 201 Anbro, Matthew	Centennial	x33.28
47 338 Stangl, Noah	Sauk Rapids-	x33.50

**Event 21 Girls 3200 Meter Run**

Name	School	Finals
1 331 Sunstrom, Paige	Sauk Rapids-	12:01.17 10
2 104 Berg, Abbey	Cambridge-Is	12:47.08 8
3 535 Mattson, Megan	Hastings	13:04.44 6
4 417 Wildeson, Emma	St. Cloud Ch	13:11.28 5
5 247 Long, McKendra	Centennial	13:14.24 4
6 285 Welciek, Julia	Centennial	13:51.06 3
7 518 Henderson, Savannah	Hastings	15:41.42 2
8 150 Scudder, Jill	Cambridge-Is	15:45.60 1

**Event 22 Boys 3200 Meter Run**

Name	School	Finals
1 225 Foreman, Nick	Centennial	10:13.51 10
2 259 Sweeney, Jonathan	Centennial	10:18.55 8
3 221 Eicher, Zach	Centennial	10:36.03 6
4 100 Abraham, Ray	Cambridge-Is	10:47.78 5
5 330 Ringger, Samuel	Sauk Rapids-	10:53.35 4
6 411 Overfors, Sam	St. Cloud Ch	10:57.60 3
7 119 Dyer, Michael	Cambridge-Is	10:59.11 2
8 243 Marrah, Thomas	Centennial	x10:59.54
9 205 Beddow, Zachary	Centennial	x11:08.99
10 413 Schulze, Brandon	St. Cloud Ch	11:09.23 1
11 314 Ibrahim, Abdirahman	Sauk Rapids-	11:13.05
12 334 Schlichting, Jerad	Sauk Rapids-	11:13.57
13 414 Schulze, Justin	St. Cloud Ch	11:33.98

**Event 23 Girls 4x400 Meter Relay**

Team	Relay	Finals
1 Hastings	A	4:09.16 10
2 Cambridge-Isanti	A	4:13.74 8
3 Centennial	A	4:16.00 6
4 Sauk Rapids-Rice	A	4:37.59 5
5 St. Cloud Christian	A	4:56.17 4

**Event 24 Boys 4x400 Meter Relay**

Team	Relay	Finals
1 Hastings	A	3:28.04 10
2 Cambridge-Isanti	A	3:32.36 8
3 Centennial	A	3:35.16 6
4 Sauk Rapids-Rice	A	3:39.98 5
5 St. Cloud Christian	A	3:59.25 4

## C-I Unlimited Quadrangular - 5/17/2016

## Cambridge-Isanti High School

## Results

## Event 25 Girls Long Jump

Name	School	Finals		
<b>Finals</b>				
1	234 Gessner, Andrea	Centennial	16-08.75	10
2	327 Scapanski, Anna	Sauk Rapids-	16-04.00	8
3	111 Crocker, Sydney	Cambridge-Is	16-03.00	6
4	131 Kortan, Rebekah	Cambridge-Is	15-09.50	5
5	142 Orr, Shelby	Cambridge-Is	15-07.00	4
6	501 Bamlet, Breana	Hastings	15-05.50	3
7	122 Guimont, Brynna	Cambridge-Is	x14-11.00	
8	128 Johnson, Avari	Cambridge-Is	x14-09.00	
9	221 Dorn, Madison	Centennial	14-07.00	2
10	553 Tix, Lauren	Hastings	14-06.00	1
11	339 Zaske, Mikayla	Sauk Rapids-	14-05.50	
12	229 Fest-Wilson, Emma	Centennial	14-04.50	
13	235 Gieske, McKenna	Centennial	x14-03.50	
14	526 Klimek, Haley	Hastings	14-03.00	
15	124 Haight, Hannah	Cambridge-Is	x14-02.75	
16	120 Goodmanson, Kate	Cambridge-Is	x13-11.50	
17	130 Knighton-Johnson, Kayli	Cambridge-Is	x13-10.00	
18	224 Engebretson, Rachel	Centennial	x13-06.50	
19	123 Guimont, Kylie	Cambridge-Is	x13-06.00	
20	517 Hartinger, Michaella	Hastings	x13-05.00	
21	151 Shelton, Sadie	Cambridge-Is	x13-04.50	
22	548 Shoen, Megan	Hastings	x13-03.50	
23	255 Moen, Sara	Centennial	x13-03.00	
24	113 Dobbs, Courtney	Cambridge-Is	x13-00.00	
25	249 Madland, Chloe	Centennial	x12-11.50	
26	275 Smestad, Breianna	Centennial	x12-11.50	
27	244 Johnson, McKenna	Centennial	x12-10.00	
28	106 Caballero Galeano, Alicia	Cambridge-Is	x12-08.00	
29	154 Springob, Brette	Cambridge-Is	x12-07.50	
30	203 Ankrum, Karey	Centennial	x12-07.00	
31	139 Olness, Riley	Cambridge-Is	x12-04.50	
32	121 Gordon, Kylee	Cambridge-Is	x11-11.50	
33	332 Tapio, Ashley	Sauk Rapids-	11-11.00	
34	102 Bailey, Michelle	Cambridge-Is	x11-10.50	
35	510 Dunn, Kalli	Hastings	x11-09.00	
36	158 White, Brooke	Cambridge-Is	x10-09.00	
37	125 Hirdler, Morgan	Cambridge-Is	x10-07.00	
38	413 Palomino, Taina	St. Cloud Ch	10-06.00	
39	305 Erickson, Katherine	Sauk Rapids-	x10-06.00	
40	410 Kendrick, Katelyn	St. Cloud Ch	10-04.00	
---	402 Cole, Aleah	St. Cloud Ch	FOUL	
---	217 DeBuhr, Lydia	Centennial	FOUL	

## Event 26 Boys Long Jump

Name	School	Finals		
<b>Finals</b>				
1	127 Fuhol, Hunter	Cambridge-Is	21-02.50	10
2	258 Story, Keshawn	Centennial	20-09.50	8
3	115 Conrad, Joe	Cambridge-Is	19-08.00	6
4	181 Stallings, Dimitry	Cambridge-Is	19-07.50	5
5	257 Shortridge, Patrick	Centennial	19-04.00	4
6	216 Dahl, Elijah	Centennial	18-10.75	3

7	218 DeBlieck, Trevor	Centennial	x18-01.00	
8	194 Wilson, Levi	Cambridge-Is	x18-01.00	
9	531 McKinney, Sam	Hastings	17-09.50	2
10	326 Newbanks, Jordan	Sauk Rapids-	17-09.00	1
11	513 Embu, Ovie	Hastings	17-06.00	
12	102 Anderla, Joshua	Cambridge-Is	x17-05.50	
13	217 Dahn, Sachem	Centennial	x17-04.00	
14	255 Reiter, Lucas	Centennial	x17-02.00	
15	162 Modina, Diether	Cambridge-Is	x16-05.00	
16	140 Holzinger, Braydon	Cambridge-Is	x16-05.00	
17	315 Jackson, De Andre	Sauk Rapids-	16-02.00	
18	157 Malamisuro, Luke	Cambridge-Is	x16-01.00	
19	209 Bettendorf, Derek	Centennial	x15-11.50	
20	173 Rud, Daniel	Cambridge-Is	x15-09.00	
21	111 Chromy, Nathan	Cambridge-Is	x15-06.00	
22	303 Bokelman, Jacob	Sauk Rapids-	15-05.50	
23	195 Zacharias, Jared	Cambridge-Is	x15-01.00	
24	186 Thomas, Tyler	Cambridge-Is	x14-09.50	
25	245 Miller, Aubry	Centennial	x14-07.75	
26	172 Quingco, Roberto	Cambridge-Is	x14-01.00	

## Event 27 Girls Triple Jump

Name	School	Finals		
<b>Finals</b>				
1	117 Galeazzi, Jordyn	Cambridge-Is	35-08.25	10
2	234 Gessner, Andrea	Centennial	35-00.00	8
3	149 Schultz, Isabelle	Cambridge-Is	33-03.00	6
4	155 Urness, Morgan	Cambridge-Is	32-07.25	5
5	221 Dorn, Madison	Centennial	32-02.00	4
6	527 Klimek, Rachel	Hastings	32-02.00	3
7	163 Nelson, Anna Grace	Cambridge-Is	x32-00.00	
8	130 Knighton-Johnson, Kayli	Cambridge-Is	x31-11.50	
9	324 Petron, Kristen	Sauk Rapids-	31-06.00	2
10	525 Kaul, Savannah	Hastings	31-05.00	1
11	124 Haight, Hannah	Cambridge-Is	x31-00.00	
12	274 Sheak-Blair, Kayln	Centennial	30-03.50	
13	153 Smith, Allissa	Cambridge-Is	x29-09.50	
14	120 Goodmanson, Kate	Cambridge-Is	x29-09.00	
15	339 Zaske, Mikayla	Sauk Rapids-	29-07.25	
16	510 Dunn, Kalli	Hastings	29-02.50	
17	122 Guimont, Brynna	Cambridge-Is	x28-10.50	
18	113 Dobbs, Courtney	Cambridge-Is	x28-08.50	
19	245 Larson, Alexandra	Centennial	x28-02.00	
20	204 Baker, Madison	Centennial	x27-05.50	
21	275 Smestad, Breianna	Centennial	x27-05.50	
22	154 Springob, Brette	Cambridge-Is	x27-05.50	
23	244 Johnson, McKenna	Centennial	x27-04.50	
24	203 Ankrum, Karey	Centennial	x26-08.00	
25	414 Sohre, Lydia	St. Cloud Ch	26-07.00	
26	108 Coffman, Marisa	Cambridge-Is	x26-04.25	
27	102 Bailey, Michelle	Cambridge-Is	x26-00.50	
28	139 Olness, Riley	Cambridge-Is	x24-08.00	
29	307 Fernholz, Tessa	Sauk Rapids-	24-07.50	
---	125 Hirdler, Morgan	Cambridge-Is	FOUL	
---	121 Gordon, Kylee	Cambridge-Is	FOUL	
---	263 Peck, Megan	Centennial	FOUL	

**C-I Unlimited Quadrangular - 5/17/2016**

**Cambridge-Isanti High School**

**Results**

**Event 28 Boys Triple Jump**

Name	School	Finals
<b>Finals</b>		
1 248 Namyst, Jacob	Centennial	41-04.00 10
2 409 Knutson, Jacob	St. Cloud Ch	40-05.50 8
3 127 Fuhol, Hunter	Cambridge-Is	40-05.00 6
4 505 Bayne, Austen	Hastings	39-10.00 5
5 322 Marlin, Michael	Sauk Rapids-	39-07.50 4
6 343 Timm, Jared	Sauk Rapids-	39-06.00 3
7 216 Dahl, Elijah	Centennial	39-02.25 2
8 548 Sanders, Treshon	Hastings	38-11.50 1
9 187 Thompson, Calvin	Cambridge-Is	38-10.50
10 181 Stallings, Dimitry	Cambridge-Is	38-09.50
11 516 Getting, Austin	Hastings	38-01.50
12 102 Anderla, Joshua	Cambridge-Is	x38-01.00
13 531 McKinney, Sam	Hastings	x37-00.00
14 236 Johnson, Dylan	Centennial	36-09.50
15 257 Shortridge, Patrick	Centennial	x36-08.50
16 331 Ritten, Cole	Sauk Rapids-	36-04.00
17 255 Reiter, Lucas	Centennial	x35-04.00
18 157 Malamisuro, Luke	Cambridge-Is	x35-03.00
19 194 Wilson, Levi	Cambridge-Is	x35-02.25
20 140 Holzinger, Braydon	Cambridge-Is	x33-08.50
21 195 Zacharias, Jared	Cambridge-Is	x33-06.50
22 162 Modina, Diether	Cambridge-Is	x33-04.00
23 219 Duong, Andy	Centennial	x33-02.50
24 209 Bettendorf, Derek	Centennial	x33-00.25
25 172 Quingco, Roberto	Cambridge-Is	x30-08.50
26 111 Chromy, Nathan	Cambridge-Is	x30-07.00
27 186 Thomas, Tyler	Cambridge-Is	x30-02.00
--- 130 Griep, Andrew	Cambridge-Is	FOUL

**Event 29 Girls High Jump**

Name	School	Finals
<b>Finals</b>		
1 163 Nelson, Anna Grace	Cambridge-Is	5-01.00 10
2 312 Henkemeyer, Bergen	Sauk Rapids-	5-00.00 8
3 110 Crocker, Brook	Cambridge-Is	4-10.00 6
4 164 164, 164	Cambridge-Is	4-08.00 5
5 337 Weber, Jessica	Sauk Rapids-	4-08.00 4
6 155 Urness, Morgan	Cambridge-Is	x4-08.00
7 523 Johnson, Reilly	Hastings	4-08.00 3
8 325 Roscoe, Bailey	Sauk Rapids-	4-08.00 2
9 129 Johnson, Hannah	Cambridge-Is	x4-06.00
9 149 Schultz, Isabelle	Cambridge-Is	x4-06.00
11 124 Haight, Hannah	Cambridge-Is	x4-06.00
12 246 Loch, Gabrielle	Centennial	4-06.00 1
13 319 Magnan, Anna	Sauk Rapids-	x4-04.00
14 230 Flynn, Catherine	Centennial	4-04.00
14 160 Witzmann, Bridget	Cambridge-Is	x4-04.00
16 135 Morke, Charlene	Cambridge-Is	x4-04.00
17 309 Haeny, Kjerstin	Sauk Rapids-	x4-02.00
17 214 Crowl, Allison	Centennial	4-02.00
19 220 Dietrich, Kayla	Centennial	x4-02.00
20 320 Martins, Kayleen	Sauk Rapids-	x4-00.00

--- 260 Nhean, Molly Centennial NH

**Event 30 Boys High Jump**

Name	School	Finals
<b>Finals</b>		
1 516 Getting, Austin	Hastings	5-10.00 10
2 261 Taylor, Blake	Centennial	5-08.00 8
3 166 Olson, Jacob	Cambridge-Is	5-08.00 6
4 160 Mickelson, Thomas	Cambridge-Is	5-08.00 5
5 505 Bayne, Austen	Hastings	5-08.00 4
6 254 Peterson, Joel	Centennial	5-06.00 3
7 534 Minnick, Mason	Hastings	5-04.00 2
8 340 Syvertson, Tyler	Sauk Rapids-	5-04.00 1
9 194 Wilson, Levi	Cambridge-Is	5-02.00
10 185 Terwilliger, Michael	Cambridge-Is	x5-02.00
11 265 Willenbring, Alexander	Centennial	5-00.00
12 413 Schulze, Brandon	St. Cloud Ch	5-00.00
13 228 Gallagher, Bradley	Centennial	x5-00.00
14 111 Chromy, Nathan	Cambridge-Is	x4-10.00
--- 412 Riedeman, Jackson	St. Cloud Ch	NH
--- 345 Trnka, Mitch	Sauk Rapids-	NH

**Event 31 Girls Pole Vault**

Name	School	Finals
<b>Finals</b>		
1 135 Morke, Charlene	Cambridge-Is	9-06.00 10
2 234 Gessner, Andrea	Centennial	9-00.00 8
3 221 Dorn, Madison	Centennial	9-00.00 6
4 108 Coffman, Marisa	Cambridge-Is	9-00.00 5
5 560 Zappa, Maria	Hastings	8-06.00 4
6 334 Thompson, Victoria	Sauk Rapids-	8-06.00 3
7 217 DeBuhr, Lydia	Centennial	8-06.00 2
8 542 Pechous, Josie	Hastings	8-00.00 1
9 556 Weldon, Emily	Hastings	8-00.00
10 128 Johnson, Avari	Cambridge-Is	8-00.00
11 529 Kopp, Elsie	Hastings	x8-00.00
12 309 Haeny, Kjerstin	Sauk Rapids-	7-06.00
13 532 Kummer, Maria	Hastings	x7-06.00
14 107 Carlson, Jovannah	Cambridge-Is	x7-06.00
15 522 Hughes, Samantha	Hastings	x7-00.00
16 284 Wehmas, Jennifer	Centennial	x7-00.00
17 250 Marrah, Amy	Centennial	x6-06.00
17 281 Swanson, Brooke	Centennial	x6-06.00
19 314 Krepp, Olivia	Sauk Rapids-	6-06.00
--- 145 Redondo, Raquel	Cambridge-Is	NH
--- 153 Smith, Allissa	Cambridge-Is	NH

**Event 32 Boys Pole Vault**

Name	School	Finals
<b>Finals</b>		
1 161 Mlinar, Gavin	Cambridge-Is	13-01.00 10
2 308 Erickson, Stephen	Sauk Rapids-	11-06.00 8
3 190 VanBergen, Cole	Cambridge-Is	11-06.00 6
4 523 Kimmes, Ethan	Hastings	11-06.00 5
5 549 Schill, Jonah	Hastings	11-00.00 4
6 325 Newbanks, Jaden	Sauk Rapids-	10-06.00 2.5

**C-I Unlimited Quadrangular - 5/17/2016**

**Cambridge-Isanti High School**

**Results**

**Finals ... (Event 32 Boys Pole Vault)**

Name	School	Finals
6 169 Pauly, Andrew	Cambridge-Is	10-06.00 2.5
8 326 Newbanks, Jordan	Sauk Rapids-	10-06.00 1
9 204 Averbeck, Spencer	Centennial	10-00.00
10 226 Fredrick, Espen	Centennial	9-00.00
11 207 Benson, Carter	Centennial	9-00.00
12 538 Myers, Matt	Hastings	8-00.00
12 183 Stauffer, Joseph	Cambridge-Is	x8-00.00
12 329 Peterson, Mitchel	Sauk Rapids-	x8-00.00
15 227 Fredrick, Owen	Centennial	x8-00.00
--- 342 Timlin, Chase	Sauk Rapids-	NH
--- 335 Schoen, Shawn	Sauk Rapids-	NH

**Event 33 Girls Shot Put**

Name	School	Finals
1 131 Kortan, Rebekah	Cambridge-Is	34-06.00 10
2 259 Ngongang, Marvelous	Centennial	33-08.00 8
3 202 Anizor, Olivia	Centennial	33-00.00 6
4 528 Knapp, Abby	Hastings	32-08.00 5
5 143 Patton, Kelese	Cambridge-Is	32-06.00 4
6 136 Muehlhauser, Kayla	Cambridge-Is	30-02.50 3
7 261 Olson, Claire	Centennial	29-05.00 2
8 334 Thompson, Victoria	Sauk Rapids-	29-04.00 1
9 141 Olson, Sadie	Cambridge-Is	x29-01.50
10 213 Clark, Sara	Centennial	x29-01.00
11 557 Willenbring, Jenna	Hastings	28-09.00
12 336 Walsh, Abby	Sauk Rapids-	28-05.00
13 524 Jones, Abigail	Hastings	26-06.00
14 101 Alm, Rebekka	Cambridge-Is	x24-10.50
15 280 Stone, Mackenzie	Centennial	x24-04.50
16 407 Hafstad, Hannah	St. Cloud Ch	23-08.00
17 311 Helget, Brooke	Sauk Rapids-	22-07.00
18 300 Butkowski, Brooke	Sauk Rapids-	x22-05.00
19 308 Folkerts, Paige	Sauk Rapids-	x21-11.50
20 416 Uvero, Khahil	St. Cloud Ch	20-10.50
21 228 Ferguson, Mataya	Centennial	x20-03.50
22 304 Eisenschenk, Amber	Sauk Rapids-	x20-00.75
23 134 Moore, Lyndsey	Cambridge-Is	x19-07.50
24 148 Schlueter, Annika	Cambridge-Is	x19-03.50
25 322 O'Brien, Ally	Sauk Rapids-	x19-02.50
26 159 Wilson, Lillian	Cambridge-Is	x18-07.00
27 278 Spaulding, Sarah	Centennial	x18-01.00
28 400 Backes, Elly	St. Cloud Ch	18-00.50
29 253 Melde, Samantha	Centennial	x16-08.00
30 215 Cunningham, Rachel	Centennial	x16-01.00
31 303 Eigen, Grace	Sauk Rapids-	x15-02.00
32 207 Brewster, Cora	Centennial	x14-11.00
33 406 Hafstad, Gretel	St. Cloud Ch	x14-10.00

**Event 34 Boys Shot Put**

Name	School	Finals
1 504 Bacon, Jacob	Hastings	54-02.00 10
2 233 Hartford, Jacob	Centennial	42-10.00 8

3 159 Mickelson, Erik	Cambridge-Is	42-03.00 6
4 305 Cariveau, Richard	Sauk Rapids-	42-00.00 5
5 535 Miser, Josh	Hastings	40-11.00 4
6 123 Flemister, William	Cambridge-Is	40-04.50 3
7 113 Colbaugh, Andrew	Cambridge-Is	39-11.50 2
8 525 Levos, Sawyer	Hastings	39-02.50 1
9 555 Tousignant, Jack	Hastings	x38-10.50
10 312 Hayes, Ian	Sauk Rapids-	38-01.50
11 163 Nelson, Ryley	Cambridge-Is	x37-10.00
12 178 Skiba, Caleb	Cambridge-Is	x37-02.50
13 192 Westberg, Brandon	Cambridge-Is	x37-00.00
14 210 Bourassa, John	Centennial	36-09.50
15 224 Espe, David	Centennial	36-00.00
16 146 Krueger, Blaze	Cambridge-Is	x35-10.00
17 269 Zwiwers, Henry	Centennial	x35-09.50
18 407 Hultgren, Jackson	St. Cloud Ch	35-05.50
19 145 Koukol, Zackary	Cambridge-Is	x34-10.50
20 134 Hanson, Kyle	Cambridge-Is	x33-08.75
21 304 Branson, Hunter	Sauk Rapids-	33-07.00
22 151 Lawson, Austin	Cambridge-Is	x33-02.50
23 135 Hartkopf, Marco	Cambridge-Is	x32-06.50
24 334 Schlichting, Jerad	Sauk Rapids-	x32-05.00
25 263 Whitney, Cameron	Centennial	x31-08.50
26 108 Bjergo, Brett	Cambridge-Is	x30-10.00
27 415 Uvero, Bo	St. Cloud Ch	28-10.50
28 246 Munson, Michael	Centennial	x28-10.00
29 410 Lyon, Michael	St. Cloud Ch	28-09.00
30 104 Armstrong, Adam	Cambridge-Is	x26-06.00
31 311 Hanson, Roman	Sauk Rapids-	x25-04.00
32 405 Golden, Aaron	St. Cloud Ch	x18-00.00
--- 114 Colbaugh, Daniel	Cambridge-Is	FOUL

**Event 35 Girls Discus Throw**

Name	School	Finals
1 131 Kortan, Rebekah	Cambridge-Is	123-03 10
2 259 Ngongang, Marvelous	Centennial	100-09 8
3 505 Carlson, Krystal	Hastings	99-00 6
4 261 Olson, Claire	Centennial	98-01 5
5 136 Muehlhauser, Kayla	Cambridge-Is	97-05 4
6 143 Patton, Kelese	Cambridge-Is	92-11 3
7 230 Flynn, Catherine	Centennial	92-08 2
8 334 Thompson, Victoria	Sauk Rapids-	83-09 1
9 226 Espe, Katelyn	Centennial	x82-08
10 308 Folkerts, Paige	Sauk Rapids-	82-05
11 322 O'Brien, Ally	Sauk Rapids-	80-00
12 524 Jones, Abigail	Hastings	80-00
13 213 Clark, Sara	Centennial	x79-01
14 557 Willenbring, Jenna	Hastings	79-00
15 300 Butkowski, Brooke	Sauk Rapids-	x71-06
16 141 Olson, Sadie	Cambridge-Is	x69-03
17 311 Helget, Brooke	Sauk Rapids-	x68-02
18 280 Stone, Mackenzie	Centennial	x64-06
19 336 Walsh, Abby	Sauk Rapids-	x63-09
20 148 Schlueter, Annika	Cambridge-Is	x63-02
21 228 Ferguson, Mataya	Centennial	x63-00

## C-I Unlimited Quadrangular - 5/17/2016

## Cambridge-Isanti High School

## Results

## Finals ... (Event 35 Girls Discus Throw)

Name	School	Finals
22 253 Melde, Samantha	Centennial	x61-09
23 278 Spaulding, Sarah	Centennial	x60-04
24 101 Alm, Rebekka	Cambridge-Is	x60-01
25 407 Hafstad, Hannah	St. Cloud Ch	60-00
26 215 Cunningham, Rachel	Centennial	x59-10
27 159 Wilson, Lillian	Cambridge-Is	x55-01
28 134 Moore, Lyndsey	Cambridge-Is	x52-07
29 304 Eisenschenk, Amber	Sauk Rapids-	x51-03
30 416 Uvero, Khahil	St. Cloud Ch	50-03
31 207 Brewster, Cora	Centennial	x45-06
32 303 Eigen, Grace	Sauk Rapids-	x35-03
--- 528 Knapp, Abby	Hastings	FOUL
--- 202 Anizor, Olivia	Centennial	FOUL

1) Cambridge-Isanti	232
2) Centennial	212
3) Hastings	98
4) Sauk Rapids-Rice	96
5) St. Cloud Christian	31

## Men - Team Rankings - 18 Events Scored

1) Cambridge-Isanti	208.5
2) Centennial	172
3) Hastings	170
4) Sauk Rapids-Rice	73.5
5) St. Cloud Christian	32

## Event 36 Boys Discus Throw

Name	School	Finals
1 545 Poncelet, Alex	Hastings	146-06 10
2 178 Skiba, Caleb	Cambridge-Is	144-03 8
3 224 Espe, David	Centennial	138-08 6
4 525 Levos, Sawyer	Hastings	125-00 5
5 114 Colbaugh, Daniel	Cambridge-Is	118-08 4
6 139 Holmes, Thomas	Cambridge-Is	117-06 3
7 407 Hultgren, Jackson	St. Cloud Ch	115-06 2
8 524 King, Alex	Hastings	114-09 1
9 269 Zwiers, Henry	Centennial	112-00
10 555 Tousignant, Jack	Hastings	x110-08
11 305 Carriveau, Richard	Sauk Rapids-	109-02
12 345 Trnka, Mitch	Sauk Rapids-	109-00
13 123 Flemister, William	Cambridge-Is	x108-03
14 145 Koukol, Zackary	Cambridge-Is	x104-05
15 312 Hayes, Ian	Sauk Rapids-	103-11
16 146 Krueger, Blaze	Cambridge-Is	x96-07
17 104 Armstrong, Adam	Cambridge-Is	x93-05
18 339 Syvertson, Andrew	Sauk Rapids-	x91-08
19 135 Hartkopf, Marco	Cambridge-Is	x89-11
20 134 Hanson, Kyle	Cambridge-Is	x87-06
21 192 Westberg, Brandon	Cambridge-Is	x86-07
22 263 Whitney, Cameron	Centennial	86-05
23 113 Colbaugh, Andrew	Cambridge-Is	x85-05
24 108 Bjergo, Brett	Cambridge-Is	x82-11
25 304 Branson, Hunter	Sauk Rapids-	x79-03
26 311 Hanson, Roman	Sauk Rapids-	x79-00
27 415 Uvero, Bo	St. Cloud Ch	78-01
28 410 Lyon, Michael	St. Cloud Ch	77-03
29 246 Munson, Michael	Centennial	x77-00
30 151 Lawson, Austin	Cambridge-Is	x75-08
31 210 Bourassa, John	Centennial	x71-07
32 405 Golden, Aaron	St. Cloud Ch	x44-00

## Women - Team Rankings - 18 Events Scored