



# 2022 FREEDOM GIRLS WRESTLING

ATTENTION FREEDOM GIRLS. ALL AGES. ALL SKILL LEVELS. ALL OF YOU.

Girls Wrestling is an Olympic sport. And it's a college sport. And now, for the FIRST-TIME time in history...a sanctioned HS sport in the state of Wisconsin with its very own High School State Tournament for girls! The time is now to take advantage of this opportunity to practice and compete in a safe and enjoyable combat sport and be part of one of the best programs in the state. Freedom Wrestling.

So.....

Whether it will be your 4<sup>th</sup> year wrestling in our girls wrestling program or your first time stepping on a wrestling mat – come wrestle with us this year! We have practices designed for all, including Pre-K through High School. And more opportunities to compete than ever before! Cost per wrestler is \$40 and includes a t-shirt and a ton of fun!

**January 3<sup>rd</sup> – March 25<sup>th</sup>**

## High School Wrestling Room

Pre-K thru 3 <sup>rd</sup> Grade	Tuesday / Thursday	6:00 PM to 7:00 PM
4 <sup>th</sup> Grade / MS / HS	Monday / Tuesday / Thursday	7:00 PM to 8:15 PM

## Optional Girls Only Wrestling Competition Schedule (Grade / Ages / Details TBD)

- Freedom Girls Invite – January 16<sup>th</sup>
- Wrightstown Girls Tournament – January 22<sup>nd</sup>
- Girls High School State Wrestling Tournament – January 29<sup>th</sup> (HS ONLY)
- New London Girls Tournament – February 13<sup>th</sup>
- Princeton Girls Tournament – March 4<sup>th</sup> (Friday night)
- WWF Girls Youth State Qualifier Tournament – March 18<sup>th</sup>, 19<sup>th</sup>
- WWF Girls Youth State Tournament – March 25<sup>th</sup>, 26<sup>th</sup>
- More competition opportunities to come!*

Sign up today at [www.freedomirish.com](http://www.freedomirish.com)

For questions, contact Jason Pettitt – 920.850.7074, [jpettitt@1call2build.com](mailto:jpettitt@1call2build.com)

character, confidence, integrity, discipline, agility, explosiveness, quickness, toughness, grit, determination, individual, team, action, reaction, heart, resilience, focus, opportunity, preparedness, spirit, soul, self-awareness, self-regulation, self-defense, motivation.....and so much more!!