

Section 5AA True Team

Rocori - 5/9/2023

Results

Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Piper Osborne	12	Foley	13.06
2 Tylar Bockoven	9	Milaca	13.13
3 Hope Schueller	12	St. Cloud Ca	13.15
4 Erika Salaski	9	St. Cloud Ca	13.19
5 Kate Van Erp	10	Rocori	13.33
6 Katelyn Motter	11	Rocori	13.40
7 Elia Happe	10	Annandale	13.48
8 Jayden Petersen	8	Zimmerman	13.51
9 Jordyn Theis	10	Eden Valley-	13.59
10 Reina Mikla	12	Milaca	13.60
11 Livvy Sylvester	10	Annandale	13.66
12 Brielle Kuechle	12	Eden Valley-	13.68
13 Laura Dohrmann	11	Foley	13.69
14 Madisen Fritel	11	Spectrum	13.80
15 Kylee Morton	11	Becker	13.91
16 Ava Palmieri	12	Spectrum	14.09
17 Keisha Aubrey	12	Princeton	14.11
18 Salayna Allen	8	Becker	14.25
19 Ella Connors	11	Princeton	14.31
20 Raquel Reed	12	St. Cloud Ap	14.34
21 Sofia Kowalkowski	10	St. Cloud Ap	14.35
22 Maddie Seaver	9	Zimmerman	14.49
23 Sydney Roy	11	Big Lake	14.53

Girls 100 Meter Dash Wheelchair

Name	Yr	School	Finals
Finals			
1 Tayla Gassman	9	Big Lake	31.90

Girls 200 Meter Dash Wheelchair

Name	Yr	School	Finals
Finals			
1 Tayla Gassman	9	Big Lake	1:03.10

Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Ellie Kuechle	12	Eden Valley-	25.94
2 Hope Schueller	12	St. Cloud Ca	26.47
3 Cecelia Woods	12	Rocori	26.55
4 Kate Van Erp	10	Rocori	26.90
5 Erika Salaski	9	St. Cloud Ca	26.94
6 Olivia Sauer	9	Foley	27.00
7 Lydia Graham	9	Foley	27.37
8 Ellie Becker	10	Eden Valley-	27.39
9 Kylee Morton	11	Becker	27.56
10 Elia Happe	10	Annandale	27.74
11 Reina Mikla	12	Milaca	27.80
12 Kate Neuman	10	Annandale	28.09
13 Alaina Burney	9	Spectrum	28.11
14 Ava Eastman	10	Big Lake	28.42
15 Raquel Reed	12	St. Cloud Ap	29.04

16 Pressly Haas	11	Zimmerman	29.21
17 Keisha Aubrey	12	Princeton	29.24
18 Reese Hausmann	10	Becker	29.34
19 Sydney Roy	11	Big Lake	29.40
20 Jezabel Dimaze	11	Spectrum	29.46
21 Samantha Meyer	11	Milaca	29.50
22 Charlotte Cox	7	Zimmerman	29.71
23 Brynne Emmerich	9	Princeton	29.77
24 Sabonti Hussein	9	St. Cloud Ap	31.15

Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Ellie Kuechle	12	Eden Valley-	58.06
2 Jasmine Sieben	11	Rocori	1:00.48
3 Hannah Dierkes	10	Becker	1:01.98
4 Kate Van Erp	10	Rocori	1:01.99
5 Addison Beier	9	Foley	1:02.36
6 Hope Kuechle	8	Eden Valley-	1:02.76
7 Julia Vega	9	St. Cloud Ca	1:03.33
8 Liz Felix	12	St. Cloud Ca	1:03.64
9 Grace Beck	12	Spectrum	1:03.71
10 Sage Greenwaldt	9	Foley	1:04.56
11 Claire Thompson	9	Annandale	1:05.41
12 Jada Martindale	9	Milaca	1:06.28
13 Brooke Henson	11	Annandale	1:06.30
14 Natalie Hayes	12	Zimmerman	1:06.59
15 Madeline Hallberg	12	Princeton	1:06.68
16 Abby Atwood	10	Becker	1:06.69
17 Addison Dahl	11	Spectrum	1:08.07
18 Daija Schwartz	9	Milaca	1:10.65
19 Jordyn Berwald	10	Zimmerman	1:10.79
20 Lindsey Hohmann	8	Princeton	1:14.98
21 Brynn Scheer	9	Big Lake	1:15.18
22 Willia Davies	11	Big Lake	1:25.47

Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Addie Mondloch	9	St. Cloud Ca	2:24.76
2 Sara Reuter	12	St. Cloud Ca	2:26.36
3 Paige Larsen	11	Rocori	2:27.14
4 Brookelyn Kuechle	11	Eden Valley-	2:27.16
5 Molly Novotny	12	Spectrum	2:29.11
6 Isabel Kraemer	9	Rocori	2:30.81
7 Alea Briggs	11	Becker	2:34.27
8 Katelyn Brower	9	Becker	2:36.54
9 Alayna Haag	8	Eden Valley-	2:37.58
10 Kylie Storkamp	8	Foley	2:39.67
11 Hannah Braun	12	Milaca	2:41.92
12 Claire Swanson	9	Zimmerman	2:42.10
13 Ellen Peckham	11	Spectrum	2:43.52
14 Campbell Slattery	10	Big Lake	2:44.23
15 Carmen Herrera-Morales	11	Big Lake	2:45.56
16 Thelia Johnson	10	Annandale	2:45.62
17 Jocie Wheeler	10	Annandale	2:47.03

Section 5AA True Team

Rocori - 5/9/2023

Results

Finals ... (Girls 800 Meter Run)

Name	Yr	School	Finals
18 Britteny Kroska	8	Foley	2:47.73
19 Mia Opsahl	8	Zimmerman	2:53.11
20 Morgan Mundt	8	Princeton	2:54.23
21 Elizabeth Daubner	10	Princeton	2:57.65
22 Shaina Christensen	12	Milaca	3:08.71

Girls 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Clara Schad	11	St. Cloud Ca	5:20.42
2 Isabel Kraemer	9	Rocori	5:25.10
3 Emily Baker	11	Zimmerman	5:29.96
4 Olivia Minear	11	Annandale	5:30.28
5 Elise Hofer	9	Rocori	5:33.17
6 Lilly Jamison	9	St. Cloud Ca	5:35.63
7 Lydia Anderson	8	Foley	5:41.35
8 Brooklyn Karel	12	Becker	5:41.62
9 Julia Daubner	12	Princeton	5:41.97
10 Mariah Klippenes	10	Annandale	5:52.79
11 Meghan Swanson	12	Becker	5:57.12
12 Bella Hernandez	11	Eden Valley-	6:00.92
13 Katheryn Donnay	12	Eden Valley-	6:04.83
14 Ava Meyer	8	Spectrum	6:07.93
15 Kirsten Batien	8	Milaca	6:11.00
16 Addison Dahler	9	Foley	6:13.41
17 Bella Sahlstrom	10	Milaca	6:16.54
18 Emilee Doperalski	11	Big Lake	6:22.22
19 Meisha Person	10	Spectrum	6:28.11
20 Brianna Stanina	10	Zimmerman	6:36.24
21 Lilyana Stuart	9	Princeton	7:03.25
22 Rylie Ostrom	11	Big Lake	7:07.85

Girls 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Hannah Boese	9	Spectrum	11:30.94
2 Hope Beck	9	Spectrum	11:36.89
3 Hailee Zimpel	12	Zimmerman	11:43.72
4 Clara Schad	11	St. Cloud Ca	11:50.79
5 Elise Hofer	9	Rocori	11:53.61
6 Laina Viere	12	Rocori	12:03.13
7 Imari Herrmann	12	Annandale	12:16.35
8 Lilly Jamison	9	St. Cloud Ca	12:22.14
9 Lydia Anderson	8	Foley	12:29.95
10 Julia Daubner	12	Princeton	12:33.75
11 Olivia Babler	11	Becker	12:37.95
12 Abby Atwood	10	Becker	12:56.01
13 Lindsay Peters	10	Zimmerman	13:01.95
14 Bella Hernandez	11	Eden Valley-	13:19.43
15 Lindsay Minear	9	Annandale	13:21.55
16 Emilee Doperalski	11	Big Lake	13:45.25
17 Brooklyn Molitor	9	Eden Valley-	14:25.16
18 Holly Braun	11	Foley	14:36.22
19 Sophie Schlenker	8	Milaca	14:38.62

20 Elsa Wogen	10	Princeton	15:18.51
21 Maia Wenderski	9	Big Lake	15:27.47

Girls 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Cecelia Woods	12	Rocori	14.92
2 Brielle Kuechle	12	Eden Valley-	15.77
3 Jocelyn Zoller	10	Eden Valley-	16.50
4 Lillian Koenig	10	Princeton	17.49
5 Rylee O'Konek	10	Annandale	17.57
6 Avery Jacobson	10	Rocori	17.62
7 Raelee Lyon	9	Becker	17.66
8 Leah Uphoff	8	Big Lake	18.14
9 Cecilia Klimek	10	Annandale	18.33
10 Brittney Lueck	10	Princeton	18.49
11 Daija Schwartz	9	Milaca	18.69
12 Madeline Adkisson	10	Foley	18.74
13 Alivia Voss	9	Big Lake	18.79
14 Natasha Albrecht	9	Milaca	18.81
15 Hailey Becker	12	Zimmerman	18.92
16 Mary Watry	10	St. Cloud Ca	18.99
17 Emma Jamison	10	St. Cloud Ca	19.24
18 Sophie Nelson	9	Foley	19.73
19 Lauren Woelfel	11	Becker	20.83
20 Sarah Smith	10	Spectrum	21.83
--- Ava Beaudry	12	Spectrum	DQ

Girls 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Jocelyn Zoller	10	Eden Valley-	47.86
2 Avery Jacobson	10	Rocori	50.59
3 Lillian Koenig	10	Princeton	51.35
4 Natasha Albrecht	9	Milaca	51.75
5 Rylee O'Konek	10	Annandale	52.02
6 Chelsea Willenbring	7	Rocori	52.08
7 Katie Ruhland	12	Eden Valley-	52.28
8 Emma Jamison	10	St. Cloud Ca	52.79
9 Raelee Lyon	9	Becker	52.91
10 Madeline Adkisson	10	Foley	53.26
11 Regan Hausmann	12	Becker	53.43
12 Mary Watry	10	St. Cloud Ca	55.33
13 Sophie Nelson	9	Foley	55.88
14 Addison Sluis	10	Milaca	56.77
15 Sarah Smith	10	Spectrum	56.82
16 Maggie Novotny	9	Spectrum	57.58
17 Brittney Lueck	10	Princeton	57.82
18 Cecilia Klimek	10	Annandale	58.18
19 Hailey Becker	12	Zimmerman	58.78
20 Lexi Kapsner	10	Big Lake	59.42
21 Kayleigh Pregler	9	Big Lake	1:01.59

Section 5AA True Team

Rocori - 5/9/2023

Results

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1	Foley	51.02
2	Eden Valley-	51.52
3	Rocori	51.56
4	Milaca	51.60
5	Becker	52.45
6	St. Cloud Cathedral	52.80
7	Spectrum	52.90
8	Zimmerman	53.71
9	Princeton	54.47
10	Annandale	54.68
11	Big Lake	57.69
12	St. Cloud Apollo	1:05.21

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1	Foley	1:46.80
2	St. Cloud Cathedral	1:48.06
3	Rocori	1:48.83
4	Eden Valley-	1:50.53
5	Becker	1:50.72
6	Annandale	1:51.47
7	Zimmerman	1:52.02
8	Spectrum	1:52.79
9	Milaca	1:55.42
10	Big Lake	1:57.24
11	Princeton	2:05.47
12	St. Cloud Apollo	2:10.17

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1	Eden Valley-	4:07.96
2	Foley	4:13.38
3	St. Cloud Cathedral	4:15.86
4	Rocori	4:16.48
5	Spectrum	4:20.49
6	Becker	4:22.57
7	Milaca	4:27.40
8	Annandale	4:35.95
9	Zimmerman	4:36.81
10	Princeton	4:40.10
11	St. Cloud Apollo	4:47.64
12	Big Lake	4:56.20

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1	Rocori	9:58.93
2	Eden Valley-	10:11.32
3	Annandale	10:13.43
4	Becker	10:24.15

5	Spectrum	10:46.11
6	Zimmerman	10:52.17
7	St. Cloud Cathedral	10:54.63
8	Foley	11:03.14
9	St. Cloud Apollo	11:08.51
10	Big Lake	11:37.93
11	Milaca	11:45.33
12	Princeton	12:22.99

Girls High Jump

Name	Yr	School	Finals
Finals			
1	Ellie Becker	10 Eden Valley-	5-02.00
2	Kyleigh Noble	9 Princeton	5-02.00
3	Ava Thoennes	11 Rocori	5-00.00
4	Marissa Rotz	11 Zimmerman	4-10.00
4	Greta Peterson	11 St. Cloud Ca	4-10.00
6	Bella Kuschel	10 Becker	4-08.00
6	Lindsey Hohmann	8 Princeton	4-08.00
8	Sydney Kiffmeyer	12 Rocori	4-08.00
8	Katrina Schutz	11 Eden Valley-	4-08.00
10	Lillian Voss	10 Milaca	4-08.00
11	Rose Marlette	9 St. Cloud Ca	4-08.00
12	Abby Anderson	12 Milaca	4-08.00
13	Adelyn Johnson	9 Annandale	4-06.00
14	Sarah Smith	10 Spectrum	4-06.00
15	Isabelle Valencia	11 Zimmerman	4-04.00
15	Jezebel Dimaze	11 Spectrum	4-04.00
15	Alivia Voss	9 Big Lake	4-04.00
18	Katelyn Brower	9 Becker	4-04.00
18	Thelia Johnson	10 Annandale	4-04.00
20	Alayna Boe	10 Big Lake	4-04.00
21	Marley Wheeler	12 Foley	4-02.00
22	Angel Goble	8 Foley	4-02.00

Girls Pole Vault

Name	Yr	School	Finals
Finals			
1	Taylor Bockoven	9 Milaca	11-00.00
2	Lauren Woelfel	11 Becker	10-00.00
3	Ava Novak	11 Foley	9-06.00
4	Reina Mikla	12 Milaca	9-06.00
5	Emily Novak	11 Foley	9-06.00
6	Faith Kremer	12 Rocori	9-00.00
7	Katelyn Utecht	12 Eden Valley-	8-06.00
8	Katelyn Motter	11 Rocori	8-06.00
9	Leya Teicher	12 Eden Valley-	8-00.75
9	Lauren Swanson	11 Zimmerman	8-00.00
11	Mary Watry	10 St. Cloud Ca	8-00.00
12	Ava Torborg	12 St. Cloud Ca	7-06.00
13	Laila Cook	9 Becker	7-00.00
14	Kayla Holte	12 Annandale	7-00.00
15	Elia Happe	10 Annandale	6-06.00

Section 5AA True Team

Rocori - 5/9/2023

Results

Girls Long Jump

Name	Yr	School	Finals
Finals			
1	Ava Thoennes	11 Rocori	17-04.50
2	Brielle Kuechle	12 Eden Valley-	16-11.00
3	Emily Novak	11 Foley	16-02.25
4	Carlie Hermes	9 Annandale	16-00.00
5	Ellie Kuechle	12 Eden Valley-	15-11.50
6	Avery Jacobson	10 Rocori	15-02.75
7	Livvy Sylvester	10 Annandale	15-00.50
8	Ashley Kollie	10 Spectrum	14-11.25
9	Grace McCrone	12 Big Lake	14-06.00
10	Hailey Becker	12 Zimmerman	14-05.25
11	Samantha Paulsen	12 Zimmerman	14-03.50
12	Samantha Meyer	11 Milaca	13-11.75
13	Abby Atwood	10 Becker	13-11.50
14	Ava Palmieri	12 Spectrum	13-11.00
15	Madelynn Behning	11 Princeton	13-08.00
16	Destinee Jones	10 St. Cloud Ca	13-07.50
17	Olivia Wahlin	10 St. Cloud Ca	13-05.00
18	Kylee Morton	11 Becker	13-03.00
19	Madeline Adkisson	10 Foley	12-11.75
20	Raina White	11 Big Lake	12-11.50
21	Esther Evans	10 Milaca	11-06.50
22	Arianny Mezquita	9 St. Cloud Ap	9-01.50
---	Brynne Emmerich	9 Princeton	FOUL
---	Sofia Kowalkowski	10 St. Cloud Ap	FOUL

Girls Triple Jump

Name	Yr	School	Finals
Finals			
1	Carlie Hermes	9 Annandale	35-03.50
2	Kate Van Erp	10 Rocori	34-04.75
3	Emily Novak	11 Foley	32-09.50
4	Destinee Jones	10 St. Cloud Ca	31-06.00
5	Mara Wahlin	10 St. Cloud Ca	31-03.50
6	McKenna Moehrle	12 Eden Valley-	31-00.00
7	Katrina Schutz	11 Eden Valley-	30-09.25
8	Chelsea Willenbring	7 Rocori	30-05.50
9	Josie Reckelberg	7 Becker	29-09.75
10	Lauren Woelfel	11 Becker	29-08.25
11	Brittney Lueck	10 Princeton	29-03.00
12	Kaisa Hogan	11 Zimmerman	29-02.00
13	Sydney Nelson	9 Princeton	29-00.50
14	Kiera Wiley	11 Zimmerman	28-06.25
15	Abby Anderson	12 Milaca	28-04.00
16	Raina White	11 Big Lake	28-01.00
17	Alaina Burney	9 Spectrum	28-00.50
18	Liz Thorsten	9 Foley	27-09.25
19	Alexa Anderson	10 Milaca	27-04.25
20	Thelia Johnson	10 Annandale	27-03.00
21	Ashley Kollie	10 Spectrum	27-00.25
---	Ellyanna Ratliff	9 Big Lake	FOUL

Girls Shot Put

Name	Yr	School	Finals
Finals			
1	Brianna Schneider	10 Rocori	38-09.25
2	Paige Mueffelmann	11 Rocori	35-00.00
3	Lynae Walker	12 Spectrum	34-05.50
4	Kate Jonas	12 Annandale	32-09.00
5	Ella Duevel	11 Foley	31-09.00
6	Samantha Paulsen	12 Zimmerman	31-02.75
7	Katie Ruhland	12 Eden Valley-	30-07.50
8	Alicia Langbehn	12 Annandale	30-06.00
9	Addison Greninger	11 Milaca	29-06.00
10	Olivia Maunu	10 Becker	29-05.50
11	Kristen Hilbert	12 Eden Valley-	29-03.50
12	Lucille Hanson	11 Spectrum	29-02.00
13	Paishynce Hudkins	11 Princeton	28-09.75
14	Madeline Hallberg	12 Princeton	28-04.50
15	Elaine Truebenbach	12 Milaca	28-03.50
16	Kiera Osborne	11 Foley	27-11.00
17	Samantha Adams	12 St. Cloud Ap	27-04.00
18	Tatum Hupalo	12 Zimmerman	26-01.00
19	Grace Olson	12 Big Lake	25-05.50
20	Delaney Varney	12 Becker	24-10.00
21	Lucy Heringlake	9 St. Cloud Ap	24-00.00
22	Hailey Anderson	12 Big Lake	23-11.00
23	Emily Primus	10 St. Cloud Ca	21-01.00
24	Mya Schibonski	12 St. Cloud Ca	20-03.00

Girls Shot Put Wheelchair

Name	Yr	School	Finals
Finals			
1	Tayla Gassman	9 Big Lake	15-02.00

Girls Discus Throw Wheelchair

Name	Yr	School	Finals
Finals			
1	Tayla Gassman	9 Big Lake	33-00

Girls Discus Throw

Name	Yr	School	Finals
Finals			
1	Brianna Schneider	10 Rocori	114-01
2	Ella Duevel	11 Foley	109-08
3	Lexi Myers	12 Eden Valley-	95-04
4	Paige Mueffelmann	11 Rocori	94-08
5	Mallory Evans	11 Eden Valley-	93-01
6	Alicia Langbehn	12 Annandale	92-02
7	Emma Daniels	9 Annandale	90-09
8	Tatum Hupalo	12 Zimmerman	87-10
9	Samantha Adams	12 St. Cloud Ap	86-11
10	Olivia Maunu	10 Becker	85-05
11	Lucille Hanson	11 Spectrum	78-07
12	Clara Foss	9 Foley	77-08
13	Joelle Lentz	12 Big Lake	76-06
14	Elaine Truebenbach	12 Milaca	73-04

Section 5AA True Team

Rocori - 5/9/2023

Results

Finals ... (Girls Discus Throw)

Name	Yr	School	Finals
15 Winnie Sjoquist	12	Princeton	70-00
16 Lynae Walker	12	Spectrum	69-08
17 Abby Klopp	11	Zimmerman	69-02
18 Hailey Anderson	12	Big Lake	66-03
19 Rylea Hausmann	9	Becker	60-08
20 Addison Greninger	11	Milaca	60-02
21 Emma Jamison	10	St. Cloud Ca	57-03
22 Taylor Knadel	9	St. Cloud Ap	56-04
23 Mya Schibonski	12	St. Cloud Ca	53-02
24 Isabel Hovis	9	Princeton	45-04

Boys 100 Meter Dash

Name	Yr	School	Finals
1 Caden Spence	12	Zimmerman	11.29
2 Will Steil	11	Rocori	11.40
3 Evan Morris	11	Foley	11.46
4 Logan Eisele	12	Becker	11.60
5 Jamison Waknitz	12	Spectrum	11.61
6 Jacob Eickhoff	12	St. Cloud Ca	11.64
7 CJ Mikely	10	Big Lake	11.64
8 Mason Dahl	12	Rocori	11.73
9 Mason Spence	9	Zimmerman	11.80
10 Joe Healy	11	Annandale	11.82
11 Kyle Ginther	12	Big Lake	11.85
12 Hunter Merritt	12	Princeton	11.88
13 Peyton Hooper	11	Eden Valley-	11.97
14 Micah Matthews	12	Spectrum	11.99
15 Bangaly Kaba	12	St. Cloud Ap	12.03
16 Kellen Kinzer	12	St. Cloud Ca	12.05
17 Mitchell Soltau	10	Becker	12.06
18 Ashton Edmonson	12	Annandale	12.16
19 Bryce Lyrek	11	Eden Valley-	12.26
20 Trace Hasz	12	Milaca	12.41
21 Dillon Taylor	12	Princeton	12.59
22 Tom Novak	11	Foley	12.67
23 Logan Vasek	11	St. Cloud Ap	12.76
24 Ayden Totzke	9	Milaca	12.87

Boys 200 Meter Dash

Name	Yr	School	Finals
1 Caden Spence	12	Zimmerman	22.19
2 Will Steil	11	Rocori	22.63
3 Logan Eisele	12	Becker	22.64
4 Carter Reckelberg	10	Becker	22.67
5 Graham Zuehlke	11	Annandale	22.69
6 Jacob Eickhoff	12	St. Cloud Ca	22.78
7 CJ Mikely	10	Big Lake	23.20
8 Jonathan Greig	12	Spectrum	23.36
9 Hunter Nistler	12	Rocori	23.51
10 Evan Morris	11	Foley	23.63
11 Peyton Hooper	11	Eden Valley-	23.63
12 Nick Steinfeldt	11	Spectrum	23.66

13 Mason Spence	9	Zimmerman	23.81
14 Bryce Lyrek	11	Eden Valley-	24.09
15 Carter Pemberton	12	Princeton	24.10
16 Bryan Martinez	11	Annandale	24.22
17 Blake Newiger	11	St. Cloud Ca	24.35
18 Yoseb Brewer	12	St. Cloud Ap	24.43
19 Jermaine Vickstrom	12	Princeton	24.46
20 Ben Sellner	12	Big Lake	24.81
21 Abdikafi Salad	10	St. Cloud Ap	25.25
22 Trace Hasz	12	Milaca	25.72
23 Benjamin Schefers	9	Foley	26.58
24 Nathan Gleiter	9	Milaca	26.95

Boys 400 Meter Dash

Name	Yr	School	Finals
1 Jonah Hviding	12	Princeton	49.86
2 Graham Zuehlke	11	Annandale	50.02
3 Jacob Eickhoff	12	St. Cloud Ca	50.73
4 Joel Bouley	12	Zimmerman	53.37
5 Spencer Vold	12	Big Lake	53.56
6 Gabe Johnson	12	Rocori	54.50
7 Alex Weiss	12	Becker	54.69
8 Chase David	10	Foley	54.96
9 Owen Anderson	11	St. Cloud Ca	54.97
10 Kasen Nelson	8	Princeton	55.00
11 Jayden Garcia	9	Rocori	55.05
12 Owen Fahey	11	Annandale	55.19
13 Carter Thein	12	Spectrum	55.30
14 Charley Fish	12	Eden Valley-	56.02
15 Peyton Hooper	11	Eden Valley-	56.17
16 Josh Kennedy	11	Big Lake	56.88
17 Jack Patnode	10	Milaca	57.13
18 Holden Dvorak	10	Spectrum	57.46
19 Evan Hubbard	9	Becker	57.57
20 Alex Lietha	12	Zimmerman	57.71
21 Noah Mix	10	Foley	58.83
22 Griffin Nelson	9	Milaca	1:04.11

Boys 800 Meter Run

Name	Yr	School	Finals
1 Jack Leuer	10	Big Lake	1:57.56
2 Tyson Ricker	12	Becker	1:59.18
3 Henry Ebel	12	St. Cloud Ca	2:00.53
4 Will Massman	12	Annandale	2:02.72
5 Benjamin Fromelt	12	St. Cloud Ca	2:02.84
6 Vincent Kaluza	12	Rocori	2:02.94
7 Adam Schreder	12	Princeton	2:03.14
8 Domanic Dick	12	Spectrum	2:04.74
9 Kade Layton	12	Big Lake	2:05.94
10 Joel Bouley	12	Zimmerman	2:07.84
11 Conner Quigley	11	Princeton	2:08.34
12 John Fischer	9	Spectrum	2:08.84
13 Gavin Kadlec	11	Foley	2:10.24
14 Dylan Mick	11	Rocori	2:10.94

Section 5AA True Team

Rocori - 5/9/2023

Results

Finals ... (Boys 800 Meter Run)

Name	Yr	School	Finals
15 Alex Kinney	10	Becker	2:12.84
16 Griffin Zuehlke	9	Annandale	2:18.14
17 Broden Thielen	11	Eden Valley-	2:20.14
18 Ethan Asher	10	Milaca	2:20.24
19 Nicholas Clark	11	St. Cloud Ap	2:23.24
20 Dylan Greninger	12	Milaca	2:24.24
21 Andrew Hennen	12	Eden Valley-	2:27.24
22 Luke Westphal	12	Zimmerman	2:37.34
23 Ray Knosalla	12	Foley	2:51.84

Boys 1600 Meter Run

Name	Yr	School	Finals
1 Jack Leuer	10	Big Lake	4:20.02
2 Tyson Ricker	12	Becker	4:23.43
3 Vincent Kaluza	12	Rocori	4:25.85
4 Kade Layton	12	Big Lake	4:31.68
5 Griffen Ward	11	St. Cloud Ca	4:36.76
6 Henry Lemke	10	Eden Valley-	4:37.33
7 Parker Spindler	9	Becker	4:45.73
8 Connor Hanson	11	St. Cloud Ca	4:48.44
9 Gavin Kivisto	12	Princeton	4:51.61
10 Ryan Neuman	12	Annandale	4:56.01
11 Brody Sieben	9	Rocori	4:57.26
12 Logan Ylinen	7	St. Cloud Ap	4:58.01
13 Marco Gordon	10	St. Cloud Ap	4:58.67
14 Ryan Guntzel	9	Spectrum	5:03.42
15 Rander Draheim	9	Princeton	5:08.08
16 Tyler Wick	12	Zimmerman	5:08.57
17 Rollie Steinbrecher	10	Milaca	5:09.10
18 Noah Mix	10	Foley	5:09.60
19 Jaden Nemeth	12	Spectrum	5:15.09
20 Jackson Fink	12	Eden Valley-	5:32.19
21 Cody Sneller	10	Annandale	5:35.85
22 Gabriel Jergens	11	Milaca	5:46.36
23 Brooks Hovland	8	Foley	5:59.62
24 Austen Luke	9	Zimmerman	6:21.50

Boys 3200 Meter Run

Name	Yr	School	Finals
1 Owen Layton	11	Big Lake	9:27.96
2 Sal Wirth	10	Annandale	9:42.69
3 Henry Lemke	10	Eden Valley-	9:59.40
4 Griffen Ward	11	St. Cloud Ca	10:07.35
5 Tanon Jacobson	12	Big Lake	10:23.25
6 Parker Spindler	9	Becker	10:37.32
7 Jaymis Bauer	11	Rocori	10:49.12
8 Gavin Kivisto	12	Princeton	10:57.41
9 James Kohl	12	Princeton	11:14.72
10 Caleb Zabinski	11	Rocori	11:16.36
11 Kaleb Jones	8	Spectrum	11:17.78
12 Alex Swanson	10	Becker	11:26.87
13 Liam Scanlon	9	St. Cloud Ca	11:33.55

14 Grant Anderson	8	Foley	11:34.15
15 Alex TenHaken	8	Milaca	11:37.51
16 Jake Larson	12	Spectrum	11:47.80
17 Gavin Arnes	9	Eden Valley-	11:57.05
18 Jack Bouley	9	Zimmerman	11:58.96
19 Easton Zeidler	11	Annandale	12:08.32
20 Thomas Leom	11	Milaca	12:18.95
21 Drake Nelson	11	Zimmerman	12:27.39
22 Eli Sutton	10	St. Cloud Ap	12:45.23
23 Preston Holewa	9	Foley	13:05.68

Boys 110 Meter Hurdles

Name	Yr	School	Finals
1 Owen Angell	10	Becker	15.63
2 Emanuel Kutzera	12	St. Cloud Ca	16.01
3 Devon Bragg	11	Princeton	16.36
4 Darius Alston	10	Annandale	17.01
5 Jimmy Paulson	11	Spectrum	17.16
6 Wyatt Tschida	12	Zimmerman	17.22
7 Corbin Vaale	10	Zimmerman	17.62
8 Mitch Thell	12	Foley	17.75
9 Charlie Madison	12	Big Lake	17.97
10 Noah Weekes	11	St. Cloud Ap	18.10
11 Keaton Miller	10	Annandale	18.18
12 Travis Boyle	12	Foley	18.40
13 Grayson Drontle	12	Rocori	18.52
14 Wuoson Nehwah	11	Big Lake	18.61
15 Eli Shoemaker	9	Milaca	18.87
16 Hunter Youngdahl	10	Becker	18.93
17 Mason Nyhammer	11	Rocori	19.33
18 Daniel Heuring	11	Eden Valley-	19.66
19 Jed Spaulding	10	Eden Valley-	19.67
20 Harrison Hultman	10	Milaca	19.95
21 Logan Frette	9	Spectrum	20.15
22 Robert Dorn	12	St. Cloud Ca	20.77
23 Cody Adams	11	St. Cloud Ap	24.33

Boys 300 Meter Hurdles

Name	Yr	School	Finals
1 Emanuel Kutzera	12	St. Cloud Ca	41.28
2 Owen Angell	10	Becker	41.38
3 Darius Alston	10	Annandale	42.23
4 Bangaly Kaba	12	St. Cloud Ap	43.24
5 Preston Senne	12	Princeton	43.49
6 Grayson Drontle	12	Rocori	43.83
7 Wyatt Tschida	12	Zimmerman	44.07
8 Devon Bragg	11	Princeton	44.48
9 Wuoson Nehwah	11	Big Lake	44.57
10 Noah Weekes	11	St. Cloud Ap	45.07
11 Jack Suiter	12	Spectrum	45.89
12 Charlie Madison	12	Big Lake	45.99
13 Jimmy Paulson	11	Spectrum	46.10
14 Keaton Miller	10	Annandale	46.60
15 Hunter Youngdahl	10	Becker	46.85

Section 5AA True Team

Rocori - 5/9/2023

Results

Finals ... (Boys 300 Meter Hurdles)			
Name	Yr	School	Finals
16	Mason Nyhammer	11 Rocori	47.19
17	Quinn Miley	12 St. Cloud Ca	47.31
18	Mitch Thell	12 Foley	47.35
19	Corbin Vaale	10 Zimmerman	47.44
20	Nazareth Evans	9 Milaca	48.96
21	Eli Shoemaker	9 Milaca	49.07
22	Daniel Heuring	11 Eden Valley-	49.61
23	Travis Boyle	12 Foley	50.80
24	Jed Spaulding	10 Eden Valley-	53.29

Boys 4x100 Meter Relay		
Team	Relay	Finals
Finals		
1	Rocori	43.94
2	Becker	44.12
3	Spectrum	45.00
4	Princeton	45.54
5	Annandale	46.63
6	Big Lake	47.08
7	St. Cloud Cathedral	47.31
8	St. Cloud Apollo	47.49
9	Milaca	47.82
10	Eden Valley-	48.37
11	Foley	50.45
12	Zimmerman	52.55

Boys 4x200 Meter Relay		
Team	Relay	Finals
Finals		
1	Spectrum	1:33.71
2	Big Lake	1:34.51
3	Rocori	1:34.71
4	Becker	1:35.95
5	Foley	1:37.73
6	St. Cloud Cathedral	1:37.92
7	Princeton	1:38.46
8	Eden Valley-	1:39.30
9	Annandale	1:39.42
10	Zimmerman	1:40.65
11	Milaca	1:42.66
12	St. Cloud Apollo	1:45.97

Boys 4x400 Meter Relay		
Team	Relay	Finals
Finals		
1	Princeton	3:30.98
2	Zimmerman	3:31.69
3	St. Cloud Cathedral	3:32.53
4	Annandale	3:36.93
5	Big Lake	3:37.93
6	Foley	3:39.78
7	Rocori	3:41.54
8	Spectrum	3:43.46
9	Milaca	3:53.23

10	Eden Valley-	3:55.25
---	St. Cloud Apollo	DQ
---	Becker	DQ

Boys 4x800 Meter Relay		
Team	Relay	Finals
Finals		
1	Annandale	8:23.49
2	Princeton	8:29.24
3	Big Lake	8:39.45
4	Rocori	8:54.98
5	Becker	8:57.06
6	St. Cloud Cathedral	8:57.99
7	Milaca	9:21.54
8	Spectrum	9:32.46
9	Eden Valley-	9:38.07
10	Foley	9:43.93
11	Zimmerman	9:51.92

Boys High Jump			
Name	Yr	School	Finals
Finals			
1	Jairus Sorensen	12 Spectrum	6-00.00
2	Carson Kunz	12 Big Lake	5-10.00
3	Carter Thein	12 Spectrum	5-08.00
4	Michael Kovall	9 Annandale	5-08.00
5	Aaron Keykal	12 Princeton	5-06.00
6	Wuuson Nehwah	11 Big Lake	5-06.00
6	Grant Tylutki	10 Rocori	5-06.00
8	Emanuel Kutzera	12 St. Cloud Ca	5-04.00
8	Julius Hendricks	12 Becker	5-04.00
10	Andrew Hennen	12 Eden Valley-	5-04.00
11	Henry Paulsen	12 Zimmerman	5-04.00
12	Hunter Youngdahl	10 Becker	5-04.00
12	Teagan Duevel	12 Foley	5-04.00
14	Trace Hasz	12 Milaca	5-04.00
15	Carter Scheeler	10 Eden Valley-	5-04.00
16	Hunter Dvorsak	12 St. Cloud Ap	5-02.00
16	Robert Dorn	12 St. Cloud Ca	5-02.00
18	Xavier Jones	12 Annandale	5-02.00
19	Broderic Woods	9 Rocori	5-00.00
20	Lane Waurio	9 Milaca	4-10.00
---	Cody Adams	11 St. Cloud Ap	NH
---	Bryce Fehrmann	8 Princeton	NH
---	Ethan Novak	12 Foley	NH

Boys Pole Vault			
Name	Yr	School	Finals
Finals			
1	Owen Angell	10 Becker	14-06.00
2	Ethan Novak	12 Foley	13-06.00
3	Cadyn Miller	11 Princeton	13-00.00
4	Spencer Vold	12 Big Lake	12-06.00
5	Henry Paulsen	12 Zimmerman	11-00.00
6	Corbin Vaale	10 Zimmerman	11-00.00
7	Blake Fleege	11 St. Cloud Ca	10-06.00

Section 5AA True Team

Rocori - 5/9/2023

Results

Finals ... (Boys Pole Vault)

Name	Yr	School	Finals
8 Sebastian Novak	12	Rocori	10-06.00
9 Alexander Chirhart	10	Rocori	10-06.00
10 Majade Cross	11	Foley	10-06.00
11 Nolan Muellner	12	Becker	9-06.00
12 William Riggs	12	Princeton	9-06.00
13 Daniel Heuring	11	Eden Valley-	9-06.00
14 Gavin Vold	10	Big Lake	9-00.00
15 Isaak Rust	12	Annandale	8-00.00
15 Jack Suiter	12	Spectrum	8-00.00
15 Caden Schimelpfenig	9	Annandale	8-00.00
18 Robert Christensen	11	Spectrum	8-00.00
--- Carter Scheeler	10	Eden Valley-	NH
--- Robert Dorn	12	St. Cloud Ca	NH

Boys Long Jump

Name	Yr	School	Finals
1 Carter Reckelberg	10	Becker	20-08.00
2 Julius Hendricks	12	Becker	19-09.50
3 Kyle Ginther	12	Big Lake	19-09.50
4 Grant Tylutki	10	Rocori	19-09.25
5 Noah Johnson	11	Rocori	19-07.00
6 Aaron Keykal	12	Princeton	19-03.50
7 Cameron Ehlert	12	St. Cloud Ca	19-01.25
8 CJ Mikely	10	Big Lake	19-01.25
9 Tyson Shoberg	12	Annandale	18-08.50
10 Ethan Novak	12	Foley	18-07.75
11 Elijah Miller	9	Spectrum	18-04.50
12 Jed Spaulding	10	Eden Valley-	18-03.75
13 Peyton Hooper	11	Eden Valley-	17-11.50
14 Reese Strube	12	Princeton	17-10.25
15 Nick Steinfeldt	11	Spectrum	17-09.50
16 Wyatt Tschida	12	Zimmerman	17-05.25
17 Brayden Bushel	12	Annandale	17-03.25
18 Michael Phan	11	St. Cloud Ca	17-02.25
19 Andrew Funt	10	Foley	17-00.50
20 Braydon Weekley	11	St. Cloud Ap	16-04.50
21 Ethan Asher	10	Milaca	16-02.25
22 Ayden Totzke	9	Milaca	16-00.50
23 Jeandiel Rosario Costas	10	St. Cloud Ap	15-09.50
24 Wyatt Wick	9	Zimmerman	15-01.50

Boys Triple Jump

Name	Yr	School	Finals
1 Carter Reckelberg	10	Becker	40-02.50
2 Jairus Sorensen	12	Spectrum	39-09.00
3 Jimmy Paulson	11	Spectrum	39-02.25
4 Bryan Martinez	11	Annandale	39-01.25
5 Kyle Ginther	12	Big Lake	38-11.75
6 Michael Phan	11	St. Cloud Ca	38-10.25
7 Bangaly Kaba	12	St. Cloud Ap	38-09.00
8 Noah Johnson	11	Rocori	38-04.25
9 Jackson Viemeister	10	Rocori	38-02.50

10 Kamryn Helget	9	Annandale	37-08.00
11 Clay Anderson	12	Milaca	36-09.75
12 Andrew Funt	10	Foley	36-08.75
13 Tyler Wick	12	Zimmerman	36-06.50
14 Jed Spaulding	10	Eden Valley-	36-03.50
15 Carson Kunz	12	Big Lake	36-02.00
16 Blake Newiger	11	St. Cloud Ca	35-11.50
17 Reese Strube	12	Princeton	35-10.50
18 Carter Scheeler	10	Eden Valley-	35-02.50
19 Devon Bragg	11	Princeton	35-00.50
20 Benjamin Schefers	9	Foley	34-10.50
21 Harrison Hultman	10	Milaca	34-01.75
22 Ryan Zabinski	10	Becker	33-11.25
23 Wyatt Wick	9	Zimmerman	32-01.25
24 Juanma Gomez Segado	11	St. Cloud Ap	28-05.50

Boys Shot Put

Name	Yr	School	Finals
1 Grady Minnerath	11	Rocori	50-00.50
2 Luke Dockendorf	12	Rocori	48-05.00
3 Hunter Bockoven	12	Milaca	45-02.50
4 Evan Powell	12	Eden Valley-	44-06.50
5 Gavin Wang	10	Annandale	44-03.00
6 Andy Becker	11	Eden Valley-	43-09.00
7 Wyatt Schuler	12	Foley	42-06.00
8 Davis Artisensi-Skime	12	Zimmerman	41-11.50
9 Anthony Hoagland	10	St. Cloud Ap	41-05.00
10 Diego Maldonado	11	St. Cloud Ap	41-05.00
11 Jamison Waknitz	12	Spectrum	40-10.00
12 Aidan Vaale	12	Zimmerman	40-07.50
13 Teagan Duevel	12	Foley	40-04.50
14 Colbee Zens	12	Milaca	39-07.00
15 Kevin Boeke	10	Princeton	38-09.00
16 Zach Milner	12	Annandale	38-08.00
17 Johnathan Boecker	10	Becker	36-11.00
18 Riley Thompson	12	Big Lake	36-08.50
19 Cade Barringer	10	Becker	33-11.50
20 Jose Cortez-Sanchez	12	Big Lake	33-09.75
21 Micah Matthews	12	Spectrum	33-04.00
22 Evan Tetrault	11	St. Cloud Ca	33-03.00
23 Brandon Reuter	11	St. Cloud Ca	33-00.00
24 Robert Davidson	10	Princeton	28-10.00

Boys Discus Throw

Name	Yr	School	Finals
1 Teagan Duevel	12	Foley	136-00
2 Luke Dockendorf	12	Rocori	133-04
3 Gavin Wang	10	Annandale	132-02
4 Noah Stommes	11	Eden Valley-	128-10
5 Aidan Vaale	12	Zimmerman	128-09
6 Mason Orth	11	Rocori	119-11
7 Riley Thompson	12	Big Lake	119-06
8 Joel Bouley	12	Zimmerman	116-08
9 Evan Tetrault	11	St. Cloud Ca	112-09

Section 5AA True Team

Rocori - 5/9/2023

Results

Finals ... (Boys Discus Throw)

	Name	Yr	School	Finals
10	Zach Milner	12	Annandale	112-01
11	Diego Maldonado	11	St. Cloud Ap	110-08
12	Andrew Lueders	12	Eden Valley-	109-04
13	Jack Kiloran	12	Foley	107-01
14	Cody Adams	11	St. Cloud Ap	104-03
15	Johnathan Boecker	10	Becker	100-02
16	Logan Ash	12	Milaca	99-07
17	Cade Barringer	10	Becker	94-04
18	Micah Matthews	12	Spectrum	93-10
19	Jose Cortez-Sanchez	12	Big Lake	93-05
20	Brayden Sonnek	12	Milaca	93-00
21	Cameron Adams	11	Princeton	87-09
22	Kevin Boeke	10	Princeton	80-02
23	Elijah Sorenson	9	Spectrum	75-11
24	Brandon Reuter	11	St. Cloud Ca	75-10

Women - Team Rankings - 22 Events Scored

1)	Rocori	706.5
2)	Eden Valley-Watkins/Kimball	638
3)	St. Cloud Cathedral	526.5
4)	Foley	518
5)	Annandale	487.5
6)	Becker	465
7)	Milaca	385
8)	Spectrum	380
9)	Zimmerman	360
10)	Princeton	295.5
11)	Big Lake	211
12)	St. Cloud Apollo	78

Men - Team Rankings - 18 Events Scored

1)	Rocori	590.5
2)	Big Lake	555.5
3)	Becker	525
4)	Annandale	504
5)	St. Cloud Cathedral	471
6)	Spectrum	454
7)	Princeton	453
8)	Zimmerman	397
9)	Foley	353.5
10)	Eden Valley-Watkins/Kimball	346
11)	Milaca	219
12)	St. Cloud Apollo	218.5