



Northern California Junior Lacrosse Association & Livermore Phantom Lacrosse Club

Parent Code of Conduct

The essential elements of character building and ethics in sports are embodied in the concepts of sportsmanship and six core principles:

- Trustworthiness
- Respect
- Responsibility
- Fairness
- Caring
- Good citizenship

The highest potential of sports is achieved when competition reflects these “six pillars of character.” I therefore agree:

To be trustworthy and responsible

- I will inform the Club Administrator and coach of any physical disability or ailment that might affect the safety of my child or the safety of others. I will work with them to develop a plan to safety include my child in their program.
- I will learn and follow the requirements of the Return to Play Protocol for children suspected of a serious injury or concussion.
- I will support my child’s coach by having my child adequately prepared and on time to practices and games.
- I will cooperate with the league and my club in the enforcement of rules and regulations, and I will report all suspected violations of any rules, regulations and/or policies.
- I will learn and abide by the rules of lacrosse and the policies of my club and the league including but not limited to:
 - NCJLA Play Out of Area Process
 - NCJLA Athlete Interaction Policy
 - NCJLA Age Eligibility Guidelines

To demonstrate respect and good citizenship

- I will volunteer for support roles such as scorekeeper, timekeeper, sideline manager or field setup crew for my child’s team when my schedule allows.
- I will praise my child for competing fairly and trying hard regardless of the outcome of the game.
- I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
- I will not force my child to participate in lacrosse.
- I will remember children participate to have fun and the sport is for youth, not adults.
- I will teach my child to obey the rules and to resolve conflicts without resorting to hostility or violence.

- I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.
- I will respect the officials, coaches, sideline managers, club and league officials. I will respect their authority during games and will never question, discuss or confront coaches or officials at lacrosse events, and will take time to request to speak with coaches at an agreed upon time and place.
- I will demand a sports environment for my child that is free from drugs and alcohol and I will refrain from their use at all events.

To model fair and caring behavior

- I and my guests will be positive role models for my child and encourage sportsmanship by showing respect, courtesy, and positive support for all players, coaches, officials, sideline managers and spectators at every practice, game and other events.
- I and my guests will not engage in any kind of unsportsmanlike conduct with any official, coach, sideline manager, athlete, or parent, including but not limited to, booing, taunting, refusing to shake hands, blaming other parties or using profane language or gestures.
- I will not encourage any behaviors or practices that might endanger the health and well-being of the athletes, coaches, officials, sideline managers and/or spectators.
- I will demand my child treat other athletes, coaches, officials and spectators with respect regardless of race, creed, color, gender or ability.
- I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that might include, but is not limited to, the following:

1. Verbal warning from an official, head coach, my club and/or the league
2. Written warning from my club and/or the league
3. Suspension or immediate ejection from a game by an official, my club and/or the league
4. Game forfeit through the official or coach
5. Parental season suspension through my club or the league

I understand that documentation of all incidents shall be kept on file by the club involved and repeat offenses to the Code of Conduct, NCJLA Operations Guide, Policies or rules could cause me to be suspended from participating in the league.

Print Name _____

Signature _____

Child(ren) Name(s) _____

Club Name _____ Date _____