



# OKLAHOMA PEAK PERFORMANCE

## Boys' Teams

Oklahoma Peak Performance (OP<sup>2</sup>) provides an environment for the committed volleyball player to reach his peak performance in three specific areas:

- Volleyball Development
- Character Development
- Fitness and Conditioning Development

### **Sport Specific Development:**

OP<sup>2</sup> has the privilege of providing our athletes with the highest level of instruction and training the nation has to offer. Our coaches have a variety of coaching experience at the local, state and national levels. OP<sup>2</sup> coaches are committed to helping each team and player reach their optimum performance in the sport of volleyball. In addition, many of our coaches have years of experience on both sides of the college recruiting process and will assist players and parents who are interested in pursuing a collegiate volleyball career.

### **Character Development:**

OP<sup>2</sup> is dedicated to the growth and development of the whole person: body, mind and spirit. We place a great value in the areas of education, decision-making, morality, and spirituality. Biblical principles are the foundation of development in this area as we help athletes mature and navigate through life. OP<sup>2</sup> invests intentional time helping each player optimize their role within the family, the team and as a contributing citizen.

### **Fitness and Conditioning Development:**

OP<sup>2</sup> is determined to assist our players in becoming the best athlete they can be with their God-given ability. We provide unique opportunities in speed, agility & jump training as well as nutrition, strength and conditioning. Top professionals in each field will link with OP<sup>2</sup> in these endeavors. **Boys can participate in strength/conditioning for an additional fee of \$160.**

Fees - The goal for OP<sup>2</sup> is to reveal all expenses that incur during a normal club volleyball season and to include as many of those expenses in our base fee. This will allow parents to budget their money and not feel like the initial fee was misleading.

	Total Fee	Initial Payment Oct. 4 Parent Mtg.	3 Installments Jan. 10, Feb. 10, Mar. 10
14's & Under	\$1,775	\$532.50	\$414.17
15's/16's	\$1,995	\$598.50	\$465.50
17's/18's	\$1,995	\$598.50	\$465.50

## How do I compare the Fees? Sample Comparison of Teams

	<b>Club A</b>	<b>OP2</b>
<b>Base Fee</b>	\$1,800	\$1,995
Club Operation expenses	Included	Included
Gym & equipment Expenses	Included	Included
(# of practices a week)	2	2
Fitness/Conditioning	Not offered	Optional
Coach Stipend	Included	Included
Fundraisers	Required	No
Game Uniforms	Included	Included
Warm Up	\$75	Included
Bag	\$40	Included
Practice Shirts	\$10	Included
Tournament Entry Fees	Included	Included
# of Tournaments	?	7-8
Coach Travel Expenses	\$600	Included
Additional Tournaments	Extra	Extra
<b>Total</b>	<b>\$2,525</b>	<b>\$1,995</b>

Other clubs may have a beginning lower fee but may not include all the expenses incurred. Be sure to consider the categories and information above when comparing fees.

Discount – Families who have 2 or more players in the Peak program receive a 10% discount on the cost of the dues that is the lesser amount.

Practices (2) will be held at the OP<sup>2</sup> Training Facility (11702 N. I-35 Service Rd., OKC). Generally, teams with 2 practices have one on a Monday-Thursday and one on a Friday-Sunday.

Athletes pay for their own food, transportation, and lodging while at tournaments. Players can stay with their parents or players can share a room.

**A Parent/Player Meeting will be held on Sunday, Sept. 26 at 1:30pm at Peak.** Teams will be assigned a 1 to 1 1/2-hour time block during this time frame. At this meeting, parents/players will confirm their online registration for their team, meet with their coach, and players will be fitted for uniforms.

**All parents must establish an account on the SportsEngine Platform. Please have an e-check or debit/credit card available when establishing the account.** A registration link will be emailed to you by your coach. You may also find it on our website ([www.op2vb.com](http://www.op2vb.com)). Parents may pay the entire balance or they may choose to pay in four payments. After the initial installment, the outstanding balance will be automatically billed in 3 additional payments (Jan. 10, Feb. 10, Mar. 10).

Players will be contacted about making a team **generally within 24 hours**. Players are encouraged to participate in as many tryouts as they would like. The club may use the online database to notify parents of any available positions on teams.