

2019-2020 MYHA Locker Room Policy

Due to the changes with SafeSport through USA Hockey, MYHA needs a more defined and stricter locker room policy. Between MCIA and MYHA, this is our policy for this season.

General Locker Room Rules

- No adult can be alone in the locker room with a skater.
 - Two (2) adults must be in the locker room with any skaters.
 - Most of the time this will be coaches, but parent volunteers are needed for after games, practices, or times when only 1 coach is available.
 - All locker room attendants MUST be SafeSport certified (email your SafeSport certificate to your Team Rep or the Team Rep Coordinator).
- Skaters may go into the locker room to drop off their gear, but must exit the locker room until two (2) adults are available to be in there.
- If a skater needs help getting gear on, the parent is allowed to go into the locker room to help, but needs to exit immediately after their skater is dressed. No lingering in the locker room.
- The use of cellular devices in the locker room is prohibited, with the exception being a phone used for music.
 - No photos, videos, snapchats, etc. should be done in the locker room.
- Starting at the PeeWee level, if males and females are to dress in the same locker room, a minimum base layer rule needs to be enforced.
 - A minimum base layer should constitute a shirt and shorts, leggings, or pants.
 - Any dressing that involves getting below the base layer level will require the skater to go to the bathroom to change. Skater can return to locker room once the minimum base layer is achieved.
 - With a minimum base layer rule, locker room attendants can be either male or female, as long as they are SafeSport certified.
- All females must be offered a separate place to change, if they wish to change separately from the males. The following rules only apply to situations where a female player has made that request.
 - During the week, for practices, females may use the Ref Room as their locker room
 - They will join their team at least 10-15 minutes prior to the start of practice for a coaches talk.
 - All males on the team must be dressed by this time.
 - Any males late must dress in a different locker room
 - Areas to be used for females on game day
 - If only MYHA has females on their team, the Conference Room will be the designated room for the skater(s) to use as a locker room.
 - Key for the Conference Room is kept in the Concession Stand

- When the Conference Room is used, skate guards must be used to walk from the Conference Room to the team's Locker Room.
 - If both teams have females, MYHA will use the High School Coach's office (aka Spartan Room) and the away team will use the Conference Room.
 - The Rink Manager and High School Coach have to know by Wednesday prior to the game that the coach's office will be used.
 - The Rink Manager, Assistant Manager, or Zamboni driver will have the code to get into the office.
 - There will be mats down for the girls to walk to the locker rooms
 - After games or practices, where coaches want to recap or talk to the kids, the only undressing that can be done is helmets and gloves.
 - If the female has chosen to dress separately from the males, no other undressing of any kind can happen while males and females are in the same locker room together, aside from helmets and gloves.
 - For PeeWee and above, where the female prefers to dress separate from the males, the locker room attendants must be the same sex as the skaters in the locker room.
 - A parent of the female skater can go into the room she needs to be in, as long as she is the only skater in that room.
 - If two (2) female skaters are on a team, and want to change separately from the males, at least two (2) adult females will need to be safesport certified in the room with the female skaters.

Other SafeSport Requirements

- If a coach needs to speak to a skater and the conversation needs to be private, it must take place in an open area visible to others, or in a private place with a 2nd adult present.
- There should be no individual contact between a coach/rep and skater through text, email, social media, or phone calls.
- SafeSport Certification is good for one (1) year, therefore it must be renewed prior to coaching or working with the skaters

Team Rep Coordinator Suggestions and Tips for PeeWee and Bantam Levels

- While at the scheduling meeting, ask the teams you are scheduling with if they have any females on their team. Also ask if they have a place for our females to change when we play at their rink.
 - Make a note on your schedule if they need to use a female changing room at our rink.
- As you are registering for tournaments, inquire about a room for our female skaters to change in.
- When confirming games, again ask if they need a room for females to change in, or if they have a place for our females to change in at their rink.

- Notify the Rink Manager and High School Coach if the Spartan Room will need to be used as soon as possible
 - Rink Manager: Christian Blick mcfarlandice@gmail.com
 - High School Coach: Nick Tuma tuma24@gmail.com
- A USA Hockey number is needed to be able to complete SafeSport
USA Hockey: www.usahockey.com
 - Use this to get your USA Hockey number
 - Within the Players and Parents tab
 - Player Registration
 - Ice Managers/Volunteers
 - Safesport Training
 - USA Hockey main page at the bottom
 - Safesport Training
 - Register for safesport training
 - Organization=USA Hockey, Membership=Volunteer, Confirmation #=USA Hockey #