

## Lakeland Hawks Ice Arena COVID Policy

### **DO NOT ENTER THE BUILDING IF:**

- YOU ARE SICK, TESTED POSITIVE FOR COVID, OR BEEN DIRECTLY EXPOSED TO COVID IN THE LAST 14 DAYS.
- YOU HAVE A FEVER OF 100.4 or HIGHER.
- IF YOU FEEL SICK; HAVE AN UPSET STOMACH, ACHES, LOSS OF TASTE, HEADACHES, OR HAVE ANY FLUELIKE, COLD OR COVIDLIKE SYMPTOMS.
- YOU ARE ACTIVELY IN QUARANTINE.
- PLEASE SELF MONITOR YOU AND YOUR FAMILY. THE MORE WE ALL TAKE A LITTLE PRECAUTION THE LONGER WE ALL SKATE!

### **ENTERING THE RINK**

- IF YOU CHOOSE TO ENTER THE RINK PLEASE WEAR A FACEMASK AT ALL TIMES.
- YOU ASSUME THE RISKS ASSOCIATED WITH COVID AND AGREE TO HOLD LHIA HARMLESS FOR ANY AND ALL ACTIVITIES TAKING PLACE AS ORGANIZED BY LHIA, ANY AFFILIATES, OR INDIVIDUALS ASSOCIATED WITH LHIA.
- PLEASE ENTER THROUGH THE FRONT LOBBY AND EXIT TO THE SIDE BY THE POP MACHINES. HELP KEEP THE FLOW GOING IN ONE DIRECTION.

### **GOOD PRACTICES**

- Bring your own water bottle and do not share it.
- Use the bathroom prior to entering the building – GO AT HOME!
- Use the hand sanitizer at the door to kill some germs.

## **WEEKNIGHT PRACTICE**

PLEASE CONTINUE TO ENTER THE BUILDING PREPARED TO SKATE – PLAYERS ARE ALLOWED INTO THE BUILDING 15 MINUTES PRIOR TO PRACTICE

### **LEARNS/U8'S, SQUIRTS, SNOWPLOW, FS LEARNS**

- Continue to enter the building with all equipment on except skates, gloves, and helmets.
- Please continue to use the hallway area and benches to get ready for practice.
- Follow the marked floors for entering and exiting the ice and building.
- If your skaters need help with tying skates and final equipment checks please limit to one parent per family.
- At this time we are asking that parents remain in cars during practices.

### **PEEWEE'S & BANTAM'S**

- Players will be allowed into the locker rooms.
- We recommend that players cohort with other players by school affiliation.
- Locker Room #5 – The Girls locker room is online and available for players.
- Goalies will be allowed into the building 25 minutes prior to practice.
- 2 parent monitors will be present in each locker room. Please be prepared to monitor and spray the lockers after practice.

### **FREESTYLE FIGURE SKATERS**

- Please use your locker room as you are prepared to take the ice.
- Skaters that are self sufficient may use Locker Room #5 to get ready if they choose.
- If your child needs help tying their skates please refer to the learn section of this bulletin.
- Monitors are responsible for end of night COVID sanitation procedures.