



## **US Finswimming Rules – 02-2023**

### **Events:**

1. The US Finswimming National is with CMAS rules and requirements, only in long course 50-meter pool, one national per year.
2. The US Finswimming National is to USOA members, the athletes must be US citizens or legal residents.
3. Other events could be in long(50-meter) or short (25-meter or yard) course pool. This kind of event could have 100 % or partial CMAS requirements. For example, with or not touchpads, all Judges per line. This kind of event in short (or 25-meter or yard) course pool is to promote and develop the Finswimming in US. In these events could participate US citizen, legal residents, or guest athletes. USOA fee waived if an athlete belongs to another federation, if not they need to join USOA, all teams and athletes must be signed the USOA waiver.
4. The calendar for the next year will be ready on December 5<sup>th</sup> of the year in course.
5. The clubs must send their request to the director to be include in the calendar until November 15<sup>th</sup> of each year.

### **US National Records:**

1. The US Finswimming national records will be made in official CMAS competitions (US or International) in a long course 50-meter pool and electronic system. (CMAS rules).
2. The athlete must be USOA members and US citizen.
3. The US National records is only for a long course 50-meter pool.
4. The athlete must live in the USA for continuous minimum 6 months before the record.
5. The athlete must compete in minimum one event inside of the USA before the record.
6. The Athlete must compete in a National USOA events or International CMAS event for a US club or US National team.
7. The US records are Junior, Senior or Open Category and Master for Female and Male.
8. The US Director will include on the website.



### US National Team:

1. The USOA - Finswimming may send men's and women's in Junior and Senior categories, as National Teams to international and/or World – Pan American championships – World Games as appropriate.
2. The athletes who belong to USOA Finswimming national team men's and women's, must be USOA members and US Citizen to international and/or World – Pan American championships – World Games as appropriate.
3. The World Master Championship is by the club not a national team, the athlete's men's, and women's, the representatives must belong to USOA.
4. The Finswimming Director will inform the process to qualify and belong to USOA Finswimming National Team.

### US National Coach

1. National coaches will be selected for the Director for International CMAS events.
2. The coach must be an USOA member.

### General Rules

1. The national Director must approve any expenditures of Finswimming funds.
2. Formal fin rules to be approved by USOA executive committee.