

# RETURN TO PLAY DOCUMENT

## JUNE 1ST, 2020



Please discuss these guidelines with your children prior to their arrival at the fields. We want our players to understand the procedures and be able to address most of their questions with you (with our support, if necessary) ahead of time, as opposed to with coaches during training times. Prepare your players for seeing coaches in masks and explain to them that it isn't because the coach is sick but rather to limit the risk of spread of disease that might not be evident. Likewise, we require their behavior to reflect these guidelines so that we may all be respectful and kind to one another and our community during this time. Consideration is essential for us all to come together to move forward successfully in these circumstances. The more prepared we are for that, the more time we can spend safely enjoying the game together that we've missed!

In response to the COVID-19 Pandemic Gulf Coast Rangers has created a series of steps and protocols for a return to play plan. These steps and actions have been developed in conjunction with local and state medical experts, and in conjunction with soccer governing bodies from US Club Soccer to USYS.

We know everyone is excited to return to soccer and athletics but careful steps must be followed as we begin the re-entry process.

Our Return to Play Action Plan addresses many critical details that must be followed by all players, parents and coaches to ensure the safety and health of everyone in our community. The plan allows flexibility regarding the length of Stage 1 to Stage 2 based on the rapidly changing information on the recent pandemic. GCRFC will effectively communicate the transition from Stage 1 to Stage 2 and also communicate if this period takes longer than originally communicated.

The progression of stages will be determined by Club Leadership in evaluating all current data available and guidelines from the CDC, local and state government information and our national soccer governing bodies.

\*Please note that these stages are based on guidelines from the CDC, local/state government agencies and can be adjusted, modified based on the health and safety of our community and membership. All sessions are optional as we know some people may not be prepared to practice or return to soccer.



# Stage 1

## Beginning June 1st (duration 14 days)

- All players, staff, coaches and family members visiting a GCR facility are asked to wash their hands, and check their temperature prior to arrival. We ask everyone to stay home if you have a temperature of more than 100.4 F.
- All players, staff, coaches and family members are asked to stay at home if showing any signs of illness
- Players, coaches, officials, and spectators shall not congregate within 6 feet of a person from another household except to the extent necessary—and only to the extent necessary—for players, coaches, and officials to directly participate in the athletic activity.
- Players, coaches, officials, and spectators shall refrain from high fives, handshakes, sharing of water/drinks and other physical contact except to the extent necessary—and only to the extent necessary—for players, coaches, and officials to directly participate in the athletic activity.
- Bathrooms will be cleaned at regular intervals and limit number of people in the bathroom at the same time to 2 people.
- GCR encourages no carpooling for the first few weeks of the re-entry process
- No more than 1 parent is allowed to walk their player to their practice area. Parents must distance from each other.
- We will limit amount of players in 1 training session space to ensure social distancing.
- GCR will limit the number of teams per venue and also stagger the arrival and pick-up times to create less crowded areas.
- Players do not touch any equipment and there is no wearing of bibs or pennies in Stage 1.

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# Stage 2

## Beginning June 15<sup>th</sup>

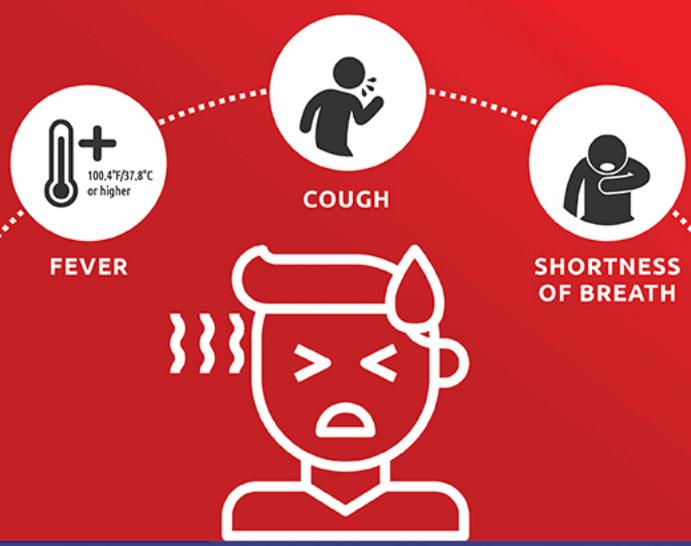
- All players, staff, coaches and family members visiting a GCR facility are asked to wash their hands, and check their temperature prior to arrival. We ask everyone to stay home if you have a temperature of more than 100.4 F.
- All players, staff, coaches and family members are asked to stay at home if showing any signs of illness
- Players, coaches, officials, and spectators shall not congregate within 6 feet of a person from another household except to the extent necessary—and only to the extent necessary—for players, coaches, and officials to directly participate in the athletic activity.
- Players, coaches, officials, and spectators shall refrain from high fives, handshakes, sharing of water/drinks and other physical contact except to the extent necessary—and only to the extent necessary—for players, coaches, and officials to directly participate in the athletic activity.
- Bathrooms will be cleaned at regular intervals and limit number of people in the bathroom at the same time to 2 people.
- Summer Training and or Player Placements to occur with full team and coaching staff.
- Players do not touch any equipment and there is no wearing of bibs or pennies in Stage II (players will be asked to bring a red, white and blue shirts).
- Games and Competitive Activity can occur with sensible health precautions.
- Limit the number of family members to 1-2 maximum at each practice or game.

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# CORONAVIRUS (COVID-19) *What you need to know*

## SYMPTOMS



**CALL YOUR  
 HEALTHCARE  
 PROVIDER IF YOU  
 HAVE ANY OF  
 THESE SYMPTOMS**

## HOW DOES IT SPREAD?



## HOW TO PROTECT YOURSELF?



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>JUNE</b>					
31	1	2	3	4	5	6
<b>STAGE I</b>						
7	8	9	10	11	12	13
<b>STAGE I</b>						
14	15	16	17	18	19	20
<b>STAGE I</b>						
21	22	23	24	25	26	27
	<b>STAGE 2</b>					
28	29	30	1	2	3	4
<b>STAGE 2</b>						



