

2020 Boys Youth Lacrosse Registration Is Open and Full of Change!

Dear Braves Parents,

We are very excited for the start of spring lacrosse! There are so many changes at the Pre-K thru 6th Grade level that we believe will enhance the experience of you and your child!

We are now including the Little Laxers program as part of our K-2 program. We thought too many kids missed out last year because we sold it as an intro to the sport. It is! But it is also a great warm up for our more experienced players to have some fun with the game. I love the fact it is co-ed and families can have a morning of lacrosse together. Having our Varsity girls and boys give back by coaching is also invaluable.

We will continue to give away an EVO Warp Mini Stick to all our Pre-K thru second grade players. The stick handle is shorter and smaller and much easier to control. The pocket is pre-built, weather resistant and perfect. We want all of our Pre-K thru 2 kids using these. So many frustrations with the sport come from an oversized stick and an unforgiving pocket. For those that have already played and received a stick we will be offering a custom CA LACROSSE equipment backpack of equal value. If you would like additional sticks or bag, please note on your registration and they will be available at kickoff.

Our Pre-K players will complete the Little Laxer program and leave with a great experience and hopefully wanting more next year. Our Kindergarten players will continue meeting on Sundays with their age group as we add equipment while focusing on fun and fundamentals. The First and Second grade players will also meet on Sundays in the field house, add equipment and continue to focus on skills in a fun and active environment. If we have a miracle with a warm dry spring this age level will also have access to our box and turf field at this same scheduled practice time. We have made it a priority to eliminate cancellations and the fieldhouse will let us do this. Beginning May 12 our K-2 kids will head to the box lacrosse field to play small sided games that increase touches of the ball as well as fun. The ball always stays in play! This will take place every Tuesday and Thursday until the CA tournament. The K-2 boys will also have the option of attending two local tournaments free of charge.

Our Third through Six grade has some great changes as well. First and foremost, we are adding a Director of Lacrosse Instruction at the youth level. John Herriman worked with our program years ago building our current Varsity team as a youth coach. After spending several seasons as a successful club coach, he offered to come back to help build and maintain a championship program here. This starts with our youth! John will work daily with me at the Varsity level which allows me to in-turn stay connected to the youth through him. He will also "master" coach a weekly practice at each level staying in tune with the developmental needs of our kids. John is there to be a resource, providing our youth coaches with the latest player development models as well as being a non-parent administrator to decide team rosters.

Tired of the frustrating cancellation of practices and games last year because of weather and unplayable fields, we have decided to move the start of our season "indoors" and earlier than ever! We will begin our indoor practices on March 8. Our Sundays will take place in the field house at the Academy while Thursdays will be at Pinnacle Sports Complex in Victor. After spring break, we will go outside to play a 4-week in-house box lacrosse schedule. I can't stress to people enough how valuable the box experience is to player development. The repetition, skills, freedom and fun that kids find in the box can't be compared to the field experience. We are so lucky to have this facility. Our spring season will be completed on May 9th.

For those that want more we are offering a travel option. This will include Sunday practices after Spring break and eligibility for at least one travel tournament over the summer. There may be potential play dates with local

schools as well. These tournaments will be ala carte and you pay for what you play in. Coach Herriman will oversee the roster development of these teams as well and they will be coached by our youth staff as well as alumni home from school.

Even though we have added program, instruction and facility costs we have worked hard to not pass that expense on to you. This is why fundraising is important with our annual coupon card sale! Please reach out if money is ever an issue. We want every kid in Canandaigua to try out this great game. The youth are the life blood of our program and we will never forget that. Look forward to seeing everyone this spring.

**Go Braves,
Coach York**

Registration is now open; go to www.calacrosse.org and follow the links.

Canandaigua Boys Youth Lacrosse is open to all boys in the Canandaigua School District. This includes those who are enrolled in alternate Canandaigua Academic Programs such as St. Mary's and home school programs.

Registration includes:

Pre-K – Cost: \$50

- Little Laxer 4 Week Program. Dates Sundays 3/8, 3/15, 3/22, 3/29
- Little Laxer T-Shirt
- “The Shirt” at Program Kickoff
- Evo Warp Mini Lacrosse Stick (retail \$40). Returning players that own an EVO Warp stick may select a CA Lacrosse Equipment bag instead.

Kindergarten (K) – Cost: \$100

- Little Laxer 4 Week Program. Dates Sundays 3/8, 3/15, 3/22, 3/29
- Little Laxer T-Shirt
- “The Shirt” at Program Kickoff
- Box Lacrosse Season
- Evo Warp Mini Lacrosse Stick (retail \$40). Returning players that own an EVO Warp stick may select a CA Lacrosse Equipment bag instead.
- High Quality Game Jersey and Shorts
- Practices, Equipment, Insurance

Grades 1/2 – Cost: \$135

- Little Laxer 4 Week Program. Dates Sundays 3/8, 3/15, 3/22, 3/29
- Little Laxer T-Shirt
- “The Shirt” at Program Kickoff
- Box Lacrosse Season
- Evo Warp Mini Lacrosse Stick (retail \$40). Returning players that own an EVO Warp stick may select a CA Lacrosse Equipment bag instead.
- High Quality Game Jersey and Shorts
- Practices, Equipment, Insurance
- Registration Fees for 3 Tournaments (Lax By The Lake, Battle of Seneca, CA Invitational)

Grades 3/4 – Cost: \$150

- Pinnacle Sports Complex Practices
- Paid Director of Lacrosse Instruction
- Box Lacrosse Season

- “The Shirt” at Program Kickoff
- High Quality Game Jersey and Shorts
- Practices, Equipment, Insurance
- Registration Fees for CA Tournament

Grades 5/6 – Cost: \$150

- Pinnacle Sports Complex Practices
- Paid Director of Lacrosse Instruction
- Box Lacrosse Season
- “The Shirt” at Program Kickoff
- High Quality Game Jersey and Shorts
- Practices, Equipment, Insurance
- Registration Fees for CA Tournament

Grades 3-6 Travel – Additional Cost: \$60

- Includes everything for Grades 3-6
- Paid Director of Lacrosse Instruction
- Additional Practices at Braves Field
- Tournament Shooting Shirt
- Eligibility for Spring & Summer Travel Tournaments
- Travel Fee does NOT cover tournament registrations

The program:

- **5th and 6th graders** play together- graduating classes of 2026/2027
- **3rd and 4th graders** play together- graduating classes of 2028/2029
- **1st and 2nd graders** play together- graduating classes of 2030/2031
- **Kindergarten** depending on numbers will play separate or with the 1/2 graders
- **Pre K** - If there is enough interest- Saturday mornings for 45 minutes- FREE open to 4 and 5 year olds. This will be a skills and drills session with fun games. This opportunity is open to girls as well. We are still working out the details with the girls program.

Kick-off - Academy Gym Saturday, March 14, Noon - 2:00 PM

- Equipment handout/rental
- 2020 “The Shirt” will be handed out. You must be at the Kick-off to guarantee a shirt
- Program Picture
- Introduction to the program with Coach York

IMPORTANT DATES:

- Youth Practices Begin March 8
- Program Kickoff: March 14, Noon
- 1st Box Game: March 30 3-6th
- Canandaigua Lacrosse Day: May 2nd
- Laxapalooza Fundraiser: Saturday, May 2 at CenterPointe Golf Club
- Canandaigua Tournament: June 19-20
- Grinders Camp (Rising 3rd-8th Grade) July 13-16
- Shootout for Soldiers: July 18-19

Important links are available on www.calacrosse.org

- Team Merchandise Stores
- Program Schedules

- Modified, JV, and Varsity Schedules
- Program Coaches Information
- Twitter: [@BravesLaxK12](#) [@LacrosseBraves](#) [@CA_LAX_YORK](#)
- Facebook: [Canandaigua Braves Boys Youth Lacrosse](#)

Any registration questions can be directed to,

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Canandaigua Youth Lacrosse

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