

Saskatchewan High Schools Athletic Association

E-NEWSLETTER
May 2020



SPRING 2020 UPDATES:

A document with pertinent information for students, coaches, schools, districts, and other stakeholders regarding the impact of COVID-19 on SHSAA can be viewed here https://cdn1.sportngin.com/attachments/document/f221-2146261/SHSAA_COVID-19_Information_and_Response_04062020.pdf.

CANCELLED: 2020 SHSAA Badminton Season; 2020 SHSAA Track & Field Season; 2020 SHSAA Football Spring Camps; 2020 SHSAA Youth Officials Conference; 2020 SHSAA Coaches Symposium

ADJUSTED: 2020 SHSAA AGM - meeting will be held June 25 @ 1:00pm using online meeting software; 2020 SHSAA Golf Season - Spring portion (Apr 6 - June 30) is cancelled; 2020 SHSAA Cross Country Season - Spring portion (June 8 - 30) is cancelled.

HOSTING UPDATES:

5A Girls Soccer (October 2020) - OPEN bids to SHSAA by May 22

5A Regional Volleyball (November 2020) - OPEN bids to SHSAA by May 22

2A Girls Volleyball (November 2020) - Naicam

Wrestling (March 2021) - Saskatoon

Hoopla (March 2021) - Regina

Badminton (May 2021) - Prov - Melville; Regions - Leader, Estevan, PA Carlton, Saskatoon

Track & Field (June 2021) - Regina

SHSAA AGM (June 2021) - Moose Jaw

Saskmilk



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REMINDER TO ALL SCHOOLS:

Please update school information in ExNet prior to **June 1st**. If there are no changes please verify the information in the tab School Info and indicate the date of verification. Correct school information is important so that we have an accurate School Directory in the 2020-2021 edition of the SHSAA handbook. If assistance is required please contact the SHSAA office or utilize the instructional video on the SHSAA You Tube channel <https://www.youtube.com/channel/UCOpIBBVGHt5snOrM26Xt09w>

WINTER SPORTSMANSHIP AWARDS:

Congratulations to the recipients of the winter activity sportsmanship awards.

CURLING	
Mixed	Whitewood
Girls	L.P. Miller—Nipawin
Boys	Martensville

WRESTLING
McLurg—Wilkie

We look forward to these presentations and the others that we have had to reschedule. Once schools open and assemblies can be held safely we will be there for the presentation of the blue banners. Thanks to Sask Milk for their continued support of the SHSAA Sportsmanship Program.

TEAM FEES AND OUTSTANDING INVOICES:

Schools need to submit full payment for all outstanding invoices, including team fees. Credit for Badminton and Track & Field will appear in next year's ExNet.

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MENTAL HEALTH IN SPORT:

Your assistance is requested in making Grade 11-12 student athletes aware of the following Mental Health Study.

Dr. Martin Camire from the University of Ottawa has worked very closely with School Sport Canada over the past number of years. His research has led to the development of coaching resources for school sport coaches and the research continues to provide results to support the benefits of school sport participation.

Dr. Camire's next project is a pan-Canadian study on school sport participation and mental health. Student athletes in grades 11-12 are encouraged to become part of this valuable project. To get all the details please refer to the SHSAA website or click on the following link https://www.shsaa.ca/news_article/show/1055888

Es-tu un/une élève-athlète en secondaire 4 ou 5 (11e ou 12e année)?

SANTÉ MENTALE EN SPORT

QUESTIONNAIRE EN LIGNE

TIRAGE DE FIN D'ANNÉE
amazon \$50
1 de 10 CARTES-CADERAUX

Lien au Questionnaire Code QR du Questionnaire

www.surveymonkey.ca/r/etudesm

Martin Camiré Ph.D. @MARTIN_CAMIRE @CAMIRE@UNIVERSITE.OTTAWA.CA 613 562 5800 (6373)

Are you a student-athlete in grade 11 or grade 12?

MENTAL HEALTH IN SPORT

ONLINE SURVEY

END OF YEAR DRAW FOR
amazon \$50
1 of 10 GIFT CARDS

Link to Survey QR Code to Survey

www.surveymonkey.ca/r/mhstudy

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SPORT ADVISORY GROUPS:

The SHSAA Sport Advisory Groups have been busy with discussions in each of the 10 sanctioned SHSAA activities. At each Executive meeting, the chairperson of each group reports to the Executive Council on the discussion topics and items of interest that have been part of the Sport Advisory Group correspondence. The Executive Council reviews this feedback to evaluate the current structure of the activities being used to deliver school sport in Saskatchewan. If you are interested in serving on one of these Sport Advisory Groups you are encouraged to complete an application form available at <https://shsaa.sportnqin.com/register/form/348760507>

CIAAA:

Numerous on-line opportunities are being provided for Athletic Director professional development at this time. Please check out <https://www.ciaaa.ca/> for all of the latest details and how to get registered for these outstanding courses. Please contact the SHSAA office (shsaa@shsaa.ca) or Drew Hanson (drew@ciaaa.ca) if you have any questions about your membership in CIAAA as provided by SHSAA.

FACEBOOK, TWITTER & INSTAGRAM:

SHSAA has [Facebook](#), [Twitter](#), and [Instagram](#). Please follow us for the latest information from our sponsors and updates from the SHSAA regarding our activities, programming and school sport happenings.

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ONLINE COACH DEVELOPMENT OPPORTUNITIES:

Thank you to Brian Grest for his work in putting together a resource package of online coaching development opportunities. Brian's document is available at https://cdn1.sportngin.com/attachments/document/74f4-2146844/Online_PD_Opportunities_-_coach_and_AD.pdf

In addition, Coaches Association of Saskatchewan is doing their part in making Coach Education easier to access in an online, e-learning platform. Please check out the SHSAA homepage (<https://www.shsaa.ca/>) for more information and relevant links.

RE-OPEN SASKATCHEWAN:

SHSAA, along with Sask Sport and other Provincial Sport Governing Bodies have been carefully following government announcements regarding health measures, the reopening of Saskatchewan, and the potential start of sporting opportunities.

At this time, there is no set date for the start of school sport but planning continues in order that SHSAA and schools can be ready to get things going should the opportunity present itself this fall. The SHSAA Executive meets May 24 and will provide an update at that time as well as at the end of the current school year following the AGM. It would appear that sport and schools are part of the last two of five phases in the Re-Open plan.

You are encouraged to utilize the Saskatchewan Government website for the most current information regarding COVID-19, the plan to Re-Open Saskatchewan and the supports available for individuals who are struggling with their physical and/or mental well-being. [COVID-19 Info](#); [Re-Open Saskatchewan](#); [Health Supports](#)

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2020-2021 Start Dates & Provincial Championships

<u>Sport</u>	<u>Start Date</u>	<u>Provincial Championship Date</u>
Golf	April 6, 2020	September 25-26, 2020
Cross Country	June 8, 2020	October 17, 2020
Soccer	September 1, 2020	October 30-31, 2020
Football	August 20, 2020	November 14, 2020
Volleyball	September 1, 2020	November 20-21, 2020 (1A-4A Girls & 5A) November 27-28, 2020
Curling	November 9, 2020	March 5-6, 2021
Wrestling	November 23, 2020	March 5-6, 2021
Basketball	November 23, 2020	March 25-27, 2021
Badminton	February 1, 2021	May 8, 2021
Track and Field	March 29, 2021	June 4-5, 2021
AGM		June 23-25, 2021

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K+H Faculty of
Kinesiology
and Health Studies
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