

METRO SOUTH 2023 All Star Roster

Karsen	Atteberry	Chaska
Parker	Behling	Apple Valley High School
Easton	Breyfogle	Benilde-St. Margaret's
Jaden	Case	Shakopee High School
Alex	Duncan	Shakopee High School
Ezra	Formaneck	Eastview High School
Maddox	Foss	Chaska
Michael	Gerda	Lakeville South High School
Zach	Helfmann	St Louis Park
Hunter	Hoehn	Belle Plaine
Sawyer	Hoffman	Farmington High School
Brayden	Kohls	Norwood Young America
Tate	Marland	Lakeville South High School
Tanner	Recchio	Lakeville North High School
Cole	Sieben	Burnsville
Carter	Theisen	Rosemount High School
Will	Wareham	Lakeville North High School

METRO WEST 2023 All Star Roster

Jake	Berkland	Wayzata
Cade	Bruett	Delano
Nolan	Eischens	New Prague
Soren	Epple	Edina High School
Andrew	Fazio	Minneapolis Southwest HS
Joey	Flom	Eden Prairie High School
Jackson	Hunter	Eden Prairie High School
Afton	Koch	Jordan High School
Jackson	Kochevar	Minnetonka
Jake	Lundquist	New Prague
Matthew	Maulik	St. Michael Albertville
Jamie	Mennicke	Minneapolis Washburn
Max	Pederson	Minnetonka
AJ	Rasmussen	Delano
Gavyn	Schacher	Minneapolis South
Ben	Trucke	Watertown Mayer

METRO NORTH 2023 All Star Roster

Colin	Anderson	Andover HS
Will	Briggs	Holy Angels
Justin	Brooks	Champlin Park High School
Noah	Gordon	Rogers High School
Louis	Hertling	Anoka HS
Jay	Krieger	Totino-Grace High School
Nolan	Lindholm	Legacy Christian Academy
Nolan	Murphy	Becker
Wes	Myers	St. Francis
Josh	Novak	Andover
Spencer	Pederson	Osseo Sr. High School
Adam	Puder	Blaine High School
Andrew	Rakow	Champlin Park High School
Reagan	Reeder	Anoka HS
Weston	Russell	St. Anthony Village H.S.
Will	Whelan	Centennial High School

METRO EAST 2023 All Star Roster

Seth	Nelson	Mahtomedi
Sam	Garry	Mahtomedi
Cole	Spitzer	St. Paul Central
Alex	Matchey	Stillwater Area High School
Mason	McCurdy	Stillwater Area High School
Brady	Drakula	Park of Cottage Grove
Riley	Schwellenbach	East Ridge
Eddie	Peine	Hastings High School
Aidan	Walsh	St. Agnes
Jordan	Dahlof	Roseville Area HS
Mark	Olberding	Roseville Area HS
Sam	George	New Life Academy
Parker	Huebsch	New Life Academy
Adam	Wall	Woodbury High School
Evan	Prokopec	Woodbury High School
Walker	Posch	St. Croix Preparatory Academy

NORTH 2023 All Star Roster - The Defending Champs

Jonathan	Benson	Brainerd
Dan	Clusiau	Bemidji High School
Matt	Filippi	Little Falls
Grayson	Fuchs	Paynesville Area Schools
Isaac	Hanson	Brainerd
Cale	Haugen	Esko
Matthew	Hornstein	Alexandria Area High School
PJ	Johnson	Minnewaska Area High School
Kade	Lewis	Sartell
Beck	Loesch	ROCORI
Ty	Lundeen	Bemidji High School
Elian	Mezquita	St. Cloud
Aaron	Reierson	Moorhead
Jaxon	Schoenrock	Alexandria Area High School
Gavan	Schulte	SARTELL
Ben	Shumansky	Perham
Jack	Spanier	Rocori
Charlie	Sutherland	Duluth East
Beau	Thoma	Little Falls
Aaron	Wensloff	Roseau

SOUTH 2023 All Star Roster

Kyle	Bechtel	Caledonia High School
Jake	Coshenet	Byron High School
Dylan	Kopesky	Mankato East HS
Mason	Leimbek	Rochester Mayo High School
Eli	McCool	La Crescent
Landen	Meyerdirk	Fairmont High School
Nick	Mielke	Sleepy Eye High School
Elliott	Nelson	Cannon Falls
Ryan	Ohm	Rochester Century
Andrew	Phillips	New Richland-Hartland-Ellendale-Geneva (NRHEG)
Ian	Regal	Rochester Mayo High School
Abe	Reinitz	Red Wing High School
Nick	Robertson	Austin
Owen	Sikkink	Stewartville High School
Brady	Snell	Montevideo
Nolan	Thompson	Northfield
Adryen	Tietz	Wabasso High School
Ashten	Vaughn	Winona Senior High School
Cody	Wichmann	Russell-Tyler-Ruthton
Riston	Wojcik	Mankato East HS