

# **Building A Championship Program**

**@ North Paulding High School B T C**





# **North Paulding Middle School**

## **2019 Head Football Coaches**

- **8<sup>th</sup> Grade**                      **Sean Bailey**
  
- **7<sup>th</sup> Grade**                        **Colton Dickerson**
  
- **6<sup>th</sup> Grade**                        **Ken Conover**

# **WOLFPACK FOOTBALL**

## **“THE PLAN”**

- I. COMPETITION**
  - A. EVERYTHING IN LIFE IS A COMPETITION**
  - B. EVERYTHING WE DO HAS A COMPETITION ASPECT**
- II. SPRING 18 WEEKS (BUILD MEN PHASE)**
  - A. BUILD SPEED**
  - B. BUILD POWER**
  - C. BUILD ENDURANCE**
- III. DRAFT (SPRING AND SUMMER)**
  - A. HAVE 6 CAPTAINS DRAFT A TEAM BEFORE SPRING PRACTICE**
  - B. TEAMS COMPETE FOR POINTS ALL SPRING AND SUMMER LONG**
- IV. SPRING PRACTICE (END OF SPRING WORK-OUTS)**
  - A. 10 DAYS OF SPRING INSTALL**
  - B. 15 FUND 15 GROUP 20 TEAM (OFFENSE)**
  - C. 15 FUND 15 GROUP 20 TEAM (DEFENSE)**
  - D. COMPETITION-TEAM COMBINE ON SATURDAY NIGHT BEFORE SPRING PRACTICE STARTS**
  - E. GAME SITUATION-SPRING GAME SECOND FRIDAY NIGHT VS ROME**
- V. SUMMER 7 WEEKS (BUILD TEAM PHASE)**
  - A. BUILD CHARACTER**
  - B. BUILD LEADERSHIP**
  - C. BUILD TEAM**
- VI. FALL 18 WEEKS (THE SEASON)**
  - A. PLAY FAST**
  - B. PLAY PHYSICAL**
  - C. PLAY SMART**
  - D. PLAY AGGRESSIVE**
  - E. PLAY TOGETHER**
  - F. PLAY FOR NORTH**

# E.            A.            T.

- E            EFFORT
- A            ACCOUNTABILITY
- T            TOUGHNESS

If you want to EAT on Friday, You have to work Monday through Thursday!

2 THESSALONIANS 3:10

“THE MAN WHO IS UNWILLING TO WORK,  
SHALL NOT EAT!”

# *NORTH PAULDING FOOTBALL*

**B BE**

**T THE**

**C CHANGE**

Be the first team to make it past the first round of the play-offs in 5 years.

Change North's 7A Play-Off Win Drought.

# CHARACTER DEVELOPMENT

## *A FOOTBALL JOURNEY*

A Football Journey is a weekly character development course that we will use to help our players learn how to be better men.

We will do a lesson a week:

In-Season

Off-Season

Summer

Lessons include but are not limited to:

Setting Goals

Adversity

How to Treat Women

Peer Pressure

Hard Work

Leadership

Attacking the Day

Grade Tracking

Family

We will do one lesson a week and I will ask questions about the lesson, show a short video, add personal stories for that day's lesson and get players' thoughts.

# **THE PACK 90% RULE**

**YOU NEED TO BE AT 90% OF TEAM ACTIVITIES DURING SPRING AND SUMMER!**

**TO COMPETE IN THE LIFT-A-THON 90%**

**TO ATTEND “PFL” PACK FOR LIFE DRAFT 90%  
(RECEIVE A GOLDEN TICKET)**

**TO BE A MEMBER OF A TEAM/SPRING 90%  
(IF YOU DO NOT ATTEND DRAFT, YOU DO NOT ATTEND SPRING PRACTICE-YOU WILL HAVE TO MAKE THE TEAM AS A WALK-ON DURING SUMMER-TWO WEEK TRY OUT PERIOD)**



# **SPRING DAILY ATTENDANCE**

20 Spring Meeting Days Must Be Attended Before The Draft!

1 **Spring Weight Lifting Sessions**

Class-90% Attendance

2 **Spring Character Development**

Friday Mornings at 8:00am

3 **Spring Position Meetings**

M-T-W-Th based on what positions you play.



**2019 Wolfpack Lift-A-Thon Player Incentives**  
**Current 5<sup>th</sup>-12<sup>th</sup> Grade**

**TOP FUNDRAISER:**

**Pair of UA Cleats and UA Gloves funded by BSN and UA. (Value: \$140.00)**

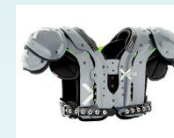
**MARCH 16th @ FIELD HOUSE**

**Amount Raised            Wolf Wear and Gear**  
**EVERY \$100.00 RAISED: 1 RAFFLE TICKET**  
**RAFFLE TICKETS USED FOR BIG PRIZES**  
**DURING SPRING PRACTICE.**

**(IE. Cash Cards, TV, Hoover Board, PS4, etc.)**

- \$50            Travel Gear Team UA Slides**  
(VALUE \$35)
- \$100          UA Game Day Long Sleeve Shirt**  
**and UA Team Slides (Value \$70)**
- \$200          UA Game Day Polo (VALUE=\$55)**  
Wolfpack UA Shirt and UA Team Slides  
(Value \$70)
- \$400          “REVO SPEEDFLEX HELMET”**  
(VALUE \$450)  
**OR**  
**“XTECH SHOULDER PAD”**  
(VALUE \$450)

**(ANY AMOUNT OVER \$400 CAN BE USED FOR  
 PLAYER REGISTRATION FEE)**



*GameDay Card Fundraiser*  
**APRIL 13<sup>TH</sup>-APRIL 29<sup>TH</sup>**

(5th-8th) Incentives

*Sell 20 Cards*

10 Cards: UA Hoodie  
(Value \$65)

20 Cards: UA Full Travel Gear  
(UA Hoodie and Pants Value \$130)

# *GameDay Card Fundraiser*

Varsity (9th-12th) Incentives

APRIL 13<sup>TH</sup>-MAY 6<sup>TH</sup>

*Sell 30 Cards*

10 Cards: FCA Camp/2 Padded Camps (Value \$100)

20 Cards: UA Hoodie (Value \$165)

30 Cards: UA Full Travel Gear  
(Hoodie & Pants) Value (\$240)

Raffle Ticket For Every \$100.00 Raised





**PFL**

**DRAFT**

2019

# WOLFPACK SPRING PFL DRAFT

## APRIL 10<sup>TH</sup>

- Draft teams like NFL draft: 6 Captains Draft 6 teams
- Each team competes for points during Spring & Summer.
- At the end of the summer the team with the most points will be The PFL Champions. They will all receive a special North Paulding Elite Pack Dri-Fit Shirt, Two days off conditioning when regular season starts, a Pizza Party, and your names put on Championship Plaque as well as in the Program.
- **INDIVIDUAL GOALS:**
- ***Top 4 Captains-Remain Captains for the regular season!***
- ***Make myself better/Make the team better!***

# **2019 PLAYER/PARENT EXPECTATION HANDBOOK**

- FOOTBALL IS A DEMANDING SPORT



- THAT IS WHY WE DEMAND A LOT  
FROM OUR PLAYERS AND PARENTS



# *WEBSITE LOCATION*

**WWW.NORTHPAULDINGFOOTBALL.COM**





# **FALL BREAK**

- All 2019 Pack Football Players
- (Includes 9<sup>th</sup>, JV, and Varsity) will practice Fall Break. The practices will be Thursday evening at 6pm, Friday and Saturday mornings at 8am. These are mandatory practices. If the player cannot commit to this week, then there is no need to come out for the team. Vacations/College visits are not excused during Fall Break.

# Athletic Responsibility Acknowledgment Information

- **Prior to participating in any practice or tryout session for any interscholastic sport, each athlete must:**
- (The school will offer physicals for HS age athletes before spring practice starts in April.)
- 1. Successfully pass a physical examination by a registered physician and the copy of such examination must be on file in the athletic directors' office. One current physical examination per year is sufficient for all sports during that school year.
- 
- 2. Fill out all of the correct forms on Rank One and register through our football site. Football registration will start on March 1<sup>st</sup> and will all be done online.

# ***COACHES EXPECTATIONS***

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- **Coaches**
- To be honest
- To be leaders
- To be loyal to the TEAM
- To help players reach their goals
- To help players mature and become a better person
- To be fair to players
- To work hard and instruct to the best of your ability
- To communicate with all players about Team and Individual development goals
- To be 100% committed to North Paulding Football
- To make all decisions based on what is best for the TEAM, and then what is best for the individual

# **PLAYERS EXPECTATIONS**

- **Players**
- To be honest
- To be a leader
- To be loyal to the TEAM
- To respect history and tradition
- To always be at practice, even if injured
- To always be on time to practices and meetings
- To give your best in the classroom
- To give your best in practice and games
- To conduct yourself in a manner that will make your family, school, teammates, and coaches proud of you at all times
- To never post anything on social media that is negative in nature about your school, teammates, opponents, or coaches. Player policy is explained in more detail later in this handbook.

# **PARENTS EXPECTATIONS**

- **Parents**
- To not undermine the coaching staff to your kids or other parents.
- To be supportive of players, coaches, and officials.
- To not approach a coach about playing time. The player should discuss ways to improve with his position coach.
- To be a positive support system for your child. Monitor their academic progress and make sure their diet and rest are appropriate
- To never post anything on social media that is negative in nature about our school, team, players, coaches or opponents. Do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. The on-line social network sites are not a place where you can say and do whatever you want without repercussions. The information you post on a social networking site is considered public information. Protect yourself by maintaining a positive self-image. Parents who violate social media usage may be banned from practice, games, and program activities. Players will be held accountable with this same policy.
- To participate in the program and to get involved. The best thing you can do costs nothing.
- To show sportsmanship at all times

# **PARENT/COACH COMMUNICATION**

- As your son becomes involved in the football program at North Paulding High School, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way your child wishes. This is the opportunity for your son to talk with their respective coach and discuss the situation. When your son handles the problem, it becomes part of the learning and maturation process. There may also be situations that require a conversation between the coach, player, and parent. These are encouraged. Please follow the following procedures to help promote a resolution.  
Chain of command.

# CHAIN OF COMMAND

- 1. Here is the order. A player who has concerns should speak to his position coach first and then the coordinator. If that does not resolve the concern, the player should speak to Coach Bryant. If the concern is not resolved after a meeting with Coach Bryant, a meeting then can be scheduled with the parent, player, and Coach Bryant. **Playing time, play calling, game planning, or philosophy will not be discussed with parents,**
- 2. If the concern is not resolved, call the Athletic Director to arrange a conference. A meeting will be arranged with the coach, parent, player, and Athletic Director.
- 3. At this meeting, the appropriate next step can be determined.
- 4. Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and coach. Meetings of this nature do not promote resolutions. Set up an office visit with the coach and we will have a third party present, such as the AD, another coach, or Assistant Principal.
- Note: Coaches will not discuss player issues or concerns with parents via text, e-mail, or phone. Much can be misinterpreted in a text or an e-mail. Text or e-mail may be used to set up a meeting where the issue can be resolved.

# 24 HOUR RULE & QUITTING

On the field policy! If you leave the field or are asked to leave the field for any reason....you as a player have 24 hours to make it right with the coach and your TEAM. If it is not made right in 24 hours, you have quit the team. Any player 9<sup>th</sup>-12<sup>th</sup> grader that quits the team will never again make the football team at North Paulding. If you START the season, FINISH the season!





# UNEXCUSED ABSENCE

- Unexcused absences from practice are defined by the following:
- 1. Any “Excused Absence” without DIRECTLY notifying Coach Bryant about the absence.
  - - Having a teammate tell a coach for you will NOT count
  - - Texts, tweets, facebook messages, emails, notes, etc. will NOT count
  - - Telling the trainer will NOT count
- 2. Any doctor/medical appointment without a note from the doctor.
- 3. At practice, but not participating due to missing clothes, shoes, or equipment.
- 4. Injured (diagnosed by the trainer and/or a doctor) but not present at practice receiving appropriate treatment or watching drills. Injured players may only be restricted to stay home by a doctor’s note. A note MUST be given to Coach Bryant.
- 5. Not practicing (present or not) due to “self-diagnosis” or “parent diagnosis”.
- 6. The following are examples of, but not limited to, unacceptable reasons for missing practice:

• Hair cut	• Car Repair	• Friend needs ride	• Shopping
• Getting license	• Vacation	• Work	• Homework
• Projects	• Study for test	• Birthday Parties	• Family in town
• Homecoming	• Friend in town	• Having a Head-Ache	• Not feeling good

# **EXCUSED ABSENCE**

- The football coaching staff recognizes that sometimes there are unforeseen and unavoidable circumstances that prevent a player from attending practice. In these rare cases, please make sure to contact Coach Bryant **DIRECTLY** prior to practice. That means call him on his cell or come see him in person.
- The following are examples of, but not limited to, acceptable reasons for missing practice:
  - Family emergency
  - Personal Illness/Sick
  - Family Illness
- After all attempts have been made during lunch or before school:
- Making up a test (attendance required after the test is completed along with a note from the teacher stating what time you got there and what time you left)
  - Physical Therapy (with a note from therapist)
  - Doctor/Dentist appointment (with a note from the doctor/dentist)
  - Funeral
  - Injured (sitting out per Doctor or Trainer only)
- If a player goes home from school sick, he must call Coach Bryant to let him know.
- Parents, please try to schedule doctor and dentist appointments around practice times if you can.
- Parents, please emphasize practice attendance and punctuality. It will greatly improve our TEAM and your son's future.

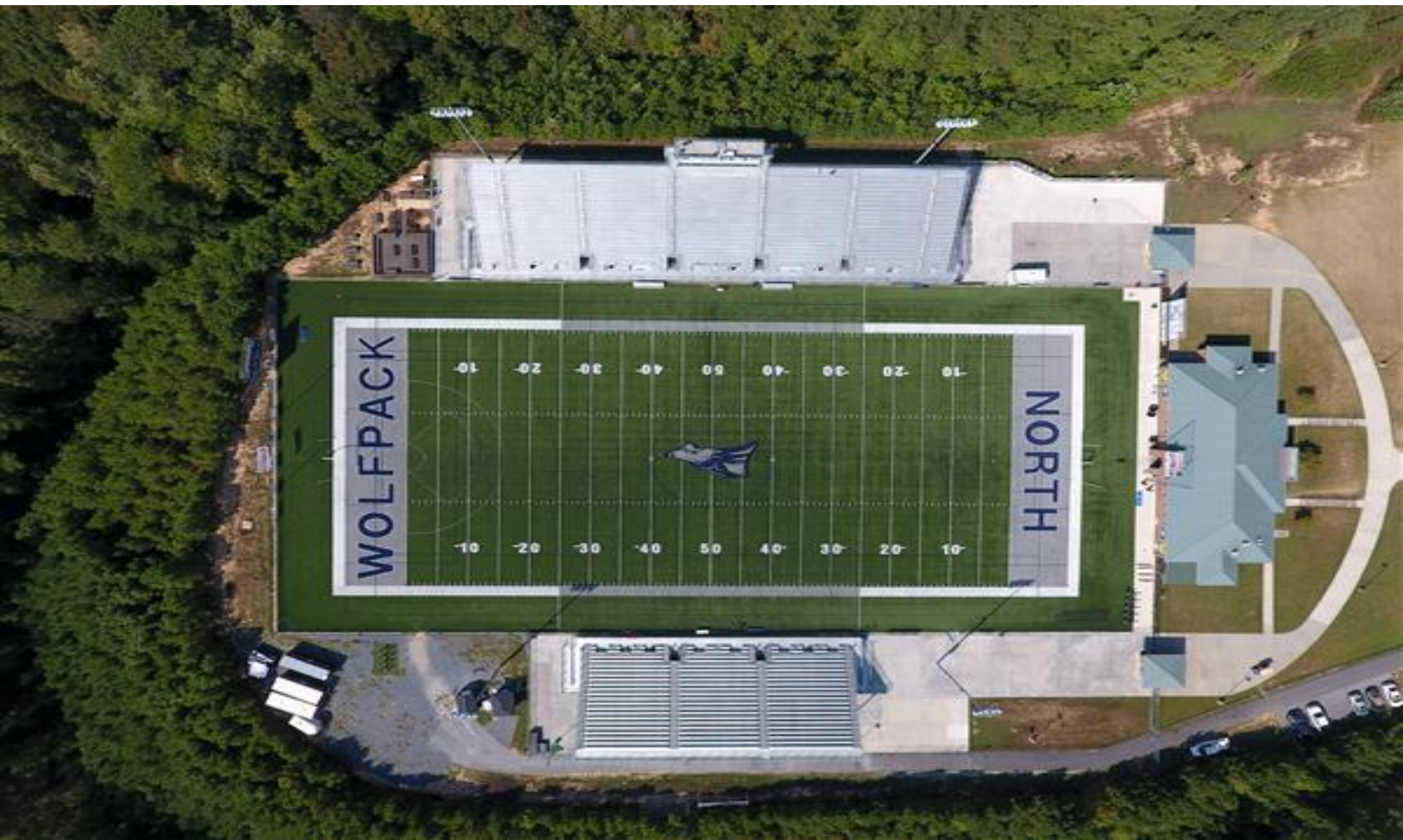
# **REMEMBER: IT IS UNEXCUSED UNLESS THE PLAYER CONTACTS COACH BRYANT**

- **Consequences for Missing Practice/Games**
- **Unexcused Absence from Practice:**
  - ONE unexcused missed practice (Suspended for a half)
  - TWO unexcused missed practice (Suspended for a game)
  - THREE unexcused missed practice (Season is Over)
  -
- **Excused Absence from Practice:** **Make up conditioning!**
- 
- **Tardies to Practice or Meetings:** **Coaches Discretion!**

# **SPECTATORS AT PRACTICE**

- All varsity and middle school practices will be closed to spectators unless authorized by Coach Bryant. Spectators at middle school practices should remain outside the track fence, if practice is on the track field.
- Reminder: All cars should be parked in a lined parking spot.

# **PLEASE REVIEW HANDBOOK**



# HANDBOOK AND REGISTRATION

## *WHEN YOU REGISTER ONLINE:*

- 1 YOU ARE SAYING THAT YOU HAVE READ AND UNDERSTAND THE HANDBOOK
- 2 YOU ARE RESPONSIBLE FOR THE INFORMATION IN THE HANDBOOK
- 3 PLAYERS AND PARENTS WILL BE HELD ACCOUNTABLE TO WHAT IS IN THE HANDBOOK



**PLAYER REGISTRATION**  
**OPENS MARCH 1ST**

**SEE WEEKLY AND MONTHLY CALENDAR**  
**[WWW.NORTHPAULDINGFOOTBALL.COM](http://WWW.NORTHPAULDINGFOOTBALL.COM)**



# 2019 Player Registration

## 2019 Registration Fees

- First player registered will be \$450.
- \$350 for player fee.
- \$100 for volunteer fee. (Every family is required to have a Dibs account.) Volunteer fee will be refunded at completion of 10 hours of volunteer time.
- Each additional player will be \$280.00
  
- Three ways to pay: Credit Card, Certified Bank Check, or Cash.
- Personal Checks only accepted for equipment deposit.
- K1-8<sup>th</sup> grade players and cheerleaders will pay on the CFL website.  
[www.cobbfootball.com](http://www.cobbfootball.com)
- 9<sup>th</sup>-12<sup>th</sup> grade players will register on the North Paulding Football website.  
[www.northpauldingfootball.com](http://www.northpauldingfootball.com)
- If you have multiple players and need to make payment plan arrangements, K1-8<sup>th</sup> parents need to see Kyle Anderson/Scott Swofford and 9<sup>th</sup>-12<sup>th</sup> need to see Rob Brookshire.



# Equipment Pick-Up April 13<sup>th</sup>

## 6<sup>th</sup> – 8<sup>th</sup> Graders

- All required player forms will be collected at the equipment pick up date prior to spring-training. Times to be determined.
- Physical forms, Handbook Acknowledgement, and GMSAA Concussion form for 6<sup>th</sup>-8<sup>th</sup>.
- Youth equipment pick up will be scheduled for dates in July.
- 9<sup>th</sup> – 12<sup>th</sup> Graders will pick up equipment the last week of April.
- 10<sup>th</sup> – 12<sup>th</sup> Graders will pick up equipment
- 12<sup>th</sup>            April    22            During School
- 11<sup>th</sup>            April    23            During School
- 10<sup>th</sup>            April    24            During School
- 9<sup>th</sup>             April    25            4pm-5pm

# *2019 Refund Policy*

- Refunds for players who decide not to play.
- 6<sup>th</sup>-12<sup>th</sup>
- No refunds after the picture date on July 27<sup>th</sup>.
- K 1<sup>st</sup>-5<sup>th</sup>
- No refunds after the 3<sup>rd</sup> week of practice.

**GO PACK!**

