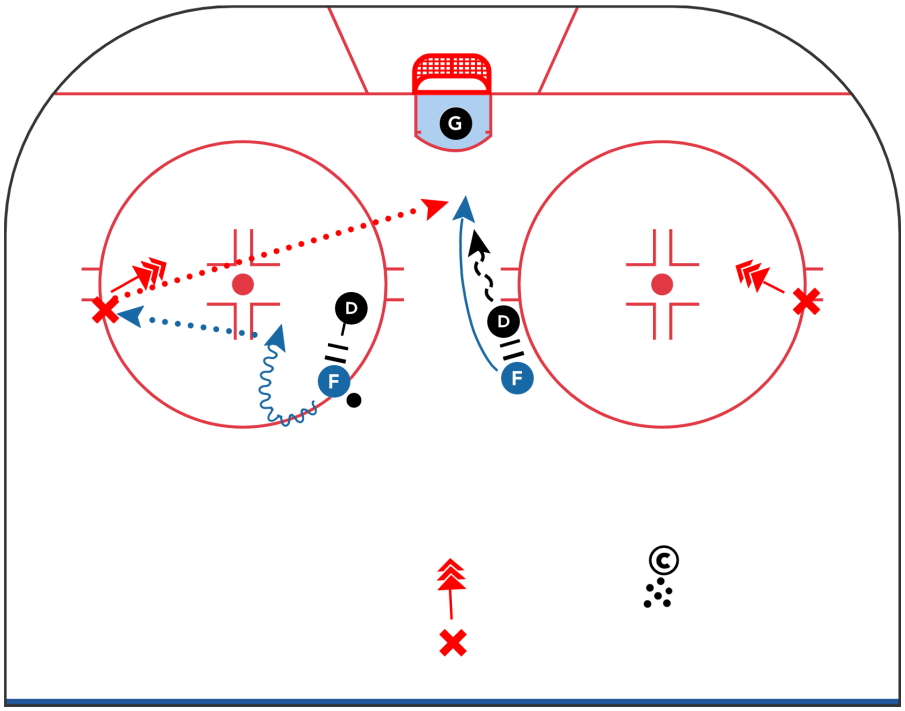
2 vs 2 Box Out Game



Description

- 2 vs 2 net front battle
- 2 F s have 3 shooters/passers on their side. 2 Forwards can give 'n' go with 3 outside shooters. Shooters can not keep the puck, but send it right away on net or to driving Forwards stick. F s drive and fight for position in front. If puck goes below the goal line or out of the zone --> Coach will give new puck to one of the 2 forwards.
- D : Talk, sort out, box out, stick on puck on the puck carrying forward, box out on the driving forward, See the puck and your player.

Key Points

- F: Protect puck, shots on net, drive and battle for position in front
- D: Talk, sort out, box out
- G: Control rebounds, eyes on the puck through traffic