

## HIGH SCHOOL RULES WILL BE USED

### THE FIELD DIMENSIONS

Division 1-2-3 Full Field 105 x 60 for Boys and Girls

Division 4 30 x 15 for Boys and Girls

Corner Flags: Half line Flags to be 3 ft back from the side lines

Goals: Division 1-2-3 Boys and Girls 24 ft x 8 ft high

Division 4 Boys and Girls 8 ft x 6 ft high

Ball Size: Division 1-2-3 use a #5 ball

Division 4 Boys and Girls use a #4

Division K use a #3

### NUMBER OF PLAYERS

Division 1-2	Age 12-14	11 v 11	Boys & Girls	7 minimum
Division 3	Age 8 – 9	9 v 9	Boys & Girls	6 minimum
Division 4	Age 6 – 7	8 v 8	Boys & Girls	5 minimum
Division K	Age 4 – 5	5 v 5	Boys & Girls	4 minimum

### SUBSTITUTION

Free subs, only on goal kick, corner kick and throw in when in possession of the ball. NO SUBS IN THE LAST 5 MINUTES OF THE GAME.

### PLAYERS MANDATORY EQUIPMENT

1. Soccer shoes only, tennis shoes not allowed
2. Shin guards for game and practice

### DURATION OF GAME FOR BOYS AND GIRLS

Divisions 1-2-3 35 minute each half with a 5-minute rest at half time

Division 4 25 minute each half with a 5-minute rest at half time

Division K Four (4) 10-minute periods with a 2-minute rest between periods

In case of very hot day, the referee will allow 2 minutes for water break and subsequent quarter. Coach and Parent to come onto field, player cannot step off the field

### DIVISION K

- A. No goalkeeper necessary
- B. Only one coach per team is allowed on the field
- C. There are field "A" and Field "B" teams divided into 2 balanced groups. Two games are played next to each other at same time. On second half the visitor's team switch fields.

### COED

If coed teams exist, same rules apply for Division 1-2-3. The make of the ball live has been removed; any player can score at any time.

### BALL IN & OUT OF PLAY

For division 1-2-3, if a throw in that does not enter the field of play, or is not executed properly, the ball goes to the other team.

### FOULS AND MISCONDUCT

1. Direct and Indirect fouls, opponent needs to be 10 yards from ball
2. Slide tackle is considered a very dangerous play and is punished with a yellow card
3. REFEREES
  - a. Referees will be high school certified and will enforce those rules. But they will be instructed not to use yellow or red cards to control the game
  - b. At first major offense, player will be given a verbal warning unless it is a dangerous play then they will receive a yellow card and sit for 5 minutes and they can be substituted. If the same player received a second yellow, they will be sent off and is done for that day. They can be substituted to avoid team shortage.
  - c. Red card offense, referee must submit a written report of the incident for committee to review for further action.

### COACHES

1. Coaches to submit a line-up card to the referee prior to the game with the names and jersey number.
2. We recommend for you to have an assistant coach to be listed on the line-up card. That in case of a red card for the Head coach the game can continue.
3. Every player plays a minimum half of the game, referee will keep track on the line-up sheet.
4. For divisions 1, 2 and 3; coaches must inform parents and friends that attend the game only on the east side of the field, and players with coaches on the west side of the field.
5. Siblings of the same age are to be placed on the same team.
6. Siblings of one year of age difference, the younger sibling can move up, with the parent's approval, to be on same team of the other sibling of the same gender. Once a child has been moved up a level, they must stay at the level
7. Siblings of two or more years of age difference, will go to the age level they belong.
8. The Head Coach can have his/her children on their team of the appropriate age level; not cousins, neighbors or other friends. Teams are assigned by the directors of soccer based on age and assessment. Once the assigned roster is received, you must choose your assistant coach and team mom from the parents of your roster, not from outside sources.