



## Senior Bio information

Please fill out and return to your coach by March 20<sup>th</sup> 2020.

Name Tristan Landers  
Jersey # 19  
Position defense

- *Number of years playing lacrosse*

3

- *Number of years playing BHS Lacrosse*

3

- *Other BHS sports played, clubs you have been involved in, and the number of years for each*

Softball – 4 years                      NHS- 1 year  
Beta club- 2 years                      JCL- 2 years  
NLHS- 2 years                              BXB- 2 years

- *Who is in your family (include names of parents, siblings, pets, etc.)*

*Mother and Father: Tim and Tracie*

*Brother: Tyler*

*Sister: Tatum*

*Dog: Pepper*

*Cats: Cappy and Bubbles*

- *What is the best advice you ever received*

*From Dr. Nicometi: "if you're going to speed, do it in the rain so at least the cop has to get wet to give you a ticket"*

- *Why do you love lacrosse*

*It's given me a chance to try something new with some of the same friends I've had for a long time and with new people that I've become close with. There's something special about team sports that create a sense of family and this team has done that for me.*

BHSLAX 2020

- *Best lacrosse memory*

*When Ella got the ball stuck in her Nike Pros*

- *Who has been your biggest inspiration*

*My brother, Tyler*

- *Your plans after BHS*

*Attend the University of Alabama and pursue a degree in either biology or criminal justice*