



The Torch

SYC Weekly Digest

November 29, 2022

[Calendar](#) | [Register](#) | [Website](#) | [Volunteer](#) | [Donate](#) | [The Clubhouse](#)

All-Star Soccer Tournament - Herndon Cup



Congratulations to all who participated in the Herndon All-Star tournament on November 19th and 20th. SYC teams all played well! See the complete list of all Champions and Finalists [HERE!](#)

SYC CHAMPIONS

U9 Boys West - Lower
U13 Girls - Upper
U14 Boys North - Upper
U16 Girls North - Upper
U19 Boys South - Lower

SYC FINALISTS

U10 Girls North - Upper
U10 Girls West - Lower
U11 Boys West - Upper
U12 Girls West - Upper
U13 Boys North - Lower
U19 Girls North - Lower

OPEN REGISTRATIONS

SPRING SPORTS

[Boys Lacrosse](#)

[Girls Lacrosse](#)

[Rec Volleyball](#) - **Just Added!**

[Travel Volleyball Tryouts](#) - **Just Added!**

WINTER SPORTS

[Rec Basketball](#) - **Some Waitlisting**

[Rec UP Basketball](#)

[Kickball](#)

[Powerlifting](#)

[Winter Break Soccer Camp](#)

[Volleyball Clinics](#)

FEATURED SPORT



Spring 2023 Volleyball registration is now open! Register today to secure your spot at the best pricing of the season. Don't delay - this registration fills up fast!

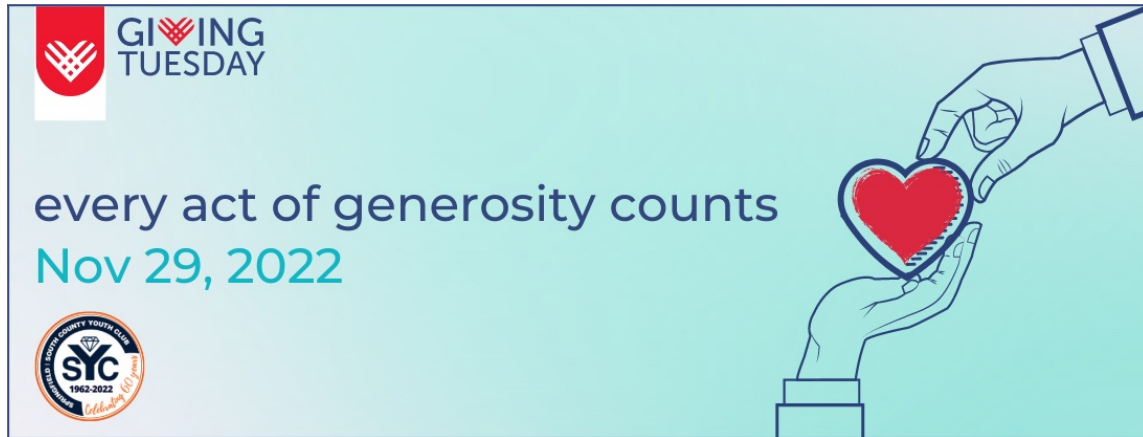
[Read More and Register Here!](#)



SYC Travel Volleyball Tryouts are now open! Tryouts are being held on January 19th and



[Read More and Register Here!](#)

NEWS AND SPECIAL EVENTS



GIVING TUESDAY

every act of generosity counts
Nov 29, 2022



Your donation can go a long way to help SYC keep children out on the fields, into the gyms, and off the phones! Our goal is to keep children active, healthy, and happy while learning a sport, developing their athletics skills, and building lasting friendships. Thank you for considering SYC during Giving Tuesday!

[Donate Here](#)



FLAG FOOTBALL

Fall 2022

The collage features four photographs of youth flag football teams. The top-left photo shows a team in white and yellow uniforms with coaches. The top-right photo shows a team in black and grey uniforms. The bottom-left photo shows a team in black and yellow uniforms with Pittsburgh Steelers logos. The bottom-right photo shows a team in black and yellow uniforms with Pittsburgh Steelers logos. A central graphic of a football with the text 'Fall 2022' is overlaid on the photos.

Congratulations to the fall flag football teams that won their Championship games, and

congratulations to all of our players and teams on a great season! See you in the spring!

3-6 Division
42 Steelers vs 6 Buccs

7-8 Division
24 Chargers vs 0 Dolphins

9-11 Division
12 Steelers vs 6 Broncos

12-17 Division
42 Raider 22 Cardinals

Meet Pablo Amaya - Director of Sports Performance

Springfield VA (11/11/2022) - SYC Soccer is excited to announce Pablo Amaya as the Director of Sports Performance Training in direct support of our SYC Travel Soccer Program. Pablo Amaya and his sports performance company RAMP will oversee and lead all U11-U19 Boys and Girls SYC travel soccer players for sports performance, injury rehabilitation, weight training, nutritional education, regenerative group sessions, coaching education, and parent education.

[Read More](#)

FAMILY AND COMMUNITY



FIFA World Cup - USA

Iran vs USA happening now. Are you watching?
Nov. 25 vs Iran - 2 PM ET (FOX & Telemundo)

RUN WITH *Santa* 5K

Run With Santa 5K

DECEMBER 4, 2022 | 8:30AM | RESTON TOWN CENTER REGISTER NOW All pre-registered participants will receive a Run with Santa 5K race sweatshirt, a one-of-a-kind finisher medal, a race bib, photo overlays, and a digital finisher certificate! Live Race Participants: Awards will be given to the top 3 overall male and female finishers in the live race!

[Read More](#)

HOLIDAY TOY DRIVE



Drop off new, unwrapped toys
from 11/28-12/19 to
Interstate 5801 Rolling Road

We'd love your feedback! Send questions or comments to admin@sycva.com.



NEVER MISS AN EDITION OF THE TORCH!
The latest edition is always available at sycva.com.

Springfield/South County Youth Club | 7201A Lockport Pl, Lorton, VA 22079

703-339-3796 | www.sycva.com



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