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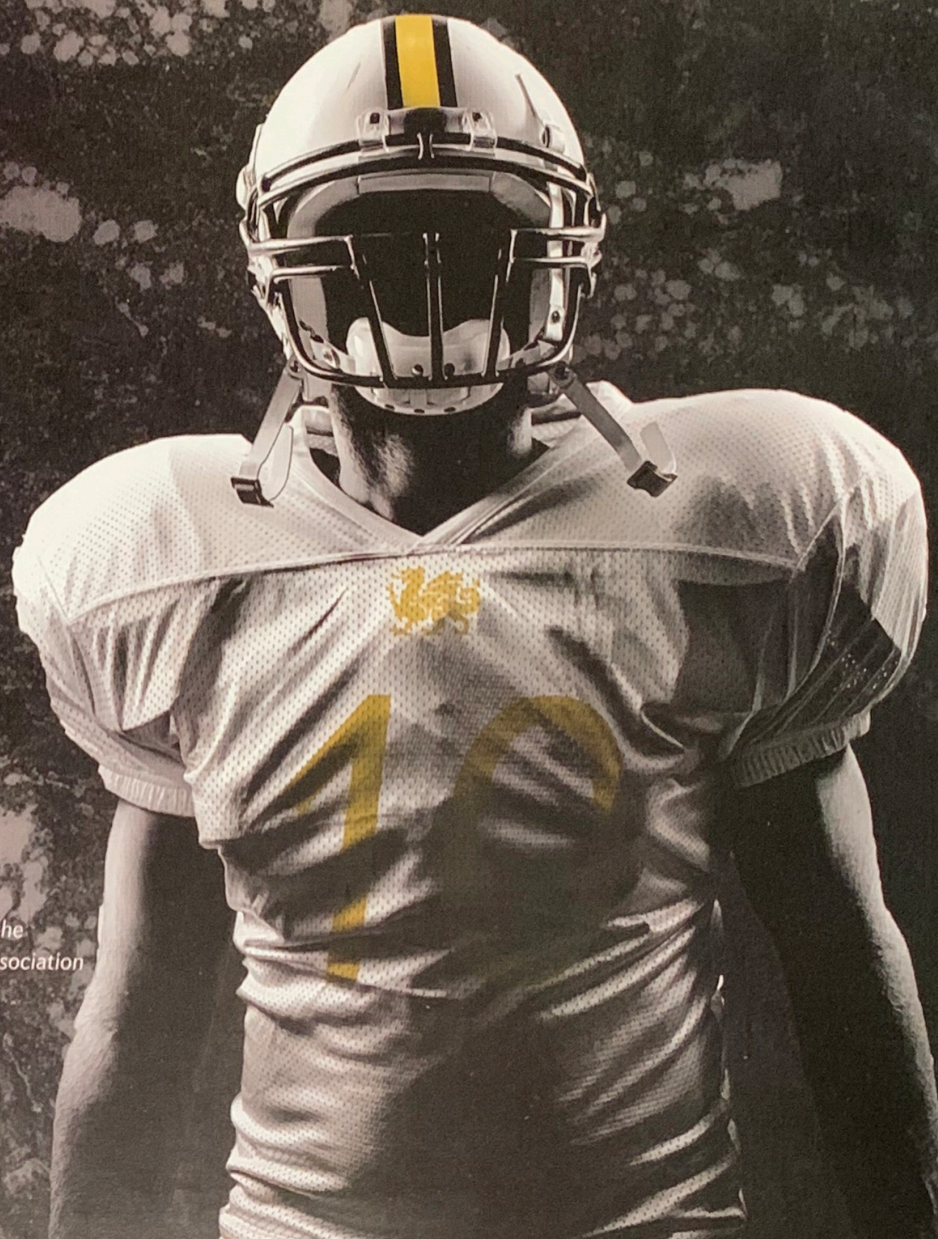
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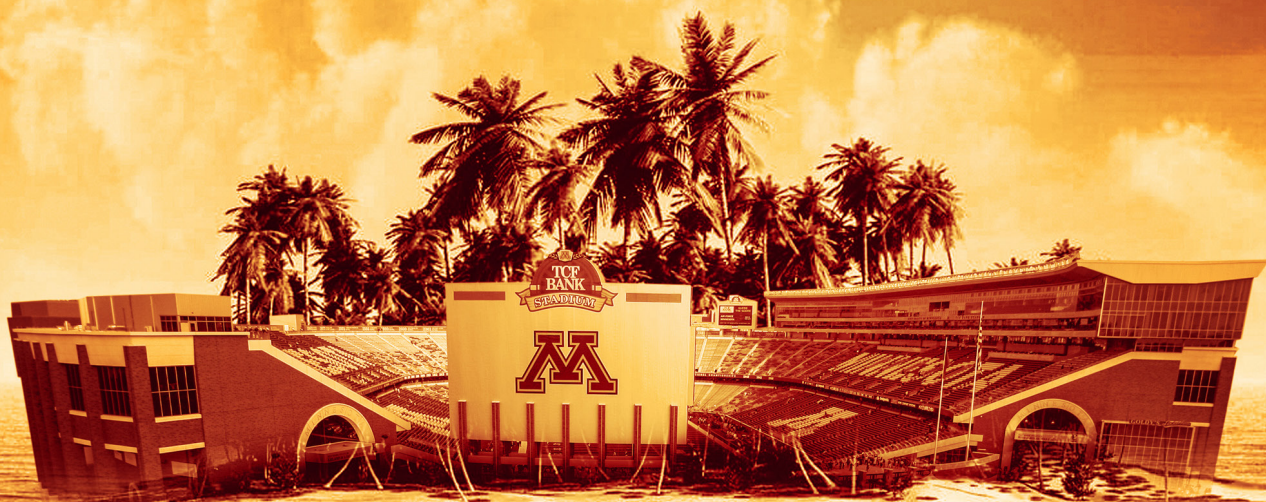
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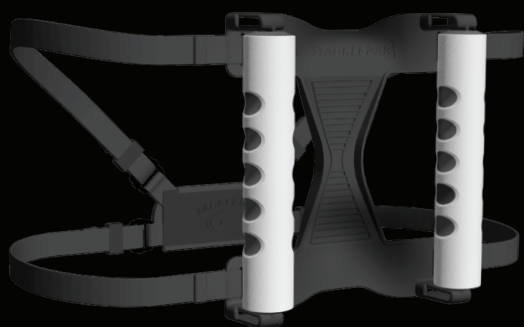


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From the desk of

RON STOLSKI, MFCA EXECUTIVE DIRECTOR



Ron Stolski

MFCA Executive Director

Fellow keepers,

Since accepting the position of Executive Director of the MFCA, I have been privileged to write this column in our annual summer publication. The intent, from the outset, is, and has been, to report to our membership on a variety of issues, large and small, both state-wide and nationally, that effect our great game and our ability to enhance, protect and teach it. As it was in the beginning, it is a labor of love. Change is constant; compliance is optional. You either manage change or it manages you. I am proud to report that your MFCA has managed the myriad changes and challenges to our game, (and that has never been more prevalent or important as it is today), well. The progress has been well chronicled in previous columns and is supported by the evidence. To site a few initiatives, all of which are the direct result of the ideas and continuing leadership of members, committee chairs, et al. You, good keepers, have accomplished the following: First class nationally respected Football Clinic, The fall All-Star Football Showcase, Mr. Football, Camp Out reach, annual Scholarships, Character Clinic, MFCA sponsorships, Youth Football Summit, Hall of Fame and COY banquet, Community Service, Tackle cancer, President's project, MFCA blasts, Twitter,

President's annual project, MFCA Code of Ethics, Website, Conference reps checklist, MFCA constitution and By-Laws and Leadership Flow Chart, Charter member of the National HS Football Alliance, a superlative annual magazine, etc., etc. All of these efforts have been developed by our membership's leaders...President's, committee chairs, members at large. Like minded men who have contributed to making the MFCA important, viable, influential and strong. A humble "thanks" from this office; a proud salute to you all

We have been blessed to have outstanding Presidents year after year. The president's gavel has been passed. Congratulations and "thank you" to outgoing President Gonnerman for a wonderful job! Welcome President LaBore. Our membership is fortunate to have leaders like Scott and Beau.

Coaching is a splendid way to spend a life. When we choose a life in coaching we choose to try to make a difference in the lives of the people we touch. I have thought of that phrase often during the decades of this career, and hope in some ways our coaching has made that 'difference' in the lives of our players.... Churchill's quote "we make a living by what we get, we make a life by what we give" is one that rings in the ears during most morning drives. To be fair, a coach is given much as well. It doesn't take long in a coach's life to learn how valuable and treasured the relationships we form with team, staff and colleagues become. Our profession is filled with the newest, latest, and fastest ways to achieve success. Fads, techniques, the next great program aids, are at the tip of our iPad, phone, or computer finger. HUDL, and all its cousins, have been the leaders of the new generation...easier to coach? Maybe. As much as I dislike the term "OLD SCHOOL", I miss all that the term connotes. My style with kids and colleagues is to be a 'story teller' Teach through sharing and relating the lessons of the past game, team, or player. Use living examples of the 'right 'way' to play the game. I was reminded of the love of stories while at our march Clinic. During the retired coaches reception, the room was filled

with the legends of our past: rivals; sure, comrades all. The room was filled with laughter, hellos and recollections of this game or that; this coach or that one... "do you remember the time"? We shared tales of clinics past, (remember the Leamington hotel when....) memorable games, calls, characters, a time when there were no playoffs... we could all claim titles, and on and on. I left the room with the full knowledge that, no matter what, our huddle lived; that, for some things we can 'stay the same' left with the hope that the coaches in the profession now, and the young to come, never neglect to appreciate and share the true meaning of our marvelous fraternity... never stopped telling stories and remembering when...

Some years back (a lot really) in the quiet of the night, I put pen to paper... Please forgive my indulgence now....

"And so it begins;

years ago they came from farm fields and Legion baseball...

from two- story houses, lights twinkling in the morning quiet...

Ruddy faced boys with patches on their pants and sun burnt faces;

When they got there, I was waiting...

hoping to do them a bit of good.

Now many, many games later, they still come;

When they get here, I will be waiting.

It will be that way, I fear,

as long as there are lights in the morning quiet

and breath in my soul."

See you on the field.

Ron Stolski

Executive Director, MFCA

2019-2020 MINNESOTA FOOTBALL

MINNESOTA FOOTBALL COACHES ASSOCIATION

DIRECTOR OF PUBLICATIONS - TERRY TUREK

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This publication is issued annually by the MFCA

PAST PRESIDENTS

1956-57	Harvey Shew - Brainerd	1988-89	Keith Swanson - Hoffman-Kensington
1957-58	Lew Swearingen - Jackson	1989-90	Jerry Peterson - Owatonna
1958-59	Red Wilson - Bemidji	1990-91	Dave Brokke - Granite Falls
1959-60	Loren Hagge - Rochester	1991-92	Con Natvig - Swanville
1960-61	Frank Cleve - Minneapolis Henry	1992-93	George Larson - Cambridge
1961-62	Lew Barle - Greenway	1993-94	Buz Rumrill - Silver Lake
1962-63	Tom Mahoney - Fairmont	1994-95	George Tuvey-Janesville-Waldorf-Pemberton
1963-64	Steve Silianoff - So. St. Paul	1995-96	George Thole - Stillwater
1964-65	Dale School - Redwood Falls	1996-97	Ken Baumann - Mahnommen
1965-66	Bill Hansen - Willmar	1997-98	Dave Hylla - Proctor
1966-67	Bob Roy - St. Louis Park	1998-99	Neal Hofland -Chokio Alberta
1967-68	Marv Gunderson - Winona	1999-00	Ken Belanger -Zumbrota-Mazeppa
1968-69	Milt Osterberg - Worthington	2000-01	Bubba Sullivan - Northfield
1969-70	Dick Lagergren - Brainerd	2001-02	Dick Strand - Southland
1970-71	Les Dreschel - Ada	2002-03	Dave Nelson - Blaine
1971-72	Don Varpness - New Ulm	2003-04	Mike Mahlen-Verndale
1972-73	Ron Raveling - Columbia Heights	2004-05	Dwight Lundeen - Becker
1973-74	Rollie Bromberg - Cloquet	2005-06	Flint Motchenbacher - Detroit Lakes
1974-75	Don Swanson - Minneapolis Henry	2006-07	Clay Anderson - Albert Lea
1975-76	Don Stueve - Fergus Falls	2007-08	Wayne Petermeier - Browerville
1976-77	Dean Brown - Winona	2008-09	Shannon Gerrety - Blaine
1977-78	Gary Gustafson - North St. Paul	2009-10	Jon Johnson - Litchfield
1978-79	Grady Rostberg - Hutchinson	2010-11	Paul Dunn - Springfield
1979-80	Dick Lawrence - Eveleth	2011-12	Jeff Weiland - Orono
1980-81	Ron Scott - Coon Rapids	2012-13	Jon Bakken - Waterville Elysian Morristown
1981-82	Jim Roforth - Lake City	2013-14	Gary Sloan - Grand Meadow
1982-83	Ron Stolski - Brainerd	2014-15	Jeff Ferguson - Totino Grace
1983-84	Tony Thiel - Battle Lake	2015-16	Scott Tschimperle - Glencoe-Silver Lake
1984-86	Dick Walker - Richfield	2016-17	John Clark, Jr. - Mahnommen
1986-87	Jim Simser - New Richland - Hartland	2017-18	Terry Bahlmann - Marshall
1987-88	Dave Nigon - Totino Grace	2018-19	Scott Gonnerman - Benson

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1956-57	Frank Cleve - Minneapolis Henry	1983-87	Don Larson - Albert Lea
1957-61	Dwaine Hoberg - St. Louis Park	1987-00	Jim Simser - Fairmont
1961-64	Bob Roy - St. Louis Park	2000-08	Terry Turek - LeSueur-Henderson
1964-74	Chuck Elias - Minneapolis Central	2008-	Jim Dotseth - Minneapolis Henry
1974-83	Jerry Peterson - Owatonna		

PRESIDENT'S MESSAGE

Minnesota Football Coaches,

I am honored and grateful to serve as the President of the Minnesota Football Coaches Association. Much of my appreciation for this organization stems from a history of seeking to do everything the right way. The MFCA gathers coaches from all corners of our state at all levels, positions, and ages, to develop, mentor, and honor them when deserving while constantly promoting our game. The association endorses proper application of the game, competition, player safety, academic achievement, player recognition, recruitment, and of course on and off the field performance and joy. Furthermore, through the Community Service Award and Tackle Cancer, our association has encouraged our players and coaches to give to and serve others throughout our state in order to leave a lasting legacy far beyond the gridiron. The MFCA is a special organization – one we must continue to hone, grow, and experience.

While our game has faced some challenges over the past decade, now is the best time to play football. These challenges have spawned changes, programs, and resources that are making the game safer than it has ever been. Coaches are more conscious and purposeful protecting player safety when using necessary return to play protocols. Moreover, the research and science community has responded to the rash of negative – and in some cases unfounded – media coverage to recognize that while playing football does pose risks, so does traveling in cars, riding bikes, skateboards, snowboards, or skis, or playing on a playground. In fact, those activities are statistically more dangerous than football. Therefore, we can recognize there are risks but we have to also see the significant benefits, which we know can be greater. Now more than ever, young men need our game to become men of character to display perseverance, selflessness, empathy, and some grit.

While the MFCA is proud of its past and strong in the present, we are preparing for the future. Our organization revitalized itself in the early 2000s. The MFCA established an Executive Director position (Ron Stolski of Brainerd), created a first class coaches clinic, obtained important sponsorships, shared the leadership of the organization, and grew the membership. The association is as strong as it has ever been. Nevertheless, work is underway to ensure we continue this progress in the future. First, an inventory of duties of each leadership position within the executive director's committee will be collected. Second, a succession plan has been initiated to replace the Executive Director and Secretary/Treasurer to ensure a smooth transition of leadership at the top. In effect, the Executive Director convened a committee, conducted interviews, and selected a successor in Minnetonka Head Football Coach Dave Nelson to work alongside Stolski until he decides his service should conclude. Finally, our leadership team has recognized that we are getting old(er).

In 2006, as a second year head coach at age 27, I offered to be a Conference Representative. To me, serving other coaches was a worthy cause which allowed me to work with some of our state's best men. Anything I have given to our organization, I have received more. Within a couple years, I joined the Executive Director's Committee. I was the only 20-something hanging around. Soon, I was the lone coach in his 30s. Now, I'm still the young guy, but I'm 40. We know that the stalwarts who have made this organization great will continue to serve in various capacities, but they will not be here forever. Coaches not involved in the MFCA, especially those younger coaches, it is time to step up so we can continue our current work of the MFCA as we brace for future challenges and opportunities. Keepers of the Game: we need you, your time, your talent, and your service!

Finally, I am excited about two projects as President. First, I am drafting an official MFCA Football Position Statement. Second, I seek to preserve more of our past and present through our Hall of Fame Banquet Program. In this effort, I will need a few minutes from coaches all over the state and hope you will assist in this ambitious, significant initiative.

Football is the greatest team sport in the world and it is more than just a game. Our work is significant and must continue now and into the future. Coaches: thank you for being a Keeper of the Game and best of luck in 2019!

Beau LaBore — President, MFCA



PRESIDENT
Beau LaBore
Stillwater

Samadani, U. (2019, May 4). Youth Sports and the Risk for Brain Injury: Balancing Risk and Benefit. Lecture presented at Minnesota Football Summit in Roseville Area High School, Roseville, MN. (Uzma

Samadani MD PhD FACS Rockswold Kaplan Endowed Chair Brain Injury Hennepin County Medical Center Associate Professor Neurosurgery University of Minnesota)

LETTER FROM COACH P.J. FLECK UNIVERSITY OF MINNESOTA

I would like to thank all of you who attended the Minnesota Football Coaches Association Clinic this past March. I believe it is one of the best in the country. It is wonderful to see how important and valuable the clinic is to our football coaches in this state, at every level. I want to thank you all for the support you continually show to my staff and I. I always look forward to meeting and talking with many of you at the clinic. I am glad that some of you were able to make it over to our facility to meet with our coaches and watch practice.

I hope you all had an elite summer before we head into another football season this fall. As I begin my third season, our H.Y.P.R.R. culture continues to foster a championship environment while developing our young men into elite leaders on and off the field. As I have stated many times before, my goal is to develop our players academically, athletically, socially and spiritually.

Most importantly are our academics and serving and giving to our community. Last fall, our team's Nekton mentality led to a term GPA of 3.20, the highest in the history of the Minnesota Football program. It's things like sitting in the first two rows and wearing a collared shirt in class that help make this obtainable. Our players serve our community through numerous volunteering opportunities at the Masonic Children's Hospital, food shelters, elementary schools and more.

On the field, we were the youngest team in the nation last season. We did not let that statistic define who we were because for the first time in 15 years – THE AXE IS BACK! Our team also became bowl game champions after beating Georgia Tech in the Quick Lane Bowl for the program's most dominating bowl game in school history.

I am anxious for the upcoming 2019 season with training camp beginning soon. Our guys have set the bar high with the elite work they have been doing during the offseason. I want to wish you and your programs elite success this upcoming fall. Enjoy the special memories that those Friday night lights create. High school football is a one-of-a-kind experience and you are blessed to have the opportunity to lead these young men.

Please let me know if there is anything our program can do to help you in anyway. You are always welcome at our facilities and to attend practices. I hope to see all of you at TCF Bank Stadium for a game this season or at one of our practices.

Ski-U-Mah, Row The Boat and Go Gophers!



A handwritten signature in black ink, appearing to read "P.J. Fleck". The signature is stylized with a large, looped "P" and a cursive "Fleck".

Coach P.J. Fleck

MINNESOTA FOOTBALL COACHES ASSOCIATION



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MFCA CODE OF ETHICS

PREAMBLE

One of the distinguishing characteristics of a profession in education may be that its members are cognizant of, and perhaps dedicated to, rendering a service to humanity. As educators who choose to coach football, we must understand that the justification for football is that it provides educational and physical values for those who play the game, and the game essentially belongs to the players who choose to play it.

The welfare of the game depends on how coaches live up to the spirit and letter of ethical conduct, and how coaches, as educators, model ethical conduct, and remain mindful of the trust and confidence placed in them by colleagues, players, and the public.

PURPOSE

This code of ethics has been developed to protect, promote, and preserve the best interests of the game and the coaching profession. Its primary purpose is to clarify and distinguish ethical and professional practices from those which are detrimental. Its secondary purpose is to emphasize the value of football as an experience that contributes to the overall education of the student-athlete and to stress proper functions in relation to schools, players, and the public.

ARTICLE ONE – RESPONSIBILITY TO PLAYERS

1. Coaches shall be aware of the tremendous influence they have on the education of the student-athlete; therefore, they shall never place the value of winning above the value of instilling the highest ideals of character and integrity.
2. Coaches shall follow or create and enforce a set of training rules for players that reflect the positive values of abstaining from drugs, alcohol, and tobacco.
3. Coaches shall never place the value of winning over the safety and welfare of players.
4. Coaches shall not exert pressure on faculty members to give players special consideration.
5. Coaches shall show respect to all players by treating them with integrity and honesty in both verbal and nonverbal behavior, regardless of their role or contribution to the team.
6. Coaches are responsible for their players' actions on the field and must not permit them to perform with the intent of causing injury to opposing players.
7. Coaches shall not seek unfair advantage by teaching deliberate unsportsmanlike behavior to players; they shall instruct players to play within the written rules and within the spirit of the game at all times.

ARTICLE TWO – PROFESSIONAL BEHAVIOR

1. Coaches shall exemplify the highest moral character, behavior, and leadership.
2. Coaches shall display modesty in victory and be gracious in defeat.

3. Coaches shall promote ethical relationships among fellow coaches.
4. Prior to, and following contests, coaches for the competing teams should meet and exchange cordial greetings to set the correct tone for the event.

ARTICLE THREE – SPORTSMANSHIP

1. Coaches shall exhibit, model, and teach good sportsmanship.
2. Coaches shall exert their influence to enhance sportsmanship by spectators, both directly and by working closely with cheerleaders, pep clubs, booster groups, parents, and administrators.

ARTICLE FOUR – SCOUTING

It is considered ethical to scout opponents only during games and agreed upon scrimmages, and within the designated rules of the conference or section by-laws. The head coach is responsible for the actions of his scouts.

ARTICLE FIVE – RELATIONSHIPS WITH GAME OFFICIALS

Coaches shall respect the integrity and judgment of the game official. Coaches shall not indulge in conduct which would incite players or spectators against officials. Public criticism of officials is considered unethical.

MFCA MEMBERS FOR 2019-2020

Listed below are the dues-paying head coaches of the MFCA. These coaches are representative of the high school football teams in Minnesota. The association would like to remind all coaches to renew their membership for the upcoming year and to encourage their assistants to do the same.

The MFCA believes that it is realistic to have over 90% of all head coaches as members. Membership strengthens the association and allows for better representation for all teams and their concerns.

Remember, the MFCA is not just a "head coaches only" group, several teams have taken advantage of having assistants take a more active role in association meetings and it has improved participation and representation a great deal.

Please note that some coaches names may have been inadvertently omitted.

Coach	School
Aakre, Arek.....	Fosston H.S.
Abbott, Chad.....	Saint Thomas Academy
Achterkirch, Marc	Owatonna H.S.
Adams , Charles.....	Minneapolis North Community H.S.
Adams, Jeff.....	Janesville-Waldorf-Pemberton H.S.
Ague, Kyle.....	Southwest Christian School
Ahrendt, Thomas	Nevis H.S.
Alexander, Harold.....	Saint Cloud Apollo H.S.
Alger, Steve.....	Saint Peter H.S.
Allaire, Claud	Macalester College
Allen, Darrin.....	Martin County West H.S.
Allen, Grant.....	Swanville H.S.
Allen, Kyle.....	Pine City H.S.
Allen, Scott.....	Saint James H.S.
Alto, Dan	Kelliher H.S.
Alvarado, Giovanni.....	Saint Clair H.S.
Alvarado, Giovanni.....	Saint Clair H.S.
Amdahl, Alan.....	Albany H.S.
Anderson , Jim	Two Harbors H.S.
Anderson, Aron	Brainerd H.S.
Anderson, Ben	Howard Lake-Waverly-Winsted H.S.
Anderson, Brody	Tracy-Milroy-Balaton H.S.
Anderson, Chad	Cretin-Derham Hall H.S.
Anderson, Clay	Pipestone Area H.S.
Anderson, Jake	Duluth Denfeld H.S.
Anderson, Jesse	Saint Michael-Albertville H.S.
Anderson, Jon.....	Bloomington Kennedy H.S.
Anderson, Tom	Eden Prairie H.S.
Anderson, William	Two Harbors H.S.
Andres, Tony	Moose Lake H.S.
Armbrust, Kevin	Milaca H.S.
Armbruster, Adam.....	Sleepy Eye Saint Mary's H.S.
Aro, Michael.....	Eveleth-Gilbert H.S.

Coach	School
Ashbaugh, Derek.....	Tracy-Milroy-Balaton H.S.
Atherton, Kyle.....	Cleveland H.S.
Aufdenkamp, William.....	West Central Area School
Aurich, Dean.....	Mayer Lutheran H.S.
Aycock, Craig.....	Saint Cloud Tech H.S.
Bachman, Marc.....	Saint Peter H.S.
Bahlmann, Terry	Marshall H.S.
Bailey, Mike	Chanhasen HS
Bakken, Jon.....	Waterville-Elysian-Morristown H.S.
Ball, Anthony	Mankato East H.S.
Ballweg, Alexander	Stillwater Area H.S.
Barber, Scott	Worthington H.S.
Baril, Kory.....	Red Lake County Central
Barlund, John	Frazee H.S.
Barnack, Tony	Tri-City United HS
Barnacle, Jesse	Dilworth-Glyndon-Felton H.S.
Bartlett, Ryan.....	White Bear Lake Area H.S.
Bartos, Joe	Little Falls H.S.
Bartosiewski, Ryan	Stillwater Area H.S.
Bartsch, Frank	Floodwood H.S.
Basil, Joe.....	Maple Grove H.S.
Battaglia, Scott	Moose Lake H.S.
Baumann, Rick.....	Howard Lake-Waverly-Winsted H.S.
Baumgarten, Dean.....	Little Falls H.S.
Baumgarten, Joel	Rocori H.S.
Baumgartner, Andrew	Yellow Medicine East H.S.
Beckmann, James.....	Bethlehem Academy
Bedel, Cory.....	Hancock H.S.
Beehler, Michael.....	Saint Cloud Apollo H.S.
Behm, Connor.....	Duluth Denfeld H.S.
Bender, Collin.....	Edina H.S.
Bendix, David	Minnesota Valley Lutheran
Beneke-Eaves, William	Saint Paul Central H.S.

Coach	School
Beneke, Bruce	Saint Paul Central H.S.
Benge, Jonathan	Spectrum H.S.
Bengtson, Hakan	Becker H.S.
Benson, Jon	Saint Cloud Tech H.S.
Berdan, Ronald	Sleepy Eye H.S.
Bergeson, Brett	Redwood Valley H.S.
Bergeson, Bryant	Dilworth-Glyndon-Felton H.S.
Berglund, William	Cloquet H.S.
Bergstedt, Todd	Hermantown H.S.
Berkner, Dan	Maple River H.S.
Bernards, Jefferson	Kasson-Mantorville H.S.
Bernards, Josh	Byron H.S.
Berning, Scott	Howard Lake-Waverly-Winsted H.S.
Bernstrom, Mark	Kittson Central H.S.
Best, Darren	Minnetonka H.S.
Bestor, Tim	Kingsland H.S.
Beuning, Paul	New London-Spicer H.S.
Bevins, Ken	Waubun H.S.
Bibbs, Adam	Maple River H.S.
Biegner, Chris	Alexandria H.S.
Bierbaum, Brian	Albany H.S.
Biermaier, Michael	Browerville H.S.
Birchem, Nick	Hawley H.S.
Bisson, Peter	St Croix Prep Academy
Bixler, Patrick	Blaine H.S.
Bjornjeld, Mark	Lac qui Parle Valley H.S.
Black, Corey	Albert Lea H.S.
Blanchard, Bob	Big Lake H.S.
Blank, David	Wabasso H.S.
Blaszcziek, Bryan	Lakeville North H.S.
Blom, David	Atwater-Cosmos-Grove City H.S.
Blom, Gary	Saint James H.S.
Blom, Robert	Mountain Lake H.S.
Bobbe, John	Andover H.S.
Boeyink, Jeremy	Atwater-Cosmos-Grove City H.S.
Bohaty, James	Moose Lake H.S.
Bolduan, Jeremy	New Ulm H.S.
Bolton, Michael	Atwater-Cosmos-Grove City H.S.
Bonine, Robert	Roseville Area H.S.
Boomgaarden, Scott	Pipestone Area H.S.
Boonstra, Jeff	New London-Spicer H.S.
Boos, Anthony	Blaine H.S.
Boran, Blake	Janesville-Waldorf-Pemberton H.S.
Bosshart, Dustin	Saint Clair H.S.
Bouman, Todd	Buffalo H.S.
Bourquin, Jared	Heron Lake/Okabena HS
Bouwman, Justin	Marshall H.S.
Boyer, Jeffrey	Park Christian H.S.
Braaten, Luke	Litchfield H.S.

Coach	School
Braaten, Matthew	Cambridge-Isanti H.S.
Braeger, Marc	White Bear Lake Area H.S.
Bratsch, Carl	Belle Plaine H.S.
Bratsch, Derek	Maple River H.S.
Breitbach, Ryan	Win-E-Mac H.S.
Brennan, Joe	Annandale H.S.
Breuer, Eric	New Prague H.S.
Brevitz, Robert	Stillwater Area H.S.
Breyen, Mike	Elk River H.S.
Brinkman, Nate	Mountain Lake H.S.
Britten, Dante	Minnehaha Academy
Broich, Todd	Sauk Centre H.S.
Brookins, Bret	East Ridge H. S.
Brown, Anthony	Zumbrota-Mazeppa H.S.
Brown, Hugh	Hope Academy
Brown, Lambert	Wayzata H.S.
BROWN, MIKAL	Hibbing H.S.
Brown, Zachary	Sauk Rapids-Rice H.S.
Buboltz, James	Minnesota Valley Lutheran
Buerkle, Jeffrey	Anoka H.S.
Buffetta, Brian	Mountain Iron-Buhl H.S.
Bulau, Tyler	Atwater-Cosmos-Grove City H.S.
Bullerman, Travis	Luverne H.S.
Burgau, Tanner	Sebeka H.S.
Burgstahler, Lawton	Park Christian H.S.
Burk, Ben	Lakeville South H.S.
Burman, Brian	Deer River H.S.
Burmeister, Patrick	Mankato West H.S.
Buszta, Jeffrey	Minneapolis South H.S.
Butt, Scott	Crookston H.S.
Byklum, Darrin	Fisher H.S.
Campbell, Charlie	Brainerd H.S.
Campbell, Gene	Rochester Century H.S.
Carlson, Darby	Maple Grove H.S.
Carlson, David	Barnum H.S.
Carlson, Samuel	Saint Clair H.S.
Carlson, Tim	Bloomington Jefferson H.S.
Carpenter, Bryan	Cook County H.S.
Carrier, Trevor	LeRoy-Ostrander H.S.
Carroll, John-Howard	Rochester Lourdes H.S.
Cassellius, John	Winona H.S.
Casterton, Nick	Jordan H.S.
Cebulla, Dave	Belgrade-Brooten-Elrosa H.S.
Chamernick, Mark	Saint Cloud Cathedral H.S.
Cherney, Joseph	Cass Lake-Bena H.S.
Christensen, Jeremy	Minnewaska Area H.S.
Christensen, Tait	Litchfield H.S.
Christenson, Martin	Montevideo H.S.
Christiansen, Isaac	Virginia H.S.

"THE KEEPERS OF THE GAME"

Coach	School
Christianson, Chad	Hancock H.S.
Clare, Damon	Delano H.S.
Clark Jr, John	Mahnomen H.S.
Clark, Bruce	Lewiston-Altura H.S.
Clark, Derrick	Hillcrest Lutheran Academy
Clark, Paul	Waubun H.S.
Clauson, Mark	Owatonna H.S.
Clendening, Chad	Apple Valley H.S.
Clough, Greg	Minnetonka H.S.
Coenen, Jerome	Chanhasen HS
Coldagelli, Michael	New Prague H.S.
Cole, Jeffrey	Maple River H.S.
Conway, Grant	Thief River Falls Lincoln HS
Cook, Aaron	Win-E-Mac H.S.
Cook, Bryan	Mora H.S.
Copeland, Adam	Eagan H.S.
Cornell, Gary	Virginia H.S.
Cornell, Keith	Saint Michael-Albertville H.S.
Corrigan, Jacob	Mora H.S.
Courneya, Nick	Frazee H.S.
Cousineau, Joe	Stillwater Area H.S.
Crabtree, Joshua	Luverne H.S.
Cremers, Ed	Virginia H.S.
Cross, Michael	Elk River H.S.
Cumberland, Kevin	Saint Clair H.S.
Curry, Jonathon	Fulda H.S.
Czech, Bradley	Little Falls H.S.
Dahl, Bryan	Chaska H.S.
Dahl, Darris	Bagley H.S.
Dahl, Matthew	Litchfield H.S.
Dahlman, Eric	Edina H.S.
Dahlstrom, David	Foley H.S.
David, Nick	Mound-Westonka H.S.
Davis, Bruce	Tri-City United HS
Davis, Eric	Mankato East H.S.
Day, Chuck	Anoka H.S.
Deibele, Cole	Monticello H.S.
Demars, Thomas	Pine River-Backus H.S.
DeMorett, Connor	Holdingford H.S.
DenHartog, John	Hopkins H.S.
Deschneau, Brian	Mounds View H.S.
Desjarlait, Nolan	Red Lake H.S.
Destache, Dan	White Bear Lake/Mahtomedi HS
DeWulf, Mike	Nevis H.S.
Diediker, Matt	Tartan H.S.
Diercks, Billy	Goodhue H.S.
Dierks, Jon	Mankato East H.S.
Dietel, John	Monticello H.S.
Diggins, Mike	Centennial H.S.

Coach	School
Digiovanni, Jeremy	Elk River H.S.
Dingmann, Zach	Albany H.S.
Dinnel, Michael	Pine River-Backus H.S.
Doering, Nathan	Minnesota Valley Lutheran
Dokken, Peter	Rochester John Marshall
Domschot, Mark	White Bear Lake Area H.S.
Donahue, Michael	Alexandria H.S.
Donohue, Kevin	Providence Academy
Donovan, Terry	Kasson-Mantorville H.S.
Dotter, Paul	Academy of Holy Angels
Douglas, Dan	Montevideo H.S.
Drager, Dustin	Maple River H.S.
Dragich, Joseph	Byron H.S.
Drake, Eric	Mountain Iron-Buhl H.S.
Dreyer, Jon	Montevideo H.S.
Drkula, Tony	Saint Croix Lutheran H.S.
DuBe, Sean	Northfield H.S.
Dukowitz, Chad	Saint Cloud Tech H.S.
Duncan, Richard	West Central Area School
Duncanson, Gavin	Saint Michael-Albertville H.S.
Dunn, Paul	Springfield H.S.
Ebner, Robby	Goodhue H.S.
Eck, Keith	Clearbrook-Gonvick H.S.
Edin, Lance	Verndale H.S.
Edmunds, Erik	Proctor H.S.
Eggermont, Jerry	Owatonna H.S.
Eggiman, Scott	Park Christian H.S.
Eichenberger, Lon	Worthington H.S.
Elder, Erin	Windom Area H.S.
Ellefson, David	Hutchinson H.S.
Ellefson, Tim	Hutchinson H.S.
Ellinghuysen, Joel	Lewiston-Altura H.S.
Ellingson, Daniel	Hills-Beaver Creek H.S.
Ellingson, Michael	Triton H.S.
Elliott, Tom	Martin County West H.S.
Elmer, Mark	Stillwater Area H.S.
Elwell, Robert	Redwood Valley H.S.
Empting, Michael	Alexandria H.S.
Emter, Ryan	Henning H.S.
Engebretson, Kevin	Alexandria H.S.
Epema, Tim	Montevideo H.S.
Erdmann, Jeff	Rosemount H.S.
Erickson, Dirk	Rochester John Marshall
Erickson, Drew	Park Christian H.S.
Erickson, Troy	Mora H.S.
Erlandson, Eric	Breckenridge H.S.
Esch, Mark	Prior Lake H.S.
Essler, Dan	New London-Spicer H.S.
Essler, Ehren	Benilde-St. Margaret's H. S.

Coach	School
Essler, Jared.....	Saint Michael-Albertville H.S.
Evenson, Brad	Long Prairie-Grey Eagle H.S.
Ewald, Clint	Saint Louis Park H.S.
Ewan, Eric	Hillcrest Lutheran Academy
Feeney, Kevin	Moorhead H.S.
Ferber, Duey	New Richland-H-E-G H.S.
Ferguson, Jeffrey	Totino-Grace H.S.
Ferraro, Sam.....	Forest Lake H.S.
Ferrier, Aaron.....	Redwood Valley H.S.
Fettig, Shawn	Glencoe-Silver Lake H.S.
Filstrup, Ron.....	Saint Paul Como Park H.S.
Fink, Bob	Springfield H.S.
Finlayson, Loren	Sauk Rapids-Rice H.S.
Fischer, Adam.....	Farmington H.S.
Flanders, Adam.....	Minneapolis Roosevelt H.S.
Flann, Derek.....	B O L D H.S.
Flaten, Dustin	Norman County East H.S.
Fleege, Rick.....	Saint Cloud Cathedral H.S.
Fleischman, Andrew	Edgerton H.S.
Flood, Tom.....	Saint Agnes H.S.
Florek, Jason.....	Saint Cloud Tech H.S.
Fluck, Travis.....	Redwood Valley H.S.
Flugum, Jeff	Apple Valley H.S.
Flynn, Jacob.....	Goodhue H.S.
Foley, Bob.....	Montevideo H.S.
Foley, Thomas	Benson H.S.
Forsell, Tad.....	Hermantown H.S.
Fort, James.....	Crosby-Ironton H.S.
Foss, Brendon.....	Hancock H.S.
Foss, Derrick	Hancock H.S.
Foster, Dave	Cromwell H.S.
Foster, James	Spectrum H.S.
Fox, Darrin	Norwood-Young America H.S.
Fragodt, Matt	Kerkhoven-Murdock-Sunburg H.S.
Frame, Rick.....	Breck School
Franck, Larry	Nevis H.S.
Franz, Marc.....	Rogers H.S.
Fraser, Andrew	Roseville Area H.S.
Fredericksen, Chad	Breckenridge H.S.
Fredrickson, Joshua	Russell-Tyler-Ruthton H.S.
Freed, Jason	Brainerd H.S.
Freeh, Bob	Princeton H.S.
Freeman, Patrick	Murray County Central H.S.
Freier, Nathan.....	Red Wing H.S.
Friedlieb, Jace	Virginia H.S.
Frisell, Dave.....	Cambridge-Isanti H.S.
Fritze, Dan	East Ridge H. S.
Fritze, Kent	Park Rapids Area H.S.
Fruechte, Carl	Caledonia H.S.

Coach	School
Fryklund, Rick.....	Saint Thomas Academy
Frykman, Jon	Hutchinson H.S.
Fuchs, Ron	Paynesville Area H.S.
Fugleberg, Gerad	Moorhead H.S.
Fuller, Benjamin.....	Irondale H.S.
Galindo, Ryan	Minneapolis Washburn H.S.
Gallant, Norm.....	Wadena-Deer Creek H.S.
Gans, James	Sauk Rapids-Rice H.S.
Garlock, Paul.....	Bloomington Kennedy H.S.
Garvin, Joseph	Lake City H.S.
Gast, Adam.....	Marshall County Central H. S.
Gavinski, Tim	Saint Michael-Albertville H.S.
Gee, Carlos	Eastview H.S.
Geerdes, Steve	Kelliher H.S.
Gegenheimer, Matt.....	Prior Lake H.S.
Geisler, Ben	Blaine H.S.
Gerads, Adam.....	Swanville H.S.
Gilmer, Jonathan.....	Lakeville South H.S.
Gimbel, Chad	Blooming Prairie H.S.
Gindorff, Michael	Crosby-Ironton H.S.
Girard, Stephen	Big Lake H.S.
Glasener, Vaughn.....	Melrose Area H.S.
Glass, Todd	Red Lake Falls Lafayette HS
Glazier, Darin	Park H.S.
Glenzinski, Dennis.....	Bethlehem Academy
Golberg, Kirk.....	Lakeville South H.S.
Gonnerman, Scott.....	Benson H.S.
Gornick, Jim	Zimmerman H.S.
Goslee, Kyle.....	Montevideo H.S.
Goudy, Mick.....	Monticello H.S.
Grabow, Wade.....	Anoka H.S.
Grams, Steven.....	Mesabi East H.S.
Grandstrand, Jason	Grygla-Gatzke H.S.
Grant, Michael	Roseville Area H.S.
Grant, Mike.....	Eden Prairie H.S.
Greenway, Alex.....	Tracy-Milroy-Balaton H.S.
Gregg, Ace.....	Barnesville H.S.
Grieve, Anthony	Fertile-Beltrami H.S.
Gronner, Jeff	Cromwell H.S.
Gross, Bryce	Brainerd H.S.
Gross, Chris	Foley H.S.
Gross, Dan	B O L D H.S.
Gross, Kevin	Sartell-Saint Stephen H.S.
Grossman, Jonas	Benson H.S.
Grote, Chris	Braham H.S.
Groves, Kyle	Cambridge-Isanti H.S.
Grussing, Mark.....	Benson H.S.
Guetter, Conner.....	Mahnomen H.S.
Gulbranson, Per.....	Braham H.S.

"THE KEEPERS OF THE GAME"

Coach	School
Gullikson, Tony	Warren-Alvarado-Oslo H.S.
Gunderson, Jeff	Proctor H.S.
Gunderson, Jim	Academy of Holy Angels
Gunderson, John	Monticello H.S.
Gunderson, Troy	Grand Rapids H.S.
Gustafson, Benjamin	Elk River H.S.
Gustafson, Chad	New London-Spicer H.S.
Guzy, Grant	Spring Lake Park H.S.
Haala, Cory	Sleepy Eye H.S.
Haar, Chris	Nevis H.S.
Habeck, Kurt	Eastview H.S.
Hackel, Russ	Frazee H.S.
Hagge, Kevin	Lake Crystal-Wellcome Memorial
Hahn, Brady	Cleveland H.S.
Hahn, Curtis	Saint Michael-Albertville H.S.
Hahn, Zachary	Andover H.S.
Halder, Benjamin	Byron H.S.
Hale, Tim	Anoka H.S.
Haley, Rick	Delano H.S.
Hall, Shane	Eagan H.S.
Hallman, Charles	DeLaSalle H.S.
Halverson, Alan	Sibley East H.S.
Halverson, Matt	Goodhue H.S.
Halvorson, David	Ogilvie H.S.
Halvorson, Scott	Bethlehem Academy
Hamer, Todd	Lakeville North H.S.
Hamilton, Steve	Elk River H.S.
Hamlin, David	Princeton H.S.
Hamre, Erik	Win-E-Mac H.S.
Hanks, Jon	Benilde-St. Margaret's H. S.
Hannigan, Brady	Stillwater Area H.S.
Hanson, Benjamin	Eagan H.S.
Hanson, Eric	Windom Area H.S.
Hanson, Erik	Monticello H.S.
Hanson, Jason	Warren-Alvarado-Oslo H.S.
Hanson, Keith	Hawley H.S.
Hanson, Keith	Saint Peter H.S.
Hanson, Mark	Saint Francis H.S.
Hanson, Roger	East Grand Forks H.S.
Hanson, Scott	Lakeview H.S.
Harig, Rick	Bertha-Hewitt H.S.
Harmon, Jacob	Byron H.S.
Harris, Brian	Dover-Eyota H.S.
Harris, J Mark	Stillwater Area H.S.
Hartman, Chuck	Hutchinson H.S.
Hartung, Tim	Stillwater Area H.S.
Haugen, David	Pelican Rapids H.S.
Hauser, Zach	Spring Grove H.S.
Hawkins, Wayne	Breck School

Coach	School
Hebrink, Ryan	Renville County West H.S.
Hefta, Reed	Detroit Lakes H.S.
Hegland, Matthew	Saint Cloud Tech H.S.
Heidemann, Andrew	Anoka H.S.
Heine, Karl	Saint Cloud Tech H.S.
Heise, James	Lake City H.S.
Heiser, Mark	Minneapolis Patrick Henry H. S.
Heitzman, Ken	Willmar H.S.
Helget, Jeffery	Mankato West H.S.
Helget, Justin	Saint Peter H.S.
Helland, Kenny	Tri-City United HS
Helland, Tyler	Lester Prairie H.S.
Hemenway, Matt	Stillwater Area H.S.
Henderson, Mark	Eagan H.S.
Hendricks, Troy	Bemidji H.S.
Hendrickson, Richard	Paynesville Area H.S.
Hendrickson, Ryan	Underwood H.S.
Hennen, Mike	Forest Lake H.S.
Henson, Benjamin	Monticello H.S.
Hentges, Patrick	G-F-W H.S.
Hentges, Scott	Sartell-Saint Stephen H.S.
Herberg, James	Rocori H.S.
Herder, Joel	Breckenridge H.S.
Hermanson, Erik	Cleveland H.S.
Hertel, Jeff	Roseville Area H.S.
Heruth, Doug	Blaine H.S.
Heryla, Peter	Columbia Heights H.S.
Hietala, Joseph	Duluth East H.S.
Hill, Andrew	Woodbury H.S.
Hill, Steven	Minnewaska Area H.S.
Hilliard, Andrew	Lakeville South H.S.
Hillman, David	Mesabi East H.S.
Hills, Alan	Aitkin H.S.
Hinrichs, Jon	Hawley H.S.
Hinrichs, Russ	Alexandria H.S.
Hinsz, Tracy	Barnesville H.S.
Hockinson, Randy	Kenyon-Wanamingo H.S.
Hoffarth, Travis	Pine River-Backus H.S.
Hoffmann, Andrew	Sleepy Eye Saint Mary's H.S.
Holcomb, Donny	Rochester Mayo H.S.
Holden, Terry	Pine River-Backus H.S.
Holey, Joel	Little Falls H.S.
Holman, Dustin	White Bear Lake Area H.S.
Holmlund, Eric	Saint Michael-Albertville H.S.
Homan, Brian	Pillager H.S.
Homstad, Tyler	Hermantown H.S.
Houghton, Dan	Rockford H.S.
Houglum, Ty	Mora H.S.
Howard, Dennis	Pine City H.S.

Coach**School**

Howard, Keith	Centennial H.S.
Howard, Shaun	Hibbing H.S.
Howe, John	Hayfield H.S.
Howell, Scott	Saint Paul Central H.S.
Hruby, Nathan.....	Thief River Falls Lincoln HS
Huberty, Connor	Albany H.S.
Hudak, Pat	Farmington H.S.
Huesmann, Michael.....	Brainerd H.S.
Huie, Frank	Duluth Denfeld H.S.
Hulke, Kevin.....	Minnesota Valley Lutheran
Hulse, Ryan	Saint Croix Lutheran H.S.
Hungerholt, Aaron	LeRoy-Ostrander H.S.
Hungerholt, Cody	Houston H.S.
Hunstock, William.....	Saint Paul Highland Park
Imdieke, Kyle	Osakis H.S.
Immerman, Cory	New Prague H.S.
Infanger, William	Osakis H.S.
Inforzato, Kyle	Maple Lake H.S.
Jackman, Jim	Litchfield H.S.
Jacobs, Jon	McGregor H.S.
Jacobs, Nicholas.....	Delano H.S.
Jemmings, Dwane.....	Cedar Mountain H.S.
Jenniges, Isaac	Red Rock Central H.S.
Jensen, Adam.....	Benson H.S.
jensen, john	Rochester Lourdes H.S.
Jensen, Joshua.....	Thief River Falls H.S.
Jensen, Nic	Rochester Lourdes H.S.
Jenson, Dave	Rochester Lourdes H.S.
Jeppesen, Bryce	Marshall H.S.
Jergenson, Chad	Minnewaska Area H.S.
Jipson, Steve.....	Clinton-Graceville-Beardsley H.S.
Jirik, John.....	North Woods
Johannes, Jerome.....	Medford H.S.
Johnson, Brad	Fairmont H.S.
Johnson, Brent.....	South Ridge
Johnson, Chris	Browerville H.S.
Johnson, Daniel.....	North Branch H.S.
Johnson, Eric	Redwood Valley H.S.
Johnson, Gregory	Verndale H.S.
Johnson, Jeff	Chatfield H.S.
Johnson, Michael.....	Mankato West H.S.
Johnson, Mike.....	Parkers Prairie H.S.
Johnson, Nathan.....	Proctor H.S.
Johnson, Rob	Pine River-Backus H.S.
Johnson, Thor	Bigfork H.S.
Johnson, Todd.....	Mahnomen H.S.
Johnson, Tom	Detroit Lakes H.S.
Johnson, Zachary	Verndale H.S.
Johnston, Chad	Minneota H.S.

Coach**School**

Jones, Kenneth	Anoka H.S.
Jones, Matt.....	Verndale H.S.
Joran, Joseph	Eagan H.S.
Jorgensen, Lon	Warren-Alvarado-Oslo H.S.
Josephson, Johnny	New Prague H.S.
Joyce, Joe.....	Belle Plaine H.S.
Kainz, Jason	Tracy-Milroy-Balaton H.S.
Kaiser, Mark.....	Saint Croix Lutheran H.S.
Kaiser, Ward	Silver Bay (Wm. Kelley) H.S.
Kalkbrenner, Dain.....	Willmar H.S.
Kappler, Christopher	Staples-Motley H.S.
Kasowski, Ryan	East Grand Forks H.S.
Kassel, John	Grand Meadow H.S.
Kauffmann, Eric	Kerkhoven-Murdock-Sunburg H.S.
Keenan, Nick.....	Champlin Park H.S.
Keller, Trevor	Ortonville H.S.
Kelley, Michael.....	Randolph H.S.
Kemp, Joe	Wabasso H.S.
Kemper, Joshua	Waubun H.S.
Kenfield, Jason.....	Red Lake Falls H.S.
Kennedy, Shawn	Southland H.S.
Kent, Terry	Lancaster H.S.
Kesler, Mike	Rochester Lourdes H.S.
Ketchum, Mark	Andover H.S.
Kigner, Ross.....	Roseville Area H.S.
King, Brad	Caledonia H.S.
Kingery, Brian.....	B O L D H.S.
Kinnunen, Bill.....	Grand Rapids H.S.
Kinsella, Joe	Burnsville H.S.
Kircher, Chris	Swanville H.S.
kirk, tim	Mountain Lake H.S.
Kirkeby, Kevin	Rochester John Marshall
Kish, Thomas	Zimmerman H.S.
Kittelson, Cody	Wabasso H.S.
Kittelson, Matt	Blooming Prairie H.S.
Kjono, Drew	Grygla-Gatzke H.S.
Klaers, Andrew.....	Anoka H.S.
Klamm, Ken.....	Prior Lake H.S.
Klancher, Kevin	Stillwater Area H.S.
Klaphake, Phillip	Sauk Rapids-Rice H.S.
Kleinschmidt, Michael	Albany H.S.
Klimek, Shawn	Nevis H.S.
Klingbeil, Tim.....	Wabasha-Kellogg H.S.
Klug, Dennis	Maple Lake H.S.
Klusmann, Jason	Pine Island H.S.
Klyve, Mike	Barnum H.S.
Knudsen, Tim	Maple Lake H.S.
Knutson, Kyle	Perham H.S.
Knutson, Robert.....	Champlin Park H.S.

"THE KEEPERS OF THE GAME"

Coach	School
Kobernusz, Kelly.....	Holdingford H.S.
Kockelman, Nicholas.....	Canby H.S.
Koehler, Bryce.....	McGregor H.S.
Kohler, Danny.....	Waubun H.S.
Kohorst, Dylan.....	Osakis H.S.
Kokos, Brian.....	Blue Earth Area H.S.
Konold, Jon.....	Willmar H.S.
Kosek, Gary.....	Norwood-Young America H.S.
Kostynick, John.....	Perham H.S.
Kovach, Paul.....	Eagan H.S.
Kovich, Robert.....	Lakeville North H.S.
Krause, Bradley.....	Saint Francis H.S.
Krause, Dan.....	Buffalo Lake-Hector H.S.
Krebs, Tyler.....	Lakeville South H.S.
Kroulik, Casey.....	Clearbrook-Gonvick H.S.
Kroulik, Matt.....	Stephen-Argyle Central H.S.
Kruger, Joe.....	Adrian H.S.
Kruger, Marcus.....	New Richland-H-E-G H.S.
Kruize, Peter.....	Lake Crystal-Wellcome Memorial
Kruse, Mark.....	Saint Croix Lutheran H.S.
Kruse, Ryan.....	Tracy-Milroy-Balaton H.S.
Krutzig, Tanner.....	Howard Lake-Waverly-Winsted H.S.
Kucera, Brent.....	Sleepy Eye Saint Mary's H.S.
Kucera, David.....	Hutchinson H.S.
Kuechenmeister, Randall.....	Blue Earth Area H.S.
Kuhnke, Shawn.....	Braham H.S.
Kunesh, Alex.....	Brainerd Forestview MS
Kvam, Darrin.....	East Central H.S.
Kyvig, John.....	Andover H.S.
Labine, Mike.....	Detroit Lakes H.S.
LaBore, Beau.....	Stillwater Area H.S.
Lachermeier, Thomas.....	Minneapolis North Community H.S.
Ladd, Dave.....	Bloomington Jefferson H.S.
Laine, Robert.....	Lake of the Woods H.S.
Lais, Gene.....	Worthington H.S.
Lamb, Kevin.....	Plainview-Elgin-Millville H.S.
Lamker, Derrin.....	Edina H.S.
Lancaster, Andrew.....	Browerville H.S.
Langer, Adam.....	Eden Valley-Watkins H.S.
Langer, Jason.....	Belgrade-Brooten-Elrosa H.S.
Lanners, Nicholas.....	Royalton H.S.
Lanoue, Tom.....	Luverne H.S.
LaPointe, Ryan.....	Elk River H.S.
Larsen, Joshua.....	Monticello H.S.
Larson, Bob.....	Mahnomen H.S.
Larson, Cory.....	Dawson-Boyd H.S.
Larson, Jonathan.....	Long Prairie-Grey Eagle H.S.
Lassahn, David.....	Owatonna H.S.

Coach	School
Lassi, Cory.....	Ely H.S.
LATTIMORE, JOSEPH.....	Rush City H.S.
Law, Michael.....	Blaine H.S.
LeBoutillier, Steven.....	Westbrook-Walnut Grove H.S.
Ledahl, Jody.....	Cambridge-Isanti H.S.
Leintz, Aaron.....	Bagley H.S.
Leintz, Jon.....	Saint Cloud Cathedral H.S.
Lemke, Carl.....	Saint Croix Lutheran H.S.
Lemke, Jonathan.....	Glencoe-Silver Lake H.S.
Lemke, Paul.....	Glencoe-Silver Lake H.S.
Lenarz, Thomas.....	Cloquet H.S.
Leniz, Aitor.....	Braham H.S.
Lewis, Eric.....	LeSueur-Henderson H.S.
Lichty, Brent.....	Rochester Lourdes H.S.
Lindahl, Aaron.....	Redwood Valley H.S.
Lindahl, Roger.....	Benson H.S.
Lindberg, Brad.....	Breckenridge H.S.
Lindemann, Jeremy.....	Roseau H.S.
Lindow, Bucky.....	Cannon Falls H.S.
Lingen, Bryce.....	Thief River Falls H.S.
Lipinski, Keith.....	Saint Francis H.S.
Loe, Jeffrey.....	Thief River Falls Lincoln HS
Lombardi, Matt.....	Maple Grove H.S.
Longtin, Kevin.....	Warren-Alvarado-Oslo H.S.
Lossow, Rodney.....	Minneapolis South H.S.
Louis, Ned.....	Faribault H.S.
Louzek, David.....	Moose Lake H.S.
Loven, Jay.....	Swanville H.S.
Lowe, Dan.....	LeRoy-Ostrander H.S.
Lund, Nathan.....	Minnewaska Area H.S.
Lundeen, Dwight.....	Becker H.S.
Lundeen, Matt.....	Redwood Valley H.S.
Lundgren, Brent.....	North Branch H.S.
Lux, Dennis.....	New Ulm Cathedral H.S.
Macken, Jerry.....	Cretin-Derham Hall H.S.
Madigan, Mark.....	Simley H.S.
Magnuson, Bill.....	Pequot Lakes H.S.
Magnusson, Tim.....	Thief River Falls H.S.
Maher, Matthew.....	Park H.S.
Maher, Nathan.....	Monticello H.S.
Mahlen, Michael.....	Verndale H.S.
Mahon, Dominic.....	Hill-Murray School
Mahoney, Mat.....	Fairmont H.S.
Malone, Paul.....	Rochester Century H.S.
Marcussen, Don.....	LeSueur-Henderson H.S.
marich, colby.....	Walker-Hackensack-Akeley H.S.
Market, Tony.....	Lakeville North H.S.
Marmon, Jack.....	Little Falls H.S.

Coach	School
Marquis, Ethan.....	Stephen-Argyle Central H.S.
Martig, Gregg.....	Saint Cloud Tech H.S.
Martin, Jon.....	Breck School
Martin, Travis.....	Windom Area H.S.
Martinson, Josh.....	Fosston H.S.
Massa, Mario.....	East Ridge H. S.
Massman, Scott.....	Sauk Rapids-Rice H.S.
Mathiasen, Jeffrey.....	Saint Cloud Apollo H.S.
Mathiasen, Jordan.....	Saint Cloud Apollo H.S.
May, Michael.....	LeSueur-Henderson H.S.
McCarthy, Brian.....	Henry Sibley H.S.
McCready, Scott.....	Saint Charles H.S.
McDonald, Jason.....	Shakopee H.S.
McIntyre, Ryan.....	Two Harbors H.S.
McKittrick, Hayden.....	Marshall H.S.
McLachlan, Scott.....	Albany H.S.
McLaughlin, Joseph.....	Crosby-Ironton H.S.
McMullen, Steve.....	Mahnomen H.S.
McPhail, Don.....	Pine Island H.S.
McPherson, Joe.....	Orono H.S.
Meagher, Max.....	Paynesville Area H.S.
Meece, Evan.....	Underwood H.S.
Mensink, Chris.....	Fillmore Central H.S.
Metzger, Rex.....	Hills-Beaver Creek H.S.
Meuwissen, David.....	White Bear Lake Area H.S.
Meyer, Adam.....	Springfield H.S.
Meyer, Chris.....	Monticello H.S.
Meyer, David.....	Detroit Lakes H.S.
Meyer, Noel.....	Sartell-Saint Stephen H.S.
Meyer, Rick.....	MACCRAY H.S.
Meyer, Rick.....	Sauk Centre H.S.
Meyers, Dan.....	Cannon Falls H.S.
Michaels, Chad.....	Concordia Academy-Roseville
Milani, Nicholas.....	Chisholm H.S.
Mills, Seth.....	Spectrum H.S.
Minus, anthony.....	Minneapolis Patrick Henry H. S.
Miska, Benjamin.....	Warren-Alvarado-Oslo H.S.
Mitchell, Luke.....	Holdingford H.S.
Mitshulis, Ted.....	Anoka H.S.
Moberg, Aaron.....	Mounds View H.S.
Moberg, Eric.....	Saint Paul Johnson H.S.
Moeller, Gordy.....	Minnewaska Area H.S.
Moelter, Kurt.....	Saint Peter H.S.
Moga, Dale.....	Houston H.S.
Mogensen, Glenn.....	Farmington H.S.
Moore, Jeff.....	Verndale H.S.
Mortimer, Todd.....	Warren-Alvarado-Oslo H.S.
Moscho, Chris.....	Belgrade-Brooten-Elrosa H.S.

Coach	School
Moses, Alexander.....	Moorhead H.S.
Mueller, Garrett.....	Stewartville H.S.
Mueller, Patrick.....	Saint Michael-Albertville H.S.
Muetzel, David.....	Mahtomedi H.S.
MUIR, SETH.....	Owatonna H.S.
Mulcahy, James.....	Perham H.S.
Mundle, Dale.....	Hermantown H.S.
Murphy, Craig.....	Sleepy Eye H.S.
Murphy, Thomas.....	Nicollet H.S.
Myers, Jeff.....	Browerville H.S.
Myrvik, Matt.....	Minneota H.S.
Naatz, Peder.....	Hawley H.S.
Narum, Trevor.....	Lake City H.S.
Natvig, Con.....	Swanville H.S.
Negen, Jackson.....	Robbinsdale Armstrong H.S.
Nelson II, Bradley.....	Atwater-Cosmos-Grove City H.S.
Nelson, Brian.....	Fertile-Beltrami H.S.
Nelson, Bruce.....	East Grand Forks H.S.
Nelson, Cullen.....	Chanhassen HS
Nelson, Dave.....	Minnetonka H.S.
Nelson, Matt.....	Kasson-Mantorville H.S.
Nelson, Thomas.....	Two Harbors H.S.
Nelson, Troy.....	Brainerd H.S.
Nemanich, Jerome.....	Sartell-Saint Stephen H.S.
Neperman, Shane.....	Springfield H.S.
Neseth, Brandon.....	United South Central H.S.
Nesvig, Matt.....	Hancock H.S.
Nickels, Scott.....	Rochester Lourdes H.S.
Niedenfuier, Joshua.....	Anoka H.S.
Nielsen, Rob.....	Detroit Lakes H.S.
Niklaus, Todd.....	Saint Anthony Village H.S.
Noasconi, Steve.....	Owatonna H.S.
Noll, Chuck.....	Melrose Area H.S.
Norby, Jake.....	New Prague H.S.
Nordick, Jeremy.....	Park Rapids Area H.S.
Northrop, Matthew.....	Pine Island H.S.
Norton, Matthew.....	Saint Francis H.S.
Nowinsky, Lukas.....	Elk River H.S.
O'Brien, Dylan.....	Belle Plaine H.S.
OBrien, Dan.....	Saint Thomas Academy
OConnor, John.....	Fillmore Central H.S.
Odland, Brian.....	Saint Peter H.S.
ODonnell, Michael.....	Rush City H.S.
Oie, Justin.....	Rogers H.S.
Ojanen, Jeffrey.....	Cloquet H.S.
Oldenburg, Dustin.....	Martin County West H.S.
Olig, Adam.....	Plainview-Elgin-Millville H.S.
Olson, Brady.....	Grygla-Gatzke H.S.

"THE KEEPERS OF THE GAME"

Coach	School
Olson, Brent	Lewiston-Altura H.S.
Olson, Chad	Wabasso H.S.
Olson, Chad	Farmington H.S.
Olson, Curt	Underwood H.S.
Olson, Eric.....	Ottertail Central HS
Olson, Steve.....	Fergus Falls H.S.
Olson, Todd.....	Hamline University
Omang, Josh	Detroit Lakes H.S.
ONeill, Mark	Champlin Park H.S.
Orth, Thomas	Henry Sibley H.S.
Ortmann, Tony.....	Marshall H.S.
Ostrom, Jeff	Bemidji MS
Otterblad, Jamie	Silver Bay (Wm. Kelley) H.S.
Otterness, Christopher	Kasson-Mantorville H.S.
Oye, Todd.....	Luverne H.S.
Page, Trevor	Red Lake Falls H.S.
Palke, Joe	Mounds View H.S.
Palmer, Scott	Buffalo H.S.
Parendo, Derek	Proctor H.S.
Parzyck, Ian	Holy Family Catholic H.S.
Pattrin, Tim	Brandon H.S.
Paul, Eric.....	Moorhead H.S.
Paul, James.....	Wheaton H.S.
Paulson, Ryan.....	Fosston H.S.
Pavlovich, Merrill	Delano H.S.
Pavlovich, Mike.....	Delano H.S.
Peabody, Timothy.....	Brainerd Forestview MS
Pedersen, Ben	Detroit Lakes H.S.
Pederson, Andrew	Fillmore Central H.S.
Pederson, Rob.....	Eden Valley-Watkins H.S.
Perrault, Ed.....	Clinton-Graceville-Beardsley H.S.
Petermeier, Wayne	Browerville H.S.
Peterson, Paul	Pillager H.S.
Peterson, Sean	Wayzata H.S.
Pfeiffer, Aaron	Walker-Hackensack-Akeley H.S.
Phillips, Andrew	Watertown-Mayer H.S.
Pick, Scott.....	Mankato West H.S.
Piller, Nathan	Blooming Prairie H.S.
Plaisance, Don	New Prague H.S.
Plombon, Paul	Big Lake H.S.
Pohlkamp, Joe	Brainerd H.S.
Pohlkamp, Leo	Pierz H.S.
Pollock, Benjamin.....	Byron H.S.
Polzine, Jared	Pine City H.S.
Ponath, David	Saint Croix Lutheran H.S.
Poncelet, Tony.....	Goodhue H.S.
Pope, Kevin	Morris Area School
Poppe, David.....	Centennial H.S.
Poppen, James	Cambridge-Isanti H.S.

Coach	School
Pothen, Chad.....	Lakeville North H.S.
Potthoff, Doug	Spring Lake Park H.S.
powell, greg.....	Bigfork H.S.
Prickett, Todd	Thief River Falls Lincoln HS
Ptacek, Cody.....	Saint Clair H.S.
Puhrmann, Michael.....	Stillwater Area H.S.
Pulford, Kristian	Richfield H.S.
Quinlan, Tyler	Cannon Falls H.S.
Quinn, Collin.....	Blake School (The)
Quiram, Tom.....	Osakis H.S.
Quirk, Donald.....	Chisholm H.S.
Raasch, Darin	Zumbrota-Mazeppa H.S.
Rach, Lance	Perham H.S.
Radniecki, Matt.....	New York Mills H.S.
Rahman, Nathan	Thief River Falls H.S.
Ramey, Jeffrey.....	Brainerd H.S.
Rand, Michael	Park H.S.
Rasmussen, John	Sauk Rapids-Rice H.S.
Reagan, John.....	Saint Thomas Academy
Redman, Aaron.....	Mounds View H.S.
Reed, Charlie	Woodbury H.S.
Reinhardt, Matthew	Saint Charles H.S.
Reiter, Dean	Faribault H.S.
Remick, Brian	Red Lake Falls H.S.
Reno, Tony	Dilworth-Glyndon-Felton H.S.
Retzer, Jamey	Belle Plaine H.S.
Reuter, Karl.....	Maple River H.S.
Richards, Gabe	Warroad H.S.
Richards, Mike.....	Waterville-Elysian-Morristown H.S.
Richter, Nick.....	Yellow Medicine East H.S.
Riess, Paul	Cloquet H.S.
Riley, Brian.....	Sauk Centre H.S.
Riley, Chris	Zimmerman H.S.
Roberts, Luke	Sebeka H.S.
Roberts, Raymond.....	Zimmerman H.S.
Robertson, Brian	Lake Park-Audubon
Robinson, Troy	Becker H.S.
Rockwell, John	Columbia Heights H.S.
Rodgers, Chuck	Brainerd H.S.
Roehrkasse, Shea.....	Saint Peter H.S.
Rogers, Bryon.....	Chisago Lakes Area H.S.
Rooker, Tom	Totino-Grace H.S.
Rooney, Colin	Providence Academy
Rosholt, John	Watertown-Mayer H.S.
Ross, Bob	Ortonville H.S.
Ross, Carter	Westbrook-Walnut Grove H.S.
Ross, Chuck.....	Underwood H.S.
Ross, Jeff	Champlin Park H.S.
Ross, Mike.....	Champlin Park H.S.

Coach	School
ross, scott.....	Two Harbors H.S.
Rostberg, Andrew.....	Hutchinson H.S.
Roundtree, Elmore.....	Eastview H.S.
Rude, Corey.....	Hutchinson H.S.
Rundell, Edwin.....	Watertown-Mayer H.S.
Rusin, Nick.....	Blaine H.S.
Ruud, Paul.....	Glencoe-Silver Lake H.S.
Saehr, Danny.....	Pierz H.S.
Sagedahl, Daren.....	B O L D H.S.
Sager, Tim.....	White Bear Lake Area H.S.
Salmi, Darrell.....	Stillwater Area H.S.
Salzer, David.....	Minneapolis Edison H.S.
Samlaska, Paul.....	Saint Clair H.S.
Sand, Ben.....	Zumbrota-Mazeppa H.S.
Sanford, Thomas.....	Brainerd Forestview MS
sanness, kaare.....	Spring Grove H.S.
Savolainen, Adam.....	Saint Cloud Apollo H.S.
Scalese, James.....	Lancaster H.S.
Schaffer, Mike.....	Mankato West H.S.
Scharenbroich, John.....	Saint Cloud Tech H.S.
Scheffler, Mike.....	Springfield H.S.
Scheitel, Greg.....	Windom Area H.S.
Scherber, Jordan.....	Alexandria H.S.
Schettler, Randy.....	Adrian H.S.
Schimek, Brent.....	Deer River H.S.
Schlichte, Dave.....	Mankato West H.S.
Schlieff, Jeff.....	Spring Lake Park H.S.
Schmdit, Tyrone.....	Saint Francis H.S.
Schmidt, Brett.....	Hawley H.S.
Schmidt, Matt.....	Nevis H.S.
Schmidt, Mike.....	Randolph H.S.
Schmiedeberg, Donnie.....	Lancaster H.S.
Schmitz, Mark.....	Stewartville H.S.
Schmitz, Seth.....	Red Lake Falls H.S.
Schnathorst, Vern.....	Detroit Lakes H.S.
Schneider, Dale.....	Eden Prairie H.S.
Schneider, Dave.....	Eden Valley-Watkins H.S.
Schoenborn, Doug.....	Fosston H.S.
Schoenecker, Nicholas.....	New Prague H.S.
Schoenfelder, Roger.....	Blue Earth Area H.S.
Scholl, Scott.....	Minnehaha Academy
Schoneck, Brian.....	Maple River H.S.
Schroeder, Brent Schroeder.....	Caledonia H.S.
Schroeder, Robert.....	Lake Crystal-Wellcome Memorial
Schueler, David.....	Yellow Medicine East H.S.
Schugel, Tim.....	Eagan H.S.
Schuller, Nolan.....	Jackson County Central H.S.
Schuller, Thomas.....	Jackson County Central H.S.
Schumacher, Noah.....	Stillwater Area H.S.

Coach	School
Schumacher, Todd.....	East Grand Forks H.S.
Schumann, Alexander.....	Belgrade-Brooten-Elrosa H.S.
Schwaegerl, Greg.....	Montevideo H.S.
Schwalbach, Jerry.....	Tartan H.S.
Schwanke, Benjamin.....	Roseville Area H.S.
Schwartz, Bob.....	Greenway H.S.
Schwegel, Brandon.....	Bagley H.S.
Schweim, Doug.....	Cleveland H.S.
Scoblic, Joe.....	Lester Prairie H.S.
Scull, Kirby.....	Saint Paul Como Park H.S.
Seiler, Mark.....	Mankato East H.S.
Sell, Doug.....	Cedar Mountian-Morgan HS
Senf, Bennett.....	Truman H.S.
Seymour, Dan.....	New Prague H.S.
Shea, Corey.....	Waconia H.S.
Sherwin, Kelly.....	Eastview H.S.
Shetka, Aaron.....	New Prague H.S.
Shoemaker, Dave.....	Minnetonka H.S.
Sieling, John.....	Parkers Prairie H.S.
Sikich, Mark.....	Spring Lake Park H.S.
Simdorn, Chris.....	Roseville Area H.S.
Skaalerud, Justin.....	Saint Cloud Apollo H.S.
SKALA, MATTHEW.....	Owatonna H.S.
Skala, Nate.....	Owatonna H.S.
Skogman, Chris.....	Providence Academy
Slinden, Dan.....	Eden Prairie H.S.
Sloan, Gary.....	Grand Meadow H.S.
Sluzewicz, Dustin.....	Rogers H.S.
Smith, Anthony.....	Lac qui Parle Valley H.S.
Smith, Curtis.....	Martin County West H.S.
Smith, Justin.....	Woodbury H.S.
Snoddy, Jason.....	Centennial H.S.
Snyder, Boyd.....	Royalton H.S.
Snyder, Ryan.....	Hancock H.S.
Soderberg, Anthony.....	Dilworth-Glyndon-Felton H.S.
Sola, Thomas.....	Northfield H.S.
Solberg, Matt.....	Proctor H.S.
Solem, Grant.....	Lake Crystal-Wellcome Memorial
Solem, Steve.....	B O L D H.S.
Solem, Trevor.....	Minnewaska Area H.S.
Solie, Delles.....	Owatonna H.S.
Spahn, Greg.....	Grand Rapids H.S.
Sparling, Jay.....	Braham H.S.
Spurrell, Adam.....	Maple Grove H.S.
Stanger, Corey.....	Monticello H.S.
Stanton, Douglas.....	Lakeville North H.S.
Stapleton, John.....	Pine Island H.S.
Staska, Bob.....	McGregor H.S.
Stech, Eric.....	Waubun H.S.

"THE KEEPERS OF THE GAME"

Coach	School
Steer, Joshua	Fergus Falls H.S.
Stejskal, Anthony	Grand Meadow H.S.
Stelter, Kevin	Owatonna H.S.
Stelter, Zach	Marshall H.S.
Stene, Kelly	Fertile-Beltrami H.S.
Stephenson, Andrew	Spring Lake Park H.S.
Sterner, John	Lakeview H.S.
Steve, Nick	Saint Michael-Albertville H.S.
Stevenson, Chet	Brainerd H.S.
Stevenson, Cody	Menahga H.S.
Stevenson, Derek	Red Rock Central H.S.
Stewart, John	Spring Lake Park H.S.
Stinson, Brent	Kingsland H.S.
Stockhaus, Ryan	Osseo H.S.
Stoffel, Bryan	Bemidji H.S.
Stoffel, Mike	Saint Francis H.S.
Stohs, Justin	Watertown-Mayer H.S.
Stokke, Todd	Lewiston-Altura H.S.
Stolski, Ronald	Brainerd H.S.
Stoltz, Zach	Pine City H.S.
Stone, David	West Central Area School
Storlie, Dan	Byron H.S.
Storlie, Samuel	Triton H.S.
Strain, Dana	Hastings H.S.
Strand, Bryan	Barnesville H.S.
Strey, Thomas	Eastview H.S.
Strukel, Jason	Virginia H.S.
Stumpf, John	Brainerd H.S.
Style, David	Norwood-Young America H.S.
Suess, Bryan	Kasson-Mantorville H.S.
Sullivan, Bob "Bubba"	Northfield H.S.
Sullivan, Matthew	B O L D H.S.
Sundberg, Andrew	Grygla-Gatzke H.S.
Sundby, Tim	Chanhasen HS
Sussner, Steve	Minneota H.S.
Sutton, Ernest	Minneapolis Edison H.S.
Sutton, Rick	Eagan H.S.
Svoboda, Daniel	Glencoe-Silver Lake H.S.
Swaggert, Brent	Saint Francis H.S.
Swanson, Richard	Duluth Denfeld H.S.
Swanson, Trevor	Thief River Falls Lincoln HS
Swansson, Lane	Woodbury H.S.
Swenson, Joel	Royalton H.S.
Syrstad, Bryan	Crosby-Ironton H.S.
Syvock, Logan	Anoka H.S.
Taylor, Randy	Tartan H.S.
Teasck, Jeff	Virginia H.S.
Telecky, Jason	Monticello H.S.

Coach	School
Telecky, Matthew	Hutchinson H.S.
Terry III, Robert	Henry Sibley H.S.
Tesdahl, Neil	Crosby-Ironton H.S.
Theisen, Leo	Westbrook-Walnut Grove H.S.
Theobald, William	Saint Thomas Academy
Thiel, Jason	Saint Croix Lutheran H.S.
Thielen, Jon	Eden Valley-Watkins H.S.
Thielges, Randy	Royalton H.S.
Thode, Timothy	Hutchinson H.S.
Thompson, Davin	Rushford-Peterson H.S.
Thompson, Eric	Byron H.S.
Thompson, Jason	Monticello H.S.
Thompson, Larry	Lakeville South H.S.
Thompson, Nathan	Orono H.S.
Thompson, Neil	Owatonna H.S.
Thompson, Sam	Saint Agnes H.S.
Thompson, Steven	Bemidji H.S.
Thornton, Mark	Northfield H.S.
Threinen, Broc	Kasson-Mantorville H.S.
Thul, Jerry	Maple River H.S.
Tiedens, Scott	Shakopee H.S.
Timm, Dan	Minnewaska Area H.S.
Tinjum, Paul	Ada-Borup H.S.
Tollefsrud, Paul	Mabel-Canton H.S.
Torgerson, Douglas	Buffalo Lake-Hector H.S.
Torgerson, Jacob	Morris Area School
Torkkola, Russ	Saint Clair H.S.
Torson, Tracy	Saint Francis H.S.
Townsend, Matthew	Columbia Heights H.S.
Traphagen, Zach	Canby H.S.
Traurig, Dave	Wayzata H.S.
Trelstad, Jason	Shakopee H.S.
Tressel, Luke	Saint Anthony Village H.S.
Trewick, Mike	Saint Cloud Tech H.S.
Tri, Adam	Eden Valley-Watkins H.S.
Tri, Ryan	Eden Valley-Watkins H.S.
Triplett, Tim	Holy Family Catholic H.S.
Trowbridge, Philip	Barnesville H.S.
Tschimperle, Scott	Glencoe-Silver Lake H.S.
Tumberg, Kevin	Wadena-Deer Creek H.S.
Turek, Terry	LeSueur-Henderson H.S.
Ullom, Coltt	Saint Clair H.S.
Umbreit, Jacob	Mankato West H.S.
Urbaniak, Karl	Mabel-Canton H.S.
Urman, Paul	Long Prairie-Grey Eagle H.S.
Valentine, Randy	Duluth Denfeld H.S.
Van Voorhis, Anthony	Champlin Park H.S.
VandeBerg, Eric	Eastview H.S.

Coach	School
VanHee, Jeff	Madelia H.S.
VanVoorhis, Tom	Champlin Park H.S.
Varpness, Vince.....	Burnsville H.S.
Vee, Bryce	Blaine H.S.
Velde, Aron.....	Perham H.S.
Verkman, Ryan.....	Eagan H.S.
Vesel, Brett	Austin H.S.
Viesselman, Karl	Northfield H.S.
Vik, Dave	Montevideo H.S.
Vik, Jon	Rochester Century H.S.
Viken, Les.....	Fosston H.S.
Vinzant, Ryan.....	La Crescent H.S.
Viss, Dylan	Morris Area School
Voss, Justin.....	North Branch H.S.
Vossen, Brian	Lakeville North H.S.
Vrieze, Daniel	Dover-Eyota H.S.
Wackman, William	Spring Lake Park H.S.
Wager, Justin	Dawson-Boyd H.S.
Wagner, Jeffrey	Janesville-Waldorf-Pemberton H.S.
Wagner, Steve	Sauk Rapids-Rice H.S.
Waling, Cory	Lancaster H.S.
Walter, Matthew	Annandale H.S.
Walters, Dean	Owatonna H.S.
Wanous, Doug	Owatonna H.S.
Washington, Curtis.....	Saint Cloud Apollo H.S.
Wasurick, Bo	Jordan H.S.
Watson, Michael.....	Centennial H.S.
Weber, Mike	Coon Rapids H.S.
Weber, Ralph	Roseville Area H.S.
Weibel, Shane	Cambridge-Isanti H.S.
Weiers, Andrew	Shakopee H.S.
Weikel, Ken.....	Andover H.S.
Weiland, Jeffrey.....	Orono H.S.
Weinandt, Ryan	Dassel-Cokato H.S.
Weiss, Bill	Chisago Lakes Area H.S.
Weiss, Mike.....	Stillwater Area H.S.
Welle, Brandon	Melrose Area H.S.
Welle, Jonathan.....	Little Falls H.S.
Wells, Dirk.....	Lakeville South H.S.
Wendland, Brad.....	Waseca H.S.
Wenninger, Michael.....	Luverne H.S.
Westerlund, Stacy.....	Aitkin H.S.
Whitbred, Charles Jr.....	Mora H.S.
Wiebe, Travis.....	Northfield H.S.
Wieland, Paul.....	Stillwater Area H.S.
Wieme, Jake.....	Kenyon-Wanamingo H.S.
Wiese, Marc.....	Owatonna H.S.
Wilcek, James	Mounds View H.S.

Coach	School
Wilebski, John	Goodridge H.S.
Wilhelmi, Brandon.....	Springfield H.S.
Wilkie, Richard	Andover H.S.
Willaert, Nick	Madelia H.S.
Wille, Brian	Fairmont H.S.
Williams, Jeff.....	Owatonna H.S.
Williamson, Adam	Martin County West H.S.
Wilson, Brian.....	Virginia H.S.
Wilson, Jonathan	Saint James H.S.
Winslow, Miles	Stillwater Area H.S.
Witter, Ben.....	Rochester Lourdes H.S.
Woitalla, Adam	Owatonna H.S.
Woitalla, Mark	Northfield H.S.
Wolf, Robert.....	Concordia Academy-Roseville
Wolfe, Pat.....	Fosston H.S.
Wolter, Jason	Benson H.S.
Wood, Nathan.....	West Central Area School
Woodley, Bryan	Champlin Park H.S.
Woodman, Dean.....	Underwood H.S.
Worel, Ken	Rogers H.S.
Wright, Jamie	Mora H.S.
Wynn, Ryan.....	Anoka H.S.
Ylkanen, Scott.....	Mounds View H.S.
Yoney, Brandon	Moorhead H.S.
Yrjo, Brady	Braham H.S.
Yule, Brent	Northfield H.S.
Zagelmeyer, Michael	Hermantown H.S.
Zamzo, Steve	Detroit Lakes H.S.
Zantop, Peter.....	Blake School (The)
Zappa, Steven	Owatonna H.S.
Zeitchick, David.....	Saint Paul Highland Park
Ziebarth, Dave	Saint Thomas Academy
Ziegler, William.....	Alexandria H.S.
Ziemer, Todd.....	Sauk Centre H.S.
Zigan, Andrew	Monticello H.S.
Zimmerman, Darin.....	Crookston H.S.
Zorn, Nick	Zumbrota-Mazeppa H.S.
Zoucha, Joshua	Minneapolis Southwest H.S.
Zubich, Daniel.....	Mountain Iron-Buhl H.S.
Zupke, Matthew.....	B O L D H.S.
Zupke, Tim.....	Mayer Lutheran H.S.
Zwart, Ron.....	Edgerton H.S.
Zwick, Nick.....	Belle Plaine H.S.

MFCA RETIRED LIFE MEMBERSHIP

Do you want to stay active in the MFCA? Life membership in the MFCA for retired coaches is the answer. We now offer an opportunity for retired coaches to remain involved in association matters. Membership is open to all retired coaches (both assistant and head) who are life members of the State Coaches Association or who have been long-time football coaches. A one-time fee of \$25.00 brings all the benefits of association membership. PASS THE WORD! Contact Jim Dotseth, 2220 Merrimac Lane No, 55447, dotsethj@comcast.net

Anderson, Lyle	Helleckson, Russ	Mork, Paul	Seipkes, Don
Anderson, Robert P.	Henderson, Roy	Motschenbacher, Flint	Siegle, Al
Aurich, Dean	Herges, Peter	Murphy, Tom	Simser, Jim
Bakken, Jon	Herzog, Paul	Natvig, Con	Skjei, Stan
Barnett, Raymond	Hiebert, Del	Nelson, Dave	Stein, Mark
Baumann, Kenneth	Hill, Ken O.	Nielsen, Rob	Steinhoff, Ryan
Belanger, Kenneth	Hill, Steve	Nigon, David	Stolski, Ron
Belseth, Mike	Hills, Greg	Nigon, Denny	Stoterau, Dennis
Bjornaraa, Bud	Hofland, Niel	Nohner, Mark	Strand, Dick
Brinkman, Dan	Hohn, Nick	Nordquist, Stuart	Strand, Randy
Brokke, Dave	Holzer, Michael	Nunnink, Stephen	Stritesky, Gene
Bromberg, Roland	Idstrom, Thomas	Ogorek, Terry	Sullivan, Bob
Buntje, Mark	Jacobson, Kenneth	Olson, Stan C.	Sullivan, Bubba
Celt, Bob	Jaeger, Rick	Olson, Warren H.	Swanson, Keith
Collison, Bob	Jerde, Jerry	Ott, Steve	Taylor, Dean
Copple Clayton	Johnson, DeWayne	Otterblad, Larry	Thiel, Anthony J.
Darnell, Doug	Johnson, Norm	Pavlovich, Merrill	Thole, George
Davies, John	Kallok, Richard	Peterick, John C	Thompson, John
DeRocher, Darien	Kalpin, Dennis	Petermeier, Ribsy	Taurig, Leo
Domschot, Ronald	Karlsqodt, Terry	Peters, Glen	Tri, Ray
Dotseth, Jim	Knutson, James	Peterson, Lloyd	Trimble, Gary
Draheim, Ed D.	Konrath, Fred	Quenette, William	Turek, Terry
Ekmark, Doug	Kostich, Dan	Ramey, Deryl	Tuvey, George E.
Elias, Charles F.	Kroulik, Ivan	Rauen, Willie	Uhlir, David
Elston, Del	Kroulik, Mark	Risbrudt, Richard	Vagle, Virg
Engen, Gary	Larson, George	Robinson, Ron	Walker, Richard
Foley, Jerome T.	Lemke, Carl	Roff, Dan	Webert, Maurice
Foley, Patrick	Lian, Christopher	Roforth, Jim	Wemeier, George
Fox, Don	Lien, Ken	Roham, Dan	Willhite, Jack M.
Fredlund, Frank	Litecky, Bernie	Rohman, Dan	Wilson, Bill
Fritze, Dave	Lubarski, Conrad	Rosenow, Bruce	Wolfe, Ben
Gasner, Paul	Lundeen, Dwight	Rossini, Reno	Youso, Robert
Gaudy, Mick	Mader, James L	Rostberg, Grady	Zeman, Dick
Gaughran, Dick	Majeski, Bob	Rumrill, Buz	
Graham, Gary	Manke, Rick,	Scanlan, Mal	
Halsted, Charles	Marton, William	Schmitz, John	
Hansen, John	McLean, Terry	Schneider, Gregg	
Harrington, Nate	Meidt, Gehard	Scott, Ron	
Heikkinen, Marv	Menage, Elmer	Scott, Ron L.	
Helland, Ken	Miller, Paul	Sedlock, Lenny	

MFCA SUB-DISTRICT REPRESENTATIVES

Listed below are the names of the MFCA sub-district delegates who represent their respective sub-districts to the Association. Please note any misprints, mistakes, or errors and address them to the MFCA Secretary, Jim Dotseth.

These are the coaches who are responsible for carrying information to and from sub-district on behalf of the Association and MSHSL matters. They are a vital link in the entire process

and the Association will only improve as these members are utilized to the fullest.

Sub-district representatives should have a "checklist" that will help organize MFCA duties. Please contact Jim Dotseth or visit the website www.mnfootballcoaches.org for a hard copy of the checklist.

Sub-District	Coach	School
Big Southeast Blue	John Cassellius	Winona
Big Southeast Red	Jon Vik	Rochester Century
East Central North	Mike Kleinschmidt	Albany
East Central South	Paul Lemke	Glencoe-Silver Lake
Metro East	Beau LaBore	Stillwater
Metro North	Mike Diggins	Centennial
Metro South	Brian Vossen	Lakeville North
Metro West	Derrin Lamker	Edina
Mid Southeast East	Tony Poncelet	Goodhue
Mid Southeast West	Brandon Neseth	United South Central
Mid State (Sub 1)	Adam Tri	Eden Valley-Watkins
Mid State (Sub 2)	Jeremy Christensen	Minnewaska
Mid State (Sub 3)	Ribsey Petermeier	Browerville/Eagle Valley
Midwest Blue	Paul Peterson	Pillager
Midwest Red	Steve Olson	Fergus Falls
Midwest White	Bryan Strand	Barnesville
North Blue 9	Dan Zurich	Mt. Iron-Buhl
North Central Blue	Bill Weiss	Chisago Lakes
North Central Red	Mike Empting	Alexandria
North Central White	Jon Konold	Willmar
North Red - 9	Derrick Gross	Kelliher-Northome
North White -9	Jeff Gronner	Cromwell-Wright
Northeast Blue	Bryan Syrstad	Crosby-Ironton
Northeast Red	Derek Parendo	Proctor
Northeast Silver	Brent Schimek	Deer River
Northeast White	Bob Schwartz	Greenway/N-K
Northwest East	Brian Remick	Red Lake County

Sub-District	Coach	School
Northwest West	Brian Remick	Red Lake County
South Central 9	Paul Carpenter	Madelia
South Central Blue	Marc Kruger	NR-H-E-G
South Central Red	Terry Bahlmann	Marshall
South Central White	Travis Martin	Windom Area
South East 9	Gary Sloan	Grand Meadow
South West 9	Leo Theisen	Westbrook Walnut Grove
Southeast Red	Trevor Narum	Lake City
Southeast White	Brent Schroeder	Caledonia
Southwest East	Cory Haala	Sleepy Eye Public
Southwest West	Tony Smith	Lac qui Parle Valley
Suburban Blue	Jack Negen	Armstrong
Suburban Gold	Ben Fuller	Irondale
Suburban Grey	Chad Sexauer	So. St. Paul
Suburban Maroon	Chad Clendenning	Apple Valley
Suburban Red	Jim Gunderson	Academy of Holy Angels
Suburban White	Brian Dahl	Chaska
Twin City Blue	Arnulfo Flores	St. Paul Humbolt
Twin City Maroon	Nick David	Mound Westonka
Twin City Maroon	Chris Goodwin	SMB Wolfpack
Twin City Red	Charles Adams III	MPLS North
West North 9	Casey Kroulik	Clearbrook-Gonvick
West North 9	Shawn Klimek	Nevis
West South 9	Chad Christianson	Hancock
West South 9	Mike Mahlen	Verndale

TACKLE CANCER 2019

“TOGETHER WE ARE THE KEY TO THE CURE”

September and October are “Tackle Cancer” Months for Minnesota High School Football Teams!

Here is how you can get into the game:

- Choose a home game or games in September and October
- Promote the “Tackle Cancer” Game in your school and community
- Collect donations at the gate before the game or in the stands during halftime



TACKLE CANCER HISTORY (MONEY RAISED FOR THE RANDY SHAVER CANCER RESEARCH AND COMMUNITY FUND)

2012	\$120,661
2013	\$190,073
2014	\$230,170
2015	\$233,269
2016	\$281,784
2017	\$311,475
2018	\$348,423

TOTAL: \$1,715,855

2018 GOAL: \$350,000

WAYS TO SHOW SUPPORT

**Custom Tackle Cancer
Awareness Bracelet - \$0.40 Each**

Kelly Promotions
Tom Hersman
952-886-3540
Email order to:
Tom.Hersman@KellyPromotions.com

**Tackle Cancer Footballs - \$85.00
Each**

*Nicklasson Athletic – 507-354-
8586*
*Universal Athletic – 952-942-
8525*

TACKLE CANCER EVENT IDEAS

- Collect donations at the gate before the game and at the concession stand during the game. Have PA Announcer remind fans during pre-game to make their donations.
- Two Minute Challenge – during halftime, following half time activities, pass buckets down each row of your home and away stands. Put two minutes on scoreboard clock and have PA Announcer give directions and provide “play by play.”
- Sell wristbands to the student body during the week at lunch.
- Make up Tackle Cancer T-Shirts and sell to student body during the week.
- Get your Student Council, NHS, DECA, and other groups involved.
- Make a video with your team and show to student body during the week.
- Reach out to teachers at elementary and middle schools to get involved.
- Create a competition between your school and your opponent.
- Order a Tackle Cancer Football – have players sign it – raffle it off!
- Reach out to businesses and restaurants in your community for partnerships. Many businesses already work to fight cancer and would love to partner with you.



CONTACT INFORMATION

Randy Shaver Cancer
Research and Community
Fund

Contacts – Roseann Shaver
or Heather Austin

Address – 12800 Whitewater
Dr., Suite 100, Minnetonka,
MN 55343

www.randyshavercancerfund.org
roseann@randyshavercancerfund.org
heather@randyshavercancerfund.org

randy shaver

CANCER RESEARCH & COMMUNITY FUND

MISSION STATEMENT

The mission of the Randy Shaver Cancer Research and Community Fund is to support the cancer community in Minnesota by funding research, prevention, treatment, and other programs relating to the cancer community's needs.

MFCA Contact – Dave
Nelson

Address – Minnetonka High
School

18301 Highway 7,
Minnetonka MN 55345

Office Phone – 952-401-5948
dave.nelson@minnetonkaschools.org

GOPHERS, VIKINGS, MIAC, NSIC

The MFCA would like to thank the Minnesota Vikings, the Minnesota Gophers and the programs in the MIAC, NSIC and UMAC for their support of Tackle Cancer.

COACH TO COACH PROGRAM

The Coach to Coach program began with the 2006 football season. The program was developed by the MFCA Executive Committee and is designed to allow Minnesota high school football coaches to contact successful, retired coaches and get their insight on how to implement ideas on a variety of topics such as offense, defense, special teams, program building, and many more.

history. Represented among these coaches are numerous state championship coaches, 200+ game winners, and many coaches who have thirty or more years of coaching football. The retired coaches listed are willing to give some of their best advice and information acquired over their long and successful careers. Member coaches are encouraged to utilize this program to improve their programs in any area.

The Coach to Coach program lists some of the most successful and legendary coaches in Minnesota high school football

Coach	Address	City/State	Zip	Phone Number
Belanger, Ken	21875 Marek Road.....	Frederic, WI.....	54837	715-327-8726
Mike Belseth	1438 Andrews Avenue	Breckenridge	56520	218-643-2442
Celt, Bob.....	1963 Cherry Street.....	Red Wing.....	55066	651-388-5980
Collison, Bob	7500 Cahill Road #215 C.....	Edina.....	55439	952-942-9055
Darnell, Doug.....	6825 Dupont Avenue North	Brooklyn Center	55430	763-560-1702
Davies, John	22439 Beach Road	Deerwood	56444	218-546-6460
DeRocher, Darien.....	7101 Brown's Lane.....	Brainerd.....	56401	218-825-8466
Domschot, Ronald	105 Knut Street.....	Alexandria	56308	320-763-7140
Dotseth, Jim	2220 Merrimac Lane No	Plymouth	55447	612-226-6260
Elias, Charles.....	8106 Highwood Dr., Apt Y223	Bloomington	55438	952-884-1013
Fox, Don.....	1809 3rd Avenue Southwest.....	Austin.....	55912	507-433-3016
Gasner, Paul	51 142nd Avenue Northwest.....	Andover.....	55304	763-757-2340
Graham, Gary	11825 Bluegill Drive.....	Sauk Centre.....	56378	320-352-2881
Heikkinen, Marv	2806 Solway Road	Menahga.....	55733	218-628-1663
Herges, Pete.....	PO Box 66.....	Albany.....	56307	320-845-2981
Hill, Ken	1031 3 1/2 Avenue North.....	Sauk Rapids.....	56379	320-252-4035
Hofland, Neil.....	201 2nd Street West.....	Chokio.....	56221	320-324-7363
Jacobson, Kenneth.....	517 Park Street.....	Chatfield.....	55923	507-867-4759
Konrath, Fred.....	2227 Foxtail Court	Lino Lakes.....	55110	651-426-0752
Kostich, Dan.....	109 37th Avenue South.....	Moorhead.....	56560	218-233-1079
Larson, George	444 Maple Dell Road.....	Cambridge	55008	763-689-2371
Lubarski, Conrad	909 Bradford PO Box 1	Argyle.....	56713	218-437-6354
Mader, Jim	PO Box 330	Albany.....	56307	320-845-2814
Manke, Rick,	18135 Willow Springs	Detroit Lakes	56501	218-847-7106
Menage, Elmer.....	816 North Estey.....	Luverne.....	56156	507-283-2479
Mork, Paul	2166 Regent Drive	White Bear Lake.....	55110	651-429-6429
Nigon, David	2606 Rivers Bluff Lane.....	Anoka.....	55303	763-571-9116
Olson, Warren	569 Rice Creek Terrace	Fridley	55432	763-571-2297
Peterson, Lloyd.....	112 Ranch Avenue.....	Marshall.....	56258	507-532-5916
Robinson, Ron	415 South Range Road	Springfield.....	56087	507-723-4718
Roff, Dan	5470 Vinewood Lane	Plymouth	55441	763-550-1109

Coach	Address	City/State	Zip	Phone Number
Roham, Dan	405 3rd Street.....	Belview	56214	507-938-4274
Scanlan, Mal	1938 Fairmont Avenue.....	St Paul	55105	651-699-7877
Schneider, Gregg	1391 Valley View Road	Chaska	55318	952-448-5667
Scott, Ron	12816 Jonquil Street NW.....	Coon Rapids.....	55448	612-546-3262
Siegle, Al	PO Box 273	Pelican Rapids.....	56572	218-863-5861
Simser, Jim	940 Liberty Lane.....	Fairmont.....	56031	507-235-8689
Strand, Richard	Box 316	Mayville, ND.....	58257	701-430-1562
Stoterau, Dennis	114 W Chestnut Street	Redwood Falls.....	56283	507-644-8063
Swanson, Keith	114 Dakota Avenue	Hoffman	56339	320-986-2697
Taylor, Dean	32899 Apache Lane.....	St. Joseph.....	56374	320-253-2525
Thole, George	2114 Fair Meadows Road	Stillwater	55082	651-439-5991
Traurig, Leo	812 South Payne Street	New Ulm	56073	507-354-8376
Walker, Richard	7420 Edinborough #6315	Edina.....	55435	952-806-9922
Wemeier, George	1624 Waterbury	Waconia.....	55387	952-442-5432

CAMP OUTREACH PROGRAM

What a great way for our association to give back to its own members that are part of this wonderful association. Nine schools took advantage this year. One of the biggest things we look for in choosing the schools that receive the camp scholarship award is that they do not have a booster club to help pay or offset the cost of their camp. A lot of the schools would not have half of their players show up if they had to pay a fee for the teams summer camp. This \$500.00 goes a long way in helping pay for coaches to come and work with our kids. Again, what a great way for the MFCA to give back, it shows that the association is truly there to help out its members. This is just another reason with a very long list as to why EVERY coach should become a member.

Kyle Petermeier

Head Football Coach
Wadena-Deer Creek H.S.
600 Colfax Ave SW
Wadena, MN 56482

Mike Mahlen

Head Football Coach
Verndale High School
411 SW Brown Street
Verndale, MN 56481

Jay Loven

Head Football Coach/USA
5 Brentwood Circle
Swanville, MN 56382

Tom Murphy

Head Football Coach
One Pine Street
PO Box 108
Nicollet, MN 56074

Brent Schmik

Head Football Coach
Deer River High School
101 First Ave. NE
PO BOX : 307
Deer River, MN 56636

Mike Johnson

Head Football Coach
411 S Otter Ave
PO BOX 46
Parkers Prairie, MN 56361

Chuck Ross

Head Football Coach
Underwood H.S.
100 Southern Ave. E.
Underwood, MN. 56586-0248

Wayne Petermeier

Head Football Coach
Browerville-Eagle Valley H.S.
620 Park Ave
PO Box 185
Browerville, MN. 56438

Chris Moscho

Head Football Coach
Belgrade-Brooten-Elrosa H.S.
710 Washburn Avenue
PO BOX : 339
Belgrade, MN. 56312

CAMP OUTREACH APPLICATION

MINNESOTA FOOTBALL COACHES ASSOCIATION

Return to: Wayne Petermeier, P.O. Box 185 / 6th and Park Ave., Browerville, MN.56438

School Name _____

Class _____ Sub-District _____ Section _____

Head Coach _____

How many years have you been coaching? _____ As a Head Coach _____

How many coaches on your staff? _____

What are their names? _____

Your Phone Number _____ email _____

This camp is to help your program. You need to do the ground work on getting a staff to come to your school.

What coaching staff have you contacted to come to your school? _____

How many members of their staff will be working the camp ? _____

What is the travel distance round trip for the coaching staff ? _____

What would you like taught at the camp? _____

What age groups would be involved? _____

Would this be a CONTACT or NON-CONTACT camp? _____

****Please attach a letter outlining reasons why you feel your school should be chosen for this scholarship.**

Include why you want the staff you have chosen to come to your school and any other important information you feel is necessary.

NEW HEAD COACHES 2019

Coach	School	Coach	School
Alexandria.....	Michael Empting	Jordan.....	Ozzie Sand
Anoka.....	Bo Wasurick	Lake Crystal-Welcome Memorial.....	Kevin Hagge
Austin.....	Ed Schmitt	LeRoy-Ostrander.....	Trevor Carrier
Belle Plain.....	Joe Joyce	Luverne.....	Todd Oye
Benson.....	Adam Foslien	New London - Spicer.....	Ryan Fay
Bloomington Kennedy.....	Kendrick Williams	New Ulm.....	Eric Kauffmann
BOLD.....	Derek Flann	Parkers Prairie.....	Mike Johnson
Brooklyn Center.....	Chauncy Williams-Barefield	St. Cloud Cathedral.....	Jason Klinefelter
Champlin Park.....	Nick Keenan	St. Croix Lutheran.....	Adam Frey
Cook County.....	Mike Prom	SMB.....	Chris Goodwin
Cretin-Derham Hall.....	Chuck Miesbauer	Virginia.....	Matt Anderson
Duluth Denfeld.....	Erik Lofald	Zimmerman.....	Evan Bartlett
Eagan.....	Nick Johnson		

NEW FOR 2019



COACHCOMM
COBALT™

**SMALL PRICE.
BIG PERFORMANCE.**



HEAR THE DIFFERENCE
BE AMAZED AT THE PRICE



A GREAT COACHING HEADSET SYSTEM IS NOW WITHIN REACH OF EVERY TEAM

- Very Affordable (Finally!)
- Unlimited Users
- Powerful Performance in Demanding Environments
- Exceptional Audio Quality with Q-Tech Noise Suppression
- D1 SmartBoom® Headsets
- Two-Year Warranty on Parts and Labor Included
- Proven Service and Support

CoachComm®



800.749.2761

WWW.COACHCOMM.COM

SUB-DISTRICT REPS CHECKLIST

Please discuss the following at your conference meeting: MFCA Website: www.mnfootballcoaches.com

ACADEMIC ALL-STATE: www.mshsca.org/football/academinfo.htm

Committee Chairs:

Individual	Nick David	davidn@westonka.k12.mn.us	952-491-8303	Deadline: November 1st
Team	Wayne Petermeier	ribsy@browerville.k12.mn.us	320-594-8105	Deadline: November 1st

INDIVIDUAL - ACADEMIC ALL-STATE

Class	Name	School	Fax Number
9M	Mike Mahlen	Verndale	218-445-5185
1A	Wayne Petermeier	Browerville	320-594-8105
2A	Scott Gonnerman	Morris	320-589-3203
3A	Brian Odland	St. Peter	507-934-4783
4A	Andy Rostberg	Hutchinson	320-587-0955
5A	Corey Shea	Waconia	952-442-0679
6A	Mike Law	Blaine	763-506-6503

TEAM - ACADEMIC ALL-STATE

Class	Name	School	Fax Number
9M	Chad Christensen	Hancock	320-392-5156
1A	Wayne Petermeier	Browerville	320-594-8105
2A	Jon Bakken	WEM	507-362-4561
3A	Dave Rocheleau	Pierz	320-468-6577
4A	Terry Bahlman	Marshall	507-537-6933
5A	Bubba Sullivan	Northfield	507-645-3455
6A	Dave Nelson	Minnetonka	952-401-5905

ALL STAR GAME:	www.allstarfootball.org/ Nomination Form: www.mshsca.org/football/ outstatenom.pdf	Director: Dave Fritze david.fritze@district196.org	Deadline: October 15th
BUTCH NASH AWARD / ASSISTANT COACH OF THE YEAR	mnfootballcoaches.com/page/ show/2273497-forms (Assistant COY must be a previous Butch Nash Award winner)	Committee chair: Jim Dotseth dotsethj@comcast.net	Deadline: January 1st
CAREER RECORDS:	mnfootballcoaches.com/page/ show/2273575-all-time-60-wins Also, 200 wins; 50, 45, 40, 35, or 30 years of service.	Inform Jim Dotseth dotsethj@comcast.net	
COMMUNITY SERVICE AWARD:	mnfootballcoaches.com/page/ show/2278607-nomination-form	Committee Chair: Beau LaBore, laboreb@stillwater.k12.mn.us	Deadline: January 1st
SUB-DISTRICT COACH OF THE YEAR:	mnfootballcoaches.com/page/ show/2273497-forms	Awards Committee Chair: Jim Dotseth dotsethj@comcast.net Fax: 1-888-590-8819	Deadline: January 1st
HALL OF FAME:	mnfootballcoaches.com/page/ show/2273497-forms	Committee chairs: Paul Lemke plemke@gsl.k12.mn.us and Scott Tschimperle stschimperle@gsl.k12.mn.us	Deadline: January 1st
MEMBERSHIP:	mshsca.org/joinnow		
MENTOR PROGRAM:	Ron Stolski, stolski@yahoo.com		
MFC CLINIC REGISTRATION:	mnfootballcoaches.com/page/show/2278564-clinic-registration THE MFCA sponsored football clinic. March 26-28, 2020 at the Doubletree in St. Louis Park.		
MR. FOOTBALL:	mnfootballcoaches.com/page/ show/2273497-forms	Committee Chair: Clay Anderson, clay.anderson@pas.k12.mn.us	Deadline: October 31st
JERRY KILL POWER OF INFLUENCE:	mnfootballcoaches.com/page/ show/2273497-form	Committee chair: Bubba Sullivan, bubba.sullivan@nfl.k12.mn.us	Deadline: January 1st
SCHOLARSHIP PROGRAM:	mnfootballcoaches.com/page/show/2273497-forms	Committee Chair: Ben Anderson, banderson@hlww.k12.mn.us	Deadline: March 1st
SUMMER CAMPS:	www.mshsca.org/football/mfcateamcamp.pdf	Contact Ribsy Petermeier, ribsy@browerville.k12.mn.us Phone: 320-594-8111	Deadline: April 15th
RECRUITING FAIR:	mnfootballcoaches.com/page/show/2273497-forms	Committee Chair: Jeff Ferguson, ferguson@totinograce.org	TBD, 2020

DISTRICT CHANGES FOR 2019-20

The MSHSL has approved changes to football districts that began with the 2019 football season. Most districts will remain the same, although there were a small number of teams that changed districts. Teams are listed by District assignment and "Sub Districts" are not shown.

DISTRICT: 9 - WEST

Badger/GB-MR
Bertha-Hewitt High School
Blackduck High School
Brandon-Evansville High School
Clearbrook-Gonvick High School
Clinton-Graceville-Beardsley H.S.
Fertile-Beltrami High School
Goodridge/Grygla-Gatzke
Hancock High School
Kittson County Central
Laporte
NCE/UH Titans
Nevis High School
Northern Freeze
Ortonville High School
Park Christian
Rothsay High School
Stephen-Argyle Central High School
Verndale High School
Warren-Alvarado-Oslo High School
Wheaton Herman Norcross
Win-E-Mac High School

DISTRICT: 9 - NORTH

Bigfork High School
Carlton High School
Cherry High School
Cook County High School
Cromwell-Wright High School
Ely High School
Floodwood High School
Hill City/Northland
Isle High School
Kelliher/Northome
Lake of the Woods / Indus / Rainy River
Littlefork-Big Falls High School
McGregor High School

Mountain Iron-Buhl High School
Northeast Range High School
Ogilvie High School
Onamia High School
Silver Bay (Wm. Kelley) High School
South Ridge High School
Wrenshall High School

DISTRICT: 9 - SOUTH

Buffalo Lake-Hector-Stewart High School
Cedar Mountain/Comfrey
Edgerton/Ellsworth
Fulda/Heron Lake-Okabena
GHEC/Truman
Grand Meadow High School
Hills-Beaver Creek High School
Houston High School
Kingsland High School
Lanesboro High School
Leroy-Ostrander
Lyle-Pacelli
Mabel-Canton High School
Madelia High School
Mountain Lake Area
Nicollet High School
Red Rock Central High School
Renville County West High School
Sleepy Eye Saint Mary's High School
Southland High School
Spring Grove H.S.
Westbrook-Walnut Grove High School

DISTRICT: BIG SOUTHEAST

Albert Lea High School
Austin High School
Faribault High School

Kasson-Mantorville High School
Mankato East High School
Mankato West High School
New Prague High School
Northfield H.S.
Owatonna High School
Red Wing High School
Rochester Century High School
Rochester John Marshall
Rochester Mayo High School
Winona High School

DISTRICT: SOUTHEAST

Byron High School
Caledonia High School
Cannon Falls High School
Chatfield High School
Dover-Eyota High School
La Crescent High School
Lake City High School
Pine Island High School
Plainview-Elgin-Millville High School
Rochester Lourdes High School
St. Charles High School
Stewartville High School
Triton High School
Zumbrota-Mazeppa High School

DISTRICT: MID SOUTHEAST

Alden-Conger/Glenville-Emmons
Bethlehem Academy
Blooming Prairie High School
Cleveland/Immanuel Lutheran
Cotter High School
Fillmore Central High School
Goodhue High School
Hayfield High School
Janesville-Waldorf-Pemberton H.S.

"THE KEEPERS OF THE GAME"

Kenyon-Wanamingo High School
Lester Prairie \ Holy Trinity
Lewiston-Altura High School
Mayer Lutheran High School
Medford High School
Randolph High School
Rushford-Peterson High School
St. Clair/Mankato Loyola
United South Central High School
Wabasha-Kellogg High School
Waterville-Elysian-Morristown H.S.

DISTRICT: SOUTH CENTRAL

Belle Plaine H.S.
Blue Earth Area High School
Fairmont High School
G-F-W High School
Jackson County Central High School
Jordan High School
Lake Crystal-Wellcome Memorial
LeSueur-Henderson High School
Luverne High School
Maple River High School
Marshall High School
Martin County West H.S.
New Richland-H-E-G H.S.
New Ulm High School
Norwood-Young America High School
Pipestone Area High School
Redwood Valley High School
Saint James Area
Sibley East High School
St. Peter High School
Tri-City United High School
Waseca High School
Windom Area High School
Worthington High School

DISTRICT: SOUTHWEST

Adrian High School
Canby High School
Dawson-Boyd High School
Lac qui Parle Valley High School

Lakeview High School
MACCRAY High School
Minneota High School
Minnesota Valley Lutheran
Murray County Central High School
New Ulm Cathedral High School
Russell-Tyler-Ruthton High School
Sleepy Eye High School
Springfield High School
Tracy-Milroy-Balaton High School
Wabasso High School
Yellow Medicine East H.S.

DISTRICT: EAST CENTRAL

Albany High School
Annandale High School
Dassel-Cokato High School
Foley High School
Glencoe-Silver Lake High School
Holy Family Catholic H.S.
Litchfield High School
Little Falls High School
Milaca High School
New London-Spicer High School
Princeton High School
St. Cloud Cathedral
Watertown-Mayer High School
Zimmerman High School

DISTRICT: MID STATE

Atwater-Cosmos-Grove City H.S.
B O L D High School
Belgrade-Brooten-Elrosa H.S.
Benson High School
Browerville-Eagle Valley
Eden Valley-Watkins High School
Holdingford High School
Howard Lake-Waverly-Winsted H.S.
Kerkhoven-Murdock-Sunburg H.S.
Kimball Area High School
Long Prairie-Grey Eagle H.S.
Maple Lake High School
Melrose Area High School

Minnewaska Area H.S.
Montevideo High School
Morris Area/Chokio-Alberta
Osakis High School
Parkers Prairie High School
Paynesville Area High School
Pierz High School
Rockford H.S.
Royalton High School
Sauk Centre High School
Upsala/Swanville

DISTRICT: NORTHWEST

Ada-Borup/Norman County West
Bagley High School
Cass Lake-Bena High School
Fosston High School
Frazee H.S.
Hillcrest Lutheran Academy
Lake Park-Audubon
Mahnommen/Waubun
New York Mills High School
Pelican Rapids High School
Pine River-Backus High School
Polk County West
Red Lake County Rebels
Red Lake High School
Underwood High School
Wadena-Deer Creek High School
Walker-Hackensack-Akeley H.S.
Warroad High School

DISTRICT: NORTHEAST

Aitkin High School
Barnum High School
Braham High School
Chisholm High School
Cloquet High School
Crosby-Ironton High School
Deer River High School
Duluth Denfeld High School
Duluth East High School
East Central H.S.

Esko High School
 Eveleth-Gilbert High School
 Grand Rapids High School
 Greenway Naskwauk Keewatin
 Hermantown High School
 Hibbing H.S.
 Hinckley-Finlayson High School
 International Falls H.S.
 Mesabi East High School
 Moose Lake/Willow River
 Mora High School
 North Branch High School
 North Woods High School
 Pine City High School
 Proctor High School
 Rush City High School
 Two Harbors High School
 Virginia High School

DISTRICT: MIDWEST

Barnesville High School
 Breckenridge High School
 Crookston High School
 Detroit Lakes High School
 Dilworth-Glyndon-Felton H.S.
 East Grand Forks High School
 Fergus Falls High School
 Hawley High School
 Ottertail Central Bulldogs
 Park Rapids Area High School
 Pequot Lakes High School
 Perham High School
 Pillager High School
 Roseau High School
 Staples Motley High School
 Thief River Falls High School
 United North Central Warriors
 West Central Area/Ashby Knights

DISTRICT: SUBURBAN

Academy of Holy Angels
 Apple Valley High School
 Benilde-St. Margaret's School

Bloomington Jefferson High School
 Chanhassen High School
 Chaska High School
 Coon Rapids High School
 DeLaSalle High School
 Forest Lake High School
 Hastings High School
 Henry Sibley High School
 Hill-Murray School
 Hopkins High School
 Irondale High School
 Mahtomedi High School
 North High School
 Orono High School
 Park Center High School
 Park High School
 Robbinsdale Armstrong High School
 Robbinsdale Cooper High School
 Simley High School
 South Saint Paul High School
 Spring Lake Park High School
 St. Louis Park High School
 St. Thomas Academy
 Tartan High School
 Waconia High School

DISTRICT: METRO

Anoka H.S.
 Blaine High School
 Burnsville High School
 Centennial High School
 Champlin Park High School
 Cretin-Derham Hall High School
 Eagan High School
 East Ridge High School
 Eastview High School
 Eden Prairie High School
 Edina High School
 Farmington High School
 Lakeville North High School
 Lakeville South High School
 Maple Grove High School
 Minnetonka High School

Mounds View High School
 Osseo
 Prior Lake High School
 Rosemount High School
 Roseville Area High School
 Shakopee High School
 St. Michael-Albertville H.S.
 Stillwater Area High School
 Totino-Grace High School
 Wayzata High School
 White Bear Lake Area High School
 Woodbury High School

DISTRICT: TWIN CITY

Academy Force
 Bloomington Kennedy High School
 Breck School
 Brooklyn Center High School
 Columbia Heights High School
 Concordia Academy-Roseville
 Fridley High School
 Minneapolis Edison High School
 Minneapolis North Community H.S.
 Minneapolis Patrick Henry H. S.
 Minneapolis Roosevelt High School
 Minneapolis South High School
 Minneapolis Southwest High School
 Minneapolis Washburn High School
 Mound Westonka High School
 Providence Academy
 Richfield High School
 Saint Paul Harding H.S.
 SMB Wolfpack
 Spectrum High School
 St. Agnes High School
 St. Anthony Village High School
 St. Croix Lutheran High School
 St. Paul Central High School
 St. Paul Como Park H.S.
 St. Paul Highland Park
 St. Paul Humboldt High School
 St. Paul Johnson High School

COMPETITIVE SECTION ASSIGNMENTS

NINE MAN

SECTION 1

Grand Meadow High School
Houston High School
Kingsland High School
Lanesboro High School
LeRoy-Ostrander High School
Mabel-Canton High School
Southland High School
Spring Grove High School

SECTION 2

Buffalo Lake-Hector-Stewart High School
Cedar Mountain/Comfrey
Cedar Mountain High School
Comfrey High School
Nicollet High School
Ogilvie High School
Onamia High School
Red Rock Central High School
Renville County West High School
Sleepy Eye Saint Mary's High School

SECTION 3

Edgerton/Ellsworth
Edgerton High School
Ellsworth High School
GHEC/Truman
Truman High School
Granada-Huntley-East Chain H.S.
Heron Lake-Okabena / Fulda
Heron Lake-Okabena
Fulda High School
Hills-Beaver Creek High School
Lyle-Pacelli
Lyle High School
Pacelli High School
Madelia High School
Mountain Lake Area
Mountain Lake High School
Mt. Lake Christian High School
Westbrook-Walnut Grove High School

SECTION 4

Bertha-Hewitt High School
Brandon-Evansville High School
Clinton-Graceville-Beardsley H.S.
Hancock High School
Ortonville High School
Rothsay High School
Verndale High School
Wheaton Herman Norcross
Wheaton High School
Herman-Norcross High School

SECTION 5

Carlton High School
Cromwell-Wright High School
Floodwood High School
Hill City/Northland
Hill City High School
Northland High School
Isle High School
McGregor High School
South Ridge High School
Wrenshall High School

SECTION 6

Blackduck High School
Clearbrook-Gonvick High School
Fertile-Beltrami High School
Laporte High School
NCE/UH Titans
Ulen-Hitterdal High School
Norman County East High School
Nevis High School
Park Christian High School
Win-E-Mac High School

SECTION 7

Bigfork High School
Cherry High School
Cook County High School
Ely High School
Littlefork-Big Falls High School
Mountain Iron-Buhl High School
Northeast Range High School

Classification Enrollments

9 Man	165 and under
A	166-204
AA	205-317
AAA	318-499
AAAA	500-942
AAAAA	943-1667
AAAAAA	1668-2979

Silver Bay (Wm. Kelley) High School

SECTION 8

Badger/GB-MR
Greenbush-Middle River High School
Badger High School
Goodridge/Grygla-Gatzke
Grygla-Gatzke High School
Goodridge High School
Kelliher/Northome
Kelliher High School
Northome High School
Kittson County Central
Kittson Central High School
Lancaster High School
Lake of the Woods / Indus / Rainy River
Lake of the Woods H.S.
Indus High School
Northern Freeze
Marshall County Central H. S.
Tri-County High School
Stephen-Argyle Central High School
Warren-Alvarado-Oslo High School

Class A

SECTION 1

Blooming Prairie High School
Fillmore Central High School
Goodhue High School
Hayfield High School
Randolph High School
Rushford-Peterson High School
Wabasha-Kellogg High School

SECTION 2

Alden-Conger/Glenville-Emmons
Alden-Conger High School
Glenville-Emmons High School
Bethlehem Academy
Cleveland/Immanuel Lutheran
Cleveland High School
Immanuel Lutheran H.S.
G-F-W High School
Minnesota Valley Lutheran
New Ulm Cathedral High School
United South Central High School
Waterville-Elysian-Morristown H.S.

SECTION 3

Adrian High School
Martin County West High School
Murray County Central High School
Russell-Tyler-Ruthton High School
Sleepy Eye High School
Springfield High School
Wabasso High School

SECTION 4

Belgrade-Brooten-Elrosa H.S.
Benson High School
Browerville High School
Kerkhoven-Murdock-Sunburg H.S.
Lester Prairie \ Holy Trinity
Lester Prairie High School
Holy Trinity High School
Mayer Lutheran High School
Parkers Prairie High School
Upsala/Swanville
Upsala High School
Swanville High School

SECTION 5

B O L D High School
Canby High School
Dawson-Boyd High School
Lac qui Parle Valley High School
Lakeview High School
MACCRAY High School
Minneota High School
Yellow Medicine East H.S.

SECTION 6

Ada-Borup High School

Breckenridge High School
Hillcrest Lutheran Academy
Lake Park-Audubon
New York Mills High School
Ottertail Central Bulldogs
Battle Lake High School
Henning High School
Underwood High School
Walker-Hackensack-Akeley H.S.

SECTION 7

Barnum High School
Braham High School
Chisholm High School
Deer River High School
East Central High School
Hinckley-Finlayson High School
North Woods High School
Pine River-Backus High School

SECTION 8

Cass Lake-Bena High School
Fosston High School
Mahnomen/Waubun Thunderbirds
Mahnomen High School
Waubun High School
Polk County West
Fisher High School
Climax High School
Sacred Heart High School
Red Lake County Rebels
Red Lake Falls High School
Red Lake County Central
Red Lake High School

Class AA

SECTION 1

Caledonia High School
Chatfield High School
Cotter High School
Cotter High School
Hope Lutheran High School
Riverway Learning Community
Dover-Eyota High School
Kenyon-Wanamingo High School
Lewiston-Altura High School
St. Charles High School
Triton High School

SECTION 2

Blue Earth Area High School
Janesville-Waldorf-Pemberton H.S.
LeSueur-Henderson High School
Maple River High School
Medford High School
New Richland-H-E-G H.S.
Norwood-Young America High School
St. Clair - Loyola
St. Clair High School
Mankato Loyola High School

SECTION 3

Lake Crystal-Wellcome Memorial
Pipestone Area High School
Redwood Valley High School
Saint James Area
St. James High School
Butterfield-Odin High School
Tracy-Milroy-Balaton High School
Windom Area High School

SECTION 4

Concordia Academy-Roseville
Howard Lake-Waverly-Winsted H.S.
Maple Lake High School
Minneapolis North Community H.S.
Rush City High School
St. Agnes High School
St. Paul Humboldt High School

SECTION 5

Atwater-Cosmos-Grove City H.S.
Eden Valley-Watkins High School
Holdingford High School
Kimball Area High School
Morris Area/Chokio-Alberta
Morris Area School
Chokio-Alberta High School
Paynesville Area High School

SECTION 6

Long Prairie-Grey Eagle H.S.
Osakis High School
Pillager High School
Staples-Motley High School
Wadena-Deer Creek High School
West Central Area/Ashby Knights
West Central Area School
Ashby High School

SECTION 7

Crosby-Ironton High School
Eveleth-Gilbert High School
International Falls H.S.
Mesabi East High School
Moose Lake/Willow River
Moose Lake High School
Willow River High School
Royalton High School

SECTION 8

Bagley High School
Barnesville High School
Crookston High School
Frazee High School
Hawley High School
Pelican Rapids High School
United North Central Warriors
Menahga High School
Sebeka High School
Warroad High School

Class AAA

SECTION 1

Pine Island High School
Plainview-Elgin-Millville High School
Rochester Lourdes High School
Stewartville High School
Waseca High School
Zumbrota-Mazeppa High School

SECTION 2

Belle Plaine H.S.
Belle Plaine High School
Holy Family Academy
Dassel-Cokato High School
Glencoe-Silver Lake High School
Holy Family Catholic High School
Litchfield High School
Providence Academy
Providence Academy
Maranatha Christian Academy
Heritage Christian Academy
West Lutheran High School
Rockford High School
Watertown-Mayer High School

SECTION 3

Fairmont H.S.
Fairmont High School
Martin Luther High School
Jackson County Central High School
Luverne High School
Sibley East High School
Tri-City United High School
Worthington High School

SECTION 4

Breck School
Cannon Falls High School
Lake City High School
Minneapolis Roosevelt High School
Richfield High School
St. Croix Lutheran Academy

SECTION 5

Annandale High School
Brooklyn Center High School
Foley High School
Milaca High School
Minneapolis Patrick Henry H. S.
Mora High School
Pine City High School
Spectrum High School

SECTION 6

Albany High School
Melrose Area High School
Minnewaska Area H.S.
Montevideo High School
New London-Spicer High School
Pierz High School
Sauk Centre High School
St. Cloud Cathedral High School

SECTION 7

Aitkin High School
Esko High School
Greenway/Nashwauk-Keewatin
Greenway High School
Nashwauk-Keewatin High School
Proctor High School
Two Harbors High School
Virginia High School

SECTION 8

Dilworth-Glyndon-Felton H.S.

East Grand Forks High School
Fergus Falls High School
Park Rapids Area High School
Pequot Lakes High School
Perham High School
Roseau High School
Thief River Falls High School

Class AAAA

SECTION 1

Albert Lea High School
Byron High School
Faribault High School
Kasson-Mantorville High School
Red Wing High School
Winona High School

SECTION 2

Hutchinson High School
Jordan High School
Mankato East High School
Marshall High School
New Ulm High School
St. Peter High School

SECTION 3

Academy Force
St. Croix Preparatory Academy
Mounds Park Academy
Liberty Classical Academy
New Life Academy of Woodbury
Math & Science Academy
Twin Cities Academy High School
Hill-Murray School
Simley High School
South Saint Paul High School
St. Paul Harding High School
St. Paul Johnson High School

SECTION 4

Columbia Heights High School
DeLaSalle High School
Fridley High School
Minneapolis Edison High School
St. Anthony Village High School
St. Paul Como Park H.S.

SECTION 5

Academy of Holy Angels
Benilde-St. Margaret's School
Minneapolis South High School
Mound Westonka High School
Orono High School
SMB Wolfpack
Blake School (The)
Minnehaha Academy
Hope Academy
St. Paul Academy and Summit School

SECTION 6

Becker High School
Big Lake High School
Delano High School
Princeton High School
Zimmerman High School

SECTION 7

Chisago Lakes High School
Cloquet High School
Duluth Denfeld High School
Hermantown High School
Hibbing H.S.
Hibbing High School
Victory Christian Academy
North Branch High School

SECTION 8

Detroit Lakes High School
Grand Rapids High School
Little Falls High School
Rocori High School
Willmar High School

Class AAAAA

SECTION 1

Austin High School
Northfield H.S.
Northfield High School
Arcadia Charter School
Owatonna High School
Rochester Century High School
Rochester John Marshall
Rochester Mayo High School

SECTION 2

Bloomington Jefferson High School
Chanhassen High School

Chaska High School
Mankato West High School
New Prague High School
Waconia High School

SECTION 3

Apple Valley High School
Bloomington Kennedy High School
Hastings High School
Henry Sibley High School
Park High School
St. Thomas Academy

SECTION 4

Mahtomedi High School
Minneapolis Washburn High School
North High School
St. Paul Central High School
St. Paul Highland Park
Tartan High School

SECTION 5

Irondale High School
Minneapolis Southwest High School
Park Center High School
Robbinsdale Cooper High School
Spring Lake Park High School
St. Louis Park High School

SECTION 6

Elk River High School
Monticello High School
Robbinsdale Armstrong High School
Rogers High School
Saint Cloud Tech
St. Cloud Tech High School
St. John's Prep
Sauk Rapids-Rice High School

SECTION 7

Andover High School
Cambridge-Isanti High School
Coon Rapids High School
Duluth East High School
St. Francis High School

SECTION 8

Alexandria Area H.S.
Alexandria Area High School
New Testament Christian School

Bemidji High School
Brainerd High School
Moorhead High School
Sartell-Saint Stephen High School
St. Cloud Apollo High School

Class AAAAAA

SECTION 3

Burnsville High School
Eagan High School
Eastview High School
Farmington High School
Lakeville North High School
Lakeville South High School
Prior Lake High School
Rosemount High School

SECTION 4

Cretin-Derham Hall High School
East Ridge High School
Mounds View High School
Roseville Area High School
Stillwater Area High School
Totino-Grace High School
White Bear Lake Area High School
Woodbury High School

SECTION 5

Anoka H.S.
Anoka High School
Legacy Christian Academy
PACT Charter School
Blaine High School
Centennial High School
Champlin Park High School
Forest Lake High School
Maple Grove High School
Osseo High School
St. Michael-Albertville H.S.
Section 6
Buffalo High School
Eden Prairie High School
Edina High School
Hopkins High School
Minnetonka High School
Shakopee High School
Wayzata High School

COMMUNITY SERVICE AWARD

FOOTBALL IS MORE THAN JUST A GAME

Coaches can make a significant impact on their players, school, community, and world through the community service award by conducting a community service project.

Minnesota Football Coaches Association Community Service Award Guide

The Community Service Award began in 2008. The award encourages teams to display their student-athletes' service while portraying qualities of leadership, community, and giving to others. Giving, without the expectation of receiving anything in return, is a powerful quality that can be instilled in our young men.

It is great to see teams seek this award. More importantly, it is great

to see how teams contribute to our communities, state, country, and world. We are happy to share the good things that our programs, led by our coaches, do for student-athletes and society. If your team performs a community service activity of any kind, please fill out the online form. The form is simple, but the message it will send can be resounding.

If your program has not conducted a community service activity, please consider one. No act is too small when it comes to giving back. Please view the work of recognized teams on the MFCA website. Moreover, consider the following community service ideas and organizations: Food shelf, Food drive, School mentoring, Elementary reading, DARE volunteers, Flood prep and relief, Hospitals/ hospice, Nursing homes, Public Safety Departments,

Environmental projects, Community cleanup day, Walk / Runs, Drug, alcohol, violence, abuse education, Blood drives, Adopt a member of a nursing home, Adopt a Highway, Animal Shelters / zoos, Raise money for a charity, Compete with a rival to fundraise for charity, Youth football camps or leagues, Work food or soup lines, Serve area schools and parks, Contact your town hall for needs, Raise money for school supplies. Do not underestimate the difference that a community service experience can have on your communities and team. More often than not, those who gain the most are the young men performing the service. If you need any assistance, please contact Beau LaBore, MFCA Community Service Committee Chair, at laboreb@stillwaterschools.org.

MINNETONKA "WE ARE ONE" CAMP GIVES BOTH WAYS

Minnetonka has promoted and conducted community service with its football players for many years. In fact, an experience in 2011 spawned the idea that eventually became the Minnesota Football Coaches Association Tackle Cancer effort which hopes to eclipse the \$2 million mark in 2019.

A different effort captures the hearts of its players and participants in the "We Are One" Camp. Few things are better than high school football players coaching

their peers. At Minnetonka High School, the players are sharing their knowledge, skills, and tricks of the trade with adaptive student-athletes.

This camp, in its second year in 2018, hosted a couple dozen participants who experience the game in a way not otherwise possible. The high school players adapt the drills they practice so each participant can apply the fundamentals of throwing, catching, carrying, blocking, tackling, and more to experience our great game.

This collaboration, between the Minnetonka Student Support Services leadership team and Skippers Head Coach Dave Nelson, features paraprofessionals and staff who already have relationships with the students and families to keep the focus fun and developing a sense of belonging.

While there is no doubt the campers have an enjoyable learning experience, a profound impact is made on the player coaches as well.

"I think (our players) learn a ton," said Coach Nelson. "I think they broaden their horizons a little bit, they have some new friends in school, and learn a little bit by coaching somebody else."

Michelle Ferris, executive director of Student Support Services, said "This is a very special night for the students with disabilities as well as the football team, who all come together to coach, mentor and make new friends in the spirit of friendship."

The campers leave the camp with shirts and tickets to the first home game so they can cheer on their players who coached them. In the end, this connection builds community while giving indelible experiences to all involved.



COMMUNITY SERVICE RECOGNITION

MINNESOTA FOOTBALL COACHES ASSOCIATION

Return to: Beau LaBore, 5701 Stillwater Blvd. N, Stillwater, MN 55082-5476 or e-mail laboreb@stillwaterschools.org

Head Coach _____
first middle last

School Address _____ City/Zip Code _____

E-mail _____ Home phone _____ Work phone _____

Member MSHSCA? _____ Yes; _____ No. Member MFCA? _____ Yes; _____ No.

Class: 9M; A; 2A; 3A; 4A; 5A; 6A Sub-district _____

COMMUNITY SERVICE PROJECT

Supervisor: _____ Date(s): _____ Number of players involved: _____

Describe Project: _____

Purpose/Goal: _____

Community Feedback: _____

Submitted by: _____ Head Football Coach _____

MFCA SCHOLARSHIP

Sixteen Minnesota high school football players received scholarships this past season in recognition of their fine play on the field and academic excellence in the classroom. The players will receive a \$500 scholarship for this upcoming school year.

Each of the scholarships is named for a Minnesota high school football coach who had a significant impact on high school football and the coaches association.

2019 Winners

Tom Mahoney (Fairmont)
Scholarship Winner: **Garret Raymon, Hills Beaver-Creek**

Don Swanson (MPLS Henry)
Scholarship Winner: **Josiah Lossow, Mpls South**

Les Dreschsel (Ada) Scholarship
Winner: **Hunter Gonnerman, Benson**

David Nigon (TG) Scholarship
Winner: **Ethan Rice, STMA**

Al Siegle (Pelican Rapids)
Scholarship Winner: **Hayden Christensen, Pelican Rapids**

Andy Nelson (Lake Benton)
Scholarship Winner: **Nick VanErp, Battle Lake**

Steve Silianoff (South St. Paul)
Scholarship Winner: **Zach Cowley, Stillwater**

Dave Hylla (Proctor) Scholarship
Winner: **Chase Liestman, Litchfield**

Bob Peterson (Esko) Scholarship
Winner: **Jackson Weninger, Verndale**

Dale Scholl (Redwood)
Scholarship Winner: **Hayden Tersteeg, BOLD**

Warren Olson (Brooklyn Center)
Scholarship Winner: **Kellen Weibel, Cambridge-Isanti**

Jim Gustafson (Albert Lea)
Scholarship Winner: **Ben Graupman, Lake Crystal-WM**

John Gross (Medford) Scholarship
Winner: **Seth Peterson, Blooming Prairie**

Jim Simser (Fairmont) Scholarship
Winner: **Nathaniel Hausladen, Lester Prairie**

Ron Scott (Coon Rapids)
Scholarship Winner: **Jason Kaul, Blaine**

Dick Walker (Richfield)
Scholarship Winner: **Garrett Shumski, Mankato West**

Ron Stolski (Brainerd) Scholarship
Winner: **Romis Whitford, LaCrescent**

Ken Baumann (Mahnomen)
Scholarship Winner: **Josh Anderson, Litchfield**

Doug Torgerson (Grove City)
Scholarship Winner: **Isaak Knutson, Triton**

How football has impacted my life

"The work ethic, focus, and patience I developed through my years in football have shaped the man that I am today and have added many great accomplishments to my life even if the scoreboard did not reflect it" - **Romis Whitford, LeCrescent**

"The injury has been tough mentally and physically. It has helped me realize football is a deep part of me and even if my high school career was cut short of my goal, I have my sights set on playing in college." - **Seth Peterson, Blooming Prairie**

"The grind in football is an everyday thing, without the grind, there is no game of football... It may not be the most fun part about football, but the feeling of winning your section title and looking back to all the times grinding with your tea, is like no other feeling." - **Kellen Weibel, Cambridge-Isanti**

"I have learned how to be disciplined and how to compete. From learning the plays my coaches drew up, to the focus I needed to keep my grades above a certain level, I disciplined myself then and will continue to do so in life." - **Hayden Christenson, Pelican Rapids**

"Through the pain surrounding the game, I learned the lesson of being professional when times are tough and to accept a loss without deflecting the fault. Football has shown me that life will go on, no matter what has happened to you in the past." - **Ethan Rice, St. Michael-Albertville**

"Being a captain has made me more of an outgoing leader by guiling my teammates during drills and during the games. They looked to me for help on the field, but bigger than that, I know see them coming up to me as a mentor in their everyday lives. This has resulted in me becoming a leader within my school." - **Isaak Knutson, Triton**

"I have also learned to conduct myself in a sportsmanlike manner through times of adversity such as poor calls made by officials or losing a big game and watching the other team hold the trophy. Football is more than a sport, it brings people together..." - **Jackson Weniger, Verndale**

"I know that on any given play, I must do my job and trust the other ten will do theirs. H last thing anyone wants to do is let their team down, since these are the guys that have been working their tail off to do the same." - **Hayden Tersteeg, BOLD**

"Football is about friendships, teamwork, and turning boys into men. I have learned that by watching my father coach and watching other Benson Braves go through the football program." - **Hunter Gonnerman, Benson**

"Learning to get along well with a variety of personalities and realizing that all individuals have a voice and desire to be heard. Learning the importance of Sacrifice, that it not always about one person sometimes you have to look at what is best for the team." - **Chase Liestman, Litchfield**

"I truly believe football is the greatest team sport in the world. There is such a sense of belonging when you are a part of a football team. No matter where you come from, how you grew up, or who you are related to, once you are on the field, nothing else matters." - **Zach Cowley, Stillwater**

"The experience of being a captain has taught me to become a leader and how to communicate better with other, I would recommend any young boy or girl play football, as it is an experience that can help shape your future." - **Nathaniel Hausladen, Lester Prairie**

"It (Football) has been something that has motivated me throughout the years to become a better. Not just a better athlete, but also a better person..." - **Nick VanErp, Battle Lake**

"One of the most impactful memories from this past football season was when a group of football players from my team visited a young boy named Westin n the hospital. HE had been involved in a serous car accident. Being able to encourage and support a young football player during a challenging time was unforgettable." - **Jason Kaul, Blaine**

"Football has taught me to fight through everything because no matter what happens the satisfaction of giving something all you have is rewarding beyond measure. And to be able to do it alongside someone; a million times better." - **Josiah Lossow, MPLS South**

"In addition to being a leader and a great teammate, football has taught me that the best things in life are worth working hard for. Like many others, I am forever thankful for the great game of football and the lessons that I have learned throughout my journey." - **Garret Shumski, Mankato West**

"Playing football with my team over the years has led to the creation of a bond that is nearly unbreakable. We have spent countless hours together in practice and in the weight room. I have made some friendships that will last a lifetime." - **Garrett Raymon, Hills-Beaver Creek**

"Football has taught me a lot of important things that will help me in life, such as being able to take the mistakes I make and the criticism I receive and learn from that; being able to work with others to do what is best for my team instead of trying to do everything on my own." - **Josh Anderson, Litchfield**

"I have endured many different forms of struggle and perseverance throughout my football career. Life is like football in the sense where one will always face adversity, and football has shown me how to overcome and preserve through times of struggle." - **Ben Graupman, Lake Crystal/W/M**

MINNESOTA

FOOTBALL COACHES ASSOCIATION

SCHOLARSHIP

The Minnesota Football Coaches Association will award scholarships to students who are currently enrolled in a Minnesota High School and are members of their high school football team.

Eligibility

- Applicant must plan to be enrolled in college for the 2019-2020 academic year.
- A minimum grade point average of 3.0 (B) is required. The student's high school transcript must accompany the application.
- Student must write a 250 word essay that describes how the sport of football has impacted their life.
- Essay must be typed.
- Application must be accompanied by two letters of recommendation from high school faculty members familiar with the student's academic and extra-curricular achievements.
- Head Football Coach must be a member of the MFCA.

Submission of Application

Submit the application and all other material required to:

MFCA Football Scholarship
Howard Lake-Waverly-Winsted H.S.
Attn: Ben Anderson
8700 Co Rd 6 SW
Howard Lake, MN 55349

Applications must be postmarked by March 1, 2020

Application will be judged on the following criteria

1. Academics
2. School/Community Involvement
3. Essay
4. Athletic Achievement
5. Letters of Recommendation

Notification and payment

The scholarship winner will be chosen by a committee of MFCA members and will be announced by May 15, 2020. The check will be mailed to the college during the summer of 2020 following verification of enrollment.

For Additional Information:

Contact Ben Anderson
8700 County Rd 6 SW, Howard Lake, MN 55349
Tel. 320-260-2917
banderson@hlww.k12.mn.us

MINNESOTA

FOOTBALL COACHES ASSOCIATION SCHOLARSHIP

Name: _____ School: _____

Permanent Address: _____

City/State/Zip: _____ Telephone: _____

E-mail: _____

School Address: _____

City/State/Zip: _____ Telephone: _____

SSN#: _____ Head Coach's Name: _____

Grade Point Average: _____ (on a 4.0 scale) ACT Composite Score: _____

Anticipated date of Graduation: _____ College Choice: _____

Verification of Application

By signing below, the student confirms that the information provided is accurate and that the essay was written by that same student. The student also asserts to his/her intent to attend a university or college in the fall of 2020. The school official confirms that all the information above is accurate and up-to-date.

Student Signature _____

School Official: _____ Signature: _____

Title: _____ Phone: _____

NOTE THESE ITEMS MUST BE RECEIVED WITH APPLICATION FORM:

- Official High School Transcript
- 250 Word Essay
- Two letters of Recommendation
- Activities Resume (including Athletic Achievement and School/Community Involvement)

MR. FOOTBALL 2018, JASON WILLIAMSON

Jason Williamson, a running back/free safety from Owatonna High School (Big Southeast District - Red Sub-District, Class 5A) was named Mr. Football for 2018 by the Minnesota Football Coaches Association (MFCA). The award was presented at the Mr. Football Banquet on Sunday December 16 at the DoubleTree by Hilton Minneapolis Park Place Hotel in St. Louis Park. First presented in 2004, the Mr. Football Award is an annual award recognizing Minnesota's best high school football player. The Mr. Football Award is sponsored by the Minnesota Football Coaches Association and the Minnesota Vikings.



Jason Williamson is the fifteenth player to receive the Mr. Football Award and the first from Owatonna High School. He is the fourth player from an outstate school to win the Mr. Football Award. His head coach at Owatonna High School was Jeff Williams.

Coach's Comments

"Jason is an outstanding student (3.69 GPA) and a role model and leader in our hallways. He is held in the highest regard by teachers and students alike. He is a favorite at our Youth Camp and in our elementary cafeterias. He is always willing to give of his time to work with the young kids in our District.

Jason is a leader on our football team and was selected captain for the 2018 season. He is the kid that the others look to, is a vocal leader and a leader by example. He is the hardest worker on our team. Jason does not talk a lot, but when he does, his words have tremendous impact. If a session is not going well, Jason will say something before the coaches do. He is the heart and soul of our team.

Jason has led our team to the State Playoffs in each of his three years as a starter, and was the MVP of the Class 5A State Championship game in 2017. Jason is the finest athlete and football player I have ever coached. In my time in the Big 9 Conference, only Darrell Thompson compares to him. He is a truly special athlete with a very bright future ahead of him."

The other Mr. Football finalists were:

Bryce Benhart	Lakeville North
Matt Cavanagh	Edina
Alex Folz	Spring Grove
Nick McCabe	Caledonia
Cade Plath	Chanhassen
David Roddy	Breck
Luke Ryan	BOLD
Treyton Welch	Buffalo
Brandon Westberg	Cambridge-Isanti
Cole Woodford	Redwood Valley

Mr. Football Award Committee

Chairman, Rick Sutton	Eagan
Dwight Lundeen	Becker
Will Wackman	Spring Lake Park
Mike Hennen	Cambridge
Scott Gonnerman	Benson
Jeff Weiland	Orono
Karl Urbaniak	Mable-Canton
Mike Gindorff	Crosby-Ironton
Clay Anderson	Pipestone Area
Jim Dotseth	Sec-Treas.
Charles Adams III	Mpls. North



MR. FOOTBALL AWARD



An annual award recognizing Minnesota's best high school football player

SPONSORED BY:

Minnesota Football Coaches Association and the Minnesota Vikings

NOMINATION FORM

Award Criteria

- The recipient must be a graduating senior
- The head coach of all nominees must be a current member of the MFCA
- Nominees cannot have any MSHSL Eligibility violations from grade 9-12
- Each player must have their nomination approved by their sub-district and the MFCA Sub-District Rep will pass the nominee on to the committee chair
- Sub-District Nominations
- Sub-Districts will choose the number of nominations that they make – no limitation in number; however, nominations must be made in keeping with the integrity of the award (it truly is an honor to be nominated), and must be approved by the coaches and put forward by the Sub-District Rep.

Selection Process

- **Sub-District Reps** e-mail Clay Anderson with nominees' name/school by **Nov. 2nd**
- **Head Coach** must submit nomination forms to Clay Anderson by **Nov. 2nd**
- Selection committee evaluates nominees and chooses 10 finalists on **Nov. 16th**
- Each finalist will have a committee member assigned as an evaluator
- The "Elite Ten" finalists will be required to submit two complete game films and a highlight film to the committee, preferably through HUDL
- Mr. Football Banquet will be held Sunday, **December 8th** at the Doubletree Park Place

Coaches are to e-mail, fax or mail the nomination materials to the committee chair:

Mr. Football Committee Chairman

Clay Anderson, Pipestone Area HS

1401 7th St SW Pipestone, MN 56164

Email: clay.anderson@pas.k12.mn.us

Work: 507-562-6084

Cell: 507-215-5559

Mr. Football Committee

Chairman Clay Anderson, Pipestone Area; Jim Dotseth, Sec. Treas; Scott Gonnerman, Morris Area; Zach Hauser, Spring Grove; Dwight Lundeen, Becker; Jon Martin, Breck; Jeff Robinson, MN Vikings; Rick Sutton, Holy Angels Academy, Will Wackman, Spring Lake Park; Jeff Weiland, Benilde-St. Margaret.

Download nomination form at: www.mshsca.org/football/mrfb.pdf

MR. FOOTBALL NOMINATION FORM

Annual award recognizing Minnesota's best high school football player

RETURN THIS NOMINATION FORM TO CLAY ANDERSON, PIPESTONE, BY NOVEMBER 2ND

Player's Name _____ Jersey # _____ Position(s) played _____

School _____ Sub-District _____ Class _____

Head Coach _____ Current MFCA Member? _____

Coach's Contact Information

E-mail: _____

School Phone: _____ Cell Phone: _____

School Address: _____

Parent(s)' Contact Information

Name(s): _____

Address: _____ Phone: _____

2019 Statistics

Career Statistics: _____

Honors/Awards: _____

Coach's Comment (Please include the type of player and person the nominee is as well as what he has meant to your team and program)

Minnesota Football Coaches Association ~ "The Keepers of the Game"

MINNESOTA FOOTBALL COACHES CLINIC

www.mnfootballcoaches.com

MFCA CLINIC A GREAT SUCCESS!

The 12th annual MFCA football coaches clinic was held March 28 & 29 at the Doubletree Hotel in St Louis Park. This year's clinic featured several headline speakers including a kickoff by former NFL All-Pro, Man of the Year and St. Paul's native Matt Birk. Friday's headliners included Vikings executive vice president Lester Bagley and new North Dakota State head coach Matt Entz. The Friday evening headline program featured NFL veteran and Fox Sports analyst Ben Leber and Gophers head coach PJ Fleck. The program was highlighted by recognizing Kare11's Randy Shaver as Man of the Year for his many years of supporting high school football and his leadership in the Tackle Cancer program. We also had a special visit from former high school teacher and coach and now governor of Minnesota, the honorable Tim Walz. As in previous years, the clinic included several different events including the Don Swanson kickoff party on Thursday evening and MFCA social on Friday evening. We also featured a new head coaches reception, retired coaches reception, sub district representatives meeting, and our association business meeting. The clinic program featured many local and national speakers including highly

successful high school coaches from South Carolina, Texas, South Dakota, Arizona, and Idaho as well as several regional high school and college coaches including several Gopher coaches and the University of North Dakota coaching staff. New features this year included an assistant coaches panel as well as a Coaches Academy, both featuring well respected area high school and college coaches. The clinic concluded with our youth coaches clinic on Saturday morning followed by Gopher meetings and practice at Bierman on campus at the University of Minnesota. Our annual Hall of Fame Banquet was held that evening at the Doubletree. All in all, our annual gathering of The Keepers of the Game was once again very well attended and a great success!

**Your support helps benefit
the MFCA Activities.
Thanks for helping!**

Claud Allaire
Clinic Coordinator



How to Lead When You Are Not in Charge

MATT LUNDEEN

Head Football Coach, Redwood Valley High School

Graduated from Becker High School in 1994 Went to Bethel College from 1994-1998 Hired at Redwood Valley in 1998 and have never left. 6th Grade Language Arts/Social Studies Teacher Wife: Amber (Married 18 Years) Son: Drew (9th Grader) Daughter: Kenzie (7th Grader) Son: Zack (4th Grader)

This last summer I listened to a great podcast by Andy Stanley. He was interviewing a man named Clay Scroggins. The topic they were talking about was, "How to lead when you are not in charge." They started by stating that the majority of us will always have bosses that we are working for. However, just because we are not the boss and are not in charge we can still have tremendous influence.

The purpose of this article will be to share with you some of the main qualities from this podcast as well as valuable lessons I have learned during my years of being on multiple coaching staffs. In my experiences, having a great coaching staff that works together in a positive and productive way is essential to helping your program be successful. These would be the Top 5 Qualities I would encourage you and everyone on your staff to make a real part of how they coach and live life.

Quality #1 – Self-Leadership!

How you lead yourself directly reflects how you will lead others. Even if you are under a bad boss and that frustrates you, turn the focus on yourself and how you lead yourself. Control the things you can control and make those things the best. Not arrogantly or boastfully, but develop the lifestyle and habit that whatever you do you will do in a top class way. Regardless if that is being a dad, husband, co-worker, son, etc. Lead yourself well first and foremost. When you lead yourself the right way you give yourself a better chance to lead others as well.



Quality #2 – Own Your Domain!

All of us are usually in charge of something. For example, your position group, taping, scout team, offense, defense, special teams, etc. Whatever it is you are in charge of, make it as great as you can. Be the head coach of that area/domain you have. Again, not in an arrogant or boastful way to pump yourself up, but in a way that reflects, "Whatever I am in charge of, I am going to make that great." Clay Scroggins describes it as creating an "Oasis of Excellence" with whatever you have been placed in charge of. The bottom line is, we can all have great influence regardless of our position or level of authority.

Quality #3 – Choose Positivity!

The greatest gift we can all bring to everything we do is the energy of a positive attitude. One of the greatest keys to leading is, BRING POSITIVE ENERGY EVERY DAY! When we bring this type of energy it influences people and makes things better. Individuals who choose positivity are the type of people you want in the room when you attack something. They are the individuals who are forward thinkers, are hope filled, have a "can do" attitude, say "we can do this", and "there isn't a mountain high enough!" Be a 100 watt lightbulb, not a 40 watt lightbulb.

Quality #4 – Add Value by Thinking Critically without being Critical!

Often individuals become frustrated and disengaged when they don't have a chance to weigh in or they don't feel like they are listened to. The key to this is, don't become discouraged to

the point where you aren't bringing your best every day and you are just "biding my time until I am in charge." All this does is hurt your program and your players. Here are a few tips for how to add value by thinking critically without being critical. One, see the big picture and have a realistic outlook. Two, we all want people who think critically. This means we think of ways to make things better and find ways to make progress. Critical thinkers do three things great; Notice Things, Question Things in a Good Way, and Connect Things. Therefore, don't just identify issues alone, but also be a problem solver and be ready to present possible ways to solve the issue. Three, be able to handle things if your idea is not done or rejected. A sign of a healthy coaching staff is being able to disagree, yet at the end you can all commit to the decision moving forward with tremendous "buy in" by EVERYONE!!! If your idea/thought isn't used, don't let it beat you up and keep you down. The line of being critical and critical thinking is razor thin. Constantly be asking yourself, "how can I be a critical thinker without being critical and how could we specifically address this to make things better and make progress?" Four, approach is everything! Therefore, figure out how and when to best approach who is in charge. Head coaches and leaders want things to get better

and want to win, so find what approaches work best with them.

Quality #5 – Reject Passivity!

Our natural pull when we aren't in charge is to be passive. Find ways to add tremendous value to whatever staff you are on and whatever your role is. Look for ways to enhance what is already done and observe possible ways to make things even better. Don't just present problems, but present solutions to your plan as well. This is where you need to have that fine line of not always being a "yes" man. It's good for everyone to be reflective about everything they do and even be challenged to ensure who we are leading is getting the best of all coaches.

To summarize, here are four major questions to constantly be asking yourself.

1. **How can I...Lead myself really well?**
2. **How can I...Choose Positivity?**
3. **How can I...Think critically and not be critical?**
4. **How can I...Reject Passivity?**

If you have a staff full of people who live this way and think this way your time together as a staff will be very memorable and positive!

A Look Into Perham Yellowjacket Football Offensive Philosophy and Culture

RYAN BEACHY — Offensive Coordinator, Perham High School

KYLE KNUTSON — Head Football Coach, Perham High School

Perham Offensive Football , Ryan Beachy

Looking at my roots in football, I look back to Staples-Motley, where I graduated from and played quarterback for two years. We were a triple option team and I fell in love with that. After graduating, I spent a year at NDSU, another option team, before transferring to Concordia, yet another triple option team.

Any way you look at it, my belief is that the option play is the single best play in football. I leave that very open when I say the "option play," because there are so many variations. When you can leave a defensive player or two players unblocked and read what they are doing to get you into the best play possible, to me, that is a no-brainer.

When I talk to the team at the beginning of the season, the first thing we talk about is being able to hang your hat on something. If we need a yard what are we going to? Every kid understands what that is. It is very important that the kids understand and believe in what you are doing, or you are fighting a losing battle.

If any of you were able to sit in on Randy Jackson's talk last year at the coaches clinic, we have very similar philosophies. I will go for it on 4th down from anywhere, I will call the same play over and over, I will run one guy vertical and then another and another. I will run swinging gate in the middle of the field, I

usually call two to three trick plays a game and, yes, we go fast on offense.

As I get into philosophy of where I go with my play, it is always numbers, angles and field:

Numbers: Pretty simple. Do we have more numbers on the one side than they do? Often times I will be running or throwing to the boundary. With our style of offense, as we go fast and use our multiple types of formations and unbalanced formations, we might get numbers and angles and be able to go to the field.

Angles: We have great angles on our blocks off the ball, and also have the ability to get to the next level (LB) as well. That is a great opportunity to run to where we have angles. This will usually occur to the boundary.

Field: more often than not, this is done with a sweep, jet sweep, roll out, play action or with some sort of unbalanced formation.

The more I stop and correct a play in practice and have kids understand where the ball should be going in order to put us in the best shape, then the more not only our QB gets it, but the other kids that are on the field will get it as well. If my QB doesn't see it sometimes, then the lineman are calling the audible. This would include the slots as they also know where we want the ball going. So most of the time, the offense is all on the same page with where the ball is supposed to go. Now it just comes down to execution.

As I talked about it before, I am a triple option guy. Three

years ago Kyle Knutson, our head coach, asked if I would look into RPO's. I spent quite a bit of time researching it and asking questions of people that are very knowledgeable about the subject. Then we started to implement and could then tweak things to how we liked them.

After running some bubble screens four years ago and not having much success with it I scrapped it for a year. I was then able to listen to University of Minnesota Gopher offensive coordinator, Kirk Ciarrocca, speak here at our association clinic. I implemented that style two years ago and did very well with that. After talking to coach Laqua, the head coach at Minnesota State University Moorhead last summer, we added more to that and also increased some tunnel screens.

I honestly don't know how many different formations we ran this year, but if I had to guess it would be somewhere between 15 and 20. Out of those formations we run most every play we have. We are always able to run some sort of option play out of every formation. The idea behind the amount of formations we run is that we will see when someone doesn't line up correctly or gives us easy points. When a team doesn't line up correctly over a TE or a slot the vertical route is usually wide open. Hence also the reason to go fast and not let the defense have much time to adjust.

Sorry not any X's and O's, but if someone really wants to talk or visit I would be more than willing to spend time on any of these subjects. You can get a hold of me via email rbeachy@perham.k12.mn.us. Thanks.

Perham Football Culture & Off-Season, Kyle Knutson

This past season finished my 4th complete season as head coach in Perham and my 26th year coaching football. Prior to becoming head coach, I was the Defensive Coordinator in Perham and also in Frazee from 2000-2006. Before that I was a coach in the Zumborta-Mazeppa football program from 1993-1999. I played football at Concordia College – Moorhead, under coach Jim Christopherson, from '88 through the '90 seasons.

As a graduate from Lakeville High School I was fortunate to play in the Prep Bowl for the state championship against a good Cambridge team to whom we lost.

All of these experiences have helped shape my coaching style to try and promote a culture in Perham to continue the success the district has experienced in the 13 years I have been here and prior.

A huge part of the culture of a team is the coaching staff. Perham football is fortunate to have a team of guys that work well together. We can disagree at times but work through it and at the end of the day -or game - respect each other. There are



over 200 years of coaching experience on the staff for grades 9-12 and I believe that is a huge asset to have in a program. I imagine what we teach and preach is pretty common amongst schools across the state so what I write about is probably not new to most schools. Our practices are fast paced, broken into

timed periods and often run long when mistakes happen. We will turn the lights on if necessary.

In Perham football, we teach that there is not any one person that holds more importance on the team than another. Every person has an important role. A few years ago we started dressing our freshman and moved them into the varsity locker room so that they can experience and learn that concept from the beginning. It also allows them to feel a part of something right away instead of waiting until their season is over. We give every freshman the option to continue on with the team after their season is done with the understanding that they participate through the end of the season. We remind them that we hope to be practicing in snow as we wrap up our season and it will get cold!

Our off-season programs are fairly limited compared to most. We understand kids are stretched pretty thin already trying to balance other sports and activities. We draft weight lifting teams a few weeks after our season ends when the season is still fresh in the kids' minds. The next year's seniors draft players down to the incoming 8th graders and their lifting activity is charted throughout the school year and summer, offering prizes along the way for teams that have the most activity.

We do try to compete in some 7-7 evenings with area schools and as of late we are hosting our own team camps. For years we attended college team camps and loved the competition but found with cost and time, our numbers were limited. Last summer we had over 60 kids 9-12 attend camp that consists of mostly football education, O and D install, 7-7 challenges, big man challenges and team bonding. Our camp consists of 1 day in June and a day and a half to close out July. Our closing ceremony at the lake involves grilling, games, swimming and goal setting.

Starting at team camp in the summer and continuing throughout the following season a player will pick another player on the team that exemplifies a great teammate. Someone they believe will have their back on and off the field, works hard in practice and has a good attitude. After the next practice, the player that was picked the day before will pick one



that he feels meets the same standards. These standards define the culture we want. This continues until the last practice.

We have seen great chemistry and bonding this past season which is greatly attributed to the type of kids we had and are getting back. We also believe the culture we are trying to maintain will continue to foster these attributes. If anyone has any questions feel free to email me at kknutson@perham.k12.mn.us. Thank you.

Building Pride Back into a Program

TOM NELSON

Head Football Coach, Two Harbors High School

Tom Nelson graduated from Two Harbors High School in 1990, Attended UMD, and has taught for 22 years (Special Education for 20 and PE for the last 2).

He has coached boy's basketball, track, and football, and is married with 5 children—Angie (wife), Tate 12, Carter 11, Brooklyn 11, Delaney 11, and Owen 10.

When I was asked to consider writing something for the MFCA annual magazine I thought about some of the most important ingredients to our success. From there I then knew what I should focus on as far as this article goes, I hope this is a worthwhile read for some of you.

Two Harbors is a small 3A school on the North Shore of Lake Superior. We draw from a large geographical area that is mainly rural. We are rarely the bigger team and often times do not have the fastest kids, but we have been able to compete and succeed most years due to “Buy In”.

When we took the program over 19 years ago (I was 29) we were in a pretty tough spot. Our numbers were not there, school spirit and pride was poor, community interest was minimal, and overall expectations for our football program were low, in fact there were some rumblings about suspending the Agate Football Program at that time.

The 2 things we focused on in the beginning were to first change the culture of what it meant to be an Agate Football Player and secondly we needed to get kids into the Weight Room. We adopted the motto of F.A.M.I.L.Y which is an acronym for Forget About Me I Love You. This one simple thing has had an enormous impact on our program over the years. Now it took a few years to get kids, parents, community, etc to really start buying in, and still some never do, but when they did start you could see the momentum begin to grow. We plaster FAMILY everywhere, we even had it on our jerseys for years until jersey restrictions prohibited it....so now it is down the side of our game pants--which is still allowed--we found the loophole and did it! Getting kids into the weight room (which we often refer to as the “workroom”) was instrumental in our ability to compete. We worked to create an environment where kids were welcomed, not driven away—no matter their size or strength. Our older and more experienced lifters are in groups with our younger student-athletes and this has been key for us to build mentor-ship opportunities and take more ownership in the program. We typically lift at 6 am M-W-F mornings all year round and average between 25 and 35 student-athletes per day with nearly all in attendance playing football. There is no doubt that our kids have given themselves a chance to compete with bigger and faster athletes because of the WR. It took us about 2-3 years to really start seeing noticeable results as far as being able to consistently compete throughout the entire season.

Working off the FAMILY values, we began having our kids volunteer in the community back in the early 2000's. We needed to intertwine the student-athletes and the community together again. Our kids put in countless hours volunteering

with such things as Grandma's Marathon, community dinners, moving community members who need help, helping at local churches, cleaning up our community, and numerous other acts. We also focused on being students first. Our first game we ever coached in back in 2001 we had 26 kids in 9th -12th grade out for the team with 8 of them not dressing due to grades for that game—so we suited 18 kids in 9 -12th grade for a 3A team due to grades—not good! This past year, and many other years leading up to now, we had zero academically ineligible kids and were Academic All State as a team in 2018. Now don't get me wrong, we still have our issues we deal with, but they are a rarity now.

When the student-body, community, and alumni started to notice the changes, that is when it was a true FAMILY atmosphere. Bleachers started filling up, kids were proud to wear Two Harbors Agates apparel again, people were talking about games and had hope in their voices...but most importantly they were proud of THEIR football program and what it stood for, and that was awesome to see. Our cheerleaders, our band, and our fans are fantastic and make the games a True American High School Football Experience!!

Over the past 18 years we have been fortunate to win 5 conference championships (before that the last was 1979), we have been section runners up 3x, and section champs last year while making our first trip to State in 41 years. We are not a powerhouse football program with multiple state titles, but I would like to think that we are well respected as a team and that you must be prepared to play against us. We will work to give you everything we have to succeed and strive to overachieve. We have to outwork other teams as we are not talented enough to just show up and win, and I am proud of that. We believe that no matter how talented you are, become an overachiever. Our kids work to be the best they can be and with that they represent themselves, their families, their team, their school, and their community in the best way possible.

There are many coaches out there that are probably a heck of a lot smarter than I am, and I feel fortunate to be in this profession with them. I am coming up on my 30th year of coaching at one level or another, and I truly feel that the more I learn, the more I realize how little I really know, and how much I can still learn about this great game. I have always believed that if you can get a players heart bought into what you are doing as a program, they will go farther than they ever thought they could...F.A.M.I.L.Y!!

Pyramid of Success

JOHN STEWART

Head Football Coach, Spring Lake Park High School

During my football career I have been fortunate to learn from working with a number of coaches, both while playing for and while coaching alongside, I have been able to take something from every school I have been associated with. I played center at the University of St. Thomas in the late 90s and got to see how a program with a tradition of success functioned. I started coaching at Irondale High School in 2000. As a new coach I learned the value of planning and preparation. Since 2003, I have been coaching at Spring Lake Park High School. I spent my first 15 years as an assistant coach; prior to 2018 I worked as the Offensive Coordinator and Offensive Line Coach. During that time, I was able to work with a number of great coaches and grew as a coach and learned many aspects of leading a football program. Honestly, being a Head Coach was not on my career to-do list. I was happy being a coordinator/position coach. But when SLP's Head Coach, Jeff Schlieff, retired in early 2018 after serving in the position for 25 years I knew that if there was ever a time and place for me to take the helm, it was then and at Spring Lake Park. After getting my wife's and family's blessing and a stressful few months of developing my coaching portfolio along with completing various interviews, I was named the next Head Football Coach at Spring Lake Park.

As I prepared for the new role and the task of taking over a program that had been built on a solid foundation of character, hard work and a mentality of toughness I got a lot of advice from a number of people in my life. Some of the advice was solicited and some of it was given freely. I heard everything from "you have no idea what you are getting into", to "throw the ball", and "be yourself". Almost everyone I talked to had tips on what offense to run or the latest blitz package we needed to implement.

Because I had been a part of the SLP program for so long and had a part in building/maintaining the culture Coach Schlieff envisioned, I wanted to take a close look at what traditions and values our players and coaches felt were important to the program. I spent a good chunk of the Spring interviewing past and current players as well as talking with the coaching staff about traditions, values, new ideas and things that should not be changed. The players had all sorts of ideas about our traditions, some of which no one could figure out how or why

they had even been started. Those were the things I knew we would need to take a second look at and work to clean up what was actually a tradition that aligned with our values. In talking with the coaches, we discussed our values and what current practices made sense as well as areas where we were willing to try something new. One of the conversations

that stood out was with a veteran assistant coach - he wanted to make sure I understood that our Pyramid of Success was the program that should continue to drive our work. Our Pyramid of Success is based on many of John Wooden's principles and serves as a great tool for guiding our coaches and players at Spring Lake Park.

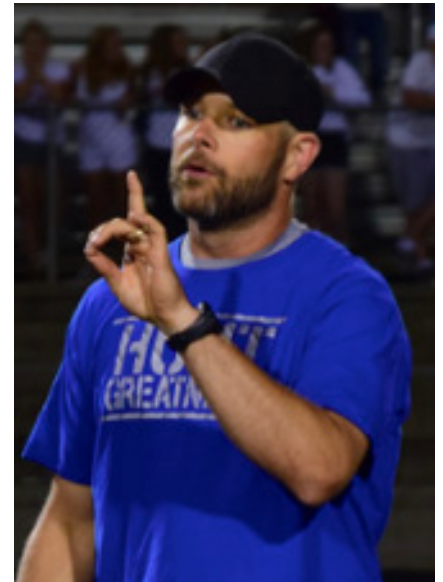
The Pyramid gets posted in our locker room and is one of the few handouts we still give players each season. Our emphasis is on the bottom 3 rows with the belief that if we are strong in those, we will have the best chance of reaching the blocks at the top.

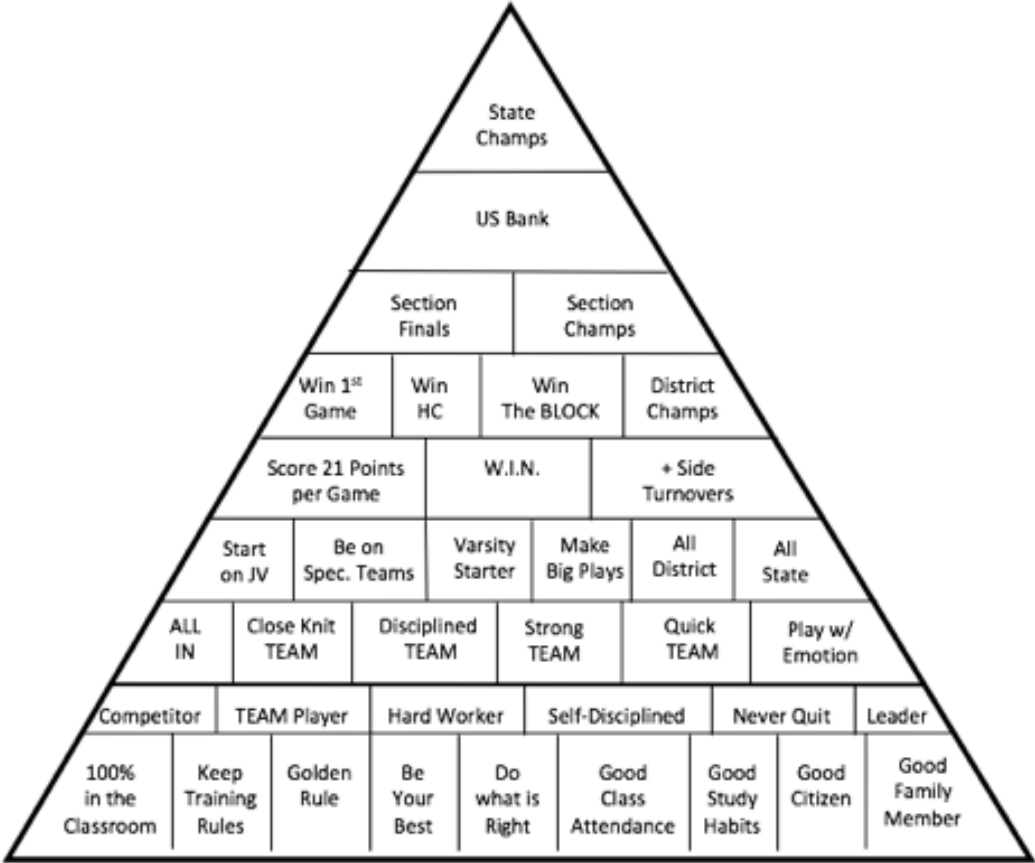
Here is a look at our Pyramid for 2019. Most of the Pyramid stays the same from year to year; the only things that get updated are if any of our TEAM Game Goals change.

(See opposite page.)

Level 1

The foundational blocks, are Person/Student traits that we challenge our players to develop. Most of them have little to do with being a football player but serve a bigger role in the development of high character in young adults. Players who are strong in these blocks represent themselves, their families and the football program well.





Level 2

Athlete/Player traits. These 6 values serve as a guide for the type of player we are looking for and trying to develop. When we have a TEAM of individuals who are strong at Level 2, it is special. They are a good group to coach and often reach their potential – maybe even overachieve. Our 2018 TEAM was led by a player that embodied the values on Level 2; our on-the-field success was a direct result of this.

Level 3

TEAM traits that we work to develop. Some of the work is done in-season but a good chunk of getting stronger, faster and becoming a close-knit group happens in the off-season. We have had a strong tradition of lifting as a TEAM in the off-season. Lifting with your teammates is a fantastic way to build relationships and strengthen trust between players.

Level 4

Individual football goals. The individual goals are purposely

put after the TEAM goals to help emphasize that the TEAM comes first.

Level 5

Connects to our TEAM Game Goals. We have 12 game goals each week. 3 TEAM Goals, 3 Offensive Goals, 3 Defensive Goals and 3 Special Teams Goals. Score 21 points and + Side Turnovers are two of them and goals that all 3 phases of the game can impact. That is why they are on the Pyramid. I will list our Game Goals later in the article. W.I.N. stands for What’s Important Now – Lou Holtz gives a great talk on this acronym on YouTube. Asking yourself this question as it relates to your goals helps to frame a decision-making process that we believe helps our athletes. There have been times we will talk about this before practice to help shift the focus to football for the next 2 hours.

Levels 6, 7, 8 & 9 are pretty standard goals for all football programs. Other than Win the Block, our rivalry game with Irondale, I would think all teams have some form of those goals

in their program. Having the best chance to achieve those goals comes from building a strong foundation on the lower levels.

We cover the blocks of the Pyramid throughout Fall Camp and during the season. Most days during Fall Camp we will meet during the mandated rest period and one of our coaches will give a character talk. Often the topic connects with one of the blocks at the base of the pyramid. Since our staff has a lot of experience together and I believe they have a good sense of what our TEAM needs, coaches have the freedom to decide what to talk about during that time. Some of our coaches get creative and come up with activities or interactive discussions to cover their topic. If a coach is stumped for an idea or if they are new to the staff, I encourage them to look at the Pyramid and pick a topic. During the season we use part of our Monday scouting meeting for a character talk and introduce our theme of the week. One of the many things I kept from Coach Schlieff is that each assistant coach takes a game during the season and he is responsible for the lesson that week and any other motivation for that game. I decided to keep that going as I think it is good for our TEAM to hear from other voices and looking back, I think it really helped my own development as a coach to need to prepare those lessons and talks for a game week. Another way we engage our athletes with the Pyramid is when we have our post-season individual meetings, the Pyramid provides a nice framework for talking with players about strengths and areas of growth.

Our Pyramid of Success will continue to be a major influence in all of the work we do with our TEAM. It has served Spring Lake Park well for over 25 years and I have appreciated having it as a tool during my first year as a head coach.

Panther Football Game Goals

TEAM

- Less than 25 yards in penalties
- Win turnover margin
- Win all 4 quarters

DEFENSE

- Less than 14 points
- 0 explosive plays (25+ yards)
- Less than 12 missed tackles

OFFENSE

- 21+ points
- 300+ yards
- 100% Ball Security

SPECIAL TEAMS

- 0 influenced/blocked kicks
- Return of 30+ yards or block a kick
- 0 returns over 15 yards

Climate Creating OUR Culture

NCE-UH FOOTBALL COACHING STAFF

Dustin Flaten, Mark Hemberger, Bradley Dunham, John Otto

When we think of any successful program, we think of what it takes to get to the level they're at in that given moment. What defines success? For each person and each program success might look different. Is it the tally in the win versus loss column? Is it what they do and how they act on the field? Maybe it's what they do and how they act off the field. For some it might be how they perform or act in the classroom. For us, it's as simple as two words, "Become Better".

It's not about becoming a better football player. It's about becoming a better person. To become a better person we all

have to grow and continue to be lifelong learners. We tell our student athletes that we know they're going to make mistakes. As coaches/leaders we are going to make mistakes too. One of the points we stress to becoming that better person, is to learn from those mistakes. Each decision/choice we make in life is going to have one of two outcomes. It is either going to be a positive or a negative outcome. Positive outcomes are great and everyone can see those immediately. Negative outcomes are great too, if you learn from them. The neat thing about a negative outcome is the fact that you can still turn it into a

positive. Our climate doesn't allow anyone in the program to stack those negatives on top of negatives.

For us, it's about changing perspective. It's about changing words or how we use our words. It's about pep talks and occasionally it's about getting after each other. Challenging each other not to continuously make the same mistakes. As a program, we know that everyone has bad days. We have a get out of jail free card that anyone can use. With this card an individual can miss one practice with no consequence. Yet hardly anyone takes advantage of this because we hold each other accountable for wanting to become better.

We like to think of climate being our day to day process. This is something our program sees and lives every single day. We like to think of our culture as what everyone else sees. If we are all striving to become a better person each day then our climate should be creating our culture. Our culture shouldn't have a ceiling. We are always thinking of more, not in a greedy way but in a way in a sense of "what can we do more of to become better."

Trust more:

If we want people to trust us as leaders then we need to be able to trust them when they have a vision or an idea also.

Listen more:

A lot of people think of communication only through talking. To be a good communicator, we need to sit back and listen to everyone also. One thing we like to do when a coach is done talking with the players is to ask any other coach or players to add something they may feel is important while the group is all together. This usually snowballs into more things for us to work on as a team/staff.

Talk more:

We don't talk just to talk or because we like to hear ourselves talk. We try to talk more in a way that we can't assume everyone in our program knows our vision or what we are thinking. We have to be able to talk to communicate to try and have everyone on the same page.

Delegate more:

In order to be successful at this point, we believe we have to develop and know the skills of our team/staff. If we feel

confident in those skills then we are more likely to delegate tasks out knowing they will be completed to the best of their abilities.

Encourage more:

As we continue to strive to be transformational leaders, we have learned that our encouraging attitudes have a trickle down affect. In our society right now it is so easy to point the finger and say "It's not my fault, or it's not my job", this can lead to a lot of negativity amongst staff/teams which is also a trickle down affect and a lot easier to get drawn into. It really takes a conscious effort to be encouraging and positive to let people know that, "they can do it!"

Support more:

If we want people to buy into our vision or strategy then we better build some good relationships to earn their support and vice versa.

Smile more:

Having or showing a smile often makes us more approachable. It make others think that we are polite and caring. If we are more approachable to others then they will be more likely to share their thoughts, ideas, concerns, and vision with us. If we earn their trust from being approachable, they will be more likely to be on board with us when we may have thoughts, ideas, concerns or visions.

Involve more:

Each person has a job and they do their job. Nothing should change as a leader, we try to involve as many stakeholders as possible in whatever we do. We make sure not to give any job or task to anyone if they haven't seen us do it first. Part of being a leader is to show that we will do the same work and be just as involved.

Praise more:

It's no secret that everyone likes to hear they're doing a great job. If we as educators can give labeled praise to students that do a specific task to the best of their ability, then there is no reason as leaders we can't give the same labeled praise to peers that do a task to the best of their ability. If a leader can give out praises that are heartfelt and genuine then it is natural for people to not want to disappoint them at their job.

Fundamentals of Success

PAUL CLARK

Assistant Coach, Mahnomen/Waubun Thunderbirds

First and foremost, I would like to thank the Minnesota Football Coaches Association for the opportunity to write this article.

We obviously had an extremely successful year here at Mahnomen/Waubun. Winning the Prep Bowl against an extremely talented BOLD team was a dream come true. If you are a coach that witnessed that game, you are thinking two things: 1 - Wow! How did the Thunderbirds pull that off? 2 - Why in the world would a coach whose defense gave up what seemed like a thousand pass yards in the first half of that game be writing on Defensive Back play?? Well, we aren't sure on the first, it's still a little surprising to us. As for the second, because the Defensive Back has become the most important player on the field!!

The game of football is changing. It seems nearly everyone is running some sort of spread offense. With the RPO (can we please get a lineman downfield call, sheesh) craze, this is only going to become more common. This means that the offenses are getting more creative than ever to get the ball to the best, fastest athletes on the team in open space. Think about that.

Ok there Mr. Junior DB, go cover that kid, who is the best athlete on their team, oh, by the way, he knows where he is going and you don't, also he gets to run forward and you have to be going backwards! This is what DB's are going through. The ability to defend the pass is more vital now than ever before.

Thunderbird defense is something that we take extreme pride in. Our expectation is a shut out each and every game. To do this, all 11 players must exhibit superb fundamentals, focus and attitude. There are no shortcuts. Yes, sometimes your team is simply going to be superior to the other team. But every team has at least one athlete, one player that can break one. This is why we have to hammer home that each and every play, no matter if it is a rep in practice or late in the 4th quarter of the State Championship game, all 11 players must have superb fundamental, focus and attitude.

FUNDAMENTALS

Fundamentals are needed daily in high school football,

but sometimes they are hard to cover, especially in the small schools. Small school football coaches never have enough time. When the majority of your major contributors play both sides of the ball and most special teams, practice time becomes extremely thin. Throw in being a defensive coach on a staff with an offensive head coach, and the time becomes even less (D Coordinators all know what I'm talking about). We have narrowed our drills drastically to what we think are the four most important fundamentals: eyes, footwork, tackling and attitude.

EYES

Training the eyes is the single most important fundamental. Proper eye training will give the DB a chance every play. We constantly question "Where are your eyes?" and "Why are your eyes there?" Pre snap, we want the eyes in one of two places, the designated offensive lineman if we are in zone or the bellybutton of our man if we are in man to man defense. If we are in zone, we expect our DB's to not only defend the pass, but also provide support in the run game. We have no glory boys that don't get their uniforms dirty! Reading run/pass immediately after the snap is essential. This is something that needs to be addressed constantly throughout the season, or it will not happen. We have found easy ways to do this. We rely heavily on the Offensive line giving us the run/pass read, depending upon if they are firing out or dropping to protect the passer. An important piece to this is that we always error deep, meaning if in doubt = pass read. Incorporating some sort of high hat/low hat terminology into footwork drills has become a great tool for us. Very easy to do. Another fun way to make this a priority is having contests to see who can read the run/pass first, This has become a favorite. Challenge a different player each play, whether it is during a team practice session or on the sideline of a JV game, make it a fun way to compete and challenge your players to become perfect with their eyes. Offense has the advantage of knowing the play and where they are going. Proper eye placement can reduce that advantage just a bit.

FOOTWORK

There are thousands and thousands of footwork drills for DB's out there and all of them have benefit. Even if we practiced hours a day, every day of the year, there is no way we could hit them all. A determination of what are the most important skills your DB's need has to be made. For us, we determined that we want our DB's to have tremendous start/stop/acceleration. We cater all of our footwork drills into this set of skills. We work to start fast, stop fast and accelerate NOW!. We don't expect to have cookie cutter fixes to this. Each player is different and we allow them to practice that way. One player might be fastest playing out of a back peddle and another might be faster crossing over. Our preference is crossing over, but it's not mandatory. The players have to feel fast, if they are trying to move in a way that makes them uncomfortable or have to think about the movements, we feel we are defeating the purpose.

We don't care so much about how they play fast, as long as they have 2 non-negotiables: quick, short steps instead of elongated, slow steps and they exhibit good balance/body control. In our world, long steps and/or being unbalanced = advantage offense. We work to avoid that as much as possible. We want a fast start, a fast stop and a fast acceleration if needed to put our DB's in the best possible position to have success each play. The aspect of footwork that we are the most strict with has little to do with feet, we work hard to make sure our DB's stay in the proper body position. Keeping a balanced center of gravity and a bend at the hips, knees and ankles is must. We call this staying in the athletic position. Staying in this position may not make a player faster, but NOT being in this position certainly makes the player slower. A simple reminder of "Be an Athlete" usually reminds the DB's of this position.

TACKLING

Unfortunately, our great game is under attack. Protecting the head has become the single most important aspect of football. This has changed the way we practice drastically. Live tackling sessions were once a weekly, if not daily, mainstay in every practice schedule. Now, we may do live tackling drills a few times the entire year. It is very difficult to simulate this, but we feel we have found a way to get in the reps, without as much contact. Not that we have a ton of contact anyhow, considering our tackling philosophy at DB is 'get an ankle and hold on!' We don't expect a huge hit when a DB has to make a tackle. Remember, when DB's are tackling, that usually means the best athlete of the other school has the ball and is in open space. Not a lot of time to worry about form! Being in the right position drastically helps our DB's cut down the open space

and funnel the ball carrier. We spend the most time covering where the DB is supposed to be in relation to the ball carrier. Great tackling teams work in unison, knowing where to force the player if I were to miss is critical. If the player is a secondary contain player, a CB in Cover 3 for example, we expect him to be outside the ball carrier and tackle the outside leg/hip. For an alley defender such as a FS in Cover 3, we have inside leverage, therefore he should be tackling the inside leg/hip. Ideally, they meet at the same time, converging on each leg/hip, giving the ball carrier no wiggle room. We feel if the player is clear on his support position, we cut down the angles of the ball carrier and even if we miss, we send the ball carrier to our partner. We also spend a lot of time with a tackle wheel. This has worked extremely well, as it gives the players an object to make contact with and a moving target. We always incorporate position into the drills. Instructions such as - "We are left contain," or "We are Alley" force the players to understand which part of the wheel (representing which leg), they are to attack. We also throw in a blocker to make it more realistic to game day. This has become one of the few tackling drills we incorporate on a consistent basis.

ATTITUDE

No matter what your position is on staff - position coach, coordinator or head coach - it is up to you to determine what the attitude is going to be for the group under your control. This is something that needs to be addressed constantly. If you want a physical defense, you must address it, you can't just hope for it or have it be an end of practice "we need to be more physical" afterthought. We believe attitude is a fundamental that can be taught and MUST be taught on a daily basis! The players need to know exactly what you want and what you mean. The attitude we want at defensive back is "THE BALL IS OURS!" We don't want our DB's thinking it is an ultimate disrespect for the other team to think that they can pass the ball on us. It ranks right up there with calling our Mama's ugly! So when they do pass, we try and beat it into our DB's that the ball is ours, not theirs. They are throwing it to us, not them. Nothing irks me more than when a player in an offensive drill will go up over three others and make a one handed catch and then, in defensive drills, the same player watches a 4'8, 6th string WR on the 9th grade team catch a ball right in front of them. I am positive every other DB coach in the world feels this way. It's 100% attitude. It's natural for the offensive player to think the ball is to them. It is our mission to make "THE BALL IS OURS!" a mindset of our defensive players. To accomplish this, it must be a constant demand. Every ball thrown in DB drills

must be intercepted or there are consequences. Every ball the scout team throws must be intercepted or they hear about it! The attitude that you want must be ingrained into every play or it becomes a hope, not a demand.

As you have probably figured out, we are very passionate

about a few details regarding defensive back play. We don't claim to have all the answers, this is just what works for us. If you have any questions or would like to talk football, email me at paulc@waubun.k12.mn.us and I will be happy to have a conversation about the greatest game in the world!

Wide Receiver Technique

MATT SIMON

Wide Receivers Coach / Passing Game Coordinator, University of Minnesota

Minnesota Football Coaches Association,

I could not be more excited to be home in our great state of Minnesota. I am honored to be given the opportunity to speak with you about the great game of football. I truly believe that the University of Minnesota is a special place where we have special things ahead of us this season and in the future. I appreciate all that the MFCA has done for our sport, including the annual clinic, where our staff and coaches in our state come together to share our passion for the game of football. Our facility is always open to you and our staff is always available.

First, I believe there are three characteristics that play an important role in the development of wide receivers. These characteristics reflect their willingness to learn in the film room and on the field. Their main focus should be to get better while watching film. We do this by taking notes each time we meet as a unit. This allows our wide receivers to learn and grow from their mistakes as an individual as well as from the mistakes of their teammates. Their focus on the little things will translate into success.

EFFORT

When I talk about effort, I am referring to consistency and confidence. These traits are seen in the weight room, on the field and while watching film. If a player is confident in themselves, they will become consistent in those three areas, so then you are able to trust him to do the right thing in practice and during a game. This includes being in the right spot, at the right time, to execute what it is that is asked of them.

PASSION

Passion and love for the game of football is instrumental. The mentality to committing to repeating the same fundamentals represents their desire to be great. This leads to players

developing the concentration needed to be a wide receiver. A wide receiver needs to have the passion to go make the entire offensive unit better one play at a time whether they get the ball or not. Their mindset should be the same when it comes down to making a key block on a defensive back or linebacker or if they are running a route to drive the ball down field.

MENTAL TOUGHNESS

A wide receiver needs to be mentally tough. They are consistently asked to block on the perimeter or attack the football. This means they must be in total control of themselves and their actions, which goes hand in hand with being mentally tough. If something doesn't go their way or they miss a play, they need to have the strength to bounce back and execute on the very next play and forget what had previously happened.

Next, are some fundamentals that I look for in a wide receiver's play: speed, hands, maneuverability, their stance and catching.

SPEED

When looking at their speed, they need to be able to separate themselves from the defender. They need to be able to move laterally and vertically quickly and aggressively. Agility drills with the fundamental, proper technique will allow a player to develop their footwork and the speed will follow over time.

HANDS

A player's hands come down to catching the ball multiple times a day. It is a craft that every wide receiver needs to master. It's as simple as running routes with a quarterback, throwing and a catching tennis ball off the wall or using a jugs machine to develop their hands.

MANEUVERABILITY

This is the bend in the athlete. For them to move they need the ability to bend, to get around defenders but to also get in and out of breaks. This is vital each play to keep their defenders guessing each and every play. Such as being violent route runners with their get-offs, sinking their hips and the movements of their head and shoulders.

STANCE

The inside foot should be forward with the feet staggered. The feet are shoulder width apart. This is important because if they have their back foot behind the front foot it leads to an unbalanced position. Also, the feet must have enough stagger so they do not take a "false step," which ends up being wasted movement at the line of scrimmage. Both knees should be bent in a comfortable position where the body weight is on the ball of the front foot. The back should be straight, slightly leaning forward and bent at the waist. This way their chest is not exposed to a press corner. Their head is up to study the defense while also having the ability to look in at the ball. A good buzz phrase to use: "Knee over toe, chest over knee."

Catching: The body position during a catch is important. They need to have an athletic position to be able to use their strength to catch and secure the ball while taking a hit. This also helps with the ability to react to generate yards after the catch. Make sure that they square the ball up and they have the correct positioning of their hands. Be sure they see themselves catch the ball by having them watch the crosshairs of the ball. Train their eyes to see the ball into their hands and secure the ball. Draw attention to the point that a receiver should never attempt to catch a pass against his body. All balls should be caught with the fingertips, not with the palms. Emphasize that when the ball is in the air, the receiver should go get it because there is no such thing as a bad ball. We want our wide receivers to think every time the ball is in the air that it is theirs. They need to come down with every ball. They need to battle the defensive back smartly, aggressively and consistently.

Finally, I want to thank you for allowing me to discuss a few thoughts on wide receiver play with you. If there is anything I can do for you, please do not hesitate to reach out to myself or our staff.



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MINNESOTA STATE FOOTBALL COACHES 2018 ASSISTANT COACH OF THE YEAR

Football Hall of Fame Annual Banquet

Paul Lemke, Glencoe-Silver Lake, 3A

Previous Assistant Coach of the Year Recipients:

1989

Paul Gasner
Totino-Grace, Class A

1990

Jerry Foley
Stillwater, Class AA

1991

John Peterick
Mahnomen, Class C

1992

Bob Hooper
Detroit Lakes, Class A

1993

Jerry Carlson
Cambridge, Class AA

1994

Roger Trobec
Sartell, Class A

1995

Jeff Olson
St. Peter, Class A

1996

Steve Nunnink
Brainerd, Class AA

1997

Dale Bockovich
Cook County, 1A

1998

Kevin Nowotny
Adrian, 1A

1999

Gary Hansen
Chatfield, 2A

2000

Mike Kleinschmidt
Albany, 3A

2001

Bruce Nelson
Eagan, 5A

2002

Bruce Rosenow
Hutchinson, 4A

2003

Bernie Litecky
Totino-Grace, 4A

2004

Doug Heruth
Blaine, 5A

2005

Glen Bernard
Rushford-Peterson, 1A

2006

Richard Johnson
Lakeville South, 5A

2007

Conroe LeRoy Erickson
Buffalo, 5A

2008

Mark Woitalla



Northfield, 4A

2009

Jay Anderson
Totino-Grace, 4A

2010

Mick Goudy
Rogers, 4A

2011

Mark Ritter
Eden Prairie, 5A

2012

Bob Kovich
Lakeville North, 6A

2013

Marc Achterkirch,
Owatonna, 5A

2014

Dan Brinkman,
Hutchinson, 5A

2015

Jeff Wagner, Waterville-
Elysian-Morristown, 2A

2016

Will Wackman,
Spring Lake Park, 5A

2017

Greg Clough,
Minnetonka, 6A

MINNESOTA STATE FOOTBALL COACHES 2018 COACH OF THE YEAR

Football Hall of Fame Annual Banquet

Mike Kesler, Rochester Lourdes

Mike Kesler was named the MFCA Coach of the Year for the 2018 season after leading the Lourdes high school football team to the Class 3A state title. This was the fourth state title the Kesler as Lourdes' head coach, winning titles in 2010, 2014, 2016 and 2018

His overall coaching record is an outstanding 137-31. He has been a head for 14 years.



MINNESOTA STATE FOOTBALL COACHES PREVIOUS STATE COACH OF THE YEAR

Football Hall of Fame Annual Banquet

1965 Bill Severin Grand Meadow, Region I	1979 Ron Raveling Columbia Heights, Class AA	1993 Rick Manke Detroit Lakes, Class A	2007 Jeff Ferguson Totino-Grace, 4A
1966 Stav Canakes Edina, Region V	1980 Les E. Drechsel Crookston, Class A	1994 DeWayne Johnson Anoka, AA	2008 Carl Fruechte Caledonia, 2A
1967 Tom Mahoney Fairmont, Region II	1981 Gary Roebuck Holdingford, Class B	1995 Ken Jacobson Chatfield, Class C	2009 Jon Bakken Waterville-Elysian-Morristown, 2A
1968 Jerry Sullivan Minneapolis Roosevelt, Region V	1982 George Thole Stillwater, Class AA	1996 Clark Bergloff Mora, Class A	2010 Ron Stolski Brainerd, 5A
1969 Art Haas Austin, Region I	1983 Ron Scott Coon Rapids, Class AA	1997 Bob "Bubba" Sullivan Northfield, Class 4A	2011 Carl Lemke St. Croix Lutheran, 3A
1970 Gary Gustafson North St. Paul, Region IV	1984 Grady Rostberg Hutchinson, Class	1998 Keith Bergstedt Cromwell, 9 Man	2012 Brent Schroeder Caledonia, 2A
1971 George Larson Cambridge, Region IV	1985 Norm Johnson Minneapolis Roosevelt, Class AA	1999 Lyle Anderson Cook County, 1A	2013 Jeff Williams Owatonna, 5A
1972 George Wemeier Minneapolis Washburn, Region V	1986 George Larson Cambridge, Class A	2000 Mike Grant Eden Prairie, 5A	2014 Dwight Lundeen Becker, 4A
1973 Dick Lawrence Eveleth, Region VII	1987 Dave Brokke Granite Falls, Class B	2001 Flint Motschenbacher Detroit Lakes, 4A	2015 Gary Sloan, Grand Meadow, 9M
1974 John Drews Rochester John Marshall, Region I	1988 Gerhard Meidt Minneota, Class C	2002 Mike Mahlen Verndale, 9 Man	2016 Jeff Furguson, Totino Grace, 6A
1975 Bob Swanson Mountain Iron, Region VII	1989 Jim Mader Albany, Class A	2003 Dave Dose Glencoe-Silver Lake.,3A	2017 Leo Pohlkamp, Pierz, 3A
1976 Lyle Eidsness St. Peter, Region II	1990 Ken Baumann Mahnomon, Class C	2004 Dave Nelson Minnetonka, 5A	
1977 Paul Benson Granite Falls, Region III	1991 Neal Hofland Chokio-Alberta, 9 Man	2005 Mark Kroulik Stephen-Argyle, 9M	
1978 Jim Simser New Richland-Hartland, Region I	1992 Larry Thompson Lakeville, Class AA	2006 Jim Reinhardt Rushford-Peterson, 1A	

2018 CLASS COACHES OF THE YEAR



9-MAN COACH OF THE YEAR
Zach Hauser, Spring Grove



CLASS 1A COACH OF THE YEAR
Steve Solem, BOLD



CLASS 2A COACH OF THE YEAR
Bryan Strand, Barnesville



CLASS 3A COACH OF THE YEAR
Mat Mahoney, Fairmont



CLASS 4A COACH OF THE YEAR
Merrill Pavlovich, Delano



CLASS 6A COACH OF THE YEAR
Brian Vossen, Lakeville North

2018 SECTION COACHES OF THE YEAR

SUB-DISTRICT	COACH	SCHOOL	CLASS
Mid Southeast East.....	Chad Gimbel.....	Blooming Prairie.....	1A
Northeast Silver.....	Brent Schimek.....	Deer River.....	1A
Mid Southeast East.....	Tony Poncelet.....	Goodhue.....	1A
Northwest West.....	John Clark Jr.....	Mahnomen-Waubun.....	1A
Southwest West.....	Chad Johnston.....	Minneota.....	1A
Southwest East.....	Patrick Freeman.....	Murray County Central.....	1A
Midwest Blue.....	Eric Olson.....	Ottertail Central.....	1A
Mid Southeast West.....	Brandon Neseth.....	United South Central.....	1A
Mid State - Sub 2.....	Steve Solem.....	BOLD.....	1A
Mid State - Sub 3.....	Matt Frogodt.....	Kerkhoven-M-S.....	1A
Northwest East.....	Aaron Pfeiffer.....	Walker-Hackensack-Akeley.....	1A
Section 1.....	Chad Gimbel.....	Blooming Prairie.....	1A
Section 2.....	Brandon Neseth.....	United South Central.....	1A
Section 3.....	Bob Fink.....	Springfield.....	1A
Section 4.....	Joe Scoblic.....	Lester Prairie-Holy Trinity.....	1A
Section 5.....	Steve Solem.....	BOLD.....	1A
Section 6.....	Eric Olson.....	Ottertail Central/Henning.....	1A
Section 7.....	Brent Schimek.....	Deer River.....	1A
Section 8.....	John Clark Jr.....	Mahnomen.....	1A
Mid State - Sub 3.....	Jamie Morford.....	Royalton.....	2A
Midwest White.....	Peder Naatz.....	Hawley.....	2A
South Central Blue.....	Mike Richards.....	WEM.....	2A
South Central White.....	Matt Lundeen.....	Redwood Valley.....	2A
Southeast White.....	Carl Fruechte.....	Caledonia.....	2A
Twin City Blue.....	Tom Flood.....	St. Agnus.....	2A
Section 1.....	Carl Fruechte.....	Caledonia.....	2A
Section 2.....	Marc Kruger.....	NRHEG.....	2A
Section 3.....	Matt Lundeen.....	Redwood Valley.....	2A
Section 4.....	Charles Adams III.....	MPLS North.....	2A
Section 5.....	Max Meagher.....	Paynesville Area.....	2A
Section 6.....	Paul Peterson.....	Pillager.....	2A
Section 7.....	Dave Louzek.....	Moose Lk/Willow River.....	2A
Section 8.....	Bryan Strand.....	Barnsville.....	2A
East Central North.....	Dan Essler.....	New London/Spicer.....	3A
East Central South.....	Matt Walter.....	Annandale.....	3A
Mid State - Sub 1.....	Leo Pohlkamp.....	Pierz.....	3A
Northeast Blue.....	Troy Erickson.....	Mora.....	3A
Northeast White.....	Bob Schwartz.....	Greenway/Nashwauk-Keewatin.....	3A
South Central Red.....	Mat Mahoney.....	Fairmont.....	3A
South Central Red.....	Bo Wasurick.....	Jordan.....	3A
Southeast Red.....	Ben Halder.....	Byron.....	3A
Twin City Red.....	Jon Martin.....	Breck.....	3A
Section 1.....	Mike Kesler.....	Rochester Lourdes.....	3A
Section 2.....	Bo Wasurick.....	Jordan.....	3A
Section 3.....	Mat Mahoney.....	Fairmont.....	3A
Section 4.....	Dan Meyers.....	Cannon Falls.....	3A
Section 5.....	Matt Walter.....	Annandale.....	3A
Section 6.....	Leo Pohlkamp.....	Pierz.....	3A
Section 7.....	Tom Nelson.....	Two Harbors.....	3A
Section 8.....	Kyle Knutson.....	Perham.....	3A
Big Southeast Blue.....	John Cassellius.....	Winona.....	4A
East Central South.....	Ryan Weinandt.....	Dassel Cokato.....	4A
Midwest Red.....	Josh Omang.....	Detroit Lakes.....	4A
North Central White.....	Andy Rostberg.....	Hutchinson.....	4A
Northeast Red.....	Mike Zagelmeyer.....	Hermantown.....	4A
South Central Red.....	Terry Bahlmann.....	Marshall.....	4A
Suburban Red.....	Jim Gunderson.....	Academy of Holy Angels.....	4A

SUB-DISTRICT	COACH	SCHOOL	CLASS
Twin City Gold.....	Colin Rooney.....	Providence Academy.....	4A
Twin City Maroon.....	Collin Quinn.....	SMB Wolfpack.....	4A
Section 1.....	John Cassellius.....	Winona.....	4A
Section 2.....	Brad Wendland.....	Waseca.....	4A
Section 3.....	Eric Moberg.....	St. Paul Johnson.....	4A
Section 4.....	Todd Niklaus.....	St. Anthony Village.....	4A
Section 5.....	Collin Quinn.....	SMB Wolfpack.....	4A
Section 6.....	Merrill Pavlovich.....	Delano.....	4A
Section 7.....	Mike Zagelmeyer.....	Hermantown.....	4A
Section 8.....	Jon Knold.....	Willmar.....	4A
Big Southeast Red.....	Jeff Williams.....	Owatonna.....	5A
North Central Blue.....	Steve Hamilton.....	Elk River.....	5A
North Central Red.....	Troy Hendricks.....	Bemidji.....	5A
Suburban Gold.....	Willie Howard.....	Cooper.....	5A
Suburban Gold.....	Ben Fuller.....	Irondale.....	5A
Suburban Gold.....	John Stewart.....	Spring Lake Park.....	5A
Suburban Grey.....	Matt Diediker.....	Tartan.....	5A
Suburban Maroon.....	Dan O'Brien.....	St. Thomas Academy.....	5A
Suburban White.....	Corey Shea.....	Waconia.....	5A
Section 1.....	Jeff Williams.....	Owatonna.....	5A
Section 2.....	Bryan Dahl.....	Chaska.....	5A
Section 3.....	Dan O'Brien.....	St. Thomas Academy.....	5A
Section 4.....	Matthew Diediker.....	Tartan.....	5A
Section 5.....	John Stewart.....	Spring Lake Park.....	5A
Section 6.....	Steve Hamilton.....	Elk River.....	5A
Section 7.....	Shane Weibel.....	Cambridge-Isanti.....	5A
Section 8.....	Troy Hendricks.....	Bemidji.....	5A
Metro East.....	Andy Hill.....	Woodbury.....	6A
Metro North.....	Ben Geisler.....	Blaine.....	6A
Metro South.....	Brian Vossen.....	Lakeville North.....	6A
Metro West.....	Mike Grant.....	Eden Prairie.....	6A
Suburban Blue.....	Jack Negen.....	Armstrong.....	6A
Section Qualifier.....	Ben Geisler.....	Blaine H.S.....	6A
Section Qualifier.....	Kelly Sherwin.....	Eastview.....	6A
Section Qualifier.....	Mike Grant.....	Eden Prairie.....	6A
Section Qualifier.....	Brian Vossen.....	Lakeville North.....	6A
Section Qualifier.....	Tyler Krebs.....	Lakeville South.....	6A
Section Qualifier.....	Dave Nelson.....	Minnetonka.....	6A
Section Qualifier.....	Jared Essler.....	St. Michael-Albertville.....	6A
Section Qualifier.....	Andy Hill.....	Woodbury.....	6A
South Central 9.....	Chad Mattson.....	Alden-Conger/Glenville-Emmons.....	9M
North White 9.....	Jeff Gronner.....	Cromwell-Wright.....	9M
North Red 9.....	Frank Bartsch.....	Floodwood.....	9M
South West 9.....	Tim Kirk.....	Mountain Lake Area.....	9M
North Blue 9.....	Dan Zubich.....	Mt. Iron-Buhl.....	9M
West North 9.....	Dustin Flaten.....	NCE/UH.....	9M
South East 9.....	Zach Hauser.....	Spring Grove.....	9M
West South 9.....	Mike Mahlen.....	Verndale.....	9M
Section 1.....	Zach Hauser.....	Spring Grove.....	9M
Section 2.....	Josh Fredrickson.....	Russell-Tyler-Ruthton.....	9M
Section 3.....	Tim Kirk.....	Mt. Lake Area.....	9M
Section 4.....	Mike Mahlen.....	Verndale.....	9M
Section 5.....	Jeff Gronner.....	Cromwell-Wright.....	9M
Section 6.....	Dustin Flaten.....	NCE/U-H.....	9M
Section 7.....	Dan Zubich.....	Mountain Iron-Buhl.....	9M
Section 8.....	Ethan Marquis.....	Stephen-Argyle.....	9M

SUB-DISTRICT / SECTION COACH OF THE YEAR QUESTIONNAIRE MINNESOTA FOOTBALL COACHES ASSOCIATION

Return to: Jim Dotseth, 2220 Merrimac Lane No, Plymouth, MN 55447 or Fax 1-763-374-9059

Candidates name in full _____
first middle last

Address _____ City/Zip Code _____

E-mail _____ Home phone _____ Work phone _____

Birthdate _____ College attended _____ Year graduated _____

Member MSHSCA? _____ Yes; _____ No. Member MFCA? _____ Yes; _____ No.

Class: 9M; A; 2A; 3A; 4A; 5A; 6A Sub-District _____ Scho
ol _____

Were you Sub-District Coach of the Year? _____ Yes; _____ No.

If not, who is your Sub-District Coach of the Year? _____ School _____

School Address _____ City/Zip Code _____

Coaching background (Previous schools, years at the school, and any other significant information).

1. _____
2. _____
3. _____
4. _____
5. _____

Years as a head football coach _____ Season Record _____ Career Record _____

List other background information that would help the committee in their selection (previous championships, awards, etc.)

Submitted by: _____ Signature _____

2018 HALL OF FAME INDUCTEE

Football Hall of Fame Annual Banquet

Bob Jackson, Spring Lake Park & White Bear Lake High School Division

Bob was a 1972 graduate of Winnebago High School in Winnebago, Minn. where he lettered in football and baseball. He then attended Mankato State University and earned his degree in Education. After graduation, he accepted his first high school teaching and head football coach positions in Belcourt, ND.

Bob then went on to coach and teach in Mabel, MN from 1978-1982, 1984, where his Mabel-Canton Cougars were the Conference Champions and made a State Tournament Appearance (Quarters) in 1981. Bob was a Graduate Assistant at UW-River Falls in the Fall of 1983 and the University of Colorado in the Spring of 1984.

In 1985, he taught and coached the Spring Lake Park Panthers until 1993, earning a Conference Championship in 1988 and making State Appearances in 1991 (Class A State Champions) and 1992.

His last 19 years of his career were spent in White Bear Lake, where he was the athletic director and head football coach. While coaching the WBL Bears, Bob earned conference championships in 2000 and 2004. His team made State Tournament Appearances in 1997, 1998, 1999 and 2002. He left White Bear Lake as the winningest coach in school history with 123 wins and was inducted into the WBL Athletic Hall of Fame. Bob was a master of rebuilding struggling programs by putting emphasis on weight room and work ethic. He ended his head coaching career with 214 wins. After retiring, Bob helped as an assistant coach at North Branch, Spring Lake Park and Wayzata.

Bob passed away at the age of 64 on March 31st, 2018. He is survived by his daughter, Lisa, his sister and 5 nieces and nephews.



Bob Jackson was a true leader of young men and women and instilled life skills of character, discipline and work ethic in each student who had the pleasure of interacting with him. If he wasn't working tirelessly to make sure the facilities were in pristine condition, he was covering the banquet costs for athletes who couldn't afford to attend. His teams were a reflection of his blue collar approach and demeanor. A humble man, he led by example, never drawing attention to himself, but leaving his mark on the lives of those he touched.

2018 HALL OF FAME INDUCTEE

Football Hall of Fame Annual Banquet

Mike Max, WCCO TV/Radio

Citation Division

Mike Max is sports director at WCCO-TV. Mike returned to WCCO-TV as a sports reporter and anchor in April 2005, having joined WCCO Radio in 1998. Mike is no stranger to Minnesota sports. He hosts "Sports To The Max" every weeknight from 6:30-9 p.m. on WCCO Radio. Prior to hosting the radio show, Mike hosted Sports Connection on the Midwest Sports Channel.

Mike started his career as an intern at WCCO-TV. He was hired as a sports producer and soon began reporting for WCCO-TV.

A true Minnesotan, Mike grew up in Gaylord, Minn. and played football, basketball and baseball. He then attended Hamline University and furthering his talents on the court and on the diamond, playing basketball and baseball for the Pipers.

In his spare time, Mike enjoys working out, hunting and spending time with his wife, daughter and son.



2018 HALL OF FAME INDUCTEE

Football Hall of Fame Annual Banquet

Doug Heruth, Blaine

High School Division

Doug is a 1977 graduate from Brooklyn Center High School where he was a 3-sport athlete. He participated in football, basketball and baseball, earning all-conference honors in each sport during his senior year. He credits high school coaches Warren Olson (HOF 1992), Doug Darnell, Roger Hansegard and Bernie Wesloh for being tremendous role models and helping inspire him to go into education and coaching.

After high school, Doug attended Hamline University. He was a 4-year letterwinner in football under head coach Dick Tressel (HOF 2006). He graduated with a Business Administration degree in 1981. Doug earned his degree in Business Education from the University of Minnesota in 1984 and his Master's degree in Education in 1996. He began his teaching career in 1985 at Blaine High School, where he still remains after 35 years.

Doug's football coaching career only includes two schools; Brooklyn Center (1982-1985) and Blaine (1986-2018). He received the Butch Nash Award in 2001, Assistant Coach of the Year in 2004 and coached in the high school All-Star game in 2016. Career highlights include coaching in several state tournaments and five Prep Bowls. More importantly were the relationships he formed with many players and coaches. Doug attributes his passion and respect for the game to his coaching mentors over the years, particularly Blaine coaches Dave Nelson (1986-2001), Shannon Gerrety (2002-2011), Tom Develice (2012-2017) and Ben Geisler (2018). Doug and his wife Kristi have two sons; Joe and Jack.



PREVIOUSLY INDUCTED HALL OF FAME MEMBERS

Sponsored by the Minnesota High School Football Coaches Association

1965

Bernie Bierman
Frank Cleve
Bernie Cole
Jake Christiansen
Vein Morrison
Bronko Nagurski
Ted Peterson
Lew Swearingen

1966

Bert Batson
Lester S. Barnard
Red Hastings
John Gagliardi
Lefty Ranweiler

1967

Francis "Pug" Lund
Louis Todnem
Paul Giel
Cliff Morlan
Joe Markley

1968

Lee Brockmeyer
Sid Hartman
Charles "Bud" Wilkinson
Elmer Wigen

1969

C.P. Blakeslee
Dick Bradley
Ray Christenson
Jim Byrne
Lloyd Hollingsworth
Pete Guzy

1970

Ed Widseth
Adrian Christenson
Jake Christiansen
Walter Hertz
Frank O'Rourke
Les Knuti
Bud Grant
Wendell Vlasin

1971

Manny Marget
Butzie Maetzold
George "Butch" Nash
Harold M. "Snooks" Sullivan

1972

Dick Wildung
Jim Lee
Jerry Krueger
William F. Broekmeier
Fred Vant Hull

1973

Earl Teas
Chuck Elias
Ralph Anderson
Jerry Dahlberg
Bruce Smith
Mary Helling

1974

Oats LeGrand
Jerry Ekstein
Kenneth "Red" Wilson
Edor Nelson
Doc Watson

1975

Art Haas
Les Neil
Bob Collison
Russ Helleckson
Dick Mahar
Bernie Lusk

1976

Kermit Anderson
Will Gullickson
Dwaine Hoberg
Jack Malevich
Jim Pederson
George Roscoe
Murray Warmath

1977

Frank "Butch" Larson
Herschel H. Lysaker

Art Avis

Jim Carrington
Lee Krough
Jim McLaughlin
Leo Sebastian

1978

Chuck Dixon
Chauncey Martin
Ted Meinhover
Roy "Chip" Rasmussen
George Reedy
Marti Rossini
John Vucinovich

1979

Bruce Bakke
Herman Frickey
Bill Hanson
LeRoy McMahon
Dick Mulkern
Harry Newby
Milt Osterberg
Bob Schrank
Steve Silianoff
Lloyd Stein

1980

Bruce Bennett
Neal Davis
James Gustafson
James Molnar
Norm Wagner
Jim Wallace

1981

Lou Barle
Irv Nerdahl
Glenn Redmann
Clayton Tonnemaker

1982

Bob Gove
Wally Hitt
Gary Olson
Don Nyland
Dale Scholl

1983

Stan Nelson
Joe Mrkonich
Jim Gotta

1984

Dick Lawrence
Tom Briere
Jim Henkes

1985

Don Swanson
Bob Roy
Bruce Frank
Don Riley
Giffy O'Dell

1986

Chuck Halsted
Ralph Hagberg
Pete Herges
Ike Pesonen
Cliff Senne

1987

Terry Egerdahl
Lauren "Huns" Hagge
Donald "Bill" McMoore
Jerry Sullivan
Angelo Taddie

1988

Herbert Claffy
Mac Dahl
Art Fredrickson
Ralph Peterson
Ron Raveling
Cal Stoll

1989

John Drugg
Don Fox
Jim Griffin
Bill Severin
Harvey Shew
Tony Thiel

1990

Roland Bromberg
Gary Gustafson
Tom Mahoney
Bob O'Neil
Dick Rezanka
Al Siegle

1991

Morgan Brandrup
John Davies
Earl Gramling
Roy Hokkanen
Ron Scott
Bob Youso

1992

Stay Canakes
Dan Devine
John Hansen
Joe Mayer
Warren Olson
George Wemeier

1993

Les Dreschel
Ken Mauer
Tom Porter
Dana Powers
Dick Walker

1994

Dick Bakke
George Larson
Jim Malosky
Andy Nelson
Marsh Nelson
George Smith

1995

Gerry Brown
Bruce Frank
Norman Johnson
Bob Peterson
Pat "Bruno" Waldner

1996

Jim Christopherson
Mary Gunderson
Mike Morrissey
Lloyd Peterson

1997

Bill Beck
John Drews
Ross Fortier

Andy Lia
Jerry Peterson

1998

John Conzemius
Frank Fredlund
Bob Sullivan
Jerry Wallskog
Wes Wistrom

1999

Bill Martin
Gerhard Meidt
Grady Rostberg
Buz Rumrill
Mal Scanlan
Omer Sieben

2000

Jerry Hegna
Andy McCarty
Elmer Menage
Ed Mettner
Jim Simser
George Thole

2001

Ken Belanger
John Gross
Don Bertek
Roger Lipelt
Keith Swanson
Stuart Nordquist

2002

Pepper Lysaker
Ken Baumann
Rick Manke
Paul Mork
Willie Rauen
Jim Roforth

2003

Lyle Anderson
Clark Bergloff
Jim Mader
David Main
Dave Nigon
Dick Strand

2004

Dean Taylor
Stan Olson
Gary Graham
Deryl Ramey
Randy Shaver

2005

Ken Jacobson
Jerry Sonnek
Terry McLean
Neal Hofland
Dick Jonckowski
Donovan Larson

2006

Charles Kavanagh
Ken Hill
Rich Kallok
Stan Skjei
Richard Tressel
Gordon Hinck

2007

Keith Bergstedt
Dave Brokke
Robert Hage
Dan Kostich
Conley "Con" Natvig
Tom Witschen

2008

Don Elston
Mario Lucia
Jim Sims
Ron Stolski
Gary Trimble

2009

Roger French
Dave Hylla
DeWayne Johnson
Dwight Lundeen
Mike Mahlen

2010

Dave Dose
Jim Dotseth
Dennis Hale
Jim Reinhardt

2011

Terry Karlsgodt
Mark Kroulik
Bob Majeski
Merrill Pavlovich
Don Stueve
Darrel "Bozo" Wincek

2012

Earl Bauman
Paul Gasner
Dick Hanson

Steve Nunnink
Terry Ogorek
Tyrone Wacker

2013

Gene Stritesky
Jerry Foley
Steve Ott
Ivan Kroulik
Jerry Carlson
Don Seipkes

2014

Jon Bakken
Dave Fritze
Mike Grant
Tom Idstrom
Dave Nelson
Larry Thompson
Marc Trestman

2015

Jeff Ferguson
Paul Miller
John Sherman
Steve Solem

2016

Don Henderson
Steve Johnson
Bernie Litecky
Rand Middleton
Flint Motschenbacher
Leo Pohlkamp

2017

Brad Anderson
Larry Knutson
Richard Risbrudt
Mike Scanlan
Curtis Strand
Rick Sutton

2018

Leo Pohlkamp
Mike Belseth
Doug Torgerson
Ray Tri
Mike Bialka
Steve Fedie
Terry Turek

"HALL OF FAME" NOMINATION FORM

MINNESOTA FOOTBALL COACHES ASSOCIATION

Contact:

Scott Tschimperle: tschis@gsl.k12.mn.us

Paul Lemke: lemkep@gsl.k12.mn.us

DIRECTIONS:

1. Please have nominee (if possible) complete this nomination form completely.
2. Please type or print neatly.
3. Please answer questions in all categories of the nomination form that are applicable.
4. Please include a picture (black and white preferred) of the nominee to be used for press purposes.
5. Nominations must be received by **Jan. 1st, 2020**

NAME: _____ DATE: _____

PRESENT ADDRESS: _____

(city, state, zip)

TELEPHONE (HOME): _____ (WORK): _____

BIRTHDATE: _____ MARRIED: _____ SINGLE: _____

SPOUSES NAME: _____ CHILDREN AND AGES: _____

PRESENT EMPLOYMENT POSITION: _____

NOMINATED BY: _____

ADDRESS OF NOMINATOR: _____

NOMINATOR'S TELEPHONE (HOME): _____ (WORK) _____

Induction into the Football Coaches "Hall of Fame" is gained through one of three divisions. These divisions are:

- A. The high school division (Coaches)
- B. The college division (Coaches)
- C. The citation division (Writers, Announcers, Athletic Directors, Fans, etc.)

IN WHICH DIVISION IS THE INDIVIDUAL NAMED ABOVE NOMINATED? _____

NOMINEES HOBBIES: _____

NOMINEES TRAVELS: _____

EDUCATION

JERRY KILL POWER OF INFLUENCE 2019 AWARD RECIPIENT

The Power of Influence Award: Criteria and History

The Minnesota Power of Influence award is presented by the MFCA to recognize one of the many extraordinary football coaches in Minnesota. The Minnesota award winner is our association's nominee for the national Power of Influence Award, which is presented jointly by the American Football Coaches Association and the American Football Coaches Foundation®.

The Power of Influence Award was created as a way for the AFCA and AFCF to honor a deserving high school football coach for his effect on his players, school and community. The individuals nominated must be active head football coaches and must embody the life-changing qualities of respect and inspiration. They must have touched lives and caused student-athletes and others to want to emulate their honesty, patience and modesty. This award is not based on wins and losses, however, it is noted that coaches of powerful influence have longevity and success.

Previous Minnesota Power of Influence winners and national nominees have included: Dwight Lundeen of Becker 2009, Dave Nelson of Minnetonka 2008, Dave Hylla of Proctor 2007, Mike Mahlen of Verndale 2006, and Ron Stolski of Brainerd 2005. Stolski went on to be named the national Power of Influence Award winner by the AFCA and AFCF.



Dave Louzek, Moose Lake - Willow River

PREVIOUS POWER OF INFLUENCE AWARD RECIPIENTS

2006

Ron Stolski
Brainerd High School

2007

Mike Mahlen
Verndale High School

2008

Dave Hylla
Proctor High School

2009

Dave Nelson

Minnetonka High School

2010

Dwight Lundeen
Becker High School

2011

Jeff Ferguson
Totino-Grace High School

2012

Paul Mork
White Bear Lake/New Life
Academy

2013

Mark Froehling, Farmington

2014

Bob "Bubba" Sullivan,
Northfield

2015

Jon Bakken
Waterville-Elysian-Morristown

2016

Don Seipkes
Ottertail Central

2017

Jeff Schlieff

2018

Tom Lenarz,
Cloquet



The Power of Influence Award – Minnesota – Nomination Form

[illegible]

84 - Minnesota Football Coaches Association

2019 DON SWANSON AWARD

The Don Swanson award represents exemplary service to the MFCA. It is presented annually to a member of our association who personifies what the late Don Swanson exemplified: unconditional service to and for football in Minnesota. "Swannie" was a respected teacher, coach, administrator, and friend to all who knew him. His passing in 2009 left us all with a void. He was a proud graduate of South High School

and Gustavus Adolphus College and a life-long educator in the city of Minneapolis. His work as part of the MFCA clinic is legendary and he will never be replaced. In honoring "Swannie," we remember his sense of humor, his quick wit, his engaging charm, and, most importantly, his tireless efforts on behalf of students and coaches. He was one of our finest — a true 'Keeper of the Game'.

Jim Dotseth, MFCA Secretary-Treasurer

Jim Dotseth is a graduate of Clarkfield High School, Waldorf JC, the University of Minnesota and St. Mary's University. In high school he earned letters in football, basketball, track and baseball. At Waldorf JC he was all-conference in football and all-state in basketball while earning an Associate of Arts degree. Jim later finished his Bachelor of Science degree (1968) and Master of Education (1972) at the University of Minnesota. In 1997, he completed his administrative degree from St. Mary's University.

Jim spent 30 years teaching and coaching in the Minneapolis Public School District – his early years at Roosevelt High School and later at Patrick Henry High School. During his years in the Minneapolis district, Jim coached a variety of sports including football, wrestling, track and badminton. He was named Minneapolis conference coach of the year several times in wrestling and football. He finished his career in education in the Chaska School District as an administrator. Jim has been an active member of the Minnesota Football Coaches Association having chaired several committees over the years including MFCA Banquet Chair, All-Star Game Director (1987-1999), Awards Committee Chair and currently Secretary Treasurer. He received the MFCA Distinguished Service Award in 1998 and was inducted into the Hall of Fame in 2010. In 2012, Jim was inducted into the Waldorf College Hall of Fame. Jim and his wife Wanda have two daughters and four grandchildren (all living in the metro area): Jennica, husband Paul Burgh and children Caleb and Hannah (Maple Grove); Deena, husband Wade Laugen, daughters Avery and Maia (Apple Valley).



PREVIOUS AWARD RECIPIENTS

2010

Mike Watson, Centennial

2011

Wayne "Ribsy" Petermeier, Browerville

2012

Conley Natvig
Swanville, Swanville-Grey Eagle,
Browerville

2013

Jon Gross, Medford

2014

Rob Nielsen, Detroit Lakes

2015

Terry Turek, Le Sueur-Henderson

2016

Dave Nelson, Minnetonka

2017

Bill Magnuson, Pequot Lakes

2018

Dave Fritze, Eagan

SERVICE AWARD WINNERS



Brent Schimek, 30 Years



Bubba Sullivan, 30 Years



Terry Bahlman, 35 Years



Mike Mahlen, 50 Years



Bubba Sullivan, 200 Wins



Gary Sloan, 200 Wins



Merrill Pavlovich, 300 Wins



Claud Allaire,
Distinguished Service

DISTINGUISHED SERVICE AWARD RECIPIENTS

1990 Jim Lano, Normandy Inn
 1991 Bud Olson, Bud Olson Awards
 1992 Bob Roy, St. Louis Park High School
 1993 Don Swanson, Minneapolis Patrick Henry High School
 1994 Bill Etter, Chi Chi's Restaurant
 1995 Tom Mahoney, Fairmont High School
 1996 Joe Samuelson, Stillwater High School
 1997 Dick Walker, Richfield High School
 1998 Jim Dotseth, Minneapolis Patrick Henry High School
 1999 Randy Shaver, KARE 11 TV
 2000 Jim Simser, Fairmont High School
 2001 Butch Nash, University of Minnesota
 2002 Jostens
 2003 Ralph Anderson, Becker County Record and
 Detroit Lakes Tribune
 2004 Gordon Shaw, University of Minnesota

2005 Bill Hoag, Varsity Gold
 2006 Healy Awards
 2007 Doubletree Park Place Hotel, Minneapolis
 2008 Dave Fritze, Minnesota High School All-Star Football Game
 2009 Brad Madson, Minnesota Vikings
 2010 TCF Bank Stadium
 2011 Dave Lee, WCCO Radio
 2012 Mike Turner, Varsity Photos, Inc. & Varsity Awards
 2013 Dave Giles, MFCA Historian
 2014 Kevin Merkle, Minnesota State High School League
 2015 Jim Becker, Eagan
 2016 John Gross, Medford
 2017 Dan O'Brien, University of Minnesota
 2018 John Reglein, The Graphic Edge
 2019 Claud Allaire, MFCA Clinic

COACHES WITH THE MOST STATE CHAMPIONSHIPS

While numerous coaches have coached state championship teams and several have coached teams to two state titles a select few have been able to guide their teams to three or more state championships. The coaches listed below won at least three state titles at one or more schools. If any coaches have been omitted, reader should contact the Secretary-Treasurer.

Titles	Coach	School(s)	Years
10.....	Mike Grant.....	Eden Prairie.....	1996, 97, 2000, 02, 06, 07, 11, 12, 13, 14
8.....	Jeff Ferguson	Totino Grace	2003, 04, 06, 07, 09, 10, 12, 16
7.....	Mark Kroulik.....	Stephen; Stephen/Argyle.....	1992, 2003, 04, 05, 06, 07, 09
6.....	Ken Baumann.....	Mahnomen.....	1980, 90, 91, 92, 93, 98
5.....	Dick Hanson.....	Burnsville.....	1972, 80, 85, 89, 91
4.....	Rick Manke.....	Glyndon-Felton	1985
		Detroit Lakes.....	1992, 93, 95
4.....	George Thole	Stillwater.....	1975, 82, 84, 95
4.....	Gerhard Meidt.....	Minneota.....	1986, 87, 88
		Rothsay	1972
4.....	Dave Dose	Glencoe-Silver Lake	2000, 03, 06, 07
4.....	Brent Schroeder	Caledonia	2010, 2011, 2012, 2015
4.....	Mike Kesler	Rochester / Lourdes.....	2010, 2014, 2016, 2018
4.....	Gary Sloan	Grand Meadow	2013, 2014, 2015, 2016
4.....	Carl Fruchte.....	Caledonia	2007, 2008, 2016, 2017, 2018
3.....	Grady Rostberg.....	Hutchinson	1983, 84, 98
3.....	George Larson.....	Cambridge.....	1986, 87, 2000
3.....	Dwight Lundeen	Becker.....	2005, 2014, 2015
3.....	Ken Jacobsen	Chatfield	1994, 95, 96
3.....	Lyle Anderson	Cook County	1997, 98, 99
3.....	Dave Main.....	Gaylord.....	1973, 75, 79
3.....	Keith Bergstadt.....	Cromwell.....	1995, 96, 98
3.....	Jim Reinhardt	Rushford-Peterson	2002, 2004, 2006
3.....	Jon Bakken	Waterville-Elysian-Morristown	1989, 1999, 2009
3.....	Don Henderson	Triton.....	1994, 2000, 2006
3.....	Larry Thompson	Lakeville/South	1988, 92, 2003
3.....	Brad Anderson	Wayzata.....	2005, 08, 10
3.....	Jeff Williams	Owatonna	20013, 2017, 2018

MOST STATE PLAYOFF APPEARANCES

State Playoffs began in 1972 Through 2018 season

No.	School	No.	School	No.	School	No.	School
26.....	Totino Grace	18.....	Cromwell-Wright	14.....	Pierz	13.....	Minneota
26.....	Mahnomen	17.....	Stephen- Argyle	14.....	Cambridge-Isanti	13...	Moose Lake-Willow River
24.....	Cretin-DH	16.....	Verndale	14.....	Caledonia	12.....	Burnesville
23.....	St. Thomas Academy	16.....	Becker	13.....	Breckenridge	12.....	Deer River
20.....	Albany	15.....	Hawley	13.....	Glemcoe-Silver Lake	12.....	Detroit Lakes
22.....	Eden Prairie	15.....	Moorhead	13....	Rochester John Marshall	12.....	Leroy-Ostrander
19.....	Hutchinson	14.....	Apple Valley	13.....	Wayzata		
19.....	Stillwater	14.....	Rochester Lourdes	13.....	Blaine		

WINNINGEST ALL TIME HIGH SCHOOL COACHES 200 OR MORE WINS

Wins	Losses	Ties	Coach	School	Years	Win %
393	122	3	Mike Mahlen	Verndale	50	0.7616
386	175	5	Ron Stolski	Brainerd	57	0.6864
359	159	3	Dwight Lundeen	Becker	49	0.6919
344	71	0	Mike Grant	Eden Prairie	36	0.8289
307	66	6	George Larson-r	Cambridge	40	0.8179
304	144	0	Merrill Pavlovich	Delano	43	0.6786
304	150	0	Carl Lemke-r	St. Croix Lutheran	46	0.6696
291	78	0	Steve Solem-r	BOLD	33	0.7886
287	66	2	Ken Baumann-r	Mahnomen	32	0.8113
285	69	2	George Thole-r	Stillwater	31	0.8034
279	89	0	Jon Bakken-r	Waterville-Elysian-Morristown	33	0.7582
277	89	1	Grady Rostberg-r	Hutchinson	34	0.7561
276	84	0	Leo Pohlkamp-r	Pierz	33	0.7667
275	133	2	Stuart Nordquist-r	International Falls	41	0.6732
269	115	2	Jim Roforth-r	Osakis	45	0.6995
267	115	0	Dave Nelson	Minnetonka	35	0.699
266	160	0	Don Seipkes-r	Ottertail Central/Henning	43	0.6244
263	86	2	Neal Hofland-r	Chokio-Alberta	35	0.7521
260	132	10	George Smith-r	Mahtomedi	43	0.6658
259	102	9	Les Dreschel-r	Red Lake Falls/Crookston	40	0.7122
259	105	13	John Hansen-r	Osseo	40	0.7042
259	143	0	Larry Thompson-r	Lakeville South	38	0.6443
256	94	8	Tom Mahoney-r	Fairmont	38	0.7263
251	84	0	Don Henderson-r	Triton	31	0.7493
246	137	0	Terry Karlsgodt-r	Atwater-Grove City- Cosmos	39	0.6423
242	98	0	Terry Bahlmann	Marshall	35	0.7118
241	91	0	Dave Nigon-r	Totino Grace	31	0.7259
238	112	0	Randy Strand-r	Adrian	33	0.68
236	79	0	Gerhard Meidt-r	Rothsay/Minneota/Big Lake	32	0.7492
233	108	3	Buz Rumrill-r	Glencoe/Silver Lake	33	0.6817
230	65	0	Jim Mader-r	Albany	26	0.7797
230	138	1	Roger Lipelt-r	Wayzata/Providence	40	0.6247
223	91	1	Jim Simser-r	Fairmont/New Richland-H.	32	0.7095
222	91	0	Stan Olson-r	LeRoy-Ostrander	30	0.7093
221	97	0	Dave Brokke-r	Granite Falls/YME	31	0.695
220	74	0	Clark Bergloff-r	Mora	29	0.7483
220	127	1	Don Stueve-r	Fergus Falls	37	0.6336
216	130	6	Billy Beck-r	Lac Qui Parle Valley	39	0.6222
214	141	0	Bob Jackson-r	White Bear Lake/SLP	35	0.6028
212	64	0	Gary Graham-r	Browerville	25	0.7681
212	83	8	Kenneth "Red" Wilson-r	Bemidji	34	0.7129
212	121	2	DeWayne Johnson-r	Anoka	33	0.6358
211	105	0	Dean Aurich	Mayer Lutheran	31	0.6677
209	91	0	Jerry Wallskog-r	LeCenter/BDRSH/Monty	31	0.6967
207	92	0	Terry Ogorek-r	Kittson County Central	30	0.6923
207	109	2	Andy Nelson-r	Lake Benton/Verdi	34	0.6541
206	79	0	Gary Sloan	Grand Meadow	26	0.7228
206	89	0	Ron Johnson-r	Clearbrook/Gonvick Tr.	31	0.6983

206.....	120.....	0.....	Bubba Sullivan.....	Northfield.....	30.....	0.6319
205.....	58.....	2.....	Dick Hanson-r.....	Burnsville.....	25.....	0.7774
204.....	92.....	0.....	Terry Highum-r.....	Lanesboro.....	31.....	0.6892
203.....	66.....	1.....	Stav Canakes-r.....	Edina.....	27.....	0.7537
202.....	106.....	13.....	Bruce Frank-r.....	Le Sueur.....	37.....	0.6495
202.....	120.....	2.....	Con Natvig-r.....	Swanville.....	33.....	0.6265
202.....	147.....	0.....	Richard Risbrudt-r.....	Fergus Falls.....	35.....	0.5788
200.....	65.....	0.....	Rich Kallok-r.....	Cretin-DH.....	22.....	0.7547
200.....	77.....	3.....	Bob Youso-r.....	Moose Lake/Willow River.....	30.....	0.7196
200.....	89.....	0.....	Ken Mauer-r.....	St. Paul Harding.....	32.....	0.692
200.....	111.....	0.....	Dean Taylor-r.....	Sartell/St. Cloud Cathedral.....	32.....	0.6431

ALL TIME WINNINGEST HIGH SCHOOL COACHES BY WIN PERCENTAGE (10 OR MORE YEARS)

Wins	Losses	Ties	Coach	School	Years	Win %
165.....	12.....	0.....	Mark Kroulik-r.....	Stephen-Argyle.....	15.....	0.9322
77.....	12.....	2.....	Bill Severin-r.....	Grand Meadow.....	11.....	0.8571
181.....	32.....	0.....	Jeff Ferguson.....	Totino Grace.....	17.....	0.8498
173.....	34.....	1.....	Gerry Brown-r.....	St. Thomas Academy.....	21.....	0.8341
155.....	31.....	0.....	Carl Fruechte.....	Caledonia.....	17.....	0.8333
88.....	17.....	2.....	Clifford Senne-r.....	Welcome.....	14.....	0.8318
344.....	71.....	0.....	Mike Grant.....	Eden Prairie.....	36.....	0.8289
104.....	22.....	0.....	Mike Scanlan-r.....	Cretin-Derham Hall.....	11.....	0.8254
106.....	23.....	0.....	Mark Esch-r.....	Mankato West.....	11.....	0.8217
156.....	34.....	0.....	Keith Bergstedt-r.....	Cromwell.....	16.....	0.8211
307.....	66.....	6.....	George Larson-r.....	Cambridge.....	40.....	0.8179
174.....	39.....	0.....	John Clark Jr.....	Mahnomen.....	18.....	0.8169
137.....	31.....	0.....	Mike Kesler.....	Rochester Lourdes.....	14.....	0.8155
159.....	36.....	0.....	Chad Johnston.....	Minneota.....	17.....	0.8154
287.....	66.....	2.....	Ken Baumann-r.....	Mahnomen.....	32.....	0.8113
141.....	29.....	10.....	Vern Morrison-r.....	St. Cloud Tech.....	20.....	0.8111
149.....	31.....	12.....	Red Hastings-r.....	Austin.....	20.....	0.8073
108.....	25.....	3.....	Dick Bakke-r.....	Monticello.....	15.....	0.8051
285.....	69.....	2.....	George Thole-r.....	Stillwater.....	31.....	0.8034
178.....	44.....	0.....	Andy Rostberg.....	Hutchinson.....	20.....	0.8018
115.....	29.....	0.....	Wally Mahlmstrom-r.....	Mahtomedi.....	13.....	0.7986
185.....	47.....	0.....	Dave Louzek.....	Moose Lk/Willow River.....	20.....	0.7974
175.....	45.....	0.....	Peder Naatz.....	Hawley.....	19.....	0.7955
131.....	33.....	2.....	George Wemeier-r.....	Minneapolis Washburn.....	18.....	0.7952
166.....	44.....	0.....	Tom Schuller.....	Jackson County Central.....	20.....	0.7905
135.....	36.....	0.....	Jeff Gronner.....	Cromwell-Wright.....	15.....	0.7895
291.....	78.....	0.....	Steve Solem-r.....	BOLD.....	33.....	0.7886
83.....	22.....	1.....	Lauren "Huns" Hagge-r... ..	Waseca.....	13.....	0.7877
192.....	52.....	0.....	Steve Ott-r.....	Deer River.....	22.....	0.7869
117.....	32.....	0.....	Dave Ziebarth.....	St. Thomas Academy.....	13.....	0.7852
161.....	44.....	3.....	Jim Gotta-r.....	Moorhead.....	26.....	0.7813
230.....	65.....	0.....	Jim Mader-r.....	Albany.....	26.....	0.7797
205.....	58.....	2.....	Dick Hanson-r.....	Burnsville.....	25.....	0.7774
136.....	38.....	3.....	Robert Hage r.....	Hector.....	20.....	0.7768
103.....	30.....	0.....	Zach Hauser.....	Spring Grove.....	12.....	0.7744
156.....	47.....	0.....	Brad Anderson-r.....	Wayzata.....	18.....	0.7685
212.....	64.....	0.....	Gary Graham-r.....	Browerville.....	25.....	0.7681

AWARDS

Wins	Losses	Ties	Coach	School	Years	Win %
276	84	0	Leo Pohlkamp-r	Pierz	33	0.7667
181	56	0	Rick Manke-r	Detroit Lakes	21	0.7637
168	51	3	Pete Herges-r	Albany	32	0.7635
393	122	3	Mike Mahlen	Verndale	50	0.7616
143	45	0	Andrew Fleischman	Edgerton/Ellsworth	16	0.7606
101	32	0	Neil Johnson-r	Wheaton	12	0.7594
279	89	0	Jon Bakken-r	Waterville-Elysian-Morristown	33	0.7582
277	89	1	Grady Rostberg-r	Hutchinson	34	0.7561
200	65	0	Rich Kallok-r	Cretin-DH	22	0.7547
85	25	8	Omer Sieben-r	Melrose	15	0.7542
95	31	0	Scott Tschimperle	Glencoe-Silver Lake	11	0.754
203	66	1	Stav Canakes-r	Edina	27	0.7537
263	86	2	Neal Hofland-r	Chokio-Alberta	35	0.7521
176	56	6	John Drews-r	Rochester John Marshall	25	0.7521
251	84	0	Don Henderson-r	Triton	31	0.7493
236	79	0	Gerhard Meidt-r	Rothsay/Minneota/Big Lake	32	0.7492
220	74	0	Clark Bergloff-r	Mora	29	0.7483
127	43	0	Cory Larson	Dawson-Boyd	17	0.7471
125	42	2	Herm Frickey-r	Hibbing	28	0.7456
198	68	0	Jim Reinhardt-r	Rushford-Peteson	23	0.7444
125	43	0	Kevin Feeney	Moorhead	15	0.744
115	40	0	Bryan Strand	Barnsville	14	0.7419
139	49	0	Flint Motschenbacher-r	Detroit Lakes	17	0.7394
116	41	0	James Miller-r	Rochester Mayo	15	0.7389
141	50	0	Tony Thiel-r	Battle Lake	21	0.7382
136	48	1	Harold "Gabby" Pierce-r	Bricelyn	22	0.7378
190	68	0	Ivan Kroulik-r	Kasson-Mantorville	24	0.7364
103	36	3	Norm Larsen-r	Mantorville/Preston/St. Paul Park	17	0.7359
127	46	0	Mike Kleinschmidt	Albany Area	16	0.7341
135	50	0	Mike Belseth-r	Breckenridge	17	0.7297
175	65	0	Bob Majeski-r	Hastings	21	0.7292
256	94	8	Tom Mahoney-r	Fairmont	38	0.7263
241	91	0	Dave Nigon-r	Totino Grace	31	0.7259
188	66	18	Bill Hansen-r	Willmar	33	0.7243
101	36	8	Frank Cleve-r	Minneapolis Henry	20	0.7241
206	79	0	Gary Sloan	Grand Meadow	26	0.7228
183	67	11	Irv Nerdahl-r	Robbinsdale	32	0.7222
91	35	0	Mick Goudy-r	Monticello/Fertle-Beltrami	13	0.7222
200	77	3	Bob Youso-r	Moose Lake/Willow River	30	0.7196
180	69	4	Dick Walker-r	Richfield	21	0.7194
102	40	0	Mac Dahl-r	LaCrescent	16	0.7183
165	65	0	Chad Gimbel	Blooming Prairie	22	0.7174
175	68	4	Chuck Halsted-r	Two Harbors	30	0.7166
144	57	0	Tony Thiel-r	Wheaton/Herman/Norcross	19	0.7164
111	44	0	Peter Haugen-r	Washburn	15	0.7161
151	58	7	Angelo Taddie-r	Nashwauk-Keewatin	31	0.7153
113	45	0	Tyrone Wacker-r	Gaylord/Jackson	16	0.7152
212	83	8	Kenneth "Red" Wilson-r	Bemidji	34	0.7129
186	75	0	Dave Main-r	Sibley East/Gaylord	27	0.7126
259	102	9	Les Dreschel-r	Red Lake Falls/Crookston	40	0.7122
242	98	0	Terry Bahlmann	Marshall	35	0.7118
104	40	8	Art Hass-r	Austin	17	0.7105
120	49	0	Dan Kostich-r	Moorhead	16	0.7101
223	91	1	Jim Simser-r	Fairmont/New Richland-H	32	0.7095
222	91	0	Stan Olson-r	LeRoy-Ostrander	30	0.7093

173	71	0	Jeff Williams	Owatanna	23	0.709
196	81	0	Dave Hylla-r	Proctor	27	0.7076
186	77	0	Mal Scanlon-r	Cretin/Johnson/Washington	27	0.7072
167	68	5	Pat Waldner-r	Bloomington Jefferson	23	0.7063
259	105	13	John Hansen-r	Osseo	40	0.7042
80	34	0	Sean McMenomy-r	DeLaSalle	11	0.7018
136	56	7	John Drugg-r	Wells	24	0.701
113	47	5	Mario Lucia-r	Big Fork/Grand Rapids	20	0.7

ACTIVE HIGH SCHOOL COACHES WITH 60 OR MORE CAREER WINS

Wins	Losses	Ties	Coach	School	Years
393	122	3	Mike Mahlen	Verndale	50
386	175	5	Ron Stolski	Brainerd	57
359	159	3	Dwight Lundeen	Becker	49
344	71	0	Mike Grant	Eden Prairie	36
304	144	0	Merrill Pavlovich	Delano	43
304	150	0	Carl Lemke-r	St. Croix Lutheran	46
291	78	0	Steve Solem-r	BOLD	33
276	84	0	Leo Pohlkamp-r	Pierz	33
267	115	0	Dave Nelson	Minnetonka	35
242	98	0	Terry Bahlmann	Marshall	35
211	105	0	Dean Aurich	Mayer Lutheran	31
206	79	0	Gary Sloan	Grand Meadow	26
206	120	0	Bubba Sullivan	Northfield	30
195	193	0	John Sieling	Parkers Prairie	42
188	181	0	Ken Helland	Tri-City United	39
185	47	0	Dave Louzek	Moose Lk/Willow River	20
182	144	0	Karl Urbaniak	Mable-Canton	36
181	32	0	Jeff Ferguson	Totino Grace	17
178	44	0	Andy Rostberg	Hutchinson	20
177	118	0	Joe Scoblic	Lester Prairie-Holy Trinity	29
175	45	0	Peder Naatz	Hawley	19
174	39	0	John Clark Jr.	Mahnomen	18
173	71	0	Jeff Williams	Owatanna	23
173	125	0	Jeff Erdmann	Rosemount	29
166	44	0	Tom Schuller	Jackson County Central	20
166	88	0	Denny Lux	New Ulm Cathedral	24
165	65	0	Chad Gimbel	Blooming Prairie	22
163	116	0	Randy Kuechenmeister	Blue Earth Area	28
159	36	0	Chad Johnston	Minneota	17
155	31	0	Carl Fruechte	Caledonia	17
144	92	0	Brian Nelson	Fertile-Beltrami	24
144	124	0	John Jirik	North Woods	28
144	126	0	Leo Theisen	Westbrook Walnut Grove	29

AWARDS

Wins	Losses	Ties	Coach	School	Years
143	45	0	Andrew Fleischman	Edgerton/Ellsworth	16
137	31	0	Mike Kesler	Rochester Lourdes	14
135	36	0	Jeff Gronner	Cromwell-Wright	15
134	94	0	Jeff Weiland	Orono	23
132	92	0	Chuck Ross	Underwood	21
130	88	0	Carter Ross	Westbrook Walnut Grove	22
129	61	0	Ribsy Petermeier	Browerville-Eagle Valley	18
129	102	0	Kelly Sherwin	Eastview	21
127	46	0	Mike Kleinschmidt	Albany Area	16
127	43	0	Cory Larson	Dawson-Boyd	17
127	88	0	Steve Hamilton	Elk River	21
125	43	0	Kevin Feeney	Moorhead	15
123	74	0	Dan Essler	New London-Spicer	19
122	99	0	Clay Anderson	Pipestone Area	20
121	63	0	Todd Oye	Luverne	17
118	103	0	Bill Weiss	Chisago Lakes	22
118	98	0	Darrin Byklum	Polk County West	22
117	72	0	Stan Miller	Isle	21
116	85	0	Bob Staska	McGregor	21
115	40	0	Bryan Strand	Barnsville	14
114	66	0	Todd Niklaus	St. Anthony Village	18
109	55	0	Joe Kemp	Wabasso	14
108	139	0	Brett Vesel	Austin	26
107	107	0	Dave Haugen	Pelican Rapids	21
105	102	0	Matt Lundeen	Redwood Valley	21
105	54	0	Chad Sexauer	So. St. Paul	15
105	65	0	Brad Wendland	Waseca	17
105	75	0	Troy Hendricks	Bemidji	18
104	77	0	James Semmen	Lanesboro	17
103	89	0	Jim Buboltz	Minnesota Valley Lutheran	19
103	30	0	Zach Hauser	Spring Grove	12
102	55	0	Steve Jipson	Clinton-Graceville-Beardley	14
102	109	0	Bill Magnuson	Pequot Lakes	22
102	77	0	Scott Howell	St. Paul Central	18
98	105	0	Tim Knudsen	Maple Lake	20
98	59	0	Marc Franz	Rogers	16
97	89	0	Brian Remick	Red Lake County	19
97	71	0	Tim Kirk	Mt. Lake Area	16
97	55	0	Jay Loven	Upsala/Swanville Area	15
95	31	0	Scott Tschimperle	Glencoe-Silver Lake	11
94	43	0	Shawn Kuhnke	Braham	13
93	56	0	Jon Hanks	Benilde-St. Margaret's	14
93	41	0	Dave Muetzel	Mahtomedi	12
90	44	0	Derrin Lamker	Edina	13
90	54	0	Paul Peterson	Pillager	15
87	83	0	David Zeitchick	St. Paul Highland Park	18
87	41	0	Mat Mahoney	Fairmont	12
86	109	0	Bob Wolf	Concordia Academy-Roseville	21

Wins	Losses	Ties	Coach	School	Years
85.....	89.....	0.....	Rich Wilkie	Andover	17
85.....	73.....	0.....	Tom Lenarz.....	Cloquet	15
84.....	19.....	0.....	Brian Vossen.....	Lakeville North	9
84.....	76.....	0.....	Jon Vik.....	Rochester Century	17
83.....	50.....	0.....	Chad Fredericksen.....	Breckenridge.....	13
83.....	100.....	0.....	Chris Simdorn.....	Roseville Area	18
83.....	121.....	0.....	Matt Radniecki.....	New York Mills	22
82.....	51.....	0.....	Shawn Klimek.....	Nevis	13
82.....	77.....	0.....	Tony Gullickson	Warren-Alverado	16
81.....	106.....	0.....	John Wilebski	Goodridge - Grygla.....	20
81.....	95.....	0.....	Tom Nelson	Two Harbors	18
81.....	65.....	0.....	Andy Hill.....	Woodbury	14
80.....	44.....	0.....	Matt Gegenheimer.....	Prior Lake.....	13
79.....	74.....	0.....	Ned Louis.....	Faribault.....	15
79.....	110.....	0.....	Rodney Lossow.....	MPLS South	20
77.....	40.....	0.....	Anthony Soderberg	Dilworth-Glyndon-Felton	11
77.....	57.....	0.....	Derrick Gross	Kelliher/Northome.....	14
75.....	57.....	0.....	Jeff Johnson.....	Chatfield	13
75.....	56.....	0.....	Brent Olson	Lewiston-Altera	13
73.....	83.....	0.....	Jeff Buerkle.....	Anoka.....	16
73.....	52.....	0.....	Casey Kroulik	Clearbrook-Gonvick.....	14
71.....	39.....	0.....	Ethan Marquis	Stephen-Argyle	11
71.....	78.....	0.....	Rick Harig.....	Bertha-Hewitt	15
71.....	80.....	0.....	John DenHartog.....	Hopkins.....	15
70.....	49.....	0.....	Derek Parendo	Proctor.....	11
70.....	65.....	0.....	Thor Johnson.....	Bigfork	14
70.....	34.....	0.....	Davin Thompson.....	Rushford-Peterson	10
69.....	39.....	0.....	Cory Waling.....	Kittson County Central	10
69.....	24.....	0.....	Charles Adams III.....	MPLS North.....	9
69.....	20.....	0.....	Jared Essler	St. Michael-Albertville	8
67.....	96.....	0.....	Joe Hietala.....	Duluth East	17
67.....	63.....	0.....	Ray Betton	Shakopee.....	14
67.....	68.....	0.....	Beau LaBore.....	Stillwater.....	14
67.....	73.....	0.....	John Cassellius.....	Winona	12
66.....	40.....	0.....	Max Meagher	Paynesville Area.....	10
65.....	27.....	0.....	Paul Tinjum	Ada-Borup/Norman Co W	9
64.....	65.....	0.....	Chris Mensink.....	Fillmore Central.....	13
64.....	26.....	0.....	Rex Metzger.....	Hills Beaver Creek.....	9
64.....	31.....	0.....	Brent Kucera	Sleepy Eye-St. Mary's.....	9
63.....	83.....	0.....	Ryan Weinandt.....	Dassel-Cokato.....	15
63.....	39.....	0.....	Dustin Flaten	NCE/U-H.....	10
63.....	44.....	0.....	Tom Kish.....	Zimmerman.....	11
62.....	38.....	0.....	Dan Zubich.....	Mountain Iron-Buhl	10
62.....	26.....	0.....	Matt Lombardi	Maple Grove	8
61.....	81.....	0.....	Kirby Scull	St. Paul Como Park	15
60.....	77.....	0.....	John Sterner	Lakeview.....	8
60.....	21.....	0.....	Jamie Morford.....	Royalton.....	8

BUTCH NASH AWARD

The Minnesota High School Football Coaches Association feels that Butch Nash is the epitome of the ideal assistant coach. Total loyalty, coaching competency, outstanding rapport with players and fellow coaches, integrity beyond reproach, and many years of dedicated service to a worthy profession are the qualities that describe Butch.

These are the qualities exemplified by the assistant coaches who have been chosen to receive this year's Butch Nash Award.

Award Requirements

An active assistant football coach at the high school level.

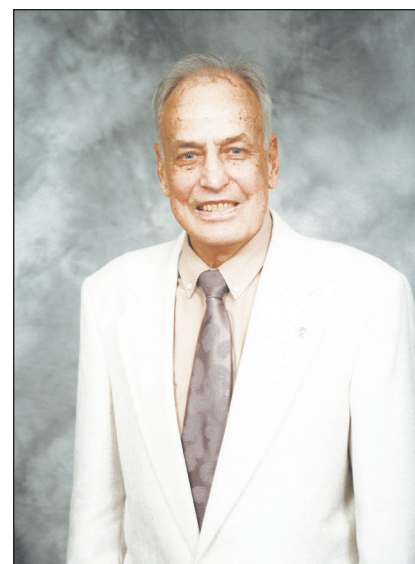
Although not strictly limited to varsity level coaches, the Executive Committee sets a requirement of being an assistant who is a "front liner" – in the limelight,

under the gun, recipient of praise and/or criticism approaching the level of the head coach.

Certainly, a few younger coaches can meet these requirements, BUT, in all candor, years of service to a program will influence the selection committee's choices (generally 15 or more years).

Both the head coach and the nominee must be members of the MFCA.

No more than one assistant from a high school program will be honored in a given year.



Butch Nash
Minnesota Gophers

BUTCH NASH AWARD RECIPIENTS



Aaron Ferrier, Redwood Valley



Chad Pothien, Lakeville North

BUTCH NASH AWARD RECIPIENTS



Chistopher Riley, Zimmerman



Dan Gross, BOLD



Dave Shoemaker, Minnetonka



James Mulcahey, Perham



Jeff Flugum, Apple Valley



Josh Hofstedt, Cannon Falls



Roger Hanson, East Grand Forks



Ron Fuchs, Paynesville Area



Steve Sussner, Minneota

Butch Nash Award Nomination Form

(Award for assistant football coaching at the high school level)

Candidates name in full _____

First middle last

Address _____ City/Zip Code _____

E-mail _____ Home phone (____) _____ Work phone (____) _____

Birthdate_____ College attended_____ Year graduated _____

Candidate: Member MSHSCA? _____Yes; _____No. Member MFCA? _____Yes; _____No.

Head Coach: Member MSHSCA? ____ Yes; ____ No. Member MFCA? ____ Yes; ____ No.

Head Coach e-mail: _____ Home ph: _____ Work ph: _____

Class: 9M; A; 2A; 3A; 4A; 5A; 6A Sub-district _____ School _____
(please circle)

School Address _____ City/Zip Code _____

Current football coaching assignment_____

Coaching background (Previous schools, years at the school, and any other significant information).

1. _____
2. _____
3. _____
4. _____
5. _____

_____ Total number of years as high school assistant football coach (minimum 15 years)_____

List other background information that would help the committee in their selection (previous championships, awards, etc.

Submitted by: _____
Head Football Coach

Return to: **Jim Dotseth, 2220 Merrimac Lane No, Plymouth, MN 55447**
Fax: 1-763-374-9059, Email: dotsethj@comcast.net

MINNESOTA HIGH SCHOOL FOOTBALL SUB-DISTRICT STANDINGS

Please note that there may have been changes to certain conferences. There may be mistakes due to "typos"/lack of information. Teams are listed in order of conference finish with regular season, and final season records.

District - Mid Southeast (West)

United South Central	7-0	10-1
St. Clair/Loyola	6-1	8-2
Mayer Lutheran	5-2	6-4
Lester Prairie/Holy Trinity	5-3	8-4
Medford	3-4	4-5
Minnesota Valley Lutheran	2-5	4-6
Kenyon-Wanamingo	2-5	2-7
Bethlehem Academy	1-6	3-7
Janesville-Waldorf-Pemberton	1-6	1-8

District - Big Southeast (Blue) Standings

Winona	5-0	10-1
Mankato West	4-1	9-2
Mankato East	2-3	3-6
Faribault	2-3	3-7
Austin	2-3	2-7
Red Wing	0-5	0-9

District - Big Southeast (Red) Standings

Owatonna	5-0	13-0
Rochester Century	4-1	5-4
Northfield	3-2	7-4
Rochester Mayo	2-3	6-4
Rochester John Marshall	1-4	2-7
New Prague	0-5	1-8

District - East Central (North) Standings

New London-Spicer	6-0	9-2
Albany	5-1	7-3
Zimmerman	4-2	6-4
Foley	3-3	3-6
Milaca	2-4	4-6
Little Falls	1-5	1-8
St. Cloud Cathedral	0-6	0-9

District - East Central (South) Standings

Annandale	5-1	9-2
Dassel-Cokato	5-1	8-2
Delano	4-2	7-4
Holy Family Catholic	3-3	7-4
Glencoe-Silver Lake	2-4	4-6
Litchfield	2-4	3-6
Watertown-Mayer	0-6	0-9

District - Metro (East) Standings

Woodbury	5-1	9-2
East Ridge	4-2	6-4
Cretin-Derham Hall	4-2	5-4
Mounds View	3-3	6-4

White Bear Lake	2-4	4-5
Roseville	2-4	3-6
Stillwater Area	1-5	2-7

District - Metro (North) Standings

Blaine	6-0	11-1
St. Michael-Albertville	5-1	7-4
Champlin Park	4-2	7-3
Centennial	3-3	3-6
Totino-Grace	2-4	2-7
Anoka	1-5	1-8
Osseo	0-6	0-9

District - Metro (South) Standings

Rosemount	6-0	7-3
Lakeville North	5-0	13-0
Eastview	4-1	6-5
Prior Lake	3-2	5-5
Lakeville South	3-3	6-6
Burnsville	2-4	4-5
Shakopee	2-4	2-7
Farmington	1-5	1-8
Eagan	0-7	0-9

District - Metro (West) Standings

Eden Prairie	4-0	10-2
Edina	2-2	7-3
Maple Grove	2-2	4-6
Mnettonka	1-3	6-5
Wayzata	1-3	5-5

District - Mid Southeast (East) Standings

Blooming Prairie	7-0	12-1
Goodhue	6-1	9-2
Rushford-Peterson	6-2	7-3
Southland	4-3	5-5
Fillmore Central	4-3	4-5
Hayfield	3-4	3-6
Wabasha-Kellogg	1-6	2-7
Kingsland	1-6	1-8
Winona Cotter	0-7	0-9

District - Mid Southeast (West) Standings

United South Central	7-0	10-1
St. Clair/Loyola	6-1	8-2
Mayer Lutheran	5-2	6-4
Lester Prairie/Holy Trinity	5-3	8-4
Medford	3-4	4-5
Minnesota Valley Lutheran	2-5	4-6
Kenyon-Wanamingo	2-5	2-7

Bethlehem Academy	1-6	3-7
Janesville-Waldorf-Pemberton	1-6	1-8

District - Mid State (Sub 1) Standings

Pierz	7-0	11-1
Paynesville Area	6-1	9-3
Melrose	5-2	7-3
Maple Lake	3-4	5-5
Rockford	3-4	5-5
Holdingford	3-4	3-6
Eden Valley-Watkins	1-6	3-7
Howard Lake-Waverly-Winsted	0-7	0-9

District - Mid State (Sub 2) Standings

BOLD	7-0	13-1
Minnewaska Area	6-1	8-3
Osakis	5-2	8-3
Morris Area/Chokio-Alberta	4-3	6-4
Atwater-Cosmos-Grove City	3-4	5-5
Montevideo	2-5	2-7
Sauk Centre	1-6	1-8
Benson	0-7	0-9

District - Mid State (Sub 3) Standings

Kerkhoven-Murdock-Sunburg	6-1	9-2
Royalton	6-1	9-2
Upsala/Swanville Area	4-3	5-4
Kimball Area	4-3	5-5
Parkers Prairie	3-4	4-5
Browerville/Eagle Valley	3-4	3-6
New York Mills	2-5	2-7
Belgrade-Brooten-Elrosa	0-7	0-9

District - Midwest (Blue) Standings

Otter Tail Central	6-0	10-1
Pillager	5-1	10-2
West Central Area/Ashby	4-2	4-5
Wadena-Deer Creek	3-3	3-6
Long Prairie-Grey Eagle	2-4	3-6
Staples-Motley	1-5	1-8
United North Central	0-6	0-9

District - Midwest (Red) Standings

Detroit Lakes	7-0	9-1
Perham	5-2	9-3
East Grand Forks	4-3	6-4
Dilworth-Glyndon-Felton	4-3	5-5
Fergus Falls	4-3	4-5
Pequot Lakes	3-4	5-5
Park Rapids Area	1-6	2-7
Thief River Falls	0-7	0-9

"THE KEEPERS OF THE GAME"

District - Midwest (White) Standings

Hawley	6-0	9-2
Breckenridge	5-1	7-3
Barnesville	4-2	11-3
Pelican Rapids	3-3	5-5
Roseau	2-4	4-6
Crookston	1-5	2-7
Frazee	0-6	1-8

District - North Central (Blue) Standings

Elk River	6-1	10-2
Buffalo	5-2	6-3
St. Francis	5-2	5-4
Cambridge-Isanti	4-3	7-4
Monticello	4-3	5-5
Andover	2-5	5-6
Chisago Lakes Area	1-6	3-7
Rogers	1-6	1-8

District - North Central (Red) Standings

Bemidji	5-1	10-2
Sauk Rapids-Rice	5-1	7-3
Brainerd	4-2	6-4
St. Cloud Tech	4-2	6-4
Alexandria	2-4	3-6
Moorhead	1-5	2-8
Sartell-St. Stephen	0-6	0-9

District - North Central (White) Standings

Hutchinson	6-0	8-1
Willmar	5-1	11-2
Big Lake	3-3	5-5
St. Cloud Apollo	3-3	5-5
Becker	3-3	4-6
Rocori	1-5	2-8
Princeton	0-6	1-8

District - Northeast Standings

Mora	5-0	10-1
Moose Lake-Willow River	4-1	8-3
Aitkin	2-3	6-4
Crosby-Ironton	2-3	3-6
Esko	2-3	3-7
Pine City	0-5	1-8

District - Northeast (Red) Standings

Hermantown	6-1	9-2
Cloquet	6-1	8-2
North Branch	5-2	7-3
Duluth Denfeld	4-3	6-4
Duluth East	4-3	4-5
Hibbing	2-5	3-6
Grand Rapids	1-6	1-8
Proctor	0-7	2-8

District - Northeast (Silver) Standings

Deer River	6-1	8-3
Barnum	6-1	6-3
Mesabi East	5-2	7-3
Braham	4-2	5-4
Hinckley-Finlayson	2-4	3-7
Rush City	2-5	2-7
East Central	1-6	1-8
Chisholm	0-5	0-9

District - Northeast (White) Standings

Greenway/Nashwauk-Keewatin	3-1	8-2
Two Harbors	3-1	8-3
International Falls	2-2	3-6
Eveleth-Gilbert	1-3	3-6
Virginia	1-3	2-7

District - Northwest (East) Standings

Walker-Hackensack-Akeley	4-0	6-4
Blackduck	4-1	6-4
Warroad	2-1	3-7
Bagley	3-3	4-5
Cass Lake-Bena	2-2	2-5
Pine River-Backus	0-3	0-3
Red Lake	0-5	0-8

District - Northwest (West) Standings

Mahnomen/Waubun	6-0	13-0
Ada-Borup-West	4-1	8-2
Red Lake County	4-1	8-2
Polk County West	3-2	8-3
Fertile-Beltrami	3-3	6-4
Lake Park-Audubon	2-4	3-6
Fosston	1-6	2-7
Badger/Greenbush-Middle River	0-6	1-8

District - South Central (Blue) Standings

Waterville-Elysian-Morristown	7-0	9-2
New Richland-H-E-G	6-1	9-3
Maple River	5-2	6-3
Gibbon-Fairfax-Winthrop	3-4	5-5
LeSueur-Henderson	3-4	5-5
Lake Crystal-Wellcome Memorial	3-4	3-6
Norwood-Young America	1-6	1-8
Sibley East	0-7	0-9

District - South Central (Red) Standings

Jordan	7-1	9-2
Marshall	7-1	8-2
Fairmont	6-1	11-2
Waseca	6-2	10-3
St. Peter	4-3	6-4
Tri-City United	4-4	5-5
Worthington	3-5	3-6
Albert Lea	1-7	2-8
Belle Plaine	1-7	1-8
New Ulm	0-8	0-9

District - South Central (White) Standings

Redwood Valley	7-0	10-1
Jackson County Central	6-1	9-2
Pipestone Area	5-2	8-3
Luverne	4-3	4-5
Blue Earth Area	3-4	3-6
St. James Area	2-5	3-6
Martin County West	1-6	1-8
Windom Area	0-7	0-9

District - Southeast (Red) Standings

Rochester Lourdes	7-0	14-0
Byron	5-2	6-4
Stewartville	4-3	5-4
Pine Island	4-3	5-5
Kasson-Mantorville	4-3	4-5
Plainview-Elgin-Millville	3-4	3-6
Lake City	1-6	2-8
La Crescent-Hokah	0-7	0-9

District - Southeast (White) Standings

Caledonia	7-0	13-0
Chatfield	5-2	8-3
Dover-Eyota	5-2	8-3
St. Charles	5-2	6-3
Cannon Falls	2-5	5-7
Lewiston-Altura	2-5	4-6
Zumbrota-Mazeppa	1-6	2-7
Triton	1-6	2-8

District - Southwest (East) Standings

Murray County Central	5-1	8-3
Tracy-Milroy-Balaton	4-2	7-3
Springfield	4-2	8-5
New Ulm Cathedral	4-2	6-4
Sleepy Eye	2-4	2-7
Wabasso	1-5	2-7
Adrian	1-5	1-8

District - Southwest (West) Standings

Minneota	6-0	10-1
Dawson-Boyd	5-1	8-2
Ortonville	4-2	6-4
Lac qui Parle Valley	3-3	3-6
Canby	2-4	3-6
Yellow Medicine East	1-5	2-7
Lakeview	0-6	2-7

District - Suburban (Blue) Standings

Robbinsdale Armstrong	3-0	4-5
Hopkins	2-1	4-5
Coon Rapids	1-2	3-6
Forest Lake	0-3	2-7

District - Suburban (Gold) Standings

Robbinsdale Cooper	3-1	8-2
Spring Lake Park	3-1	8-3
Irondale	3-1	7-3
Park Center	1-3	2-7
North St. Paul	0-4	0-9

District - Suburban (Grey) Standings

Tartan	3-1	8-3
Mahtomedi	3-1	7-3
South St. Paul	2-2	4-6
Simley	1-3	4-6
Hill-Murray	1-3	2-8

District - Suburban (Maroon) Standings

St. Thomas Academy	4-0	12-1
Hastings	3-1	8-2
Park of Cottage Grove	2-2	5-5
Apple Valley	1-3	4-6
Henry Sibley	0-4	0-9

District - Suburban (Red) Standings

Holy Angels	4-1	7-2
Benilde-St. Margaret's	4-1	7-4
Orono	4-1	6-4
St. Louis Park	2-3	5-5
DeLaSalle	1-4	4-6
Richfield	0-5	0-9

District - Suburban (White) Standings

Waconia	4-0	7-2
Chaska	3-1	8-4
Chanhassen	2-2	6-3
Bloomington Jefferson	1-3	2-7
Bloomington Kennedy	0-4	1-8

District - Twin City (Blue) Standings

Spectrum	6-0	8-2
St. Agnes	5-1	7-4
Concordia Academy	4-2	5-5
Minneapolis Roosevelt	2-4	3-6
Brooklyn Center	2-4	2-7
Minneapolis Edison	1-5	2-7
St. Paul Humboldt	1-5	2-7

District - Twin City (Gold) Standings

Providence Academy	5-0	9-1
Mound Westonka	4-1	6-3
St. Paul Johnson	3-2	7-5
Minneapolis Southwest	2-3	3-6
Academy Force	0-4	0-9
Minneapolis Henry	0-4	0-9

District - Twin City (Maroon) Standings

SMB	5-0	13-0
Fridley	4-1	7-3
St. Croix Lutheran	3-2	6-4
St. Paul Central	2-3	5-5

Minneapolis Washburn	1-4	2-7
St. Paul Highland Park	0-5	2-8

District - Twin City (Red) Standings

Minneapolis North	6-0	11-1
Breck	5-1	7-2
St. Anthony Village	4-2	8-3
Columbia Heights	3-3	6-4
Minneapolis South	2-4	3-6
St. Paul Como Park	1-5	2-7
St. Paul Harding	0-6	0-9

District 9 South (Central) Standings

Alden-Conger/G-E	5-1	5-4
Cleveland	5-2	5-4
Nicollet	4-2	5-5
Madelia	4-3	4-5
Sleepy Eye Saint Mary's	3-3	5-4
Buffalo Lake-Hector-Stewart	2-5	3-7
Granada-Huntley-EC/Truman	0-7	0-9

District 9 South (East) Standings

Spring Grove	7-0	14-0
Houston	6-1	9-2
Grand Meadow	5-2	7-3
Randolph	4-3	7-4
Mabel-Canton	3-4	5-5
Lanesboro	2-5	3-6
LeRoy-Ostrander	1-6	2-7
Lyle-Pacelli	0-7	0-9

District 9 South (West) Standings

Mountain Lake Area	8-0	12-1
Hills-Beaver Creek	7-1	9-2
Russell-Tyler-Ruthton	5-3	8-4
Red Rock Central	5-3	6-4
Westbrook-Walnut Grove	5-3	5-4
Edgerton/Ellsworth	3-5	4-6
Cedar Mountain/Comfrey	3-5	3-6
Heron Lake-Okabena/Fulda	3-5	3-6
Renville County West	1-7	1-8
MACCRAY	0-8	0-9

District 9 West Standings

Stephen-Argyle	8-0	11-1
NCE/U-H	8-0	10-1
Goodridge/Grygla	5-3	6-4
Win-E-Mac	5-3	6-4
Kittson County Central	4-4	6-5
Clearbrook-Gonvick	4-4	4-5
Northern Freeze	3-5	3-6
Nevis	2-6	3-7
Warren-Alvarado-Oslo	1-7	1-8
Laporte	0-8	0-9

District 9 West (South) Standings

Verndale	8-0	11-1
Underwood	7-1	9-2
Wheaton/Herman-Norcross	6-2	7-3
Hancock	5-3	6-4
Bertha-Hewitt	4-4	4-5
Brandon/Evansville	4-4	4-5
Clinton-Graceville-Beardsley	3-5	3-6
Rothsay	2-6	3-7
Park Christian	1-7	1-8
Hillcrest Lutheran Academy	0-8	0-8

District 9 North (Blue) Standings

South Ridge	5-0	9-1
Cook County	4-1	8-2
Mountain Iron-Buhl	3-2	10-3
North Woods	2-3	4-6
Silver Bay	1-4	4-5
Northeast Range	0-0	0-0
Ely	0-5	2-7

District 9 North (Red) Standings

Floodwood	5-0	6-4
Kelliher/Northome	4-1	7-2
Littlefork-Big Falls	3-2	6-4
Hill City/Northland	2-3	3-6
Lake of the Woods	1-4	2-7
Bigfork	0-5	0-9

District 9 North (White) Standings

Cromwell-Wright	6-0	12-1
Ogilvie	5-1	7-3
Carlton	4-2	6-4
Isle	3-3	4-5
Wrenshall	2-4	2-6
McGregor	1-5	1-8
Onamia	0-6	0-9

District 9 West South



2018 was another great year for District 9-West-South. Verndale was the District Champions going 8-0 in the regular season and representing the district at State. Underwood finished 7-1 to finish second in the district followed by Wheaton Herman Norcross at 6-2, Hancock at 5-3, Brandon-Evansville 4-4, Bertha-Hewitt 4-4, Clinton Graceville Beardsley 3-5, Rothsay 2-6, Park Christian 1-7, and Hillcrest Lutheran Academy 0-8.

The district was also full of many great players with several of the Sr.s going on to play at the next level. The MVP of the district was Nelson Schmidt, Sr. Qb/LB from Wheaton Herman Norcross. Offensive Player of the Year honors went to Daxton Olson, Sr. Qb/Fs from Underwood. Defensive Honors went to Tanner Bitzan, Jr. Fb/Lb from Brandon Evansville. The Lineman of the Year went to Harrison Zeltwanger, Sr. OL/DL from Hancock and Special teams honors went to Devon Dean, Sr. Rb/Db from Bertha Hewitt.

2019 looks to be another great year with many young players earning all-district honors.



Midwest Red

The 2018 season saw the Fergus Falls Otters finish with a record of 4-5. The Otters started the season with injuries to key lineman but this led to opportunities for other players. The Otters battled week in and week out and saw their season end in the section 8AAAA quarterfinals to the Rocori Spartans.

Perham won section 8AAA beating Pequot Lakes in the semi-finals and East Grand Forks in the championship game earning a place in the state tournament. The beat Two Harbors in the quarterfinal game and ended their playoff run with a loss to Fairmont at US Bank Stadium. The Yellow Jackets ended up 9-3

with losses to Detroit Lakes, Fergus Falls and Fairmont.

The 2018 East Grand Forks Football team posted the best season for the Green Wave in 8 years. The Green Wave made it to the section championship finishing runner-up. East Grand Forks had 2 school records broken. Ethan Trebil broke the school record for carries in a game and Luke Vonesh broke the school record for tackles in a season. The Green Wave landed 3 players on the All-District team in Luke Vonesh, Ethan Trebil, and Aaron Riddle.

Coach Kasowski says: We had a great group of young men all pulling in the same direction. They were the definition of our team

motto "ALL IN". We were always well prepared and played with great effort every game. I will really miss this senior group and feel they will be hard to be replaced. They helped put EGF Football back on the map.

Standings

Overall

Detroit Lakes.....	7-0
Perham.....	5-2
Dilworth-Glyndon-Felton.....	4-3
East Grand Forks.....	4-3
Fergus Falls.....	4-3
Pequot Lakes.....	3-4
Park Rapids.....	1-6
Thief River Falls.....	0-7

Twin Cities Gold

In just the fourth year of Twin Cities District Football the Twin Cities Gold Sub District provided exciting games, supposed upsets, and just overall good football. Competition, as the last couple of seasons, seemed appropriate, accomplishing the overall goal of district football.

Providence Academy claimed the Twin Cities Gold Sub District title outright with a perfect record (5-0) in Sub District play. Providence Academy finished their regular season with an impressive 8-0 record. Providence Academy finished their season 9-1, eventually losing to Benilde-St. Margaret's in the Section 5AAAA semifinals. Mound Westonka had a great 2018 season as well placing second in the Twin Cities Gold Subdistrict with a 4-1 record, and ended their season 6-3 overall. St. Paul Johnson, Minneapolis Southwest, Academy Force, and Minneapolis Patrick Henry rounded out the last four spots respectively. With many starters returning from all of the Twin Cities squads it should make

Standings

District

Overall

Providence Academy.....	5-0	9-1
Mound Westonka.....	4-1	6-3
St. Paul Johnson.....	3-2	7-5
Minneapolis Southwest.....	2-3	3-6
Academy Force.....	0-4	0-9
Minneapolis Patrick Henry.....	0-4	0-9

for a very competitive season in 2019!

Though St. Paul Johnson finished third in the Twin Cities Gold Subdistrict, they got hot in the playoffs winning Section 3AAAA and wound up losing to Willmar in the Class AAAA State Semifinals. They were definitely the Cinderella Story in Class AAAA in 2018!

North Central Blue

The 2018 football season was very competitive in the North Central Blue District. The eight teams in the Blue Division are Andover, Buffalo, Cambridge, Chisago Lakes, Elk River, Monticello, Rogers, and St. Francis.

Elk River used a very physical brand of football to become the champions of the Blue Division. Elk River RB Adam Nelson was selected as the Blue Division RB of the Year. Head Coach Steve Hamilton led the Elks to the state tournament where they advanced to the semi finals and ended with a 10-2 record.

Buffalo, coached by Todd Bouman showcased as explosive offense led by his son, Aidan. The Bison averaged more than 48

Standings

District

Overall

Elk River.....	6-11	0-2
Buffalo.....	5-2	6-3
St. Francis.....	5-2	5-4
Cambridge-Isanti.....	4-3	7-4
Monticello.....	4-3	5-5
Andover.....	2-5	5-6
Chisago Lakes Area.....	1-6	3-7
Rogers.....	1-6	1-8

points per game and led just about every offensive passing statistic in the state. Aidan Bouman was selected as the MVP of the Blue Division and receivers Treyton Welch and Jack Munsterteiger were selected as Blue Division WRs of the Year. Buffalo finished with a 6-3 record.

St Francis coached by Brent Swaggert used a balanced offense and rugged defense to finish in the top half of the district. St Francis posted impressive wins over Buffalo and Cambridge to finish with a 5-4 record. St Francis also features one of the top specialists in the state, kicker / punter Hunter Dustman. Dustman was selected as the Blue Division Special Teams Player of the Year

Long time assistant coach Shane Weibel became the new head coach at Cambridge after Mike Hennen left to become the AD at Forest Lake. Shane successfully led a veteran Cambridge team to a 7-4 record and the Section 7AAAAA championship. The Bluejackets had two players selected as Blue Division Players of the Year at their position. Brandon Westberg was selected as the Blue Division OL of the Year and Luke Malamisuro was selected as the Defensive Secondary Player of the Year.

After a tough start, Jason Telecky led Monticello to a strong second half of the season. Monticello had a very competitive

team that featured three Blue Division Players of the Year. Kyle Downs was named DL of the Year. Alex Otto was name LB of the Year and QB Ethan Bosacker was named QB of the Year. Monticello finished 5-5.

Rich Wilke led Andover to a another competitive season. The Huskies played everyone tough and finished 5-6. Andover rebounded from some regular season setbacks to earn a spot in the Section 7AAAAA championship game.

Chisago Lakes, coached by Bill Weiss, was young and very competitive. Five of their games were decided in the final minute. Chisago Lakes concluded the season with a 3-7 record.

Rogers, coach by Marc Franz, experienced a rare down season and finished with a 1-8 record. One of the Royals season highlights was a last minute homecoming victory over Chisago Lakes with a 41 yard field goal.

North Central White

One of the more balanced and competitive 4A Districts in the State, North Central-White didn't disappoint in 2018. The District was led by perennial power, Hutchinson Tigers as they won the District title outright. The Tigers outlasted the Willmar Cardinals as they finished second in the District. In the middle of the pack were Big Lake, Becker and St. Cloud Apollo with records of 3-3 in the District. One major highlight for the District was to have the Willmar Cardinals play in the Class 4A Prep Bowl.

Hutchinson Tigers

Hutchinson finished the regular season with an 8-0 record and district champions, Hutch finished the season 8-1 losing to Waseca who were state semifinalists in Class 4A. Hutch was led by a defense giving up 12.8 points per game, the tigers were led offensively by Josiah Nelson, rushing for 1924 yards on the season, Hutch avg 389 yards on the ground per game.

Willmar Cardinals

Willmar finished the season with an 11-2 overall record, 6-1 in district play. The Cardinals had an unbelievable postseason run culminating in a Prep Bowl appearance. Although, the Cardinals fell a little short in the Championship game they had an amazing run. Willmar defeated a very tough and determined Detroit Lakes team, 50-28. It was the first time since 1989 that Willmar won a section championship game. After defeating Hermantown and St. Paul Johnson in the State Quarterfinals and Semifinals, the

Standings	District	Overall
Hutchinson.....	6-0.....	8-1
Willmar.....	5-1.....	11-2
Big Lake.....	3-3.....	5-5
St. Cloud Apollo.....	3-3.....	5-5
Becker.....	3-3.....	4-6
Rocori.....	1-5.....	2-8
Princeton.....	0-6.....	1-8

Cards took on SMB for the 4A Championship, the first since 1974. Willmar battled valiantly, but in the end SMB was too much to handle. The Cardinals averaged 44.5 points per game while giving up 17.8. The offense was led by dual threat QB Drey Dirksen. Drey accounted for 51 TDs, 33 passing and 18 rushing. He rushed for 1,261 yards and threw for 2,367 yards. Defensively the Cardinals were led by a veteran group, Ty Roelofs (8 INTs), Andrew Reigstad and Alexander Wickliff.

Saint Cloud Apollo High School

Apollo finished the 2018 regular season with an overall record of 4-4, 3-3 in the district for a tie for third place. In section play Apollo hosted Little Falls and advanced to to the second round with a 51-21 win. In the section semifinals the Eagles saw their season come to and end to eventual Prep Bowl participants Willmar. The Eagles will graduate All District members John

Blommel, Lukas Theisen, Clifton Patterson, Chris Hance and Isaac Erickson-Thoemke. Returning All District members are Abraham Heinen and Jalyn Williams. Also returning are All District Honorable Mention players Jack Randolph, Logan Johnson and Carlos Agee. In 2019 the Eagles will have a core group of seniors that they will rely on early with some underclassmen getting an opportunity to see varsity action.

Becker Bulldogs

Dwight Lundeen - head coach Becker High School - 2018 Becker ended up 3 and 3 - in our District - we feel very blessed to be a part of such a strong District - our team gets better playing good teams each Friday night. It was enjoyable following our Dist schools in the playoffs. Section play showed how good the teams are in our District - Looking forward to our 2019 schedule.

Big Lake ended with a season record of 4-4. Finishing throughout the section at 5-5 after a lose to Delano with a missed last second touchdown pass. The success to the season is credited to a talented and dedicated senior class. Big Lake graduated three

great Defensive linemen: Jake Ireland, Nick Harris, and DeVonne Harris. Along with that crew of seniors, Big Lake will be sending off Quarterback Spenser Hinrichs, a three year starter at that position. Next year, Big Lake is looking to capitalize with a strong junior class. They will be bringing back three year starter DeAndre Hill at Running Back, Carson Steen at the Offensive and Defensive line, and countless other hard working athletes. Look for Big Lake to make a strong run in the section in the fall of 2019.

Rocori Spartans

As a very young football team we were able to accomplish some good things this past season. Beating Fergus Falls in the playoffs in Fergus Falls, made it the 8th straight year in which the ROCORI Football team won a playoff game. Key players to our success this past year were WR Andrew Anderson, DE/TE Isaac Massmann, DL Caleb Schouviller, LB Brock Humbert, RB/DB Luke Humbert, and QB Jack Steil. Academically, it was the 9th year in a row that we were Gold Standard Academic With a 75 man roster we carried a cumulative GPA of 3.24!

Southwest District

The West sub-district championship was claimed by the Minneota Vikings with a perfect 6-0 mark in sub-district play while the Murray County Central Rebels claimed the East sub-district championship with a 5-1 sub-district record. Minneota defeated YME and Dawson Boyd to reach the Section 5A title game vs BOLD in a rematch of the 2017 title game. BOLD defeated Minneota this time around 49-7. The Section 3A title game featured 2 teams from the East sub-district; Springfield and MCC. Springfield avenged an earlier season loss to the Rebels by claiming the Section 3A crown 15-14. Springfield advanced to the state semi-final game where they were defeated by the eventual state champion, Mahnommen/Waubun.

There were a couple of players recognized for their individual accomplishments. Isaac Hennen of Minneota was a Mr. Football finalist and was chosen as a running back on the 3rd Team AP All-State Football team. Cooper Taylor (Wabasso CB) and Isaac Hennen (Minneota OLB) were chosen to represent the South Team in the Minnesota Football Showcase.

East Standings

	District	Overall
MCC.....	5-1	6-2
TMB.....	4-2	6-2
New Ulm Cathedral.....	4-2	5-3
Springfield.....	4-2	4-4
Sleepy Eye.....	2-4	2-6
Wabasso.....	1-5	2-6
Adrian.....	1-5	1-7

West Standings

	District	Overall
Minneota.....	6-0	8-0
Dawson-Boyd.....	5-1	7-1
Ortonville.....	4-2	5-3
LQPV.....	3-3	3-5
Canby.....	2-4	3-5
YME.....	1-5	2-6
Lakeview.....	0-6	2-6

East Central South

The East Central South Division had co-champions in 2018, Congratulations to both Annandale and Dassel-Cokato. Both teams finished 5 -1 in the division and finished 7 – 1 overall. Congratulations to Matt Walter of Annandale and Ryan Weinandt of Dassel-Cokato were named co-head coaches of the year. Assistant coaches of the year were Mark Kovall of Annandale and Patrick Schuette of Dassel-Cokato.

It was another great year for the South Division. Competition was well-played and made for very entertaining games throughout the year for the fans. Congratulations to Annandale for qualifying for the state tournament. They fell to Pierz in the first round. Fans will be out some great rivalry games next year though, with Delano being moved out of the district and replaced with Princeton. Princeton will be in the north division and New

Standings	District	Overall
Dassel-Cokato.....	5-1	7-1
Annandale.....	5-1	7-1
Delano	4-2	5-3
Holy Family Catholic.....	3-3	5-3
Glencoe/Silver Lake.....	2-4	3-5
Litchfield	2-4	3-5
Watertown-Mayer	0-6	0-8

London Spicer is being moved from the north to the south for the next two seasons. This year the South Division had co-MVP players Blake Johnson of Dassel-Cokato and Peyton Fobbe of Annandale.

East Central North

Once again, the 2018 East Central North featured many high caliber offenses clashing with stingy defenses under the “Friday Night Lights” week in and week out. Many outcomes of the games were not decided until the last few plays. When the final whistle blew, New London/Spicer was on top of the standings with a perfect 6-0 record, followed closely by runner-up Albany at 5-1. Congratulations to Coach Essler’s Wildcats on their Sub District title (as well as on advancing to their section finals) and to all of the East Central North teams on their tremendous performances on the gridiron last fall.

Standings	District	Overall
New London/Spicer.....	6-0	9-2
Albany.....	5-1	7-3
Zimmerman.....	4-2	6-4
Foley	3-3	3-6
Milaca.....	2-4	4-6
Little Falls	1-5	1-8
St. Cloud Cathedral.....	0-6	0-9

Mid Southeast East

2018 was another year of great football in the Mid Southeast East. Blooming Prairie went 7-0 and earned the District Championship. BP went on to win section 1A with 21-18 win over Goodhue in the section championship game. BP lost to BOLD in the state semi-finals 37-7.

Standings	District	Overall
Blooming Prairie	7-0	12-1
Goodhue.....	6-1	9-2
Rushford-Peterson	6-2	7-3
Southland	4-3	5-5
Fillmore Central.....	4-3	4-5
Hayfield.....	3-4	4-6
Wabasha-Kellogg.....	1-6	2-7
Kingsland	1-6	1-8
Winona Cotter	0-7	0-9

Mid Southeast West

The 2018 season was a memorable one in the Mid-Southeast West sub district. The United South Central Rebels captured the sub district title with an undefeated mark in sub district play. The Spartans from St. Clair/Loyola, LP/HT Bulldogs, and Mayer Lutheran Crusaders all had strong seasons and were in contention to win the sub district crown. The Medford Tigers and MVL Chargers were much improved squads in 2018 and were among the elite in terms of offense among all the teams in the district. The Kenyon-Wanamingo Knights, Bethlehem Academy Cardinals, and J-W-P Bulldogs all had positive moments in 2018 and built momentum toward the 2019 season with competitive games against the district's best. Two teams, the United South Central Rebels, as well as the LP/HT Bulldogs represented the sub district in the state tournament, representing section 2A and section 4A, respectively.

Standings	District	Overall
United South Central	7-0	10-1
St. Clair/Loyola	6-1	8-2
Lester Prairie.....	5-3	8-4
Mayer Lutheran.....	5-2	6-4
Medford	3-4	4-5
Minnesota Valley Lutheran	2-5	4-6
Kenyon-Wanamingo	2-5	2-7
Bethlehem Academy.....	1-6	3-7
Janesville-Waldorf-Pemberton	1-6	1-

Northeast

Red Subdistrict

North Branch

The North Branch Vikings finished the 2018 season with a record of 7-3 that ended with a loss to a tough Hermantown team in the Semi-Finals. The Viking football program went through significant changes as they entered the 2018 season. The Vikings graduated a strong senior class from the year before opening the door for a plethora of new faces to step up, and first time head football coach Justin Voss took over, which resulted in significant program wide changes. With all this change it's hard to predict how a season will go, however, with the the leadership of the senior class as well as a strong work ethic and belief in the new way of doing business, the Vikings put together a successful 7-3 record.

The Vikings lose 16 committed seniors, including All District players Dawson Drost, Thomas Wurdemann, Isaac Maki, Brandon Swanson and Austin Stephens, so again next year they will look to have new faces step up. The Vikings will work to build on the positives from this season and continue to build towards being competitive in a solid Northeast District.

Hermantown

The Hawks had a very successful 2018 campaign finishing with a record of 9-2 and a Section 7AAAA title along with a state quarterfinal game against state runner-up Willmar. All games played in the 2018 season were quite memorable as 8 out of 11 games were decided by less than two touchdowns, along with

Standings	District	Overall
Elk River.....	6-11	0-2
Buffalo.....	5-2	6-3
St. Francis.....	5-2	5-4
Cambridge-Isanti.....	4-3	7-4
Monticello.....	4-3	5-5
Andover.....	2-5	5-6
Chisago Lakes Area.....	1-6	3-7
Rogers.....	1-6	1-8

3 of those games being decided in the last minute of play. The Hawks were undefeated going into Week 8, but ended up losing a tough battle against Cloquet, and as a result were seeded 2nd in the playoffs. The Hawks were able to get a second chance at Cloquet in the section final and won that one 20-14.

Returning in 2019 will be Sr All Section defensive tackle/offensive tackle Jeb Paczynski as well as all-section honorable mention Sr Macade Isensee who started all year at outside linebacker. The Hawks look to continue to build upon their 2018 success as it developed a lot of enthusiasm in their program.

Cloquet

Following a 2017 run that ended as AAAA state runner-ups, the Cloquet Lumberjacks finished as section 7AAAA runner-ups with a record of 8 - 2. The Lumberjacks returned 14 seniors, 2 starters on offense, and 4 starters on defense.

SUB-DISTRICT RECAPS

The Lumberjacks started the 2018 season strong winning their first game putting up 33 points in the first half before the game was called due to thunderstorms. Winning the next 2 games by scores of 34-12 and 40-0, the Lumberjacks suffered their only regular season loss to North Branch with a 14-18 final score after a late second half scoring drive by the Vikings. Senior captains, quarterback Riley Leslie and lineman Luke Konietzko lead a strong offensive running attack that averaged 280 yards per game. On the defensive side of the ball, a strong junior class lead the way holding teams to an average of 11 points per game.

Returning for 2019, Junior running back Markus Pokornowski was the Northeast Red Sub-district offensive MVP. Pokornowski accumulated 1,351 yards and 22 TDs on 124 touches on the ground before a shoulder injury in the section semifinals ended his year. Defensively, Junior lineman Conrad Kiehn and Junior linebacker Derek Rengo lead a unit that expects to return most of its starters.

Proctor

The 2018 brought a rare down year for the Proctor Rails in the record department. The Rails ended the year with 2 wins, both against International Falls. The Rails opened the season with a 19-0 victory at International Falls to open the season. The Rails struggled throughout the rest of the season. Proctor suffered several key injuries and had a very young roster in 2018 which provides excitement for the future.

The Rails entered the playoffs and defeated the Broncos of International Falls yet again 21-0 at their field to advance to the Section 7AAA Semi Finals.

The Section Semi Final saw the Rails take on Greenway-Nashwauk/Keewatin in Coleraine. The Rails ended up losing a close battle to end their season.

The highlight of the season was the Rails celebrating their 100th year of high school football. The Rails hosted a number of special events through the season. In addition, a 100 year yearbook was published commemorating all players and teams throughout the 100 years of Proctor Football. Special note was paid to Dick Pesonan who played for the New York Giants, Dan Devine who coached Notre Dame and the Green Bay Packers. Tom MacLeod who was an All Pro with the Baltimore Colts, as well as Terry Egerdahl who the Proctor field is named after. Special note was also paid to former coached Dave Hylla and Rory Johnson.

Grand Rapids

Grand Rapids High School finished the season at 1-8, with their lone victory coming over district foe Proctor. Although the record



was not positive, the Thunderhawks were competitive in every regular season game. All District honors went to Hadyn Anderson, a junior linebacker and John Bonner, a sophomore running back. Honorable Mention honors went to Brock Holm, a junior running back and Jasper Lindqvist, a senior foreign exchange student from Finland. The future for Grand Rapids looks promising as they return ten starters on each side of the ball next season and started eighteen sophomores throughout the 2018 campaign.

White Subdistrict

International Falls

The Broncos had a turn around year this year finally breaking a 41 game losing streak. We went on to win 3 games total this year and hosted our first home field playoff game since 2013. We are only losing 3 starters this year and many of next year's seniors will be 3 year starters. We look forward to more wins next season and to continue to turn around the Bronco football program.

Two Harbors

The Two Harbors Agates finished the season with an 8-3 record and some nice accomplishments to go along with another solid year as the Agates have won at least 6 games for six consecutive years. The Agates shared the Northeast White District Title which was the 4th straight year they have won or shared the title, won the Section 7AAA Championship, and made their 1st state playoff appearance in 41 years,

Two Harbors had many question marks coming into the season with many holes to fill after the loss of both the Northeast White District offensive and defensive players of the year the season before. With that said, many players stepped up and put the time in to improve and fill those spots. It was a great team effort that allowed the Agates to accomplish so many things this past season.

The Agates will lose many quality seniors this season including University of North Dakota commit Steven Keech and 3 year starters Mason Meyer and Ricky Brenna. Also graduating will be 2 way starters Joe Marker, Andrew Elmquist, and Jayden Ruberg along with numerous other quality players.

Eveleth-Gilbert

The Eveleth-Gilbert football team finished the 2018 season 3-6, which was slightly lower than the previous year. The team lost a handful of starters on both sides of the ball from the previous year. Luckily, they did have a few player who were able to step up and step into new roles on the team. With that said, this year the team is losing 10 seniors going into next season, which will leave them in another situation of players needing to step up. This season the Golden Bears also lost their Head Coach Derek Malner to active military duty. He left mid season to go serve our country overseas, once that happened Sean Streier stepped in to continue the season. Though the season did not end how the team wanted it too, they are optimistic about next season and the future.

Mesabi East

The Mesabi East Giants finished the 2018 season at 7-3 which was a huge improvement from a year ago with a record of 1-8. The Giants defeated the Virginia Blue Devils 44-31 in the season opener. The following week Mesabi East defeated Hinckley 36-0. The Giants improved to 3-0 with a big win in Deer River 44-14. The Giants were then handed their first loss of the season to the Barnum Bombers 32-6. With a forfeit win against Chisholm and then adding two more wins against Rush City and East Central, the Giants improved to 6-1. The Giants did lose to Braham in the regular season finally. The Giants then had to travel to Barnum for their first round playoff game. The Giants upset the Bombers 26-18. The Giants loss to Moose Lake-Willow River ended a great season for the Giants.

Blue Subdistrict

Aitkin

The Aitkin Gobblers finished the 2018 season with a 6-4 record losing to Royalton in the 7AA semifinals. We graduate 11 seniors in 2018.

Key returning players for the upcoming 2019 season Seniors Kade Hopperstad, Carter Dox, and Kyle Cluff as well as Junior Owen Miller.

Pine City

The Pine City Dragons finished the 2019 season with a 1-8



record. On offense the Dragons were paced by leading rusher and receiver Nick Hansmann. Defensively, junior Duke Waxberg led the way for the young Dragons. Both earned All-District nominations. Pine City graduates four seniors and looks to build on the experience that was gained throughout the season.

Esko

Esko Finished the year 3-7, losing to Two Harbors in the section semifinal game. Esko Graduated 20 Seniors the year before which they went 8-2. This year Esko returned only 9 seniors that seen the field. Esko Lost it's Starting QB before the year and played a few different QB's until deciding on Senior Mason Vinje. Mason ended the season leading the area in passing for more that 1500 yards and being named to the All-District Team.

Next year Esko will return all It's Starting RB and all four starting WR's and Two Lineman from it's offense, and 7 of it's Defensive Starters.

Coach Scott Arntson has been the Head Coach at Esko for three years will an overall record of 13-17.

Moose Lake/Willow River

The MLWR Rebel football team, coming off a trip to US Bank Stadium and the state semi-finals in 2017, followed that up with an 8-3 record and trip to the state quarterfinals in 2018. This is the 12th state tournament qualifying season for the Rebels in the last 13 seasons. The offense was anchored by Sr. O Linemen Aidan Szczyrbak, Logan Peterson, and Adam Dragicevich who paved the way for Sr. Rb Trent Juhl (1300+ yds and 13 td's). The defense followed Sr. Mlb Logan Peterson (99 tackles and 3 qb sacks) and northeast district-blue defensive player of the year, sr. Aidan Szczyrbak (8 qb sacks and 19 tfl's). While the seniors will be sorely missed, mlwr has a good crop of sophomores lead by qb Mason Olson (844 yds passing/9 td's), receiver/cb Brady Watrin (341 yds receiving/3 int's), and rb/mlb Blake Juhl (521 yds

SUB-DISTRICT RECAPS

rushing/84 tackles). Moose Lake/Willow River will again have high expectations for the upcoming 2019 season.

Mora

The 2018 Mora Mustang Football Season was a remarkable year. The team finished the year with a 10-1 record earning the NE Blue Sub District Championship and losing in the Section 5AAA Championship Game to Annandale. During the season both Team and Individual records were broken. The record for most points scored in one season (9 Games) was broken as the 2018 Team scored 387 points also the most total yards from scrimmage in one season (9 Games) was broken with 3,747 yards gained. Two of our Senior Captains broke some long standing individual records. Jon Smith broke 6 records this season: Most Non Passing Touchdowns in a Season (9 Games) with 25, Most Career Varsity Touchdowns with 50, Most Career Yards Rushing with 4,391, Most Rushing Yards in a Season (9 Games) 1,875, Most Yards Rushing in a Single Game with 332, and the Career Scoring Record with 300 points. Brycen Schritz also broke a longstanding record by becoming the Career Passing Leader in Completion Percentage (150 or more attempts) with a 57.3% Completion Rate.

Crosby-Ironton

The Crosby-Ironton Rangers finished the 2018 season with a 3-6 record and losing to Aitkin in the first round of the playoffs. The Rangers graduate 13 seniors from this years team including all district selections Taylor Eigenheer at OL/DL and Nate Williams at RB/S.

The Rangers had an up and down season with wins vs East Central, at Pine City and a big rivalry win vs Aitkin 20-16.

Returning in 2019 will be All District running back Ben Edmundson as well as Dakota Mitchell at quarterback. On the line returning will be juniors Logan Rasmussen and Kyle Blazek.

Silver Subdistrict

Barnum

The Bombers posted a 6-2 record in the regular season and 6-3 overall and were Northeast Silver Sub-District Co-Champions. A large group of seniors provided a lot of experience and leadership for our underclassmen and led the way for a great regular season. The season ended sooner than anticipated, but it was a great year. With the graduation of 11 seniors this season there will be a number of spots open next year for underclassmen to step into. There are some big shoes to fill across the line and at skill positions, but it will provide an excellent opportunity for our younger players to step in and lead the team and continue to build on what this

senior class has done.

Deer River

The Deer River Warriors finished the season 6-2 tied with Barnum for the Silver Sub-District Championship. The Warriors defeated Blackduck in the Section 7A title game before losing to Mahanomen-Waubun in the first round of the state tournament. The Warriors were led by a dominate offensive and defensive line made up of Sr linemen Cole Fox, Frank Villeneuve and Bill Maki. The skilled positions were filled with underclassman who will all be returning in 2019 including the backfield pair of Trevor Michienzi and Austin Rasley who totaled over 2000 all purpose yards on offense out of the backfield behind that line.

Braham

The Braham Bombers finished the year with a 5-4 overall record and a 4-2 Northeast District Silver Division record. The Bombers ended up losing to Blackduck 36-20 in the section semifinals.

Braham had four All-Conference selections: Seniors: Devin Shellito, Jacob Johnson and Ryan Roslin as well as Junior Luke Bendickson. They also had three more selected as Honorable Mention: Juniors Josh Klingensmith, Michael Tilkens-Rogstad and Ben Carlson.

Hinckley-Finlayson

The Hinckley-Finlayson Jaguars are coming off a 3-7 season. Going into this past season there were a lot of question marks at several positions after graduating 13 seniors from last years section finals team.

The Jaguars will be returning 9-starters on offense including three all-District lineman selections. The defense will be returning 7 starters as well. This past season there were many growing pains as many sophomores and juniors made their varsity debuts. With a year of valuable experience under our belts, the Jaguars hope to once again be in contention for conference and section play

East Central

The East Central Eagles finished the 2018 season with a 0-8 record but improved throughout the year. All-District Awards went to Sr. Vern Anderson III, who had 800 yards passing with 13TD and Sr. Linebacker /running back Matt Klocke. Klocke had 114 total tackles and 795 yards rushing. Honorable Mention honors went to Seniors linemen/linebackers Dylan Fratzke and Devlin Fratzke.

Rush City

Led by 9 seniors, the Tigers finished the year with a 2-7 overall

record and 2-5 in the subdistrict. Rush City started the year with some big physical teams right out of the gate, Class 3A rival Pine City, and Class 2A power Barnum. The inexperienced Tigers learned a lot in those first two games about themselves that would help them later in the year. After a bye week, the Tigers traveled to Braham to take on the Bombers. The game was closely contested in the first half, but fell 34-16. The Tigers got on the winning track for Homecoming the following week against East Central 28-12. The rest of the season played out like earlier in the season after that. The Tigers were competitive and had opportunities to pull out wins, but could not come up with a play or two when it was needed. The Tigers lost to Concordia Academy in the first round of the Class 4AA tournament 25-8. The Tigers were led by seniors Brandon Guptill, Cody McFee, Hudson Mell, Carl Sybrant, Beau Behrendt, Logan Niessen, and Nate Ramberg. There is a lot of returning players who saw plenty of playing time that will be the nucleus to the 2019 Rush City Tiger Team.

Northwoods

The North Woods Grizzlies came off a section championship in 2017 and began the 2018 season replacing positions held by the previous year's Seniors. Although inexperienced, North Woods had some solid athletes to fill various positions. The Grizzlies ended the regular season at 3-5. Four of the losses were to 9-man teams that were ranked in the top ten or qualified for the State Semi-finals. The other loss was an 11-man game versus I-Falls. North Woods was able to advance to the section semifinals where they lost at Cook County.

2019 will be the beginning of a new era at North Woods. The Grizzlies will be playing 11-man football. Numbers in the upper grades will be smaller than in the recent past, but numbers in the lower grades look promising. North Woods hopes to build a solid 1A program and remain a competitive football program.

Metro East

Woodbury won its first conference or sub-district championship with a 5-1 (9-2) Metro East record. The school, which opened play in 1975, also made its third trip to the state tournament all-time. The Royals were led by Metro East Defensive Most Valuable Player Joe Rossebo who terrorized offenses racking up 11 tackles for loss for the sub-district's top-ranked defense. Woodbury yielded just 195 yards and 17 points per game, aided by all district defensive performers Jenaro Wathum-Ocama, Raphael Orubo, and Cole Smutny. Offensively, the Royals led the league in rushing yards featuring Brock Rinehart (505 yards), Andrew Kraemer (298), and Jake Wenzel (278), anchored by offensive lineman Braden Prestholdt. A trio of three-year performers on special teams, including Cade Keesling (kicking 42 points), Drew Pearson (127 punt return yards), and Kraemer (32.5 yards per kickoff return) rounded out the first place finish. The Royals fell in the State 6A Quarterfinals to Lakeville South.

The Royals district rival, East Ridge, finished 4-2 in the sub-district with an overall record of 6-4. The Raptors had the top offense in the conference with 432 yards per game, almost 100 more per game than the next best offense. Metro East Offensive Player of the Year Zach Zebrowski completed 185 of 307 attempts (60.3%) for 2,410 yards, 17 touchdowns, and eight interceptions en route to a pile of school records. His favorite target, Simon Start, also led the league, nabbing 80 receptions for 976 yards and six touchdowns, while Alex Larson and Cam Ashford tallied nearly 1,000 yards combined in the regular season. Defensively, standout

Standings	District	Overall
Woodbury	5-1	9-2
East Ridge	4-2	5-3
Cretin Derham Hall	4-2	5-4
Mounds View	3-3	6-4
Roseville	2-4	3-6
Stillwater	1-5	2-7

linebacker Jack Mohler paced the defense. East Ridge advanced to the section championship game before losing to Eastview at home.

Also 4-2 in the Metro East was Cretin Derham Hall, who also finished 6-4 overall. CDH had league-leading running back Tony Underwood. The junior rushed 174 times for 931 yards and six touchdowns through eight games. The Raiders also had the second best passing attack in the Metro East behind second year starter Danny Callahan. The senior threw for 1,377 yards and 18 touchdowns with eight interceptions. His most reliable receiver was Gopher-commit Peter Udoibok who averaged 16.7 yards per catch with six touchdowns. The O-line was paced by Metro East Lineman of the Year Sam Harris. The Raiders lost in the first round of the playoffs at home to Lakeville South.

Mounds View finished 3-3 featuring wins against St. Michael-Albertville and East Ridge. The Mustangs had a stout defense led by all-Metro East performers Rowan Morgan (11 tackles for loss),

SUB-DISTRICT RECAPS

Chase and Charles Dressel, Nate Farm (four interceptions), and Ben Kettelhut (five interceptions). Mounds View surrendered just 243 yards and 15 points per game while creating a sub-district best 23 turnovers in eight games. MV finished 6-4, defeated by Eden Prairie in the section championship game.

White Bear Lake ended its 19-game losing streak with a 28-27 victory over Centennial to start the 2018 season. It was the Bears' first win since October 9, 2015 and a springboard to a .500 regular season. WBL boasted a big offensive line, led by Luke Parzyck and Zach Claussen who paved the way for Zach Griebel's 407 yards and eight touchdowns. They also protected Cooper Anderson who threw for 1,206 yards and 12 touchdowns. The season ended for the Bears in the first round at Maple Grove.

Roseville earned wins in its first two weeks against Anoka and gave Metro East Champion Woodbury its only regular season loss, 27-7, at Royal Stadium. They also edged Mounds View 10-7. Led by the second best offense and the third best defense, the Raiders record was deceiving losing three sub-district games by nine total points. Roseville ran the ball effectively (1,374 yards) with Brenden McMillan (5.1 yards per carry) and prevented opponents from doing the same (579 yards) behind Metro East Defensive Lineman of the Year Christen Hurt. Roseville's season ended at St. Michael-Albertville in the first round, finishing 3-6 overall.

Stillwater earned two wins in 2018, each coming down to the final play. The Ponies came back from 13 points down in the fourth quarter to edge Roseville and survived a last second goaline stand to shutout St. Michael-Albertville. The Ponies were

led by the second leading receiver Cooper Yearly with 614 yards and five touchdowns and defensive lineman Will Gleason who racked up nine tackles for loss. Stillwater lost 7-0 at Rosemount in the first round of the playoffs.

In 2017, the Metro East struggled in non-district play primarily against the Metro North with a record of just 3-11. The district played the same schedule but flipped that trend in 2018 going 10-4. The four defeats were at the hands of Blaine and Champlin Park.

Metro East totaled six players who competed in the Minnesota Football Coaches Association All Star Game, including Nate Farm and Rowan Morgan (Mounds View), Christen Hurt (Roseville), and Luke Parzyck (White Bear Lake) on the North team. The South roster included Jack Mohler and Simon Stark (East Ridge), Joe Rossebo (Woodbury), and Peter Udoibok (Cretin-Derham Hall).

Cretin Derham Hall Head Football Coach Brooks Bollinger stepped down after three seasons. He is replaced by 2003 Raider alum Chuck Miesbauer who recently served as Head Football Coach at Presentation College for two years. Miesbauer was a Raider assistant from 2008-2009.

Finally, we are proud of the Metro East's White Bear Lake Head Football Coach Ryan Bartlett who Tackled Cancer in 2018. Bartlett battled his treatments with cancer while coaching his players in off-season and season workouts, practices, and games. Congratulations Coach Bartlett and the White Bear Lake community!

East Central South

The East Central South Division had co-champions in 2018, Congratulations to both Annandale and Dassel-Cokato. Both teams finished 5 -1 in the division and finished 7 - 1 overall. Congratulations to Matt Walter of Annandale and Ryan Weinandt of Dassel-Cokato were named co-head coaches of the year. Assistant coaches of the year were Mark Kovall of Annandale and Patrick Schuette of Dassel-Cokato.

It was another great year for the South Division. Competition was well-played and made for very entertaining games throughout the year for the fans. Congratulations to Annandale for qualifying for the state tournament. They fell to Pierz in the first round. Fans will be out some great rivalry games next year though, with Delano being moved out of the district and replaced with Princeton. Princeton will be in the north division and New London Spicer is being moved from the north to the south for the

Standings	District	Overall
Dassel-Cokato.....	5-1	7-1
Annandale.....	5-1	7-1
Delano	4-2	5-3
Holy Family Catholic.....	3-3	5-3
Glencoe/Silver Lake.....	2-4	3-5
Litchfield	2-4	3-5
Watertown-Mayer	0-6	0-8

next two seasons. This year the South Division had co-MVP players Blake Johnson of Dassel-Cokato and Peyton Fobbe of Annandale.

Southwest District

The West sub-district championship was claimed by the Minneota Vikings with a perfect 6-0 mark in sub-district play while the Murray County Central Rebels claimed the East sub-district championship with a 5-1 sub-district record. Minneota defeated YME and Dawson Boyd to reach the Section 5A title game vs BOLD in a rematch of the 2017 title game. BOLD defeated Minneota this time around 49-7. The Section 3A title game featured 2 teams from the East sub-district; Springfield and MCC. Springfield avenged an earlier season loss to the Rebels by claiming the Section 3A crown 15-14. Springfield advanced to the state semi-final game where they were defeated by the eventual state champion, Mahanomen/Waubun.

There were a couple of players recognized for their individual accomplishments. Isaac Hennen of Minneota was a Mr. Football finalist and was chosen as a running back on the 3rd Team AP All-State Football team. Cooper Taylor (Wabasso CB) and Isaac Hennen (Minneota OLB) were chosen to represent the South Team in the Minnesota Football Showcase.

East Standings	District	Overall
MCC.....	5-1	6-2
TMB.....	4-2	6-2
New Ulm Cathedral.....	4-2	5-3
Springfield.....	4-2	4-4
Sleepy Eye	2-4	2-6
Wabasso	1-5	2-6
Adrian	1-5	1-7

West Standings	District	Overall
Minneota	6-0	8-0
Dawson-Boyd.....	5-1	7-1
Ortonville.....	4-2	5-3
LQPV	3-3	3-5
Canby.....	2-4	3-5
YME.....	1-5	2-6
Lakeview.....	0-6	2-6

Mid State

1. BOLD Warriors

Steve Solem (BOLD head coach) won the Mid State (Sub 2) title posting a perfect 7-0 record. They finished the season at 13-1. The Warriors averaged 52 points per game this season, while only yielding 8 points per game. This was Coach Solem's 33rd year as head coach of the BOLD Warriors and 39th year of coaching football overall. The BOLD Warriors went on to win the Section 5A Championship game over Minneota, and finished as Class A State runner-up to Mahanomen/Waubun. Congratulations to Coach Solem and the BOLD Warriors on a great season!

2. Minnewaska Lakers

The Minnewaska Lakers finished behind BOLD in the Mid-State standings with a record of 6-1 in Sub 2 play. Their lone loss coming to the BOLD Warriors. Minnewaska finished with an 8-3 record overall. The Lakers are coached by head coach Jeremy Christensen. Jeremy is in his 3rd year as head coach of the Lakers and 12th season overall. This season the Lakers scored 24 points per game and held opponents to 17 points per game.

3. Osakis Silverstreaks

Osakis, coached by Bill Infanger, finished the loop at 5-2 and 8-3 overall. This was Coach Infanger's 10th season as head coach of the Silverstreaks. Osakis averaged 24 points per game this season, while allowing 21 points per game.

4. Morris Area / Chokio Alberta

The MACA Tigers went 4-3 in Mid State (Sub 2) play and they finished the season at 6-4. Kevin Pope was once again at the helm for the Tigers. This was coach Pope's 6th year as head coach and 10th year of coaching football overall.

5. ACGC Falcons

David Blom finished his 5th year as head coach of the Falcons and 10th year overall. The Falcons finished in 5th place in the Mid State (Sub 2) District with a 3-4 record. ACGC averaged the second most points per game in District play with 27 points per game. Defensively, they gave up 25 points per game. The Falcons finished 5-5 overall.

6. Montevideo ThunderHawks

Dave Vik completed his 10th season as head coach of the ThunderHawks and 21st overall. Montevideo went 2-5 in District play and 2-7 overall.

7. Sauk Centre Mainstreeters

This was Brian Riley's 4th year as head head of the Mainstreeters and 17th year of coaching football overall. Sauk Centre finished the season 1-6 and 1-8 overall. The Mainstreeters averaged 24 points per game.

8. Benson Braves

The Braves went winless in 2018 but saw improvements from a year ago. The Braves lost in week 2 to Sauk Centre 56-60 and to Montevideo 35-34 in overtime in week 7. Scott Gonnerman finished his 18th year as head coach and 27th year of coaching football overall.

Midwest White

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It was another great year for the South Division. Competition was well-played and made for very entertaining games throughout the year for the fans. Congratulations to Annandale for qualifying for the state tournament. They fell to Pierz in the first round. Fans will be out some great rivalry games next year though, with Delano being moved out of the district and replaced with Princeton. Princeton will be in the north division and New



London Spicer is being moved from the north to the south for the next two seasons. This year the South Division had co-MVP players Blake Johnson of Dassel-Cokato and Peyton Fobbe of Annandale.

Suburban Gold

The regular season ended for the Suburban Gold District with a three way tie between Irondale, Robindale Cooper, and Spring Lake Park. Cooper took down Spring Lake Park, Spring Lake Park took down Irondale, and Irondale took down Cooper. The regular season also ended with those same teams ranked 8th-10th in the state for Class 5A. Ben Fuller, John Stewart, and Willie Howard all shared in District Coach of the Year Honors.

Standings

	District	Overall
Irondale.....	3 1.....	6-2
Robbinsdale Cooper.....	3 1.....	7-1
Spring Lake Park.....	3-1.....	6-2
Park Center.....	1-3.....	2-6
North St. Paul.....	0-4.....	0-8



Academic All-State Football Team Concept

Purpose of Awards – To promote and recognize academic achievement by Minnesota high school football teams in each classification.

Proposal – Team academic recognitions in each class will be awarded based on the following standards and procedures.

Criteria

GOLD AWARDS: A team must have a GPA of 3.26 or above for the past school year for their whole home official roster. (NO FRESHMAN)

SILVER AWARDS: A team must have a GPA of 3.0 - 3.25 for the past school year for their whole home official roster. (NO FRESHMAN)

Guidelines and Procedures

- * The teams and awards from each class will be chosen by the Academic All-State Team Committee.
- * A team must use all members on their official home roster in determining the team GPA. (may include Grades 10-12, no freshmen for small schools.)
- * Each player's name and GPA must be recorded and sent to the class representative.
- * A 4.00 system will be used and 4.00 will be the highest grade possible. No weighted grades.

* Grades will be rounded to two decimal points.

* Grades will be from the past full school year. No summer school or current fall grades should be included.

* Individual GPA's will be added together and divided by the number of team members to determine the team GPA. The team GPA must be included on the entry form.

* A school official (principal, councilor, etc.) must sign the form.

* To be eligible for the team academic awards, the head coach must be a current member of the MHSFCA.

* Forms must be submitted to the class representatives by November 1st and award winners must be submitted to the committee by November 8th.

INDIVIDUAL

Academic All-State Football - Player Guidelines and Procedures

A review of the Minnesota State Football Coaches Association's basic requirement for the team are:

- 1) Must be a senior varsity letterman for the current season who is a starter on either offense, defense or kicker.
- 2) The player must have outstanding football and leadership ability plus academic excellence.
- 3) Player must carry a 3.0 (4.0 scale) grade-point average in an academic core curriculum in his sophomore, junior and first quarter of the senior year.
- 4) Player shall not have any Minnesota State League eligibility penalties or infractions during his high school career.
- 5) Each class will select a team consisting of the number stated below:
9-Man=13 3A=16 6A=19
1A=14 4A=17
2A=15 5A=18
- 6) The teams will not be selected by position, but the committee will select the top football players of each class who meet the criteria stated above.
- 7) The Coach submitting the player application must be a member of the Minnesota State Football Coaches Association.

Guidelines & Procedures:

- 1) All applications should be typed or printed with correct names and data.
- 2) The selection committee must have a good summary of

not only the player's academic record, but the player's football accomplishments.

3) If the first quarter grades are not out for the applicant's senior year, his first quarter senior subjects must be listed.

4) All applications must be sent to your class academic team representative. If you have any problems, contact your class representative first. Please check the time deadlines on the application form.

Remember: This is your state's FOOTBALL COACHES ASSOCIATION'S endeavor.

Individual All-State Player Committee

Class	Name	School	Fax Number
6A	Mike Law	Blaine	763-506-6503
5A	Corey Shea	Waconia	952-442-0679
4A	Andy Rostberg	Hutchinson	320-587-0955
3A	Brian Odland	St. Peter	507-934-4783
2A	Scott Gonnerman	Morris	320-589-0679
1A	Wayne Petermeier	Browerville	320-594-8105
9M	Mike Mahlen	Verndale	218-445-5185
Chairman	Nick David, 218-262-0446	Mound Westonka davidn@westonka.k12.mn.us	

Reasons Why MSHSCA Membership is Beneficial - www.mshsca.org

- | | | |
|--|---|---|
| 1. Executive Director available to work for you on a daily basis. | Coach, the MSHSCA newsletter which contains information about and for coaches and their association's activities. | affiliated sport associations. |
| 2. Dues include a \$1,000,000 Liability Insurance for classroom and coaching. | | 14. Provides active representation and support on the MSHSL Board of Directors. |
| 3. Membership card is for admission at many high schools and colleges in Minnesota. | 8. Provides potential for clinics for any sport association that wishes assistance. | 15. Recognition for state team championships. |
| 4. Teams are eligible to earn Academic Team and Individual honors. | 9. Offers a national clinician exchange for our qualified high school clinicians. | 16. Opportunity for 25 Year Club and Life Membership of the MSHSCA. |
| 5. Provide scholarships for Minnesota High School students. | 10. Opportunity to be recognized as Minnesota Coach of the Year. | 17. Opportunity to be nominated and selected to the MSHSCA Hall of Fame. |
| 6. NOCAD membership creates revenue marketing that is helpful for the promotion of programs that benefit coaches and their athletes. | 11. Opportunity to be recognized as Minnesota Assistant Coach of the Year. | 18. United support for each other's programs. |
| 7. Four issues of The Minnesota Prep | 12. Delegate representation that allows coaches to remain fully updated on issues. | 19. Information available on MSHSCA Website. |
| | 13. Close working relationship with all | |

MSHSCA Membership Perks *Advanced reservations required. All packages & promotions are based on availability. Please mention this promotion at the time of reservation. Offer void with any other offers, discounts, groups or conventions.*

Sheraton Minneapolis West

Contact Lindsey at 952-960-3536

Ramada Plaza Minneapolis

612-331-1900 code L16

Country Inn and Suites - Plymouth

763-473-3008 (20% of regular rate)

Embassy Suites - Brooklyn Park

763-560-2700 hotel code MSPBR

Minneapolis Marriott West

952-544-4400

Doubletree Park Place Hotel

952-542-8600 \$89

Minnesota Zoo - Apple Valley

Corporate Rates - 20% OFF on all admissions

Call John Erickson for discount card, (H)218-847-6796

Liberty Mutual

Robert Ackermann -

763-543-4344 Automobile and homeowners insurance discounts available to MSHSCA members. Mention that you are with MSHSCA when calling.

Roseville Visitors Bureau Discounts

www.visitroseville.com

MEMBERSHIP MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION

All memberships run from Aug. 1 to July 31 This corresponds to the school year NOT the calendar year.

Procedure for Online Registration **You do not have to use a credit card to register online!*

- To begin, go to www.mshsca.org.
- Use the link for 2015-16 membership.
- Use the right hand side to join for the new members. Use left hand side for returning members.
- Login is your email address and your password is zzz if you did not change it last year.
- Follow the steps to join, on page 3, you will have to choose at least one sport association to support.
- On the last page, you will have a chance to choose your method of payment. (check, money order OR credit card)
- Print your receipt.
- The receipt can be for your business office if the school is paying with one check.
- The last step is to click finish.

Questions: Please call 218-847-6796 or email john.wayne1948@gmail.com with questions

Please do not hesitate to call, we work out of our home and should be home most of the time to answer your questions.

Thank you for using our online system,

Schumacher

Please note: if you choose to pay by check or money order, your card will be sent when payment is received.

INDIVIDUAL APPLICATION

Academic All-State Player

Name of Applicant _____ Grade _____

Birthday: Month _____ Day _____ Year _____ Height _____ Weight _____

School _____ Coach _____

Football position played as a Starter Offense: _____ Defense: _____

Circle Class: 9-Man 1A 2A 3A 4A 5A 6A Kicking Game: _____

Accumulative High School G.P.A. _____ Attach a Transcript or list subjects completed or enrolled in.

Grade 10 Subjects	Grade 11 Subjects	1st Quarter Senior Subjects
1. _____	1. _____	1. _____
2. _____	2. _____	2. _____
3. _____	3. _____	3. _____
4. _____	4. _____	4. _____
5. _____	5. _____	5. _____
6. _____	6. _____	6. _____
7. _____	7. _____	7. _____

Use a 4.00 Scale for G.P.A.

Pursuant to the provision of PL 93-380 (Family Educational Rights and Privacy Act of 1974), I hereby grant permission to release a copy of my academic record and G.P.A. average for use by the Minnesota Football Coaches Association in selecting the Academic All-State Team.

Signature of Parent or Student Applicant if 18 years or older

PLAYER INFORMATION

Coaches: Please use the following format to submit data for your applicant.

School Background Information:

- 1) List academic honors.
- 2) List other school activities and leadership role in school.
- 3) List other sports with varsity participation.

Football Information:

- 1) Football position: List in order of which player has best demonstrated ability (offense defense kicking game).
- 2) List all football honors - previous and this season.
- 3) Statistics (list stats from this season and career totals). Mention any school or conference records. Mention if a lineman has any team stats that may be pertinent to the team's success.
- 4) Coaches comment: Please submit a short letter to the academic team selection committee describing your player in terms of ability performance potential character and what makes this football player special.

Time Deadlines:

- 1) All applications must be in the hands of the class representatives by Nov. 1.
- 2) Class selection committees must have teams picked by Nov. 1 and sent to the academic chairman.
- 3) Class representatives must notify all team selections by Nov. 1.

Send Individual Application to (Fax Numbers):

6A	Mike Law	Blaine	763-506-6503
5A	Corey Shea	Waconia	952-442-0679
4A	Andy Rostberg	Hutchinson	320-587-0955
3A	Brian Odland	St. Peter	507-934-4783
2A	Scott Gonnerman	Morris	320-589-0679
1A	Wayne Petermeier	Browerville	320-594-8105
9M	Mike Mahlen	Verndale	218-445-5185
Chairman	Nick David,	Mound Westonka	
	218-262-0446	davidn@westonka.k12.mn.us	

2018 ACADEMIC ALL STATE TEAMS

GOLD TEAM RECOGNITION

Team	Coach	Team	Coach	Team	Coach
9-Man		Class 2A		Class 5A	
Hancock Chad Christianson		Eden Valley - Watkins Jon Thielen		Moorhead..... Kevin Feeney	
Nicollet Tom Murphy		Morris Area - Chokio/Alberta Kevin		Owatonna Jeff Williams	
Mountain Lake Area Tim Kirk		Popest. Clair/Loyola Dustin Bosshart		Waconia Corey Shea	
Verndale..... Mike Mahlen		Hawley..... Peder Naatz		Northfield..... Bubba Sullivan	
Brandon-Evansville Tim Pattrin		Chatfield Jeff Johnson		Class 6A	
Win-E-Mac Aaron Cook		Barnesville Bryan Strand		Cretin Derham Hall Brooks Bollinger	
Grand Meadow..... Tim Pattrin		Class 3A		Lakeville North Brian Vossen	
Class 1A		Albany Mike Kleinschmidt		Lakeville South Tyler Krebs	
Heron Lake-Okabena/Fulda Jared Bourquin		St. Cloud Cathedral Mark Chamernick		Farmington Adam Fischer	
Fertile-Beltrami Brian Nelson		Two Harbors Tom Nelson			
Bethlehem Academy Jim Beckmann		Breck..... Jon Martin			
		Pierz..... Leo Pohlkamp			

SILVER TEAM RECOGNITION

Team	Coach	Team	Coach	Team	Coach
9 Man		Lewiston-Altura..... Brent Olson		Benilde St. Margaret Jon Hanks	
Underwood Chuck Ross		Rush City Joe Lattimore		Mankato East Eric Davis	
Russell-Tyler-Ruthton Joshua Fredrickson		Medford Jerome Johannes		Faribault Ned Louis	
Park Christian Lawton Burgstahler		Pipestone..... Clay Anderson		Rocori..... James Herberg	
Red Rock Central..... Isaac Jenniges		Caledonia Carl Fruechte		Class 5A	
Nce-Uh Dustin Flaten		Triton..... Mike Ellingson		Monticello Jason Telecky	
Cromwell Jeff Gronner		Maple Lake..... Tim Knudsen		Bemidji Troy Hendricks	
Stephen-Argyle Central..... Ethan Marquis		Class 3A		Mankato West J. J. Helget	
Class 1A		Virginia Ed Cremers		Hastings Dana Strain	
Blooming Prairie Chad Gimbel		Luverne Todd Oye		Alexandria Mike Empting	
Goodhue..... Tony Poncelet		Byron..... Ben Hadler		Chanhassen Mike Bailey	
Pelican Rapids..... David Haugen		Perham Kyle Knutson		Brainerd..... Ron Stolski	
Lake Park-Audubon Brian Robertson		Pine City..... Jared Polzin		Andover Rich Wilkie	
Parkers Prairie John Sieling		Pequot Lakes..... Bill Magnuson		Cambridge-Isanti..... Shane Weibel	
Ada-Borup Paul Tinjum		Rockford..... Dan Houghton		Chisago Lakes Bill Weiss	
Minneota Chad Johnston		Worthington Gene Lais		New Prague Jake Norby	
Red Lake County..... Brian Remick		Proctor Derek Parendo		Elk River..... Steve Hamilton	
Ottertail Central Eric Olson		Belle Plaine..... Joe Joyce		Rochester Century Jon Vik	
Wabasha-Kellogg Tim Klingbeil		Class 4A		Sartell..... Scott Hentges	
Randolph..... Mike Schmidt		Orono..... Jeff Weiland		Class 6A	
Deer River Brent Schimek		Foley Dave Dahlstrom		Eastview Kelly Sherwin	
Upsala-Swanville Area Jay Loven		Wilmar Jon Konald		Eden Prairie..... Mike Grant	
Kerkhoven-Murdock-Sunburg..... Matt Fragodt		Dassel Cokato Ryan Weinandt		St. Michael-Albertville Jared Essler	
Cedar Mountain Comfrey Dwane Jemmings		Marshall..... Terry Bahlmann		Eastridge Dan Fritze	
Class 2A		Waseca Brad Wendland		Eagan Ben Hanson	
Gibbon-Fairfax-Winthrop . Pat Hentges		Holy Angels..... Jim Gunderson		Woodbury Andrew Hill	
Benson..... Scott Gonnerman		Fergus Falls Steve Olson			
Tracy-Milroy-Balaton Jason Kainz		Grand Rapids..... Greg Spahn			

2018 ACADEMIC ALL STATE INDIVIDUALS

9 Man

Tate Bounds Verndale
 Brekken Lindberg Win-E-Mac
 Jaden Kiesow Grygla
 Aaron Peterson .. Kittson County Central
 Cooper Hansen .. Russell-Tyler-Ruthton
 Carter Hansen ... Russell-Tyler-Ruthton
 Drew Libbon..... Cromwell-Wright
 Josh Chadderdon Nicollet
 Trey Hungerholt LeRoy-Ostrander
 Peyton Rohloff..... Hancock
 Garrett Raymon..... Hills-Beaver Creek
 Andrew Quade..... Westbrook-Walnut Grove
 Drake Harder Mountain Lake Area

Class 1A

Carter Danielson Goodhue
 Frank Villeneuve Deer River
 George Bias..... United South Central
 Seth Peterson..... Blooming Prairie
 Isaac Fink Springfield
 Regan Carlson..... Kerkhoven-Murdock-Sunburg
 Dakota John Adrian
 Eli Samuelson ... Cedar Mountain-Comfrey
 Dakota Qualley Fertile-Beltrami
 Travis Yohnke Parkers Prairie
 Hayden Tersteeg BOLD
 Thomas Hennen Minneota
 Hayden Christenson ... Pelican Rapids
 Jared Brainard Ada-Borup

Class 2A

Isaak Knutson..... Triton
 Chase Libak..... Hawley
 Payton Schott..... Caledonia
 Hunter Gonnerman Benson
 Christopher Schell Lewiston-Altura
 Mitch Utecht..... Eden Valley-Watkins
 Charlie Boldingh Breckenridge
 Jaret Johnson..... Morris Area/
 Chokio-Alberta Alex Lange.... Holdingford
 Ben Graupman Lake Crystal-Wellcome

Memorial Noah Scruin ... St. Clair/Loyola
 Ryan Amundson Minnewaska Area
 Max Weidner..... Paynesville Area
 Parker Jones St. James Area
 Alexander Buckmeier NRHEG

Class 3A

Dawson Flatley Virginia
 Jack Zupetz Virginia
 Ben Buttweiler Albany
 Gabriel Zierden Albany
 Hunter Butkowski..... Albany
 Ty Moser..... Perham
 Colton Kostynick..... Perham
 Steven Keech Two Harbors
 Jayden Ruberg..... Two Harbors
 Caleb Christensen..... Byron
 Jacob Zay..... Holy Family
 Samuel Barnack..... Tri-City United
 Hayden Berhow..... Fairmont
 Myles Johnson..... Thief River Falls
 Luke Perkovich..... Thief River Falls
 Peyton Fobbe..... Annandale

Class 4A

Jimmy Buck..... Orono
 Caden Link..... Delano
 Mitch Hendrickson..... Holy Angels
 Blake Johnson Dassel-Cokato
 Thomas Wurdemann.... North Branch
 Kris Kurtz Mound-Westonka
 Brockton Jordahl..... Hutchinson
 Luke Moberg St. Paul Johnson
 Ryan Kuechle Mankato East
 Max Lefebvre Foley
 Josiah Lossow..... Minneapolis South
 Joe Hage Waseca
 Joseph Marinaro..... Benilde-St. Margaret's
 Jake Evans..... Willmar
 Kaj Fritsch Becker
 Garsen Schorr..... Kasson-Mantorville
 Bryce Paulso Marshall

Class 5A

Ryan Bieberdorf..... Bemidji
 Matthew Brodeur Andover
 Kevin Egbujor..... Elk River
 Nick Gerlach St. Francis
 Brett Hague..... Brainerd
 Carter Hanson Monticello
 Noah Kullmann Hastings
 Justin Lian St. Francis
 Jack Murphy Rochester Mayo
 Ryley Nelson..... Cambridge-Isanti
 Cade Plath Chanhausen
 Andrew Rowader..... Minneapolis Southwest
 Carson Sawatzke..... Monticello
 Jacob Schloe..... Sauk Rapids-Rice
 Garrett Shumski..... Mankato West
 Mitchell Stanchina Northfield
 Lucas Warner Mankato West
 Blake Woodson New Prague

Class 6A

Jason Kau..... Blaine
 Bennett Otto..... Champlin Park
 Marcus Shepley Bursville
 Matthew Schoessow Forest Lake
 Ethan Rice St. Michael-Albertville
 Erik Weckman..... Lakeville North
 Treyton Welch Buffalo
 Joe Rossebo Woodbury
 Caden Fey Eden Prairie
 Kameron Werk Rosemount
 Aaron Rose Lakeville South
 Jordan Poppe..... Centennial
 Ryan Meekin..... Eagan
 Aaron Syverson Minnetonka
 Sam Lewison..... Eastview
 Nick Basten East Ridge
 Matt Cavanagh Edina
 Justin Diede Shakopee
 Rajiv Redd Cretin-Derham Hall

2018 PREP BOWL

9-Man

Spring Grove 32 - Mountain Lake 0

Spring Grove, coached by Zach Hauser, defended their Class 9 Man title with a 40-18 victory over Mountain Lake Area on Friday, Nov. 23 at U.S. Bank Stadium.

Senior quarterback Alex Folz, Spring Grove's led the Lions with 263 rushing yards on 30 carries and scored four TD's to lead the Lions (14-0) to their second championship in four state tournament appearances. Mountain Lake, coached by Tim Kirk, completed their season with a 12-1 record.

Class A

Mahnomen/Waubun 22 - BOLD 21

First-year co-op Mahnomen/Waubun began their inaugural season by winning the Class A title with an exciting 22-21 victory over BOLD in the title game on Saturday, Nov. 24 at U.S. Bank Stadium.

The Thunderbirds, coached by John Clark (13-0) scored a TD with five minutes to play and then opted for a two point conversion that proved to be the winning margin. BOLD,(12-1) coached by Steve Solem in his last season as the Warriors head coach, attempted a last minute comeback that just fell short.

Class AA

Caledonia 21 - Barnesville 0

Caledonia,(13-0)coached by Carl Fruechte, won their fourth consecutive title with a 21-0 victory over Barnesville,(11-3) coached by Bryan Strand. The win also continued the Warriors consecutive wint streak to 54 games.

The game was much closer than the final score indicates as the two teams played inspired defense for most of the game and Caledonia held a slim 7-0 lead until late in the game with the Warriors scored two quick TD's for the final margin.

Class AAA

Rochester Lourdes 24 - Fairmont 7

Rochester Lourdes(14-0), coached by Mike Kessler, won the Class AAA title with a 24-7 victory over Fairmont(11-2) coached Mat Mahoney. The win gave Lourdes its fourth state title in the last ten years.

The game was a defensive battle for over half the game with the two teams tied 7-7 until the Eagles staged a 2nd half surge that saw them score the final 17 points of the game.

Class AAAA

SMB 44 - Willmar 18

SMB,(13-0)a football co-op that combines students from St. Paul Academy, Minnehaha Academy and The Blake School, won the Class AAAA championship with a 44-18 victory over Willmar(11-2). SMB is coached by Colin Quinn and Willmar is coached by Jon Konold.

SMB led throughout the contest and was led by QB/DB Jalen Suggs, who accounted for 5 TD's.

Class AAAAA

Owatonna 14 - St. Thomas Academy 3

The Owatonna Huskies(13-0), coached by Jeff Williams, won their third state title since 2013 with a 14-3 win over the St. Thomas Academy Cadets(12-1), coached by Dan O'Brien.

The Cadets held a slim 3-0 lead in the second half before star RB Jason Williamson broke the game open for the Huskies with two long TD runs.

Class AAAAAA

Lakeville North 28 - Eden Prairie 21

Lakeville North(13-0), coached by Brian Vossen, won their first ever state title with a well played, exciting game over the Eden Prairie Eagles,(10-2) coached by Mike Grant.

The final score was 28-21 as North scored a TD in the 3rd quarter to break a 21-21 tie and then the defenses took over for the rest of the game.

2018 Playoff Results

CLASS 6A PLAYOFFS

Eden Prairie	15				
Minnetonka	13	Eden Prairie	34		
Eastview	14			Eden Prairie	21
Blaine	42	Blaine	14		
Woodbury	14				Lakeville North
Lakeville South	28	Lakeville South	13		6A State Champion
St. Michael-Albertville	8			Lakeville North	28
Lakeville North	35	Lakeville North	35		

CLASS 5A PLAYOFFS

SECTION CHAMPIONS					
Owatonna	42				
Chaska	27	Owatonna	39		
Elk River	23			Owatonna	14
Spring Lake Park	21	Elk River	8		
Bemidji	51				Owatonna
Cambridge-Isanti	15	Bemidji	21		5A State Champion
St. Thomas Academy	35			St. Thomas Academy	3
Tartan	14	St. Thomas Academy	33		

CLASS 4A PLAYOFFS

SECTION CHAMPIONS

SMB 14

Delano 7

Winona 7

Waseca 49

St. Anthony 22

St. Paul Johnson 24

Hermantown 0

Willmar 44

SMB 23

Waseca 15

St. Paul Johnson 20

Willmar 62

SMB 44

Willmar 18

SMB

4A State Champion

CLASS 3A PLAYOFFS

SECTION CHAMPIONS

Pierz 60

Annadale 12

Rochester Lourdes 24

Jordan 0

Perham 48

Two Harbors 17

Fairmont 27

Cannon Falls 21

Pierz 20

Rochester Lourdes 25

Perham 14

Fairmont 29

Rochester Lourdes 24

Fairmont 7

Rochester Lourdes

3A State Champion

CLASS 2A PLAYOFFS

SECTION CHAMPIONS

Caledonia 41

NRHEG 0

Pillager 14

Paynesville 52

Barnesville 40

Moose Lake-Willow River 0

Minneapolis North 20

Redwood Valley 12

Caledonia 40

Paynesville 6

Barnesville 34

Minneapolis North 20

Caledonia 21

Barnesville 0

Caledonia

2A State Champion

CLASS 1A PLAYOFFS

SECTION CHAMPIONS

BOLD 50

Otter Tail Central 6

Blooming Prairie 42

United South Central 0

Lester Prairie/Holy Trinity 14

Springfield 13

Mahnomen/Waubun 22

Deer River 24

BOLD 37

Blooming Prairie 7

Springfield 0

Mahnomen/Waubun 38

BOLD 21

Mahnomen/Waubun 22

Mahnomen/Waubun

A State Champion

CLASS 9-MAN PLAYOFFS

SECTION CHAMPIONS

Spring Grove 27

Russell-Tyler-Ruthon 26

Cromwell-Wright 14

Norman County East 7

Stephen-Argyle Central 20

Mountain Iron-Buhl 28

Verndale 6

Mountain Lake Area 23

Spring Grove 48

Cromwell-Wright 12

Mountain Iron-Buhl 8

Mountain Lake Area 42

Spring Grove 40

Mountain Lake Area 18

Spring Grove

9-Man State Champion

CLASS 6A CHAMPION - LAKEVILLE NORTH



CLASS 5A CHAMPION - OWATONNA



CLASS 4A CHAMPION - SMB



CLASS 3A CHAMPION - ROCHESTER LOURDES



CLASS 2A CHAMPION - CALEDONIA



CLASS 1A CHAMPION - MAHNOMEN-WAUBON



CLASS 9-MAN CHAMPION - SPRING GROVE



ANNOUNCING A FOOTBALL SHOWCASE



47th Annual Minnesota High School MFCA / VIKING TACKLE CANCER

ALL STAR FOOTBALL GAME

DECEMBER 2019

US BANK STADIUM, MINNEAPOLIS, MN

A Celebration of the Keepers of the Game!

- | | |
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| • Youth Clinics | • Selected Tours |
| • A Salute To All-Star Alumni With A Special Alumni Gathering | • Photo Ops With Viking Cheerleaders |
| • The First Ever All Mfca Membership Meeting | • Viking Player Autographs |
| | • Bands, Dancelines |

★ ★ ★ Sponsored by the MFCA and the Minnesota Vikings ★ ★ ★

46th Annual Minnesota High School

3:00 P.M. SATURDAY, DECEMBER 8, 2018 • U.S. BANK STADIUM, MINNEAPOLIS

MINNESOTA FOOTBALL SHOWCASE

2018 Game Summary

SOUTH: 33

Chad Clendening, Apple Valley

NORTH: 12

Kevin Feeney, Moorhead

Jaylen Newton, of Cretin-Derham Hall, keyed the victory for the South team as he scored three touchdowns to help the South get a 28-14 victory over the North team. The game was played at U.S. Bank Stadium in December, through the cooperation of the Minnesota Vikings organization and the MFCA.

Newton had eight catches for 131 yards and two touchdowns, and added a 40-yard touchdown pass and he was named the South Offensive MVP.

The game featured 90 of the top high school senior football players from across the state of Minnesota, who are divided into a "North vs. South" format.

Newton threw a TD pass and later caught a 7-yard touchdown pass in the third quarter as the South claimed a 14-0 lead.

But the North rallied back behind a pair of rushing touchdowns. Moorhead RB Otis Weah helped begin the comeback with an 18 yard TD run in the third quarter. Then DeLaSalle running

back Sage Booker later tied the game with a 1-yard touchdown run.

Grand Meadow running back Zach Myhre put the South back on top for good with a one yard TD run in the fourth quarter.

Minnetonka linebacker Ty Barron was the South Defensive MVP. Minneapolis North safety Tayler Johnson was the North Defensive MVP while Weah was the North Offensive MVP.

The Minnesota Football Showcase was the second time that the 45th annual Minnesota Football Coaches Association Tackle Cancer All-Star Football Game was held at U.S. Bank Stadium through teamwork by the MFCA and the Vikings.

The South improved to 14-10-1 under the current format.

Sponsored by
Minnesota Football Coaches Association

Your support helps benefit
the MFCA Award Activities.
Thanks for helping!

Dave Fritze
Game Manager



2018 NORTH ALL-STAR FOOTBALL

1	Omar Brown	Minneapolis North	DB	Charles Adams
2	Jenson Beachy	Perham	QB	Kyle Knutson
3	Julian Wright	DeLaSalle	DB	CJ Hallman
4	Treyton Welch	Buffalo	WR	Todd Bouman
5	Jaden Morton	Providence Academy	ILB	Colin Rooney
6	Daimarion Nelson	St. Paul Johnson	FB	Eric Moberg
8	David Roddy	Breck	QB	Jon Martin
9	Camden Arndt	Morris Area/Chokio Alberta	RB	Kevin Pope
10	Kevin Egbujor	Elk River	DB	Steve Hamilton
11	Ryan Bieberdorf	Bemidji	WR	Troy Hendricks
15	Jimmy Buck	Orono	WR	Jeff Weiland
18	Braden Tretter	Sauk Rapids-Rice	WR	Phillip Klaphake
19	Rowan Morgan	Mounds View	DE	Aaron Moberg
20	Travis Yohnke	Parkers Prairie	TE	John Sieling
21	Reese Kapsner	Pierz	RB	Leo Pohlkamp
22	Jason Kaul	Blaine	DB	Ben Geisler
24	Matt Koshiol	Rocori	OLB	Coach Herberg
26	Evan Hull	Maple Grove	RB	Matt Lombardi
27	Gerald Shepherd	Robbinsdale Armstrong	OLB	Jack Negen
28	Parker Freiberg	Irondale	RB	Ben Fuller
29	Nate Farm	Mounds View	DB	Aaron Moberg
31	Adam Nelson	Elk River	OLB	Steve Hamilton
34	Dominic Klaas	Duluth Denfeld	ILB	Frank Huie
35	Kris Kurtz	Mound Westonka	ILB	Nick David
36	Joey Janke	South Ridge	ILB	Brent Johnson
49	Erik Bjork	Mahtomedi	ILB	Dave Muetzel
52	Hayden Carr	Champlin Park	OG	Nick Keenan
55	Thomas Kaste	Underwood	DT	Chuck Ross
56	Luke Kubesh	Totino-Grace	DT	Jeff Ferguson
58	Andrew Eklund	Aitkin	DE	Allan Hills
60	John Noll	Centennial	DT	Mike Diggins
61	Luke Parzyck	White Bear Lake	OG	Ryan Bartlett
65	Tucker Budreau	Zimmerman	OC	Tom Kish
66	Jacob Lindemann	Roseau	OG	Jeremy Lindemann
69	Christen Hurt	Roseville	DE	Chris Simdorn
70	Carter Thuringer	Tartan	OC	Matt Diediker
72	Zach Zarembinski	Hill Murray	OT	Pete Bercich
73	Brandon Westberg	Cambridge-Isanti	OT	Shane Weibel
75	Brandon Gustafson	Becker	OT	Dwight Lundeen
77	Joey Lombard	Anoka	OT	Jeff Buerkle
78	Kyle Downs	Monticello	OG	Jason Telecky
82	Payton Madison	New London-Spicer	FB	Dan Essler
84	DeVonne Harris	Big Lake	DE	Steven Girard
89	Steven Keech	Two Harbors	DT	Tom Nelson
99	Lucas Becker	Blaine	OT	Ben Geisler

NORTH COACHES

Head Coach:
Kevin Feeny,
Moorhead

Assistants:
Tom Lenarz, Cloquet
Todd Johnson, Mahnommen/Waubon
Dave Muetzel, Mahtomedi

Mike Labine, Detroit Lakes
Mike Cross, Elk River

2018 SOUTH ALL-STAR FOOTBALL

Num	Name	School/City	Position	Coach
1	Ben Limburg	Rochester Lourdes	K	Mike Kesler
2	Jacob Bennett	Zumbrota-Mazeppa	DB	Darin Raasch
3	Corbin Leflay	Hastings	RB	Dana Strain
4	Evan Geiwitz	Rosemount	DB	Jeff Erdman
5	Andrew Reuter	Rosemount	WR	Jeff Erdmann
6	Aaron Syverson	Minnetonka	QB	Dave Nelson
7	Cade Plath	Chanhassen	ILB	Mike Bailey
8	Marcus Shepley	Burnsville	DB	Vince Varpness
9	Payton Shafer	Park	RB	Darin Glazier
10	Will Koppi	Waconia	WR	Corey Shea
11	Simon Stark	East Ridge	WR	Dan Fritze
12	Cole Kramer	Eden Prairie	QB	Mike Grant
14	Terrell Hall	Winona	DB	John Casselius
15	Mitch Hendrickson	Academy of Holy Angels	TE	Jim Gunderson
16	Thomas Mergen	Rochester Century	FB	Jon Vik
20	Joshua Navratil	Pine Island	RB	John Stapleton
21	Pat Leary	Rochester Lourdes	DB	Mike Kesler
22	Jason Williamson	Owatonna	RB	Jeff Williams
23	Nick McCabe	Caledonia	ILB	Carl Fruechte
24	Landon Strong	Sleepy Eye	OLB	Cory Haala
27	Zac Ringnell	Fairmont	OLB	Mat Mahoney
28	Bentley Boike	Dawson-Boyd	DE	Cory Larson
32	Michael Herbst	Prior Lake	OLB	Matt Gegenheimer
33	Logan Hofstedt	Cannon Falls	DE	Dan Meyers
34	Matt Cavanagh	Edina	DB	Derrin Lamker
42	Mitchell Stanchina	Northfield	WR	Bubba Sullivan
44	Clay Herding	Mankato West	ILB	Jeffery Helget
48	Joe Rossebo	Woodbury	ILB	Andy Hill
50	Alex Buckmeier	N.R.H.E.G.	OG	Marc Kruger
55	Koffi Gbekte	Bloomington Kennedy	OT	Jon Anderson
57	Isaac Schmitt	Marshall	OG	Terry Bahlmann
58	Latrell Bible	Minneapolis Washburn	OT	Ryan Galindo
59	Garrett Shumski	Mankato West	OT	Jeffery Helget
61	Andrew Mollison	SMB Wolfpack	DE	Colin Quinn
67	Matthew Olsem	Waseca	DT	Brad Wendland
70	Christopher Lewis	Owatonna	DT	Jeff Williams
71	Michael Galgano	Minnetonka	OG	Dave Nelson
72	Jack Hansen	Lakeville North	OC	Brian Vossen
73	Riley Weis	BOLD	OT	Steve Solem
74	Ethan Jackman	Chaska	DT	Bryan Dahl
75	Quinn Carroll	Edina	OT	Derrin Lamker
77	Jason Samec	Saint Thomas Academy	OG	Dan O'Brien
82	Ethan Matzke	Spring Grove	TE	Zach Hauser
84	Peter Udoibok	Cretin Derham Hall	WR	Brooks Bollinger
91	Will Mostaert	Lakeville North	TE	Brian Vossen
95	Kyle Atkinson	Burnsville	DT	Vincent Varpness
99	Jack Mohler	East Ridge	ILB	Dan Fritze

SOUTH STAFF

Head Coach:
Chad Clendening,
Apple Valley

Assistants:
Mike Gaffney, Yellow Medicine East
Jon Hanks, Benild-St. Margrets

Joe Kemp, Wabasso
Zach Hauser, Spring Grove
Trevor Narum, Lake City