



# COVID RTP Protocols

## For Parents & Players

Thank you for following these protocols to help keep our players on the field and healthy! If you have questions or believe you or your child has been exposed to COVID, please contact the appropriate CRC (below) immediately.

Boys COVID-19 Response Coordinator	Girls COVID-19 Response Coordinator
<p style="text-align: center;">Rachel Lasselle  <a href="mailto:rlasselle@ovfalliance.com">rlasselle@ovfalliance.com</a>            541-207-7129 (cell)</p>	<p style="text-align: center;">Libby Tenbusch  <a href="mailto:ltenbusch@ovfalliance.com">ltenbusch@ovfalliance.com</a>            503-703-2752</p>

### What to do BEFORE practice

FOR PLAYERS	FOR PARENTS
<ul style="list-style-type: none"> <li>- Pack your bag with all required equipment</li> <li>- Use the restroom and wash your hands</li> <li>- If you or a member of your household is sick, don't come!</li> <li>- Follow entrance and exit protocols</li> <li>- Wear a mask/face covering when entering</li> </ul>	<ul style="list-style-type: none"> <li>- Help ensure the player's gear is all clean.</li> <li>- Help pack bag with all required equipment.</li> <li>- Remind player(s) to use the restroom and wash your hands before leaving.</li> <li>- Ensure the player is not sick; take temperature and stay home if at or above 99.9°F.</li> </ul>

### What to do AT practice

FOR PLAYERS	FOR PARENTS
<ul style="list-style-type: none"> <li>- Check in with coach &amp; use hand sanitizer</li> <li>- Maintain 6ft social distances when not playing</li> <li>- Wear a mask when unable to maintain distances and while in contact activities</li> <li>- Don't touch equipment that doesn't belong to you (team gear or other players' gear)</li> <li>- Listen and follow all coach &amp; staff instruction</li> <li>- HAVE FUN!</li> <li>- Return directly to vehicle after practice ends</li> </ul>	<ul style="list-style-type: none"> <li>- Follow drop-off and pick-up protocols.</li> <li>- Do not enter the facility.</li> <li>- Help ensure player personal hygiene (shower &amp; gear washed) upon returning home.</li> <li>- If you need to communicate with a coach, please reach out by email or phone first.</li> </ul>