



MINNESOTA STATE HIGH SCHOOL LEAGUE

Section 2AAA Track & Field Day 1 Wednesday, May 28, 2025

Coach's meeting: 2:30pm

Running Events

- 4:30 Girls 100M HH Prelims (3 heats, heat winners & next 5 fastest times advance to finals)
- 4:45 Boys 110M HH Prelims (3 heats, heat winners & next 5 fastest times advance to finals)
- 4:55 Girls 100M Prelims (3 heats, heat winners & next 5 fastest times advance to finals)
- 5:05 Boys 100M Prelims (3 heats, heat winners & next 5 fastest times advance to finals)
- 5:15 Girls 400M Prelims (3 heats, heat winners & next 5 fastest times advance to finals)
- 5:25 Boys 400M Prelims (3 heats, heat winners & next 5 fastest times advance to finals)
- 5:45 Girls 300M Low Hurdles (3 heats, heat winners & next 5 fastest times advance to finals)
- 6:00 Boys 300M Intermediate Hurdles (3 heats, heat winners & next 5 fastest times advance to finals)
- 6:15 Girls 800M Prelims (3 heats, heat winners & next 5 fastest times advance to finals)
- 6:35 Boys 800M Prelims (3 heats, heat winners & next 5 fastest times advance to finals)
- 6:50 Girls 200M Prelims (3 heats, heat winners & next 5 fastest times advance to finals)
- 7:00 Boys 200M Prelims (3 heats, heat winners & next 5 fastest times advance to finals)
- 7:10 Girls 3200 Finals (1 heat)
- 7:25 Boys 3200 Finals (1 heat)

Field Events Prelims and Finals (2 flights for prelims, 3 trials, 9 qualifiers for finals, 8 score)

Boys Triple Jump *Flight 1: 3:30-4:05 Flight 2: 4:20-4:55 Finals 5:10-5:40*

Girls Long Jump *Flight 1: 3:30-4:05 Flight 2: 4:20-4:55 Finals 5:10-5:40*

Boys Shot Put *Flight 1: 3:30-4:05 Flight 2: 4:20-4:55 Finals 5:10-5:40*

Girls Discus *Flight 1: 4:00-4:35 Flight 2: 4:50-5:25 Finals 5:40-6:10*

Boys Pole Vault & Girls High Jump 3:30pm start time



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Section 2AAA Track & Field - Day 2 Friday, May 30, 2025

Coach's Meeting: 2:30pm

Running Events

- 4:30 Girls 4x800M Relay
- 4:42 Boys 4x800M Relay
- 4:52 Girls 100M HH Final (Awards to immediately follow)
- 5:00 Boys 110 M HH Final (Awards to immediately follow)
- 5:05 Girls 100M Final (Awards to immediately follow)
- 5:08 Boys 100M Final (Awards to immediately follow)
- 5:15 Girls 4x200M Final (Awards to immediately follow)
- 5:20 Boys 4x200M Final (Awards to immediately follow)
- 5:25 Girls 1600 Finals (2 heats) (Awards to immediately follow)
- 5:35 Boys 1600 Finals (2 heats) (Awards to immediately follow)
- 5:45 Girls 4x100M Final (Awards to immediately follow)
- 5:50 Boys 4x100M Final (Awards to immediately follow)
- 6:00 Girls 400M Final (Awards to immediately follow)
- 6:05 Boys 400M Final (Awards to immediately follow)
- 6:15 Girls 300M Low Hurdles Final (Awards to immediately follow)
- 6:20 Boys 300M Intermediate Hurdles Final (Awards to immediately follow)
- 6:25 Girls 800M Final (Awards to immediately follow)
- 6:30 Boys 800M Final (Awards to immediately follow)
- 6:35 Girls 200M Final (Awards to immediately follow)
- 6:40 Boys 200M Final (Awards to immediately follow)
- *Break to give remaining Awards
- 6:55 Girls 4x400 Final (Awards to immediately follow)
- 7:00 Boys 4x400 Final (Awards to immediately follow)
- 7:10 Trophy presentation to Championships teams & runner up teams

Field Events Prelims and Finals (2 flights for prelims, 3 trials, 9 qualifiers for finals, 8 score)

Girls Triple Jump & Boys Long Jump (Awards to immediately follow finals)

Flight 1: 3:30-4:05 Flight 2: 4:20-4:55 Finals 5:10-5:40

Girls Shot Put (Awards to immediately follow finals)

Flight 1: 3:30-4:05 Flight 2: 4:20-4:55 Finals 5:10-5:40

Boys Discus (Awards to immediately follow finals)

Flight 1: 4:00-4:35 Flight 2: 4:50-5:25 Finals 5:40-6:10

Girls Pole Vault & Boys High Jump 3:30pm start time