

True Team STATE

EDEN PRAIRIE HIGH SCHOOL

FRIDAY MAY 16, 2025 - CLASS AAA (4PM)

SATURDAY MAY 17 2025 - CLASS A (10AM) + CLASS AA (4PM)

2:00pm Implement Weigh In (in the South Garage beneath the home bleachers)

Arrival/Bus Drop Off & Parking (FRIDAY ONLY):

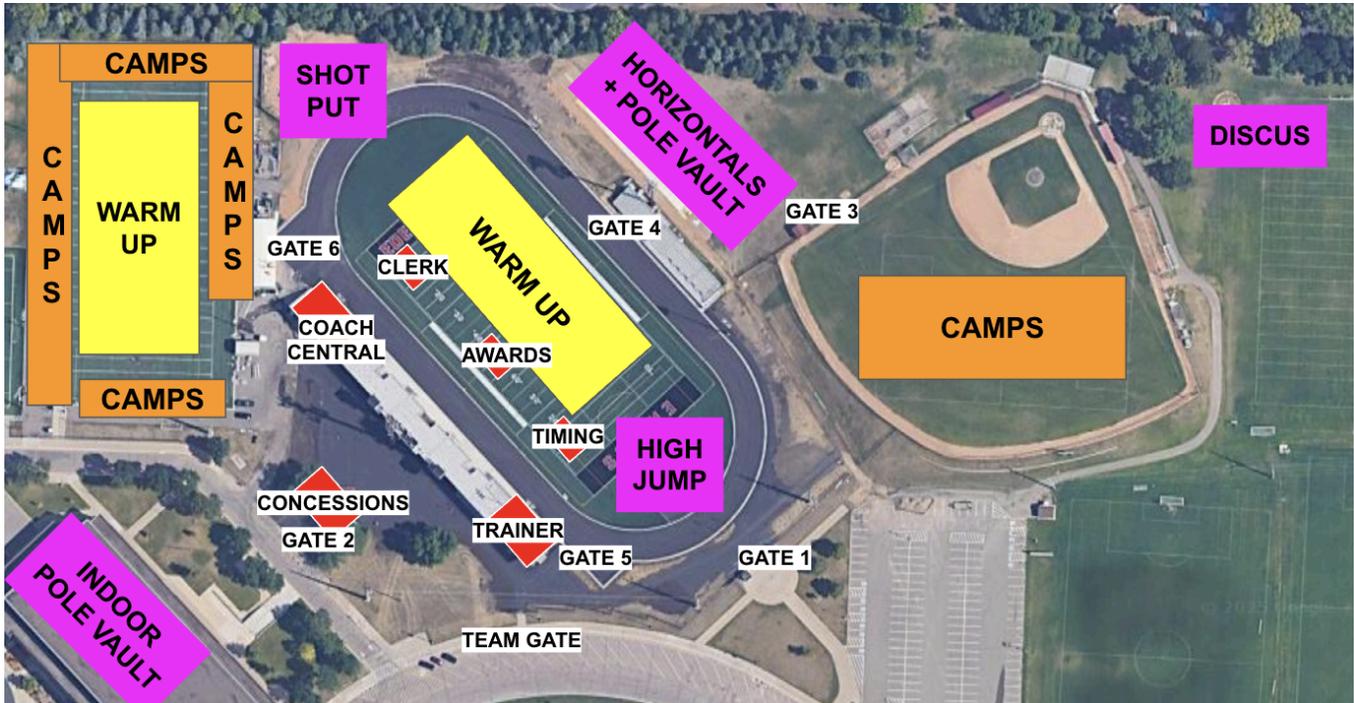
- Buses will be directed to drop off on the East Side of EPHS in the bus loop or via Student Lot B. It is recommended that buses arrive prior to 3pm as the bus loop will close for a brief period of time for Eden Prairie's dismissal and bus loading.
- Buses must unload then leave EPHS. Bus Parking is available at Round Lake Park until after 4pm.
- Be Advised that EPHS will be in session until 3:20PM - for security purposes, teams will be restricted to outdoor spaces and the Activity Center Gym until after 4pm. Please keep your teams from entering the school building until 4pm unless they are Pole Vaulters.
- **Parking will be tight until after school is dismissed (approximately 3:45pm).** Coaches and athletes are encouraged to use bus transportation. Please encourage spectators to park in a school lot and avoid the Eden Prairie Community Center's parking lot. Violators may be ticketed at the owner's expense.
- **It is advised that spectators arrive closer to 4pm, as much as possible. Parking will be INFINITELY easier the later spectators arrive (after student dismissal and the parking lots clear).**

PARKING MAP FOR FRIDAY AND SATURDAY:

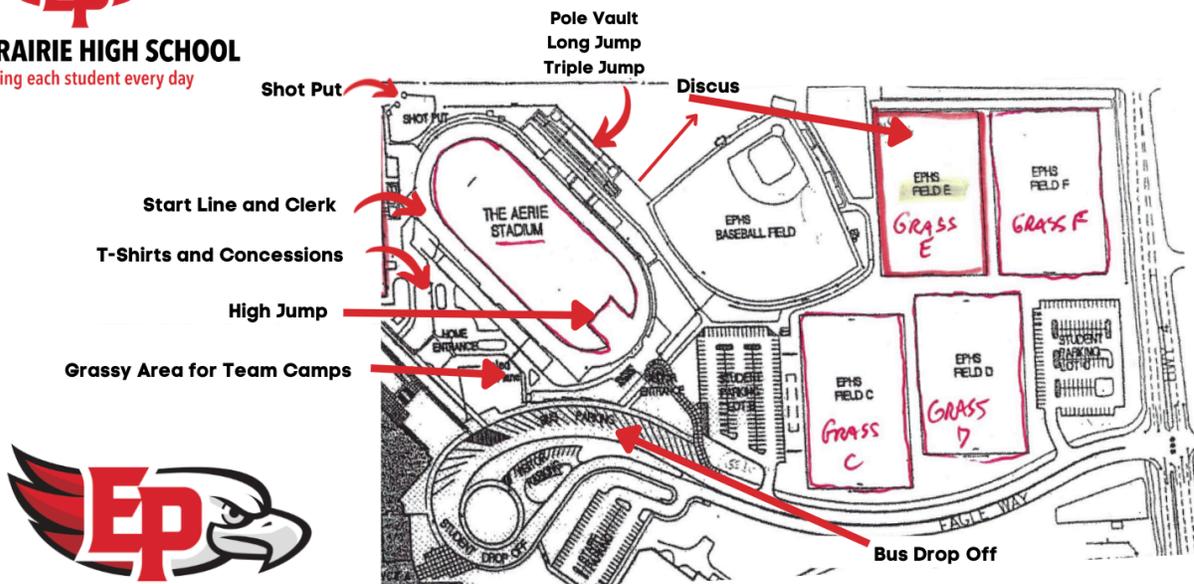


Team Camps:

- Team camps must be located outside the competition area. The baseball stadium grass and the Field Turf B are both available for camps. No stakes allowed on any turf fields - please supervise your athletes as they put up your tents.
- **NO CAMPING ALLOWED near the jumps and pole vault area - this must remain clear and spectator-friendly.**
- In the event of inclement weather, **Spectators should seek shelter in their vehicles.** Teams will be allowed to seek shelter in the EPHS Activity Center or the Eden Prairie Community Center.
- **Please help make sure all camp areas are clean before leaving the site.**



EPHS
EDEN PRAIRIE HIGH SCHOOL
Inspiring each student every day



Minnesota State True Team Track & Field Championships 2025

Field Events	Saturday Class A	Saturday Class AA	Friday Class AAA
Field Events Begin	10:00 AM	4:00 PM	3:00 PM
Girls Discus			
Boys Shot Put			
Pole Vault (<i>boys inside</i>)			
Boys HJ followed by Girls HJ			
Long Jump (see separate sheet for procedure)			
Boys Flight #1	10:00 AM	4:00 PM	3:00 PM
Boys Flight #2	11:00	5:00	4:00
Boys Flight #3	-	-	5:00
Girls Flight #1	12:00 PM	6:00	6:00
Girls Flight #2	1:00	7:00	7:00
Girls Flight #3	-	-	8:00
Triple Jump (see separate sheet for procedure)			
Girls Flight #1	10:00 AM	4:00 PM	3:00 PM
Girls Flight #2	11:00	5:00	4:00
Girls Flight #3	-	-	5:00
Boys Flight #1	12:00 PM	6:00	6:00
Boys Flight #2	1:00	7:00	7:00
Boys Flight #3	-	-	8:00
Girls Shot Put (<i>following boys-(approx. times)</i>)	11:45	5:15	6:00
Boys Discus (<i>following girls - approx. times</i>)	11:45	5:15	6:00
Running Events	Saturday Class A	Saturday Class AA	Friday Class AAA
4 X 800 Meter Relay (Girls)	10:15 AM	4:00 PM	4:00 PM
4 X 800 Meter Relay (Boys)	10:30	4:15	4:15
100 Meter High Hurdles (Girls)	10:45	4:30	4:30
110 Meter High Hurdles (Boys)	11:00	4:45	4:45
100 Meter Dash (Girls)	11:10	4:55	5:00
100 Meter Dash (Boys)	11:20	5:05	5:15
4 X 200 Meter Relay (Girls)	11:30	5:15	5:30
4 X 200 Meter Relay (Boys)	11:40	5:25	5:40
1600 Meter Run (Girls)	11:50	5:35	5:50
1600 Meter Run (Boys)	12:05 PM	5:55	6:05
4 X 100 Meter Relay (Girls)	12:20	6:10	6:20
4 X 100 Meter Relay (Boys)	12:30	6:20	6:30
400 Meter Dash (Girls)	12:40	6:30	6:40
400 Meter Dash (Boys)	12:45	6:30	6:50
300 Meter Hurdles (Girls)	1:00	6:45	7:05
300 Meter Hurdles (Boys)	1:10	6:55	7:20
800 Meter Run (Girls)	1:25	7:10	7:40
800 Meter Run (Boys)	1:35	7:20	7:55
200 Meter Dash (Girls)	1:45	7:30	8:10
200 Meter Dash (Boys)	1:55	7:40	8:20
3200 Meter Run (Girls)	2:05	7:50	8:35
3200 Meter Run (Boys)	2:25	8:10	8:55
4 X 400 Meter Relay (Girls)	2:45	8:30	9:15
4 X 400 Meter Relay (Boys)	3:00	8:45	9:30
Awards	3:15	9:00	9:45

*****Worker Information: Arrival and Meet Time*****
Friday AAA: Arrive by 2:00 for field events, running events by 3:30
Saturday A and AA: Arrive by 9:00 for field events, running events by 9:45
Pick-up gear boxes on track at your event or on the HJ apron. There will be 9 boxes, make sure you get the assigned box for that event: LJ, TJ, Boys HJ, Girls HJ, Girls PV, Boys PV, Discus, Shot, Finish Line/Track Judges.

Trainer:

- Our on-site trainer from TCO will be available near the finish line - typically in the South Garage under the home bleachers.

Clerking and Warm-Ups:

- A warm-up area will be provided in the infield. Only athletes warming up are to use this designated area.

Other Items:

- Please instruct your athletes that all electronic devices are strictly prohibited in the area of competition. Coaches may film their athletes but may only share the video outside the area of competition. Please be respectful of the areas directly surrounding each field event.
- Concessions will be available for the duration of the meet. Chick Fil A and Jersey Mikes sandwiches will be for sale!
- Only meet workers/volunteers and head coaches allowed in the Press Box and Stadium Garages

Relay Exchange Zone Colors/Markings:

EDEN PRAIRIE TRACK AND FIELD

STARTING LINES		HURDLE LOCATIONS		
COLOR	STAGGER	EVENT	COLOR	HEIGHT
	WATERFALL	100M HS GIRLS		33"
	1 TURN	110M HS BOYS		39"
	2 TURN	300M HS GIRLS/BOYS		30"/36"
	3 TURN	400M WOMENS/MENS		30"/36"
	4 TURN			

	4X100 2-TURN	4X200 4-TURN	4X400 3-TURN	4X800 1-TURN	800M MEDLEY 3-TURN	1600M MEDLEY 3-TURN	DISTANCE MEDLEY 1-TURN
1ST EX.							
2ND EX.							
3RD EX.							