

Saxon Youth Football: A Commitment to Safety.

Saxon Youth Football is committed to Safety First. We know that a safer league is a better league. We work with USA Football to ensure that we meet the needs of our players and coaches. All of our coaches are trained in the following areas:

1. Concussion Recognition and Response.
2. Heat Preparedness and Hydration.
3. Sudden Cardiac Arrest (AED on site for all practices and games).
4. Proper Equipment Fitting.
5. Shoulder Tackling.
6. Blocking.
7. Each team has a safety coach there to support our athletes on the sidelines during games and at practices.
8. Saxon Youth Football Board goes one step further. **We provide a licensed Athletic Trainer at all of our home games. In Fact the same Athletic Trainer as the high school football program uses.**
9. All of our 7th graders are concussion baseline tested with the same program as the high school program. They will be baseline tested 7th grade, 9th grade and 11th grade. Our 7th and 8th graders go into the same concussion protocol as the high school. Our 3rd-4th graders and 5th-6th graders utilize concussion protocol using concussion sideline testing. Our trainer oversees the process to return to play.
10. South Salem High School Coaching Staff provides clinics and training to all of our coaches as well. These clinics help reinforce shoulder tackling, appropriate practice planning and drills by age group.

THE PATH TO A SAFER GAME

It's what our parents expect. It's what our athletes deserve. Heads Up Football makes football safety an integral part of our league's operations with a straightforward, predictable timetable for rolling out the program, certifying coaches and educating parents. Any questions about safety contact us at saxonyouthfootball@gmail.com