

HAVRE YOUTH HOCKEY ASSOCIATION

COVID – POLICIES AND PROCEDURES

This is a working document. Rules and regulations regarding the HYHA ice rink are subject to change at any point in time before or during the 2020/21 season. USA Hockey and local mandates will be taken into consideration when determining rink protocols.

“Staff” = Rink Manager, Coach, Team manager, Safesport monitor, and/or a present HYHA Board member(s)

“Spectators” = parent/guardian, fans

Screening

We ask all families of HYHA to commit to daily health screening at home. During Phase I and at the beginning of the season, we will screen children daily. If we are in Phase II or III, families will be permitted to sign a waiver and we will rely on families to be committed to home screening on a daily basis.

- ✓ Is my temperature 100.0 o F or higher?
- ✓ Has my temperature been 100.0 o F or higher in the past 24 hours?
- ✓ Do I have any symptoms of illness?
- ✓ coughing, headache, sneezing, sore throat, runny nose, nausea, vomiting, diarrhea, dizziness, shortness of breath, chest or nasal congestion, earache, swollen glands, loss of taste or smell, night sweats, muscle or body aches.
- ✓ Have I, or has someone I live with, been asked in the last 14 days to remain in quarantine for COVID-19 testing, diagnosis, or treatment?
- ✓ If you answer **YES to any of the above, please stay home** and seek healthcare provider guidance if symptoms worsen or you need treatment.

Inside the building

To comply with Governor Gianforte’s requirements, there will be no restriction on how many people can be in the building at one time.

- Staff will be positioned at the front door to count entrants and conduct pre-entry health assessments during public programs, youth hockey programs and adult hockey leagues.
- Anyone showing COVID-19 symptoms MAY NOT enter the facility. Symptoms include fever, shortness of breath, chills, cough, sore throat, unexplained muscle pain, vomiting, diarrhea, and loss of taste of smell.
- Participants under age 10 may arrive with one parent to assist with equipment needs. Parents must leave the building once their child is on the ice. Parents should drop off

youth participants ages 11 and older and pick up their kids outside the building after the program is finished.

- Participants may enter the building no more than 15 minutes (20 minutes for games) prior to their ice session and must vacate the building within 15 minutes (20 minutes for games) after the session.
- Certain areas of the building may be closed to minimize cleaning and maintain physical distancing among patrons.
- Events are scheduled with 30 minutes between programs to allow time for staff to cut the ice and sanitize benches, bleachers and locker rooms between uses.
- The drinking fountain will be closed but the water bottle filler will be operational.
- Staff will disinfect high-touch areas every two hours with EPA-registered disinfectant. Hand sanitizer stations will be placed throughout facility.

Locker Room Policy - Practices

- All participants ages 10 and under (Termites, Mites, Squirts) are required to dress at home. Locker rooms may be used to put on skates ONLY. When player is ready, parent/guardian will be required to leave the building.
- All participants ages of 11-14 (12U-14U) are encouraged to dress at home, Players can only enter the facility 15 minutes prior to their scheduled ice time, and must vacate the locker room no more than 15 minutes after their ice session has commenced. With social distancing and mask wearing, a maximum number of 10 will be allowed in a locker room at one time.
- All High School participants, locker room will be available, mask wearing and the 15 minutes rules will be enforced.
- Locker Rooms and bench areas will be cleaned thoroughly by staff between each ice session.

- Exception to the dress at home rule will apply to players living over 25 miles away from the rink. They will be allowed to dress in an open locker room with the 15 minute rule still applying.

Locker Room Policy- Games

- All HOME participants ages 10 and under (Termites, Mites, Squirts) are required to dress at home. Locker rooms may be used to put on skates ONLY. Players can only enter the facility 20 minutes prior to their scheduled ice time, and must vacate the locker room no more than 20 minutes after their ice session has commenced. With social distancing and mask wearing, a maximum number of 10 individuals will be allowed in a locker room at one time. Visiting team participants are encouraged to partially dress in hotel and use locker rooms minimally. Social distancing is encouraged when possible.
- All HOME participants ages of 11-14 (12U-14U) are encouraged to dress at home. Players can only enter the facility 20 minutes prior to their scheduled ice time, and must vacate the locker room no more than 20 minutes after their ice session has commenced. Visiting team participants are encouraged to partially dress in hotel and use locker rooms minimally.
- All High School participants, locker room will be available.
- Locker Rooms and bench areas will be cleaned thoroughly by staff between each ice session.

On-Ice Activities

Ice Hockey

- Stretching and warm-ups in common areas is prohibited.
- Practice social-distancing whenever appropriate.

- Pucks, cones and/or other coaching aids will be sanitized between each age group.
- Player benches will not be available for use during practices.
- No spitting on the bench or ice, and no sharing of water bottles. Participants (especially children) should have their own water bottle with names clearly written on the bottle to avoid sharing of water bottles or mistaken use of similar-style water bottles.
- Social Distancing on the benches is encouraged.

Curling

- On-ice participation will be limited to the maximum number of people allowed per CDC guidelines.
- Limit teams on the ice to social distance as much as possible. Every other circle if possible.
- Sanitize stones and brooms between each set.

Public Skate/Private Rental

- There will be no cap on the number of skaters.
- There will be no loitering in the common area.
- All participants must check in at front desk upon arrival and submit to a health assessment, including possible temperature checks. If participants exhibit any COVID-19 symptoms, they are not allowed in the building.
- Rental skates are available for public skating sessions only. The inside and outside of skates will be thoroughly sprayed with disinfectant after each use. Helmets are not available for public use.
- Participants are asked to maintain a minimum six-foot distance from others while in common area while waiting to enter/exit the ice.
- Locker room(s) will be available for only tying skates. A maximum of 10 persons in a locker room at a time, with masks on. Door is to remain open.
- Skate Helpers will be sanitized after every use.

Rest Rooms

- Bathroom doors will be propped open and some stalls and sinks may be closed to allow for physical distancing. Masks are required!
- Staff will disinfect high-touch areas and stock soap/toilet paper every two hours. The bathrooms will be disinfected each night.

Concessions

- The concession stand will be only open for games. Single served packaged items and cooked food will be in “to-go” closed containers.
- All volunteers that work in the concessions must wear masks and gloves at all times while maintaining social distancing.

Hand Sanitizer Stations

- Station locations will be as followed:
 - 1 - Entrance
 - 1 - start of bleacher area
 - 1 - between bathrooms
 - 1 – between locker room 1&2
 - 1 – between locker room 3&4
 - 1 – concession area

Discipline Action Plan

- Failure to follow the policy
 - First violation of policy will be a warning, you will be asked to follow the policy
 - Second violation you will be asked to leave the ice dome-if you refuse to leave, we have the right to escort you from the facility

Disinfecting Procedures

HYHA commits to sanitizing high-touch surfaces on a daily basis throughout the environment. Disinfecting will take place with a CDC approved sanitizing solution, diluted bleach or 70% Alcohol solution.

- Sanitize will occur when players are not in the environment with any of the above disinfectants.
- In general, elimination of high-touch surfaces is preferable to frequent cleaning.
- When elimination is not possible, surfaces that are used frequently, such as drinking fountains, door handles, sinks and faucet handles, etc... should be cleaned and disinfected at least daily and as often as possible.
- Bathrooms, in particular, should receive frequent cleaning and disinfection.
- Shared equipment should also be disinfected frequently. Hand washing/sanitizing should be promoted before and after touching shared equipment.

Rapid Response for player or coach with a fever

If a player or volunteer at HYHA is found to have a fever over 100 degrees or while in the building, they will remain outside and parent will be called if they are not present.

Staff member caring for a child with a fever will be provided personal protection equipment including: Face mask or face shield and gloves if available. The symptomatic person is required to also have PPE for source containment.

Parent/guardian will be called and instructed to pick up their child within 30 minutes and to call a healthcare provider for recommendations and evaluation.

Team determines a return to play plan for the child according to health care officials.

React to a case in HYHA Community

When a confirmed case has entered the association, regardless of community transmission:

Short-term closure procedures regardless of community spread if an infected person has been in a school building. If this happens, CDC recommends the following procedures regardless of the level of community spread:

- Coordinate with local health officials. Once learning of a COVID-19 case in someone who has been in the association, immediately notify local health officials. These officials will help administrators determine a course of action for their child care programs or schools.

- Local health officials' recommendations for the scope and duration of practice adjustments will be made on a case-by-case basis using the most up-to-date information about COVID-19 and the specific cases in the community.

Communicate with staff, parents, and players. Coordinate with local health officials to communicate dismissal decisions and the possible COVID-19 exposure.

- Plan to include messages to counter potential stigma and discrimination.
- In such a circumstance, it is critical to maintain confidentiality of the student or staff member as required by the Americans with Disabilities Act and the Family Education Rights and Privacy Act.
- Public health will not release information on a specific person. We will follow HIPAA and the Government Health Care Information Act, which is more restrictive than HIPAA. Public Health will work closely with HYHA if there is a case identified to be within the association. Contact tracing will be done by Public Health. Anyone who is within 6 ft of the case for 15 minutes or more will be a close contact and have to quarantine for 14 days.

Clean and disinfect thoroughly.

- Close off areas used by the individuals with COVID-19 and wait as long as practical before beginning cleaning and disinfection to minimize potential for exposure to respiratory droplets. Open outside doors and windows to increase air circulation in the area. If possible, wait up to 24 hours before beginning cleaning and disinfection.
- Cleaning staff should clean and disinfect all areas (e.g., offices, bathrooms, and common areas) used by the ill persons, focusing especially on frequently touched surfaces.
- If surfaces are dirty, they should be cleaned using a detergent or soap and water prior to disinfection.
- For disinfection most common EPA-registered household disinfectants should be effective.
 - A list of products that are EPA-approved for use against the virus that causes COVID-19 is available.
 - Follow the manufacturer's instructions for all cleaning and disinfection products (e.g., concentration, application method and contact time, etc.).
 - Additionally, diluted household bleach solutions can be used if appropriate for the surface. Follow manufacturer's instructions for application and proper ventilation. Check to ensure the product is not past its expiration date. Never mix household bleach with ammonia or any other cleanser. Unexpired

household bleach will be effective against coronaviruses when properly diluted.

Prepare a bleach solution by mixing:

- 5 tablespoons (1/3rd cup) bleach per gallon of water or
- 4 teaspoons bleach per quart of water

Additional information on cleaning and disinfection of community facilities such as schools can be found on CDC's website.