

**STRONGER**  
  
**TOGETHER**  
**SHAKOPEE GIRLS BASKETBALL**

**Travel Program**  
**PARENT MEETING**

**SEPTEMBER 29th, 2025**  
7:30 pm | Thrust Theater



# STRONGER TOGETHER

SHAKOPEE GIRLS BASKETBALL

## AGENDA

- Welcome
- SGBA Priorities
- Key Updates
- Volunteer Requirements
- Team Meetings



A SPECIAL THANK YOU  
**SEASON SPONSOR**

---



JASPERS  
MORIARTY  
WETHERILLE

ATTORNEYS AT LAW





# PLANNING AHEAD UPCOMING PRIORITIES

## GROW PROGRAM

- Sustain growth of Inhouse Program
- Prioritize player retention
- Shift focus to growing Travel Program

## IMPROVE BASKETBALL SKILLS

- Revisit approach to training/development
- Shift focus to growing skills at younger age
- Solidify approach to 3<sup>rd</sup> grade travel

## STRONGER TOGETHER

- Assess all aspects of program with new Varsity Head Coach
- Prioritize connectedness between High School and SGBA
- Finalize offseason events





# PROGRAM OVERVIEW

## TRAVEL PROGRAM

### PROGRAM OVERVIEW

- 104 try out players (including 8<sup>th</sup>)
- 9 teams this year
- Added 3<sup>rd</sup> grade level

### HIGHLIGHTS

- Paid Coaches
  - Brian B. – 7 Black
  - Abby S. – 7 Red
  - Lexi M. – 6 Red
- New for 2025** – Player Development and Training with Catalyst Training on select Mondays





# KEY UPDATES COMMUNICATION

---



## Coach/ Team Manager

- Team Managers may be needed on your team to help coordinate events and updated game results
- Always follow the 24-hour rule when sharing concerns
- Share concerns with coach prior to Travel Director

## Download #1 – Sportsengine App

- All practices and tournaments
- Team chat function
- New Feature** – SE Play streams

## Download #2 – MYAS App

- Tournament Schedule info
- Updated Games/Scores
- Player Must Accept Roster Invite



# KEY UPDATES TRAINING PROGRAM

## SGBA Winter Training

- Reid Ouse
- Training throughout the season provided by SGBA
- High School Program Trainer
- Monday Night Training in addition to team practice nights
- Starts Monday Oct 27<sup>th</sup>

**CATALYST  
TRAINING**

## THE TRAINER

In an industry flooded with trainers, few bring the experience and credibility that Reid Ouse does. With seven seasons as a college basketball coach in the Midwest, Reid built a foundation of coaching and development before transitioning to full-time player development in New York City.

While in NYC, Reid quickly established himself in one of the most competitive basketball markets. He co-founded the New Jersey Hoop School with world-renowned trainer DJ Sackmann, working with elite high school players and solidifying his reputation as a trusted developer of talent.

In 2017, Reid and his wife Amanda returned to the Twin Cities to launch **Catalyst Training**, which has become a premier platform for player development. Since then, Reid has worked with over 200 professional players and some of the top college and high school athletes, including:

- **Paige Bueckers** (UConn)
- **Andrew Wiggins** (Golden State Warriors)
- **Johni Broome** (Auburn)
- **Mark Sears** (Alabama)
- **Megan Gustafson** (Las Vegas Aces)
- **Azzi Fudd** (UConn)
- **Juancho Hernangómez, Cole Aldrich, Jake Layman, Jon Leuer, and more**



Reid is also a **nationally-recognized clinician**, having spoken at coaching clinics across the country alongside some of the top NBA and college coaches in the game. His unique approach to player and coach development has made him a sought-after speaker and mentor.



## KEY UPDATES

# PRACTICES/PLAYING TIME

---

## Practices

- Two 90-minute practices per week (excluding holiday weeks)
- Gym space is limited
- Friday practices are more common
- Players are expected to attend team practices

## Playing Time

- 3<sup>rd</sup> and 4<sup>th</sup> will have equal playing time through each tournament weekend
- 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> playing time is determined by coaches
- Effort and attitude impact playing time – the expectation is that each athlete wants to be here and works hard!
- Connect with Head Coach when playing time is concern



# KEY UPDATES TOURNAMENTS

NO GATE FEE . CERTIFIED OFFICIALS . ONE DAY



SHAKOPEE HIGH SCHOOL FIELDHOUSE  
**OCTOBER 26, 2025**

60 TEAM LIMIT : GRADES 4-8 A/B/C  
(no independent or all-star teams)

Questions : Email Tournament Director [sgbastars@gmail.com](mailto:sgbastars@gmail.com)

## Tournaments

- 3<sup>rd</sup>/4<sup>th</sup> – 7 Events
- 5<sup>th</sup> – 8 Events
- 6<sup>th</sup>/7<sup>th</sup> – 9 Events
- Prioritize One Day Events
- Represent Shakopee Community

## SGBA Events

- Saber Jam – Oct 26th
- SFTS – Dec 13<sup>th</sup>/14<sup>th</sup>

## Important Events

- Rochester Early Bird – 11/22-11/23
- MYAS Grade State – 2/28-3/1



SHAKOPEE HIGH SCHOOL FIELDHOUSE  
**DECEMBER 13-14, 2025**

Grades 3-8 A/B/C (no independent or all-star teams)

QUESTIONS : EMAIL TOURNAMENT DIRECTOR [sgbastars@gmail.com](mailto:sgbastars@gmail.com)



KEY UPDATES

# VOLUNTEER REQUIREMENTS



## Volunteer Requirement

- All travels families are required to volunteer 8 hours (2 shifts) at the Shoot for the Stars Tournament in December
- DIBs shifts will be released on SGBA Website in mid-Nov
- Volunteer requirements are per family not per athlete

## Volunteer Deposit Process

- No DIBs check needed
- New SE enhancement to avoid the invoicing done in 2024
- \$500 charge will incur on January 15<sup>th</sup> for families that do not meet the volunteer requirement



# KEY UPDATES SGBA APPAREL STORE

## Valley Sports Apparel Store

- ❑ New Designs for 2025
- ❑ Limited window to get new gear
- ❑ Local support and apparel pickup
- ❑ Store closes on midnight October 8th

**STRONGER  
TOGETHER**  
SHAKOPEE GIRLS BASKETBALL

**SHAKOPEE SABERS**  
GIRLS BASKETBALL

## SGBA FAN GEAR STORE

<p>SanMar - DT130Y District Youth Perfect Tri Tee. \$18.00</p>	<p>SanMar - DT130YG District Girls Perfect Tri Tee. \$16.00</p>	<p>SanMar - DT139Y District Youth Perfect Tri Long Sleeve Hoodie. \$21.00</p>	<p>Pennant Sportswear - Y1227 Youth Daytona Shooter Hoodie. \$40.89</p>
<p>Under Armour - 1300129 Youth UA B's Hustle Fleece Hoody</p>	<p>Pennant Sportswear - Y1230 Youth Sideline Shooter Hoodie</p>	<p>Holloway - 222681 Youth Ivy League Team Hoodie</p>	<p>Badger Sport - 211600 B-Core Girls' Short</p>



# STRONGER TOGETHER

**SHAKOPEE GIRLS BASKETBALL**  
THANK YOU FOR EVERYTHING