



Background

The River Falls Volleyball Club (RFVBC) is a non-profit organization under the laws of the State of Wisconsin and in accordance with Section 501 (c) (3) of the Internal Revenue Code.

RFVBC is dedicated to developing young volleyball players with good character. This is achieved through the development of social skills, sportsmanship, teamwork, respect for peers and adults, responsibility, accountability, integrity and volleyball skills. RFVBC exists to provide opportunities for young women ages 5-18 in River Falls, WI and surrounding communities to participate in volleyball, improve their volleyball skills and develop their character.

JO (Rage) Season

RAGE is a highly competitive sports program in association with USA Junior Olympic (JO) Volleyball that competes against teams in the Badger Region (WI) and North Country Region (MN). Competition is organized for ages 11-18. Practices are 2 days a week (no Saturday or Wednesday practices), with an optional, though highly recommended, additional skills and conditioning program held on Wednesday evening.

Playdates and Tournaments

Playdates will start in January and run through March 22nd. U12 teams will participate in a mixture of Northern Lights Power League in Burnsville, MN and tournaments. U13-17 will participate in tournaments throughout the season. All teams will participate in at least one 2-day tournament. Teams will have a total of 7-9 play dates throughout the season.

Coaches

Our coaches and assistant coaches are trained and certified through USA Volleyball. Rage's coaches have many years of playing and/or coaching experience at school and club levels. Rage is always looking for confident and energetic coaches. Coaching experience is not necessary but is preferred. Rage will provide training and coaching assistance.

Tryouts

Register at www.riverfallsvolleyballclub.com

- Pre-register online for \$25. You cannot attend tryouts if you are not registered
- A USAV trial membership is also required for attending tryouts. A trial membership is \$10, <https://webpoint.usavolleyball.org> If you're a returning player, just request a login. If you are new to USAV, then register as a new player
- **Do not select Rage Volleyball as your club yet! Leave undecided.**
- Print off and bring with you to tryouts: USAV Membership Card

Team selections are based on the athlete's performance at tryouts, at the discretion of the coaches. Teams are limited to 8-12 players grouped by age and skill level.

Player Commitment

The Badger Region has a policy and process for how players select a club. Returning players to the club have until the following Tuesday at 9 p.m. to commit while new players have until Thursday at 9 p.m. to commit. Anyone not contacting the club by this deadline will forfeit their position on a team. **After tryouts, if your daughter is selected to a team, you will need to commit to**

Tryout Schedule

Pre-Tryout Practice:

10/27 10:30-5 RFHS

Tryouts:

11/17 10:30-5:30 MMS

Details for specific times for different age groups will be determined at a later date.

Player/Parent/Coach Meeting:

11/25 5-8 RFHS

Please arrive 30 minutes early.

the club by going into your USAV account and selecting Rage Volleyball as your club, and then purchase the full USAV membership.

Playing Time

Playing time is determined by the head coach and not guaranteed or equal among players. Coaches will determine play time that provides for development for each of player and success of the team.

Communication/Conflicts

RFVBC uses SportsEngine as our main communication tool for schedules, cancellations due to winter weather, meetings, etc. It is highly recommended to download the app. Team practices are posted at least one month in advance on the website and app. Our website includes club policies, team information and schedules. Website is: www.riverfallsvolleyballclub.com.

If at any point during the season you have a conflict or complaint, please follow these steps:

1. Wait 24 hours after issue arises
2. Player set up meeting with coach to discuss the issue
 - Our coaches have been directed to have an “open door” policy and be receptive to discussing any concerns with the player.
3. Player or parent contact the River Falls Volleyball Club (Club) by email
4. Club will arrange meeting with player, parent, coach and board member(s)

Other Opportunities

River Falls Volleyball Club has other opportunities for players in grades 4 to 8 in our Spring League program (tryouts in Feb/March and play dates in April and May). There is also a K-3 program lead by Sara Kealy, River Falls High School Varsity Volleyball Coach. This runs for approximately six weeks (one night each week) April-May.

JO Season Fees

The Rage Volleyball Club is supported by its members. Rage has financial obligations to meet and a budget to which it must adhere. Fees for the 2019-2020 Season are below:

- Tryout fee is \$25 per player (does not include the \$10 trial membership fee described above)
- 12's fees will be \$445 (does not include the \$40 additional membership fee described above)
 - Payments Due: \$222.50 due 11/27/19, \$222.50 due 1/2/20
- U13-U18s fees will be \$520 per player (does not include the \$40 additional membership fee described above)
 - Payments Due: \$260.00 due 11/27/19, \$260.00 due 1/2/20
- There is also a \$100 volunteer check due before the first practice. Once the volunteer commitments are completed the check will be shredded.
- Alternate payment plans, or hardship considerations may be available. Contact RFVBC for any special considerations.
- Payments not made on time will result in your daughter not being allowed to practice nor play in tournaments until payment is made or discussion with the Board of Directors.

Apparel

Players will receive a jersey. They will also receive either a warm-up jacket and warm-up pants or a Rage sweatshirt (to be determined at a later date). Black spandex are the responsibility of the player as well as knee pads and volleyball shoes. Additional apparel can be purchased through our online store, see website for more details.