

2025 SEC Boys Conference Relays - 12/4/2025

Results - 2025 SEC Boys Conference Relays

Event 1 Men 400 Yard Medley Relay Varsity				
Team	Relay	Finals Time		
1 WOOD-MN	A	3:42.56		18
1) McElwain, Grant 12	2) Lu, Ethan 12			
3) Huebscher, Roy 10	4) Rosinski, Colton 11			
26.00 53.87	28.58 1:01.17			
25.68 56.63	23.79 50.89			
2 ERDG-MN	A	3:49.89		16
1) Moss, Blake 11	2) Briesse, Benjamin 10			
3) Espinosa-Splichal, Lucien 1	4) Nordman, Noah 10			
27.63 58.18	29.89 1:04.43			
25.31 55.46	24.22 51.82			
3 MVEW	A	4:02.49		14
1) Snider, Sammy 8	2) Lawrence, Ben 12			
3) Then, Holden 10	4) Then, Grayson 12			
30.67 1:03.98	29.95 1:03.39			
27.16 58.60	27.21 56.52			
4 WOOD-MN	B	x4:05.09		
1) Larson, Sig 11	2) Tellez, Javier 10			
3) Thao, Nathan 11	4) Tillman, Max 12			
27.94 57.93	31.42 1:07.79			
28.80 1:01.91	26.36 57.46			
5 PHSB-MN	A	4:06.69		12
1) Cole, Ethan 12	2) Wallace, Paul 10			
3) Charpentier, Damion 12	4) Yang, Lalee 11			
29.80 1:02.12	31.31 1:08.42			
27.30 59.32	25.86 56.83			
6 FRLK-MN	A	4:16.23		10
1) Schmidt, Emmett 9	2) Nilius, Logan 9			
3) McKenzie, Calvin 10	4) Gregory, Jeremiah 10			
30.47 1:02.34	34.93 1:14.46			
28.77 1:02.01	26.64 57.42			
7 MVEW	B	x4:28.21		
1) Hare, Charlie 8	2) Bangasser, Drew 11			
3) Haller, Emmett 11	4) Nelson, Halden 10			
34.22 1:11.32	34.58 1:15.23			
28.31 1:02.11	27.69 59.55			
8 MVEW	C	x4:40.38		
1) Etmund, Ben 8	2) Higley, Andrew 12			
3) Collins, Charlie 11	4) Defeyter, Jay 11			
34.66 1:15.24	38.70 1:22.03			
27.44 1:00.97	28.44 1:02.14			
9 ERDG-MN	B	x4:54.41		
1) Makela, William 11	2) Makela, Charlie 9			
3) Hoelzel, Zachary 12	4) Jepsen, William 12			
31.23 1:15.82	42.90 1:31.78			
28.37 1:03.45	29.08 1:03.36			
10 FRLK-MN	B	x4:57.55		
1) Dickover, Logan 9	2) Livermore, Cameron 9			
3) Morell, Declan 8	4) Larson, Gabe 9			
35.37 1:14.61	38.26 1:24.15			
32.20 1:11.87	30.96 1:06.92			
--- ERDG-MN	C	DQ		
1) Whelan, Rowan 12	2) Lindahl, Simon 10			
3) Perumalachetty, Neel 11	4) Whelan, Nils 10			
44.90				

Event 2 Men 200 Yard Freestyle Relay Varsity				
Team	Relay	Finals Time		
1 WOOD-MN	A	1:31.52		18
1) Novak, Finn 10	2) McElwain, Alex 10			
3) Larson, Tor 9	4) Qing, Andrew 11			
22.09 22.45	24.96 22.02			
2 ERDG-MN	A	1:40.51		16
1) Lin, Brian 9	2) Adam, Jacob 11			
3) Bednar, Brady 11	4) Hoelzel, Zachary 12			
24.78 24.45	24.82 26.46			
3 MVEW	A	1:41.19		14
1) Lapsley, Cullen 8	2) Pin-Mene, Sithsovan 11			
3) Quackenbush, Thomas 11	4) Sjostrom, Keon 9			
25.18 23.64	27.03 25.34			
4 FRLK-MN	A	1:48.17		12
1) Tauer, Russel 10	2) Welk, Brayden 11			
3) Galsworthy, Lucas 9	4) Gregory, Jeremiah 10			
28.26 27.12	26.56 26.23			
5 FRLK-MN	B	x1:56.12		
1) Nilius, Logan 9	2) Carlson, Aaron 8			
3) Dickover, Logan 9	4) Bipes, Leeam 8			
28.65 29.87	28.50 29.10			
6 ERDG-MN	B	x1:56.99		
1) Kody, Caleb 7	2) Utech, Nathan 10			
3) Duncan, Greyson 12	4) Whelan, Rowan 12			
29.53 25.94	28.34 33.18			
7 PHSB-MN	A	2:02.90		10
1) Mann, Will 9	2) Johnson, Ryley 8			
3) Elsmore, Logan 9	4) Kelly, Gavin 11			
29.00 34.18	30.47 29.25			
8 MVEW	B	x2:04.82		
1) Tempelis, Charles 9	2) Coddington, Jacob 11			
3) Arndt, Robbie 11	4) Tanksale, Nikhil 9			
33.08 29.71	32.51 29.52			
9 MVEW	C	x2:07.22		
1) Nandish Gowda, Hanvith 7	2) Torkildson, Mason 9			
3) Arndt, Tyler 11	4) Delahay, Logan 11			
32.66 42.26	24.22 28.08			
10 WOOD-MN	B	x2:07.46		
1) Manor, Anthony 11	2) Widen, Eddie 10			
3) Host, Seth 10	4) Brown, Ben 7			
29.95 34.78	1:02.73			
11 ERDG-MN	C	x2:32.94		
1) Cho, Benjamin 9	2) Yun, Mason 9			
3) Vo-Moua, Nathaniel 8	4) Youngdahl, John 8			
40.97 28.73	40.23 43.01			
12 PHSB-MN	C	x2:40.04		
1) Spence, Javari 8	2) Pratscher, Daniel 8			
3) Rauchman, Charlie 7	4) Morissette, Kaleb 8			
44.04 39.07	52.06 24.87			
13 PHSB-MN	B	x2:40.07		
1) Harvey, Atticus 8	2) Bigham, Colin 7			
3) Schilling, Leightyn 7	4) Selix, Jackson 7			
33.15 47.58	1:19.34			
--- WOOD-MN	C	DQ		
1) Timmons, Caedmon 7	2) Barto, John 8			
3) Rodriguez, Ethan 8	4) Timmons, Everett 9			
1:05.96 39.64	22.49			

## 2025 SEC Boys Conference Relays - 12/4/2025

## Results - 2025 SEC Boys Conference Relays

**Event 3 Men 400 Yard Medley Relay 4x100 IM Relay Varsity**

Team	Relay	Finals Time	
1 WOOD-MN	A	3:59.84	18
1) Lu, Ethan 12	2) Johnson, Aiden 10		
3) Pederson, Toren 8	4) Tellez, Javier 10		
27.78 57.73	26.72 58.50		
29.32 1:03.91	27.78 59.70		
2 ERDG-MN	A	4:01.14	16
1) Briese, Benjamin 10	2) Dell'Anna, Paolo 10		
3) Sennowo, Tayo 11	4) Moss, Blake 11		
27.08 57.88	29.74 1:03.47		
27.31 1:00.15	27.35 59.64		
3 PHSB-MN	A	4:39.30	14
1) Davis, Gage 11	2) Cracauer, Tyler 9		
3) Wood, Zachary 11	4) Wallace, Paul 10		
35.64 1:16.40	29.37 1:05.54		
31.58 1:12.50	30.71 1:04.86		
4 ERDG-MN	B	x4:44.45	
1) Smith, Carter 12	2) Perumalachetty, Neel 11		
3) Sekyra, Max 10	4) Makela, William 11		
31.14 1:09.68	28.33 1:07.10		
33.46 1:16.48	31.08 1:11.19		
5 WOOD-MN	B	x4:44.52	
1) Orbell, Eli 11	2) Timmons, Everett 9		
3) Schmidt, Peter 12	4) Larson, Colton 12		
32.21 1:12.12	35.47 1:17.08		
33.25 1:10.60	30.91 1:04.72		
6 MVEW	C	4:52.85	12
1) Jaswal, Shaurya 10	2) Hare, Charlie 8		
3) Nelson, Halden 10	4) Then, Marshall 8		
32.96 1:12.55	34.16 1:13.03		
32.97 1:10.36	36.02 1:16.91		
--- PHSB-MN	B	DQ	
1) Chen, Thorin 7	2) Elsmore, Logan 9		
3) Kuester, Reed 8	4) Stueber, Parker 9		
41.62 1:40.86	25.89 1:09.97		
49.41 2:13.12	36.34		
--- MVEW	A	DQ	
1) Bangasser, Drew 11	2) Then, Grayson 12		
3) Solivera Tato, Unai 10	4) Lawrence, Ben 12		
30.23 1:06.30	32.42 1:10.76		
27.89 1:03.39	17.24 59.05		
--- FRLK-MN	A	DQ	
1) Clark, Caleb 10	2) McKenzie, Calvin 10		
3) Radtke, Lucas 10	4) Welk, Brayden 11		
33.23 1:06.99	30.09 1:04.51		
29.54 1:05.68	32.41 1:08.46		
--- MVEW	B	DQ	
1) Higley, Andrew 12	2) Collins, Charlie 11		
3) Moore, Jacob 10	4) Defeyter, Jay 11		
39.20 1:20.06	30.02 1:08.50		
33.52 1:13.85	33.12 1:11.92		

**Event 5 Men 200 Yard Butterfly Relay Varsity**

Team	Relay	Finals Time	
1 WOOD-MN	A	1:41.18	18
1) Huebscher, Roy 10	2) Owings, Lincoln 11		
3) Larson, Sig 11	4) Qing, Andrew 11		
25.45 25.42	25.61 24.70		
2 ERDG-MN	A	1:44.10	16
1) Nordman, Noah 10	2) Dell'Anna, Paolo 10		
3) Khan, Shuaib 10	4) Espinosa-Splichal, Lucien 1		
25.31 27.09	26.79 24.91		
3 ERDG-MN	B	x1:52.01	
1) Lin, Brian 9	2) Bednar, Brady 11		
3) Kody, Caleb 7	4) Adam, Jacob 11		
26.55 26.68	31.40 27.38		
4 MVEW	A	1:53.17	14
1) Then, Holden 10	2) Lapsley, Cullen 8		
3) Collins, Charlie 11	4) Haller, Emmett 11		
26.44 26.97	32.83 26.93		
5 FRLK-MN	A	1:58.85	12
1) Clark, Caleb 10	2) Schmidt, Emmett 9		
3) Galsworthy, Lucas 9	4) Radtke, Lucas 10		
29.53 30.91	29.00 29.41		
6 MVEW	B	x2:10.64	
1) Jaswal, Shaurya 10	2) Delahay, Logan 11		
3) Tanksale, Nikhil 9	4) Pin-Mene, Sithsovan 11		
30.50 38.03	34.92 27.19		
7 PHSB-MN	A	2:14.99	10
1) Chen, Thorin 7	2) Kelly, Gavin 11		
3) Cracauer, Tyler 9	4) Davis, Gage 11		
44.02 29.07	28.83 33.07		
8 WOOD-MN	C	x2:15.14	
1) Saindon, Lukas 12	2) Brown, Ben 7		
3) Macdonald, Conor 10	4) Hamsmeier, Henry 8		
34.43 34.29	32.28 34.14		
--- WOOD-MN	B	DQ	
1) Pang, Evan 8	2) Schmidt, Peter 12		
3) Larson, Tor 9	4) Thao, Nathan 11		
31.52 30.24	26.70 28.39		
--- ERDG-MN	C	DQ	
1) Hatteberg, Kellan 8	2) Eluri, Sriharsha 8		
3) Hunter, Kieran 7	4) Boda, Amogh 10		
34.45			

**Event 6 Men 800 Yard Freestyle Relay Varsity**

Team	Relay	Finals Time	
1 WOOD-MN	A	7:34.15	18
1) McElwain, Grant 12	2) McElwain, Alex 10		
3) Johnson, Aiden 10	4) Novak, Finn 10		
24.54 52.68	1:21.37 1:49.49		
25.03 54.47	1:25.29 1:55.11		
26.36 56.58	1:27.71 1:56.47		
25.40 54.72	1:24.33 1:53.08		
2 ERDG-MN	A	8:08.05	16
1) Sennowo, Tayo 11	2) Rutkowski, Colton 12		
3) Hoelzel, Zachary 12	4) Espinosa-Splichal, Lucien 1		
27.47 58.10	1:30.76 2:03.80		
26.03 55.68	1:26.83 1:58.61		
29.20 1:01.71	1:35.49 2:09.06		
25.42 54.27	1:25.15 1:56.58		

2025 SEC Boys Conference Relays - 12/4/2025

Results - 2025 SEC Boys Conference Relays

**(Event 6 Men 800 Yard Freestyle Relay Varsity)**

Team	Relay	Finals Time
3 WOOD-MN	B	x8:57.95
1) Owings, Lincoln 11	2) Orbell, Eli 11	
3) Niu, Ryan 12	4) Larson, Colton 12	
28.89 1:02.72	1:37.80 2:11.11	
29.65 1:04.09	1:40.51 2:13.11	
31.08 1:08.22	1:47.48 2:27.92	
27.65 58.14	1:31.94 2:05.81	
4 MVEW	A	9:00.64 14
1) Then, Grayson 12	2) Defeyter, Jay 11	
3) Quackenbush, Thomas 11	4) Hare, Charlie 8	
28.28 1:00.51	1:34.95 2:09.32	
29.92 1:04.92	1:41.79 2:19.13	
31.22 1:05.83	1:41.32 2:15.62	
30.32 1:06.27	1:43.53 2:16.57	
5 PHSB-MN	A	9:09.73 12
1) Yang, Lalee 11	2) Wood, Zachary 11	
3) Selix, John 11	4) Charpentier, Damion 12	
27.40 59.41	1:33.87 2:11.49	
28.09 1:06.35	1:46.10 2:27.24	
32.64 1:10.61	1:50.64 2:30.20	
26.92 57.12	1:29.15 2:00.80	
6 ERDG-MN	B	x9:18.27
1) Smith, Carter 12	2) Khan, Shuaib 10	
3) Jepsen, William 12	4) Hatteberg, Kellan 8	
30.35 1:03.99	1:39.66 2:15.12	
27.92 1:00.85	1:35.24 2:08.80	
31.42 1:08.01	1:47.92 2:26.68	
31.33 1:09.18	1:48.46 2:27.67	
7 MVEW	B	x10:30.41
1) Moore, Jacob 10	2) Then, Marshall 8	
3) Nedrud, Isaiah 8	4) Arndt, Robbie 11	
30.83 1:06.38	1:46.04 2:23.40	
34.89 1:15.02	1:57.90 2:38.41	
32.88 1:13.66	1:55.78 2:35.39	
38.47 1:23.06	2:09.77 2:53.21	
8 ERDG-MN	C	x11:27.63
1) Utech, Nathan 10	2) Duncan, Greyson 12	
3) Whelan, Nils 10	4) Soleiman, Mohammed 8	
28.55 1:01.65	1:38.75 2:15.35	
34.40 1:15.54	1:59.72 2:41.03	
38.92 1:28.56	2:30.73 3:28.38	
38.68 1:22.11	2:12.31 3:02.87	

**Event 7 Men 200 Yard Backstroke Relay Varsity**

Team	Relay	Finals Time
1 WOOD-MN	A	1:44.03 18
1) Rosinski, Colton 11	2) Larson, Sig 11	
3) Larson, Tor 9	4) McElwain, Grant 12	
2 ERDG-MN	A	1:52.79 16
1) Moss, Blake 11	2) Makela, William 11	
3) Smith, Carter 12	4) Rutkowski, Colton 12	
3 MVEW	A	1:56.62 14
1) Snider, Sammy 8	2) Sjostrom, Keon 9	
3) Pin-Mene, Sithsovann 11	4) Solivera Tato, Unai 10	
4 WOOD-MN	B	x2:13.62
1) Pang, Evan 8	2) Hamsmeier, Henry 8	
3) Orbell, Eli 11	4) Niu, Ryan 12	

5 FRLK-MN	A	2:23.01 12
1) Dickover, Logan 9	2) Hoyland, Connor 9	
3) Tauer, Russel 10	4) Morell, Declan 8	
--- PHSB-MN	B	DQ
1) Harvey, Atticus 8	2) Johnson, Ryley 8	
3) Pratscher, Daniel 8	4) Spence, Javari 8	
45.04 46.48	50.38	
--- ERDG-MN	B	DQ
1) Perumalachetty, Neel 11	2) Kakani, Yash 10	
3) Eluri, Sriharsha 8	4) Boda, Amogh 10	
--- MVEW	B	DQ
1) Tempelis, Charles 9	2) Jaswal, Shaurya 10	
3) Tanksale, Nikhil 9	4) Etmund, Ben 8	
--- ERDG-MN	C	DQ
1) Albert, Melvin 12	2) Schmit, Kellan 10	
3) Patel, Praket 9	4) Sathishkumar, Uddish 8	
45.20 40.48	57.40 54.09	
--- PHSB-MN	A	DQ
1) Rauchman, Charlie 7	2) Bigham, Colin 7	
3) Kane, Shawn 9	4) Cole, Ethan 12	
1:11.28 48.87	33.39 26.90	

**Event 8 Men 200 Yard Breaststroke Relay Varsity**

Team	Relay	Finals Time
1 WOOD-MN	A	1:51.05 18
1) Qing, Andrew 11	2) Lu, Ethan 12	
3) Novak, Finn 10	4) Rosinski, Colton 11	
2 ERDG-MN	A	2:12.04 16
1) Briese, Benjamin 10	2) Dell'Anna, Paolo 10	
3) Lin, Brian 9	4) Kody, Caleb 7	
3 WOOD-MN	B	x2:12.19
1) Pang, Evan 8	2) Tillman, Max 12	
3) Saindon, Lukas 12	4) Tellez, Javier 10	
4 MVEW	A	2:15.08 14
1) Quackenbush, Thomas 11	2) Higley, Andrew 12	
3) Bangasser, Drew 11	4) Lawrence, Ben 12	
5 FRLK-MN	A	2:22.64 12
1) Welk, Brayden 11	2) Livermore, Cameron 9	
3) Schmidt, Emmett 9	4) Nilius, Logan 9	
6 MVEW	B	x2:32.68
1) Nelson, Halden 10	2) Nandish Gowda, Hanvith 7	
3) Moore, Jacob 10	4) Then, Marshall 8	
--- PHSB-MN	A	DQ
1) Selix, Jackson 7	2) Morisette, Kaleb 8	
3) Mann, Will 9	4) Selix, John 11	
--- ERDG-MN	C	DQ
1) Makela, Charlie 9	2) Hunter, Kieran 7	
3) Kakani, Yash 10	4) Lindahl, Simon 10	
--- ERDG-MN	B	DQ
1) Bodkhe, Reyansh 7	2) Jepsen, William 12	
3) Sekyra, Max 10	4) Kuisle, Keagan 8	
--- FRLK-MN	B	DQ
1) Larson, Gabe 9	2) Bipes, Leeam 8	
3) Hoyland, Connor 9	4) Carlson, Aaron 8	

**Event 9 Men 400 Yard Freestyle Relay Varsity**

Team	Relay	Finals Time
1 WOOD-MN	A	3:28.63 18
1) Owings, Lincoln 11	2) Thao, Nathan 11	
3) McElwain, Alex 10	4) Johnson, Aiden 10	

**2025 SEC Boys Conference Relays - 12/4/2025**

**Results - 2025 SEC Boys Conference Relays**

**(Event 9 Men 400 Yard Freestyle Relay Varsity)**

Team	Relay	Finals Time	
2 ERDG-MN	A	3:29.77	16
1) Sennowo, Tayo 11	2) Nordman, Noah 10		
3) Khan, Shuaib 10	4) Rutkowski, Colton 12		
3 MVEW	A	3:38.42	14
1) Then, Holden 10	2) Haller, Emmett 11		
3) Snider, Sammy 8	4) Solivera Tato, Unai 10		
4 PHSB-MN	A	3:43.81	12
1) Charpentier, Damion 12	2) Wallace, Paul 10		
3) Yang, Lalee 11	4) Cole, Ethan 12		
5 FRLK-MN	A	3:50.98	10
1) McKenzie, Calvin 10	2) Clark, Caleb 10		
3) Radtke, Lucas 10	4) Gregory, Jeremiah 10		
6 MVEW	B	x4:16.44	
1) Sjostrom, Keon 9	2) Nedrud, Isaiah 8		
3) Etmund, Ben 8	4) Lapsley, Cullen 8		
7 FRLK-MN	B	x4:19.65	
1) Morell, Declan 8	2) Tauer, Russel 10		
3) Livermore, Cameron 9	4) Galsworthy, Lucas 9		
8 FRLK-MN	C	x4:32.21	
1) Larson, Gabe 9	2) Hoyland, Connor 9		
3) Bipes, Leeam 8	4) Carlson, Aaron 8		
9 MVEW	C	x5:10.03	
1) Arndt, Tyler 11	2) Coddington, Jacob 11		
3) Torkildson, Mason 9	4) Arndt, Robbie 11		
10 ERDG-MN	C	x5:12.01	
1) Soleiman, Mohammed 8	2) Bodkhe, Reyansh 7		
3) Hunter, Kieran 7	4) Yun, Mason 9		
11 PHSB-MN	B	x5:12.38	
1) Schilling, Leightyn 7	2) Kuester, Reed 8		
3) Kane, Shawn 9	4) Stueber, Parker 9		
12 ERDG-MN	B	x5:27.25	
1) Delawyer, Dominic 10	2) Kuisle, Keagan 8		
3) Smith, Silas 8	4) Schmit, Kellan 10		
13 WOOD-MN	C	x5:28.44	
1) Timmons, Caedmon 7	2) Host, Seth 10		
3) Rodriguez, Ethan 8	4) Barto, John 8		
--- WOOD-MN	B	DQ	
1) Pederson, Toren 8	2) Widen, Eddie 10		
3) Manor, Anthony 11	4) Macdonald, Conor 10		

**Scores - Men**

Men - Varsity - Team Rankings - Through Event 9	
1. Woodbury	144
2. East Ridge High School	128
3. Mounds View Boys Swim and Dive	110
4. Wolfpack Boys Swim and Dive	70
5. Forest Lake	68