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Player Name			
Grade ('2021)			]

Progress Towards Goal:

Daily Goal to Meet Total Goal: 89.285714

0%

Personal Shot Goal: Total Shots Taken: 10000

(Input the number of shots you hope to take this summer)

(Keeps the running Total)



		Sun Mon		Tues		Wed		Thur		Fri		Sat		Total by Week						
			Made	Taken	Made	Taken	Made	Taken	Shooting %	Progress to weekly Goal										
8-Jun	14-Jun	Week 1															-	-	-	0%
15-Jun	21-Jun	Week 2															-	-	-	0%
22-Jun	28-Jun	Week 3															-	-	-	0%
29-Jun	5-Jul	Week 4															-	-	-	0%
6-Jul	12-Jul	Week 5															-	-	-	0%
13-Jul	19-Jul	Week 6															-	-	_	0%
20-Jul	26-Jul	Week 7															-	-	-	0%
27-Jul	2-Aug	Week 8															-	-	-	0%
3-Aug	9-Aug																-	-	-	0%
10-Aug		Week 10															-	-	-	0%
17-Aug	23-Aug	Week 11															-	-	-	0%
24-Aug																	-	-	-	0%
Total Shots			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	

## Rules:

- 1. Record shots attempted, track makes for your own reference. Estimate shots taken & made at camps.
- 2. Shots must be made on a 10' basket.
- 3. Shots must be varied. Include layups, free-throws, 3-pointers, etc.
- 4. Track your shots daily on this sheet.
- 5. Upload shots weekly, at https://mplslakers.sportngin.com/register/form/802338464
- 6. Failure to submit Weekly will disqualify you from awards and recognition

Questions? Submit to Coaching Director at chance.veasey@gmail.com