

# Michael Duran

## Coaching & Playing Experience

I began coaching volleyball four years ago and am now entering my fourth season. I've had the privilege of being part of the inaugural boys' volleyball program at NMB and recently coached both the boys' and girls' teams at nationals. While winning my division with the girls team 2 seasons ago

## Why do you coach?

I coach volleyball to help the next generation learn the game the right way — with respect, discipline, and a strong work ethic. More importantly, I want my players to see volleyball as more than just a sport, but as a tool to grow as individuals. Through the challenges and values learned on the court, I hope they build character, confidence, and a mindset that will serve them far beyond the game.

## Fun facts about you

A few fun facts about me — I hold a degree in cybersecurity and have a deep love for all sports, especially football and basketball. I'm naturally competitive, whether it's on the court or off, and I also enjoy spending time in the kitchen, where I like to think of myself as a bit of a wizard when it comes to cooking.

## Coaching Philosophy or Style

I believe that true growth comes from understanding the “why” and “what” behind every action on the court. When players grasp the purpose of what they’re doing, they can focus on the small details that elevate their game. For me, it’s all about building understanding, discipline, and the drive to do just a little bit more each day to become better.