

## **IRONMAN ANNOUNCES ANTI-DOPING RULE VIOLATION BY ATHLETE**

**TAMPA, Fla.** (April 29, 2016) -- Today, IRONMAN announced that Panamanian age-group athlete Kareen Human tested positive for a prohibited substance and has received a two-year suspension for that anti-doping rule violation. Ms. Human's suspension began January 31, 2016, the date on which her positive sample was collected at the IRONMAN<sup>®</sup> 70.3<sup>®</sup> Pan American Pro American Championship.

IRONMAN applies sanctions in accordance with the World Anti-Doping Code (WADA Code) and the IRONMAN Anti-Doping Rules. As a result of this sanction, Ms. Human is ineligible to participate in any IRONMAN competition or events organized by any other WADA Code Signatory for a period of two years.

Ms. Human's Adverse Analytical Finding was consistent with her reported use of the topical aerosol spray Neobol<sup>®</sup>, which is available over the counter in Panama and contains the prohibited substance clostebol. Her use of Neobol<sup>®</sup> was on the advice of a physician.

The review of this matter concluded that Ms. Human's anti-doping rule violation was not intentional, thus, in accordance with the World Anti-Doping Code (WADA Code) and the IRONMAN Anti-Doping Rules, Ms. Human's period of ineligibility is two years.

IRONMAN is contacting the manufacturers of Neobol<sup>®</sup> as well as the World Anti-Doping Agency (WADA), the Panamanian Olympic Association, WADA's Central America Regional Anti-Doping Agency, and the Panamanian Society of Dermatology to advise them that athletes using Neobol<sup>®</sup> risk violating anti-doping rules.

"This case reinforces that athletes must inform their Athlete Support Personnel that they are subject to anti-doping and drug testing," said Kate Mittelstadt, the Director of the IRONMAN Anti-Doping Program. "Athletes and their physicians, trainers and coaches must use the resources available to them and work together with anti-doping organizations to review the Prohibited List and an athlete's medications and treatment protocols to ensure they do not use prohibited substances."

"I want to encourage all athletes to take responsibility and talk to your doctors about the anti-doping rules," said Human. "I now know that ignorance is not a viable defense as Anti-Doping Rules are part of the competition rules for our sport which we have accepted we will follow. I support the cause of Anti-Doping Programs and have certainly learned a lesson the hard way."

То IRONMAN Anti-Dopina learn more about the program, visit www.ironman.com/triathlon/organizations/anti-doping.aspx. For more information on the IRONMAN brand and global event series. visit www.ironman.com. Media-related inquiries may contact press@ironman.com.

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As a private corporation conducting triathlon events, IRONMAN is the first private, non-federation sports company to formally adhere to the World Anti-Doping Code. The IRONMAN Anti-Doping Rules are adopted and implemented in conformance with the responsibilities of IRONMAN under the code, and are in furtherance of IRONMAN's continuing its efforts to eradicate doping in the sport of triathlon. As part of the <u>www.ironman.com</u> website, IRONMAN has included an Anti-Doping section. Downloads of rules, policies and forms, sanctions, as well as educational resources and links are available to all participants

and the public through this site.

## About IRONMAN

A Wanda Sports Holdings company, IRONMAN operates a global portfolio of events that includes the IRONMAN<sup>®</sup> Triathlon Series, the IRONMAN<sup>®</sup> 70.3<sup>®</sup> Triathlon Series, 5150<sup>™</sup> Triathlon Series, Iron Girl<sup>®</sup>, IRONKIDS<sup>®</sup>, six of nine International Triathlon Union World Triathlon Series races, road cycling events including the UCI Velothon Majors Series, mountain bike races, premier marathons and other multisport races. IRONMAN's events, together with all other Wanda Sports Holdings events, provide more than 680,000 participants annually the benefits of endurance sports through the company's vast offerings. The iconic IRONMAN<sup>®</sup> Series of events is the largest participation sports platform in the world. Since the inception of the IRONMAN<sup>®</sup> brand in 1978, athletes have proven that ANYTHING IS POSSIBLE<sup>®</sup> by crossing finish lines at the world's most challenging endurance races. Beginning as a single race, IRONMAN has grown to become a global sensation with more than 260 events across 42 countries. For more information, visit <u>www.ironman.com</u>.