

2025 FBA Tryouts | Fielding

Dundas Dome – Field Layout



- C** Station Lead
- H** Station Helper
- P** Player
- E** Evaluator

Head Coaching Candidate Observation Area

Head Coaching Candidate Observation Area

Station #1 – Flyballs (hand thrown)

- 5 balls
- Player starts at center and moves, in sequential order, to four spots to catch the flyball (marked by X) and throw in.
- Last throw is to one of the four designated spots, same for all players in the age group.

Station #2 – Groundballs (machine fed)

- 6 balls
 - Two balls from center
 - Two balls from left
 - Two balls from right
- Player throws ball to first base

NET

Station #3 – Flyballs (machine fed)

- 5 balls
- Player starts from designated spots and moves to spot (marked by X) to catch flyball and throw in.
- Drill ends with a groundball and throw in.

NET

Station #4 – Groundballs (machine fed)

- 6 balls
 - One ball from center
 - One ball from left
 - One ball from right
 - Three balls from 3rd base
- Player throws ball to first base

WARM-UP AREA

REGISTRATION

South (Entrance)

2025 FBA Travel Tryouts | Fielding



EVALUATOR NAME	
EVALUATION DATE	
STATION	

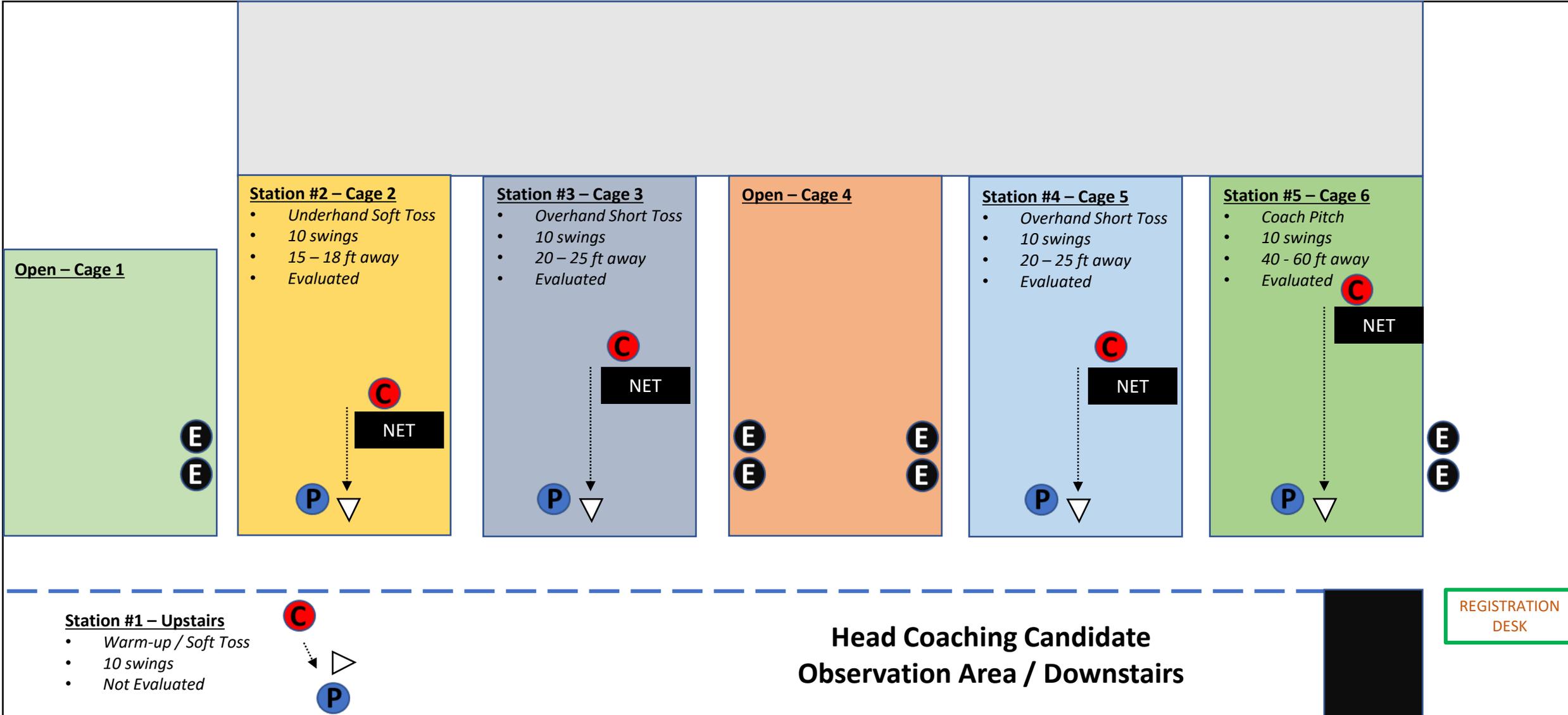
TRYOUT NUMBER	MECHANICS	ACCURACY	ARM STRENGTH	OVERALL
	<ul style="list-style-type: none"> ➤ Does player have feet in correct position, knees bent and ready for play? ➤ Does player attack the ball? ➤ Does player move well left to right using proper footwork? ➤ Does player demonstrate body control while fielding the baseball? 	<ul style="list-style-type: none"> ➤ Are the players throws on target? ➤ Does player follow through on their throw? 	<ul style="list-style-type: none"> ➤ Does player throw hard? ➤ Are the players throws hard enough for their age group? 	<ul style="list-style-type: none"> ➤ What was your overall impression of the player?
01	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
02	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
03	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
04	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
05	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
06	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
07	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
08	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
09	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10

FPO

2025 FBA Tryouts | Hitting

CA Gear – Cage Layout

- C** Station Lead
- H** Station Helper
- P** Player
- E** Evaluator



South (Entrance)

2025 FBA Travel Tryouts | Hitting



EVALUATOR NAME	
EVALUATION DATE	
STATION	

TRYOUT NUMBER	MECHANICS	CONTACT	POWER	OVERALL
	<ul style="list-style-type: none"> ➤ Does player look comfortable (Stance)? ➤ Does player get their hands in a launching position from top of shoulder to bottom of armpit (Load)? ➤ Does player shift weight from back leg to front leg (Weight Transfer)? 	<ul style="list-style-type: none"> ➤ Does player make solid line drive contact? 	<ul style="list-style-type: none"> ➤ Does player have power to consistently hit ball out of the infield? ➤ Does player have power to hit deep in outfield? 	<ul style="list-style-type: none"> ➤ What was your overall impression of the player?
01	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
02	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
03	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
04	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
05	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
06	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
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FPO